

SONOMA COUNTY INTERGROUP FELLOWSHIP

APRIL 2024 NEWSLETTER



SEE PAGE 5 FOR CALENDAR

Get the latest news meeting info, upcoming events; plus past intergroup meeting minutes and more at: sonomacountyaa.org

ALCOHOLICS ANONYMOUS

ACCESS

Mental Health and Recovery Workshop Saturday, April 20, 2024 (1-4pm) You may recall an Accessibilities Survey circulating last year. The survey's purpose was to assist Access Sonoma County in choosing workshop topics which appeal to our fellowship, thus making them well attended and ultimately most helpful. We appreciate everyone who completed a survey and those who shared them with other members. Since tallying the surveys, Access Committee has been working hard and is honored and excited to present, "Mental Health and Recovery Workshop." Being a Hybrid event, you may attend in-person or via Zoom. Please see event flyer for more info and share it with anyone who may find it helpful. There will be SIX amazing panel speakers covering an array of topics within the broad spectrum of mental health. You'll hear experiences with personal challenges, as well as solutions found to be helpful in overcoming encountered barriers. Mental wellness and Spiritual fitness are closely linked. Sometimes all it takes to strengthen one is to strengthen the other, and sometimes additional considerations are needed. If you're thinking, "I have no mental health challenges, how will this workshop benefit me?" I'd like to suggest you attend and find out. First, even those who don't have a chronic mental health condition or clinical diagnosis more than likely have experienced times when mental health was strained by an outside factor. If you're human, I have no doubt this is true; if you're alcoholic, I'm even more confident. Second, willingness to show up can lead to freedom and all the other blessings we receive when our minds are open and we shift away from self-centered thinking. If you're reading this, your presence is wanted and will contribute to the success of this workshop. No pressure, but your attendance may be the action necessary, one single but vital factor needed to save the life of an alcoholic suffering in the world today, or perhaps one not yet born. And lastly, when we better understand other's experiences we become more useful as individuals, as part of this fellowship and as part of a greater purpose that stretches farther in all directions of time and space than any of us can likely or fully comprehend. Plus, as a bonus there will be snacks and drinks, and may even be enjoyable! Access Committee is dedicated to gaining a greater understanding of the challenges some alcoholics face when trying to achieve sobriety. But this is ALL OF OUR RESPONSIBILITY. Access supports our fellowship in increasing awareness and understanding of these challenges too, so that each member and group can improve their efforts to remove or diminish any accessibility barrier that may stand between AA and the alcoholic reaching out for help. In gratitude and service, Sam T. - Chair, Access Sonoma County

Sonoma County A.A.
District 12 (Area 06)
General Service Accessibilities Sub-Committee

ACCESS SONOMA COUNTY presents

MENTAL HEALTH & RECOVERY WORKSHOP

a HYBRID event

Saturday April 20
1:00pm - 4:00pm (PST) 2024

Location Zoom

Bethlehem Lutheran Church
1300 St. Francis Rd.
Santa Rosa, CA 95409

ID: 897 8666 5954
PC: 020934

Panel Speakers
Attendee Participation
Q & A
Snacks
& more

Interpretation
English - Spanish
Assisted Listening Radios

Bring a snack or dessert to share
Bring FM radios if you have them

A.A.'s & non-A.A.'s
ALL ARE WELCOME

to volunteer please email
asc@sonomacountyaa.org
or call
707-703-3027

The purpose of this workshop is to:

- Encourage greater unity among members & groups.
- Increase awareness of mental health challenges & the barriers some alcoholics experience when reaching out for help, as well as challenges & barriers encountered while being of service in A.A.
- Provide an opportunity for members to exchange ideas & discuss solutions relating to alcoholism, recovery and mental health.

Access Sonoma County aspires to create (& to assist in creating) local events accessible to all.

If you'd like to attend, & an accessibility barrier may prevent you from participating, please reach out to make our committee aware.

When we know better, we do better.

Perfection is our goal, while gratitude for progress.

& awareness that barriers still exist is what drives our efforts to be of maximum service to our Fellowship, in helping make Alcoholics Anonymous accessible to all who reach out for it.

PI/CPC

PI/CPC is public information and cooperation with the professional community. The purpose of picpc is to educate the public about AA and our fellowship. We provide literature and speakers to schools, DUI classes, and to professionals who have contact with alcoholics. It provides information to the public about what AA is and what AA isn't. We need speakers for DUI classes and school presentations. Our business meeting is the second Wednesday of every month at 7:30 with speaker training at 7:00 at the bookstore. -Brett

The SCIF Newsletter is made possible through contributions of our members. Read this newsletter and pass it on! This newsletter is available at www.sonomacountyaa.org. Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length, and content that may violate A.A. Traditions.



37º GRUPO ANUAL DE RAFTING DE CACHE CREEK DE ALCOHÓLICOS ANÓNIMOS 21-23 DE JUNIO DE 2024

NO mascotas - Edad mínima 12 años

\$220 Pase 3 Días Campamento: Viernes + Sábado Balsa: Sábado + Domingo	\$200 Pase 2 días Campamento: Sábado Balsa: Sábado + Domingo
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ENTRADAS + MÁS INFORMACIÓN
www.cachecreekgroup.org

INCLUIDO

- Todas las comidas
- Rafting + Equipo
- Reuniones
- Noche de película
- Compañerismo +
- Fiesta de baile
- Diversión

TRAER

- Carpas
- Bolsa de dormir
- Silla de jardín
- Cofre de hielo, etc.

Preguntas? Texto
 Norte de California Noel: 707-331-2126
 Sur de California Linda: 714-421-2041

La hora de llegada para los campistas del viernes no antes de las 5 p. m. Las llegadas del sábado por la mañana deben estar allí a más tardar a las 7 a. m.

BTG

Bridging the Gap

Hi, My name is Michael D., I serve the Bridging the Gap committee of Sonoma County, along with Jim S., as the presenters of this service to the Azure Acres recovery facility in Sebastopol, Ca. We invite the clients to fill out a blue card form with their phone number, email & release date so we can connect with them soon after they are released to help keep them to stay on track so they don't talk themselves into going to the liquor store or steal their families' booze from the house bar. To me, this is as close as it comes to what saved Bill W.'s life. When he was newly sober, and out of town, he knew enough from what he had learned up to that point that he better get on the phone and find another alcoholic to talk to to get him through the squirrelness, loneliness and invisibleness that we all know allows the mind to talk us into doing what we are trying not to do, "pick up a drink". We all know this is when he found Doctor Bob. This basic thing we all do in our fellowship is so core to our success. Jim & I love doing this service. Come join us! Speak for us! Come to the committee meeting at the bookstore at 6:30pm on the 3rd Tuesday of every month. We could use the help as there are other facilities that need presenters. We are also looking into connecting with women's facilities and could use female presenters.

With Love and Gratitude. Call me, Michael D. 707-481-6114.

H&I

Hospital and Institution Committee

IMPORTANT NOTE FOR H&I CHECK CONTRIBUTIONS: Please make all checks payable to: "Northern California Hospital and Institutions Committee" OR "Norcal H&I" with 'Area 22' in the memo box. The general committee is sending checks back to meetings that are made out to "Area 22 H&I". Thank you! "Having been in a jail or institution is not a requirement to help the confined alcoholic. These alcoholics already know how to get into jail; what they need to hear is how to get and stay sober." -Patrick P, Area Chair. The H & I Business Committee Meeting took place on Wednesday March 6, 2024 at the Center for Spiritual Living in Santa Rosa. Facilities in need of volunteers are the Mendocino Jail and Behind the Glass. The women's facilities are in particular need of meetings. Thank You to the New Pink Can Meeting Reps: Clara M, Emelia A, Kenny O, Stacy H, Griffin P, Dean W, Michael Q, and Caitlin S. A warm welcome to our Visitors: Anna and Blake. Happy Sobriety Birthdays to Susan 38yrs, Emelia 24yrs, Amanda 22yrs, Mike 15yrs, Liz 11yrs, Ken 8yrs, Ryan 7yrs, Mike R 6yrs, Mandy 1 year, and Mitchell 10 months. Service keeps us sober! The next business meeting is on Wednesday, April 3, at 6:15pm at The Center for Spiritual Living in Santa Rosa. New Rep and visitor orientation begins at 5:45, and all are welcome to attend.

In Service, Cat C



37TH ANNUAL CACHE CREEK RAFTING GROUP OF ALCOHOLICS ANONYMOUS JUNE 21-23, 2024

NO pets - Minimum Age 12 yrs

\$220 3 Day Pass Camp: Friday + Saturday Raft: Saturday + Sunday	\$200 2 day pass Camp: Saturday Raft: Saturday + Sunday
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Tickets + More Information
www.cachecreekgroup.org

YOU'LL GET

- All Meals Included
- Rafting + Gear
- Nightly Meetings
- Movie Night
- Fellowship + Fun
- Dance Party

BRING

- Tent
- Sleeping Bag
- Lawn Chair
- Ice Chest etc.

For Questions
 NorCal Text Noel: 707-331-2126
 SoCal Text Linda: 714-421-2041

Arrival time for Friday campers no earlier than 5pm
 Saturday morning arrivals must be there by 7am AT THE LATEST

MEETING CHANGES

-Men In The Solution Group (Men) Tuesday, 6:00 pm to 7:00 pm at Spring Hills Church 3700 Fulton Rd Santa Rosa, CA 95403

-New Meeting: Living Sober book study meeting for newcomers at the Sonoma County Alano Club at 2pm every Sunday.

-Saturday Up The Steps Group at 10:30am will be temporarily changing location from Resurrection Catholic Parish 303 Stony Point Road, Santa Rosa, CA 95401 to the temporary location: The Center for Spiritual Living, 2075 Occidental Rd., Santa Rosa, CA 95401. On the dates of April 6, 13, 20, 27 & May 4, 11. All other details of the meeting are to remain the same.

<https://www.sonomacountyaa.org/meetings/up-the-steps-group/>

-New AA meeting-Women. Resilient Women Living Sober 6pm West County Health Center Resiliency Center 16387 First St, Guerneville CA 95446

-South End Solutions meeting is now at 7 pm instead of 7:30pm. 3455 Santa Rosa Ave. South End Solutions In-person

-The Sunday 4pm Native Talking Circle has closed down. And is no longer meeting.

-change in Sunday Night 700pm Sobriety Rocks Online Only's email address from sobrietyrockssr@gmail.com to sobrietyrocks92@gmail.com (new email) w

-the Monte Rio Fellowship is starting a new meeting on March 7th. Thursday 12pm. Thursday Nooners 20329 CA Hwy. 116. Monte Rio

The Group Insurance for your AA meeting

location will **expire** on May 14, 2024. To keep continuous coverage, please send a check or bring a cash payment of \$50 to: SCIF, 750 Mendocino #10, Santa Rosa, 95401. Attn: "Insurance". Please be sure your check identifies your meeting name and put "insurance" in the memo line.

All payments should be received by May 10, 2024. Once a payment is received the group(s) location is added / renewed to the policy, a copy is emailed to the property manager / contact person and to the group(s) location contact rep person. Insurance coverage is by location and covers all the meetings that use that location and runs from May 15 for one year regardless of the month it is paid. Each meeting will have their own certificate copy for that location. If you have any questions, or need an additional insurance request form contact the SCIF Central Office by replying to this email or calling 707-546-2066 during business hours of M-F 10am-6pm, Sa 11-6.

Thank you.

In service and fellowship
SCIF Central Officer

PLEASE NOTE

ONE DAY AT A TIME.

Ad Hoc Committee Update For ICSC

After more investigation, it was agreed that our 2008 Bylaws are the most recent and generally in good order. They may be reviewed next year.


In the meantime, the original focus of the Ad Hoc will be addressed: Policies and Procedures. We will be working from the 2020 version, looking to the 2019 document to track changes and verify passage. We will work to ensure they are in full agreement with our bylaws.

As with Discussion Topics, we will survey the committee and groups throughout the fellowship to prioritize topics for discussion and possible action. We will begin with those topics that have been raised by members and groups, either in person or by letter or email.

We will hold regular monthly meetings at the bookstore, on the first Tuesday of the month at 6pm or as otherwise scheduled and posted, and report regularly to the ICSC and the Steering Committee so that everyone stays fully up to date. We will report to the general membership periodically and when the process is completed.

As this is a broader discussion, all members are welcome to attend. Please text 917-355-2347 to let us know you'll be joining the conversation so we that have the right set-up.

In love and service, Clark W



THE LANGUAGE OF THE HEART
Bill W.'s
Grapevine Writings

Sale Book for April
Sale Price is
\$17.60 + tax

go to page 5 for info on pre-conference assembly and flyer.

SONOMA COUNTY INTERGROUP FELLOWSHIP

MEETING MINUTES FEBRUARY 26, 2024

The meeting opened at 7:30 with the Serenity Prayer and Preamble, followed by readings of Tradition 2 and Concept 2.

Introduction of New Representatives: Ed-Knuckleheads, Nancy-Up the Steps, Mary-Sonoma women's 12x12, Mike C.-Fresh Air, Yosha-Without a Prayer, Steve-As Bill Sees It, Bill-Expect a Miracle, Jake-Saturday Night Living Right, Laura-Keep it Simple, Keith-harmony group, Nancy-Winners Group, Peter-There is a Solution, Wayne-Men Smokeless, Peggy-Redwood Winners Group, Tom-how it works, Ben-Newcomers Group.

Birthdays since we last met: Steve 18 months, Maria 7 years, David 1 year, Wayne 36 years, Kenny 8 years, Holly 25 years.

OFFICER REPORTS:

Chair: (Amber C) Elections tonight. Eligible to vote: Intergroup reps, officers, chairs, and paid workers. We need the following positions filled for Intergroup: Activities, Newsletter, Teleservice, Webmaster, and 2 more positions for the ICSC nominating committee.

Vice Chair: (Kristin P) Please take the information back to the meetings from intergroup meeting! Any new reps that missed the orientation come back next month at 7pm.

Secretary: (Megan M) New service commitment reps please contact me to add you to our Intergroup contact list. Send meeting reports via email or in person prior to meeting.

Treasurer: (Holly H) The Bookstore income-January 2024 was \$12,167, cost of goods was \$7,364; total expenses-January was \$4,100 for a subtotal gain of \$704. Central Office income-January 2024 was \$9,870, total expenses were \$4,419 for a gain of \$5,451. Intergroup Activities income-January 2024 was \$365, expenses were \$551 for an overall loss of \$187. Overall, for this month we had an overall gain of \$5,968. Year to date our income is \$22,402 total cost of goods was \$7,364 and our expenses were \$9,070, leaving a gain of \$5,968.

Registrar: (Ellen W) As of February 2024 there were a total of 241 groups here in Sonoma County offering a total of 427 meetings each week. There were a total of 62 reps in attendance and 22 were new. Reps: Zoom 14, In-person 26, New reps 22. Meetings Zoom 129, In person 272, Hybrid 26.

COMMITTEE REPORTS:

ICSC: (Marian McD) Bookstore sales show increase from new longer hours. Good work to bookstore staff, especially manager Bob F, new assistant manager Deo and our stalwart Glenn! Check out the new Suggestion Box for the Bookstore, available both on-line and in person! ICSC's main, new and timely, project is to update Bylaws. 1. Identify current bylaws, procedures, and changes; then consider any updates needed - Deo has discovered a Zoom group of nationwide Intergroup leaders and gained examples of Bylaws from a number of AA bodies. We will not need to re-invent the wheel! First meeting to consider Bylaws will take place Feb 27 -at the Bookstore at 6 PM. It is open to SCIF, ICSC officers, committee chairs and group reps. If you want to take part, please TEXT Clark at 917 355-2347.

BOOKSTORE: (Bob F) ???

OUTREACH:(Will) Going to one random meeting a week that doesn't have a intergroup rep - 3 in person and one on zoom. Peter voted in. Congratulations.

ACTIVITIES:(Shauna) Thank you for having me as activities chair. Willing to coach the next activities chair transition into the role. Please contact activities via email listed on the website. No nominations this month for activities chair. We will revisit next month.

ALKATHONS: (Angel) No Report. Shauna voted in. Congratulations.

NEWSLETTER: (Morgan P) The deadline for April newsletter is march 15th at 5pm. It is always 10 days before the general meeting. The grapevine is going up in price \$36 a year for print. No nominations this month for Newsletter chair. We will revisit next month.

WEBMASTER: (Hal P) Please email for any updates for the website. This is an outgoing position and will give support to the next person who may have questions. No nominations this month for Webmaster chair. We will revisit next month.

SEMINARS: (Ann) Are we having fun yet? Seminar March 19th 7pm-8:30pm via zoom. Info on newsletter and on website. Stacy voted in. Congratulations!

TELESERVICE: (Stacy T) All 24 positions are filled! Plug for the position - when I came into the role 50% of the lines weren't answered. The person coming into the position will have an easy transition. Over the last 2 years we have had very committed people. Willing to handhold the next person elected to this position. We would also like a pool of backup volunteers when a position does open up. We are discussing having any unanswered lines being forwarded to the bookstore during store hours. No nominations this month for Teleservice chair. We will revisit next month.

ICSC NOMINATING COMMITTEE: (Clark) ICSC is the board of Directors. There are 3 official elected positions. We have 1 position to be voted on in April to serve in May.

UNITY DAY (Maria): Maria voted in. Congratulations!

LIASON REPORTS::

SWACYPAA:(Alex) (Southwestern Area Conference Of Young People In AA.) Hosting San Rafael conference August 8-11th. Register at www.swacypaa.org. Brandon voted in. Congratulations!

SPANISH Central Office: (Vacant) Alma voted in. Felicidades!

H&I: (Larry) H&I supplies AA literature to meetings in hospitals and institutions. Business meeting first Wednesday of each month. New rep orientation at 5:45pm and business meeting at 6:15pm. Located at the Center for Spiritual Living, 2075 Occidenta Rd, Santa Rosa, CA. Last meeting was on 2-7-24. Currently serving 17 facilities. Mendocino County has asked for help which we will provide ASAP. We welcome all speakers, usually requires 6 months sobriety and working knowledge of the steps and trads. Best way to volunteer is to attend the business meeting. Brad voted in. Congratulations!

GENERAL SERVICE: (Denise G.) General Service is the link between our fellowship and A.A. as a whole. We take the voice of the group back to our delegate/General Service Conference. We also keep our groups informed on what is happening within A.A. 44th Agenda Topics Workshop was on February 17th. We registered 94 reps. We heard from our Delegate, and five speakers on the 2024 Conference Theme, Presentation Theme, and Discussion Topics for 2024. Also a presentation from GSR's on their General Service experience. We had mock sharing sessions in the afternoon to give our GSR's tools and assistance for the upcoming sharing sessions. It is Agenda Topics Season- the preliminary list of topics is out, and we should have the final list with background information by March 1st. As soon as that is received groups can select the final topics of their choice for sharing sessions in March. The Plain Language Big Book will definitely be on the list of many! This weekend PRAASA 2024 in San Francisco. PRAASA is Pacific Regional A.A. Service Assembly. Generally, CNCA-06, our Area, has this opportunity once every 17 years! Our GSR's will be presenting group consciences to our Delegate at the Pre-Conference Assembly being held in Petaluma on April 6th-7th, 2024. We are also co-hosting that event with District 18, the Northern Spanish District. Opportunities abound for service- please contact us at sonomacountyaa.org. Drop down is Get into Service- General Service. Our monthly business meeting is the 1st Monday of each month at 7:30PM at Faith Lutheran Church on Newanga Ave. It is hybrid, see sonomacountyaa.org for details! Thank-you for allowing me to be of service.(Peggy will serve as the intergroup rep for the GSR meeting)

BRIDGING THE GAP:(Nicole F) Big things are happening! We are a subcommittee of general service. Committee just voted to get an air table to keep us better organized. We are now going into Pura Vida. We reached out to Athena House and WRS. Meet 3rd Tuesday of the month at the Bookstore 6:30pm Melanie voted in! Congratulations.

PICPC: (Brett): We need a recording secretary. Brett voted back in. Congratulations!

ACCESS SONOMA COUNTY: (Sam) General meeting second Thursday of the month. No nominations this month for Access chair. We will revisit next month.

OLD BUSINESS: None.

NEW BUSINESS: None.

Group Sharing: Adrian from Kenwood meeting, last week at business meeting they discussed the changes in the central office. Let the bookstore get feedback and ICSC. Looking forward and appreciate the pathways to get involved. How can we ask good questions and help the people who govern the central office make good choice at what happens in our office in our county. How to better engage with what's happening in intergroup and how we get outreach.

Group Representative: Summation provided by Kristin
Meeting adjourned with the Responsibility Statement at 8:41pm

-In Service Megan M.

SWACYPAA invites you to...

Spring-O Bing-O!

April 13th

SONOMA COUNTY ALANO CLUB

 MEETING STARTS AT 6:30
 BINGO STARTS AT 8:00

General bingo admission \$10

Bingo cards: 1 for \$5 • 2 for \$8 • 3 for \$12 • 4 for \$15

SWACYPAA INVITES YOU TO OUR MIDYEAR EVENT...

80'S SILENT DISCO NIGHT

SONOMA COUNTY ALANO CLUB

APRIL 27TH
 MEETING AT 6:15
 DANCE AT 8

SUGGESTED DONATION \$25
 THREE CHANNELS OF MUSIC WILL BE AVAILABLE IF
 YOU AIN'T YOUR THING
 COSTUME CONTEST FOR BEST CREATIVE, AUTHENTIC, COUPLE, OR GROUP COSTUME

CALIFORNIA NORTHERN COASTAL AREA 06 (CNCA 06) OF ALCOHOLICS ANONYMOUS PRESENTS

PRE-CONFERENCE ASSEMBLY 2024

"Connecting with Love, Unity and Service"

APRIL 6 & 7, 2024

Petaluma Veterans Memorial Building
 1094 Petaluma Blvd S, Petaluma, CA 94952

Zoom ID: [632.553.607](#) | Password: 1935

Saturday, April 6

9:00 AM: Orientation
 9:15 AM: Area Business Meeting
 12:00 PM: Lunch
 1:00 PM: Remarks from the Delegate and Sharing on the Conference Theme
 1:15 PM: Group Consciences
 Corrections Literature
 Grapevine/La Viña
 Intl. Conventions/Regional Forums
 Public Information Archives
 5:30 PM: What's on your Mind?

Sunday, April 7

9:00 AM: Sharing Session "How Should We Treat A.A. Founders' Writings"
 Group Consciences (continued)
 Agenda Finance
 Treatment and Accessibilities
 Cooperation w/Professional Community
 Report and Charter Policy/Admissions Trustees
 12:30 PM: What's on your Mind?
 If extra time is needed, we will break for lunch at 12:30 pm and return at 2:00 pm to continue hearing group consciences.



Attending online? Spanish-English interpretation and Closed Captioning will be provided on Zoom.
 Attending in-person? Bring your **PH. RADIO** for Spanish-English interpretation and Assisted Listening.



SERVICE MEETINGS & EVENTS - APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1st MONDAY 1 GENERAL SERVICE Zoom ID: Email chair-person. Location: 4930 Newanga Ave, Santa Rosa, CA 95405 New Rep Orientation, 6:30p Business Mtg, 7:30p	2	1st WEDNESDAY 3 H&I Center for Spiritual Living, 2075 Occidental Rd, Santa Rosa. 5:45 New Rep Orien. 6:15pm Business Mtg.	4	5	6 PRE-CONFERENCE ASSEMBLY 2024 APRIL 6-7 PETALUMA VETERANS MEMORIAL BUILDING STARTING AT 09:00A
1st SUNDAY 7 SWACYPAA hybrid Business meeting, 7:30pm, meeting ID: 83913098280 no password 1551 Montgomery Dr, Santa Rosa, CA pre-conference assembly continues	2nd MONDAY 8 SCIF STEERING COMMITTEE In person at the AA Bookstore - 7:30PM 750 Mendocino Ave. and on Zoom. Go to sonomacountyaa.org for meeting ID and password	9	2nd WEDNESDAY 10 PI/CPC Hybrid Meeting In person at the AA Bookstore Zoom ID: 961 8127 1048 / PW: Dist12GS 7:00 New Rep Orien. 7:30pm Business Mtg	2nd THURSDAY 11 ACCESS SONOMA COUNTY Meeting via Zoom ID: 934 2984 1277 PW: 804715 7:15pm Business Meeting	12 NEWSLETTER SUBMISSION DEADLINE - 5pm newsletter@sonomacountyaa.org 10 days prior to inter-group meeting.	13 SWACYPAA SPRING-O, BING-O Meeting 6:15p BING-O 8:00p Suggested \$10.00 SoCo Alano Club
14	15	3rd TUESDAY 16 BRIDGING THE GAP In Person Only @ the Bookstore. 6pm New Rep Orien. 6:30pm Business Mtg	17	18	19	20
3rd SUNDAY 21 SWACYPAA hybrid Business meeting, 1551 Montgomery Dr, Santa Rosa, CA 7:30pm Meeting ID: 83913098280 no password...	4th MONDAY 22 SCIF INTERGROUP Business Mtg 7:30p address: St. Luke Church 905 Mendocino Ave, S.R. Hybrid. Meeting ID: 860 4370 3384 Pswrd: 62 New rep orientation 7p	23	24	25	26	27 SWACYPAA'S 80's SILENT DISCO NIGHT MEETING 6:15P DANCE 8:00P Suggested \$25.00 SoCo Alano Club
28	29	30				

GROUP CONTRIBUTIONS

Group Number	Name	City	Day	Jan	Feb	Mar	Total
342867	?	?	?		\$ 60.31		\$ 60.31
	11th Step Group	Healdsburg	Sat	\$ 135.00			\$ 135.00
425498	12 & 12 Live and In Person	Petaluma	Thur	\$ 106.00			\$ 106.00
134282	12 X 12 Plus Group	Santa Rosa	Tue	\$ 50.00			\$ 50.00
173873	A Vision For You	Petaluma	Thurs	\$ 290.34			\$ 290.34
123327	Afternoon Delight	Cotati	Tue	\$ 74.64			\$ 74.64
	As Bill Sees It Discussion Group	Santa Rosa	Mon		\$ 20.00		\$ 20.00
631609	Big Book Study	Sonoma	Mon		\$ 245.01		\$ 245.01
569571	District DCMC 12	Sonoma Co.			\$ 22.50		\$ 22.50
168377	Expect A Miracle	Santa Rosa	Wed		\$ 204.72		\$ 204.72
695254	Friday Night Vets	Santa Rosa	Fri	\$ 640.97			\$ 640.97
129273	Friday Nooners Group	Santa Rosa	Fri	\$ 190.20			\$ 190.20
656619	Geyserville Good Neighbor	Geyserville	Thu	\$ 200.00			\$ 200.00
102245	Harmony Group	Santa Rosa	Mon		\$ 292.00		\$ 292.00
648057	Healdsburg Group - Came to Believe	Healdsburg	Fri	\$ 50.00	\$ 20.00		\$ 70.00
133395	Healdsburg Sober Sisters	Healdsburg	Wed		\$ 150.00		\$ 150.00
697399	Language Of the Heart	Petaluma	Wed	\$ 240.00			\$ 240.00
137174	LGBT Newcomers	Santa Rosa	Fri	\$ 114.89			\$ 114.89
123069	Lunch Bunch	Petaluma	Tue	\$ 201.85			\$ 201.85
373719	Mid Morning Sanity	Zoom	M-F		\$ 149.50		\$ 149.50
	Monday Night Alcoholics Only	Santa Rosa	Mon	\$ 142.40			\$ 142.40
708310	Monte Rio Fellowship	Monte Rio	any		\$ 256.00		\$ 256.00
175749	New Women in AA	Rohnert Park	Mon		\$ 118.40		\$ 118.40
	Other Saturday		Sat	\$ 230.00			\$ 230.00
174795	Petaluma Valley	Petaluma	Fri		\$ 161.00		\$ 161.00
175166	Quitting Time	Petaluma	Th,Sa,Su		\$ 110.05		\$ 110.05
	Realización	Santa Rosa	Daily		\$ 50.00		\$ 50.00
628278	River Women's Meeting	Guerneville	Mon	\$ 31.60			\$ 31.60
697920	Saturday Solution Group	Petaluma	Sat	\$ 162.40			\$ 162.40
	Sebastopol Men's Stag	Sebastopol	Mon		\$ 155.00		\$ 155.00
173254	Serenity Fellowship	Santa Rosa	VAR		\$ 1,250.00		\$ 1,250.00
143996	Single Purpose Group	Sebastopol	Wed	\$ 50.00			\$ 50.00
145485	Sober Sisters	Sebastopol	Tue	\$ 41.32			\$ 41.32
161999	Sober Sunday	Santa Rosa	Sun	\$ 365.93			\$ 365.93
74129	Sobriety Rocks	Sebastopol	Sun	\$ 127.60			\$ 127.60
606963	Sonoma Big Book Group	Sonoma	Tue	\$ 134.40			\$ 134.40
101117	Sonoma County Men's Stag	Cotati	Mon	\$ 880.00			\$ 880.00
143995	Sonoma Friday Night	Sonoma	Fri	\$ 149.98			\$ 149.98
355860	Sonoma Sober Sunrise				\$ 81.52		\$ 81.52
100537	Sonoma Valley Fellowship	Sonoma	ALL	\$ 500.00	\$ 500.00		\$ 1,000.00
702959	Step Sisters Group	Santa Rosa	Sun	\$ 46.00			\$ 46.00
659338	Sunday Breakfast Club	Petaluma	Sun	\$ 53.00			\$ 53.00
133425	Sunday Night Closed Discussion	Rohnert Park	Sun		\$ 852.00		\$ 852.00
102266	Sunday Niters	Sebastopol	Sun		\$ 250.00		\$ 250.00
671043	There Is A Solution	Healdsburg	Sun	\$ 250.00			\$ 250.00
44343	unknown			\$ 120.40			\$ 120.40
141135	Up The Steps	Santa Rosa	Sat	\$ 140.14			\$ 140.14
677693	Wednesday Westsiders	Petaluma	Wed		\$ 280.64		\$ 280.64
27277	Wednesday Wonders/HBC	Sonoma	Wed		\$ 50.00		\$ 50.00
717403	Without a Prayer	Santa Rosa	Tues		\$ 350.00		\$ 350.00
721979	Women's Book Study	Rohnert Park	Wed/Thu		\$ 50.00		\$ 50.00
675551	Women's Tuesday at Noon	Windsor	Tue	\$ 324.42			\$ 324.42
100760	Young Peoples	Santa Rosa	Sat	\$ 235.30			\$ 235.30
none	Zoom Donations Meetin Unidentified	Online	Any		\$ 50.00		\$ 50.00
486288				\$ 425.00			\$ 425.00
		Totals		\$6,703.78	\$ 5,728.65		\$ 9,440.74

TREASURER'S REPORT - FEBRUARY 2024

Sonoma County Intergroup Fellowship Statement of Activities by Entity February 2024

Accrual Basis

	Bookstore	Central Office	Intergroup	TOTAL
Ordinary Income/Expense				
Income				
Activities Income			666.52	666.52
Alkathon Income			(364.55)	(364.55)
Bookstore	8,194.00			8,194.00
Central Office Income		5,759.85		5,759.85
Total Income	8,194.00	5,759.85	301.97	14,255.82
Cost of Goods Sold				
Cost of Sales Bookstore	6,041.67			6,041.67
Credit Card Processing Fees	175.75			175.75
Shopify Monthly fee	148.39			148.39
Total COGS	6,365.81			6,365.81
Gross Profit	1,828.19	5,759.85	301.97	7,890.01
Expense				
Accounting, Bookkeeping & Legal	125.00	125.00		250.00
Activities Exp.			533.00	533.00
Alkathon Exp.			47.91	47.91
Depreciation Expense	128.63	128.63		257.26
Directories		30.00		30.00
Insurance Expense	42.11	42.10		84.21
Newsletters		451.50		451.50
Office Expenses	149.05	3.00		152.05
PayPal Fees		66.36		66.36
Payroll & PR Taxes	2,046.04	2,070.96		4,117.00
Payroll Expenses				
Renovations - Bookstore	37.42			37.42
Rent - Facility & Storage	648.59	1,404.20		2,052.79
Seminar & Conferences		167.90		167.90
Telephone Expense	84.63	84.64		169.27
Teleservice Hot Line		59.12		59.12
Utilities - Facility	115.69	115.70		231.39
Web Site & Internet Costs		21.99		21.99
Total Expense	3,377.16	4,771.10	580.91	8,729.17
Net Ordinary Income	(1,548.97)	988.75	(278.94)	(839.16)
Net Income	(1,548.97)	988.75	(278.94)	(839.16)

February 2024. The Bookstore income for February 2024 was \$8,194. Cost of goods total was \$6,366. Total expenses for February were \$3,377 for a subtotal loss of \$1,549. Central Office Income for February 2024 was \$5,760. Total expenses for February were \$4,771 for a gain of \$988.75. Intergroup Activities income for February 2024 was \$667. Expenses for February 2024 were \$581 for an overall loss of \$279. Overall, in February we had an overall loss of \$839. Year to date our income is \$23,333, total cost of goods is \$8,037, and our expenses are \$13,610 leaving a gain of \$1,686.
In Service, Holly Hulsey

Example of Suggested Group Contributions to A.A. Service Entities:



- 50% to Intergroup;
 - 10% to Local General Service;
 - 10% to CNCA;
 - 30% to GSO New York;
- (To be determined by each group)

THINK, THINK, THINK...

A.A. HOTLINES

English: 707-544-1300

Español: 707-623-6702



EMAIL SUBSCRIPTION LIST SIGNUP!

If you are interested in receiving this monthly newsletter via email, please sign up to receive this newsletter and other important

SCIF news straight to your inbox!

Sign-up at the bottom of www.sonomacountyaa.org home page

Common Acronyms

SCIF = Sonoma County Intergroup Fellowship

ICSC = Intergroup Central Service Committee

DCMC = District Committee Member Chair

PI/CPC = Public Information/Cooperation with the Professional Community

MAILING ADDRESSES/INTERNET LINKS

Alcoholics Anonymous

www.aa.org

Sonoma County Intergroup Fellowship

750 Mendocino Avenue, Suite 10

Santa Rosa, CA 95401-4846

intergroup@sonomacountyaa.org

www.sonomacountyaa.org

Sonoma County General Service

P.O. Box 536 Santa Rosa, CA 95402

generalservice@sonomacountyaa.org

NORCAL H&I (Hospitals and Institutions Committee area 22) P.O. Box 192490, San Francisco, CA 94119-2490 handi@sonomacountyaa.org

NY General Service Office

P.O. Box 2407, James A. Farley Station

New York, NY 10116-2407

California Northern Coastal Area 06

1390 N. McDowell Blvd Suite G - 339

Petaluma, CA 94954 www.cnca06.org

Access Sonoma County

750 Mendocino Ave. Suite 10, Santa Rosa, CA

95401-4866 asc@sonomacountyaa.org

Bridging the Gap

750 Mendocino Ave. Suite 10, Santa Rosa, CA

95401-4866 btg@sonomacountyaa.org

Sonoma County PI/CPC* (Public Information/in Cooperation with the Professional Community) PICPC, C/O General Service

P.O. Box 11305, Santa Rosa, CA 95406

picpc@sonomacountyaa.org

SWACYPAA (South Western Area Conference of Young People in AA) P.O. Box 7232, Petaluma, CA 94954

socypaa@sonomacountyaa.org

www.socypaa.org

Teleservice 750 Mendocino Ave., suite 10,

Santa Rosa, CA 95401-4866

teleservice@sonomacountyaa.org

AA Grapevine/La Vina

New York Office, 475 Riverside Drive, 11th Floor

New York, NY 10115

www.aagrapevine.org

*funded solely through Sonoma County General Service

CONTACT INFORMATION

(All emails @sonomacountyaa.org)

SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

Chair	Amber C.	intergroup@
Vice Chair	Kristin P.	vice-chair@
Secretary	Megan M.	secretary@
Treasurer	Holly H.	treasurer@
Registrar	Ellen W.	registrar@

COMMITTEE CHAIRS

Activities		activities@
Alkathons	Shauna C.	alkathons@
ICSC	Marian M.	icsc@
Seminars	Stacy T.	seminars@
Outreach	Peter R	outreach@
Teleservice		teleservice@
ICSC Nominations	Clark	icscnic@
Unity Day Chair	Maria	

COMMUNICATIONS

Newsletter	Morgan P.	newsletter@
Website	Hal P.	webmaster@
Meeting Changes	Hal P.	webmaster@

SONOMA COUNTY GENERAL SERVICE

DCMC	Denise G.	generalservice@
Treasurer	Shelly J.	treasurer-gs@
Registrar	Jenni H.	registrar-gs@
Archivist	Athena C-M.	archivist-gs@
Grapevine	Blake B.	grapevine@
Access Sonoma County	Sam T.	asc@
Bridging the Gap Chair	Melanie	btg@
PI/CPC	Brett	picpc@
Interpret/Translation	Larry V.	it@

HOSPITALS AND INSTITUTIONS COMMITTEE

Liason	Brad M.	handi@
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SONOMA COUNTY SPANISH CENTRAL OFFICE

Intergroup Liason	Alma T
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Please send emails to newsletter@sonomacountyaa.org for any comments, questions, answers, revisions regarding the newsletter.