

# SONOMA COUNTY INTERGROUP FELLOWSHIP DECEMBER 2023 NEWSLETTER



Get the latest news meeting info, plus upcoming events and past intergroup meeting minutes at [sonoma-countyaa.org](http://sonoma-countyaa.org)



ALCOHOLICS ANONYMOUS

## Christmas Alkathon

30 hours of continuous - meetings, food, fellowship, and recovery!

**6pm 12/24 through 10pm 12/25**

In Person @ Sally Tomatoes  
1100 Valley House Drive, Rohnert Park, 94928

**\*Viewing Only\***  
Zoom Meeting ID: 515 962 4728 | Passcode: 181875

## Christmas Alkathon

December 24th - 25th

In-Person @ 1100 Valley House Drive, Rohnert Park  
Zoom Meeting ID: 515 962 4728 Password: 181875

December 24th	
6pm - 8pm	Friday Nooners
8pm - 10pm	Younger & Sober
10pm - 12am	Mature & Sober
December 25th	
12am - 2am	Women Empowering Women
2am - 4am	Redwood Winners
4am - 6am	Midweek Madness
6am - 8am	Attitude Adjustment
8am - 10am	Expect A Miracle
10am - 12pm	Any Lengths
12pm - 2pm	Serenity Fellowship
2pm - 4pm	Sober Sunday
4pm - 6pm	Sunday Night Madness
6pm - 8pm	Fresh Air Group
8pm - 10pm	Saints & Sinners

## Alkathon Time of Year. Happy Holiday's, the Alkathon's are upon us.

What are the Alkathon's you've been hearing so much about? They are marathon meetings on Thanksgiving, Christmas, and New Year's. They are food, fellowship, and fun. They are 2-hour meetings hosted by different groups within the Sonoma County fellowship. They offer support and unity. No alcoholic needs to be alone during this time of year.

To put on such an event, we need a ton of support. We need people to serve in the kitchen, dining room, parking/security, coffee/drink

sale, and zoom patrol. To sign up and volunteer please go to <https://www.sonomacountyaa.org/get-into-service/alkathons/>

\*\*\* Intergroup reps and host meetings: please have your 2 kitchen helpers and coffee person sign up at this link, as well. \*\*\*  
Filling out the questionnaire takes about 3-5 minutes. We appreciate your support.

To get involved please join us at one of our planning committee meetings. These meetings are held every Thursday night at 630 pm. You can zoom in, they are usually brief, 15-30 minutes.

Meeting ID: 844 8548 2246

The SCIF Newsletter is made possible through the contributions of our members. Please read this newsletter and pass it on! This newsletter is also available online at [www.sonomacountyaa.org](http://www.sonomacountyaa.org)

*Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup.*

*We reserve the right to edit submissions for clarity, language, length and content that may violate A.A. Traditions.*

## MEETING CHANGES

- "In person Alano Club." We have regular, indoor meetings now, no masks required.  
 Sunday Noon & 5:00 pm  
 Monday 5pm  
 Tuesday Noon & 5pm  
 Wednesday Noon & 5pm  
 Thursday Noon & 5pm  
 Friday Noon & 5pm  
 Saturday Noon is called "Saturday Serenity"  
 Saturday 5pm
- meeting on Sunday morning 9:00 am was called the big book study meeting, it is changed to the 12 in 12 book study meeting.
- LGBTQ Newcomers Group Friday 6:30pm is tagged a "newcomer meeting". And temporarily not on zoom.
- the Good the Bad and the Ugly meeting on Sunday at the Alano Club in Petaluma at 10:00 am has no presence online and meets in person only.
- Sober Affair Friday, 7:30am, meeting is now HYBRID. Same zoom info, in person is at St. Paul's Church, Healdsburg.
- There's a new meeting called "A Coffee Pot and a Resentment" on Thursday at 7:30am at 375 Healdsburg Ave, Ste 200, Healdsburg, CA 95448. Ironically, bring your own coffee. Closed meeting. Rotating format. ADA accessible.
- The Thursday 7:30pm primary purpose group is categorized as a Big Book Study.
- Starting Dec 5<sup>th</sup>, the meeting "Defects and Shortcomings" will meet every Tuesday at 109 Patton St, Sonoma Methodist Church in Sonoma, except the first Tuesday. "No meeting first Tuesday's".
- The "South Park Survivors" group is in need of support. We meet on Friday nights at 7:30, at 1415 Hendley Ave. in Santa Rosa. Tell your friends.
- SVFAA ( Sonoma Valley Fellowship of Alcoholics Anonymous) has added a meeting on Thursday at 12:00 Noon-Women's Meeting.
- Young Bucks (Young Men's Meeting) Location: Petaluma Alano Club, Back Room. Time: 7:45pm to 8:45pm. 1st and 3rd Thursday's of the month only.

SCIF presents a Seminar on:

## Intimacy & Relationships in Sobriety



January 3rd ID: 854 9335 4789  
 7pm-8:30pm PST Passcode: 150008

## ALCOHOLICS ANONYMOUS

This is the Fourth Edition of  
the Big Book, the Basic Text  
for Alcoholics Anonymous



**Big Book Comes Alive**  
**Mon 2/5 through Mon 3/18**  
**6pm to 8pm (5pm dinner)**

**BRING YOUR BIG BOOK and 12 & 12**

**Sonoma County Alano Club**  
**1050 Petaluma Blvd. N**  
**(707)782-0588**



December 31st - January 1st

# NEW YEAR'S ALKATHON

# 2024

**6PM DEC. 31ST THROUGH 10PM JAN. 1ST**

**30 hours of continuous -  
meetings, food, fellowship, and recovery!**

Where: In Person @  
Bethlehem Lutheran Church  
1300 St Francis Rd, Santa Rosa, CA 95409

Viewing Only:  
Zoom Meeting ID: 515 962 4728  
Passcode: 181875

# New Year's Alkathon

December 31st - January 1st

In Person @ Bethlehem Lutheran Church 1300 St Francis Rd.

Zoom Meeting ID: 515 962 4728 Password: 181875

December 31st	
6pm - 8pm	We're In The Now
8pm - 10pm	Men's Smokeless
10pm - 12am	Sunday Night Madness
January 1st	
12am - 2am	Big Book Review
2am - 4am	Read Between The Lines
4am - 6am	Without A Prayer
6am - 8am	How It Works
8am - 10am	Taking A Trip
10am - 12pm	River Womens Meeting
12pm - 2pm	There Is A Solution
2pm - 4pm	Came To Believe
4pm - 6pm	12x12 Plus
6pm - 8pm	Petaluma Valley Group
8pm - 10pm	Tea & Recovery

## Powerful not Political

I started my journey in General Service about 10 years ago. When I became a General Service Representative it saved my life. It enhanced my sobriety and oddly enough it deepened my spirituality. It gave me a sense of purpose I didn't know was possible. It also gave me a voice that I didn't know was there, even though at the time I was about 5 years sober. I finally felt a part of and though I mattered. A couple of years into my service my life changed, and I had to step away from General Service.

Just recently I had an opportunity to be a General Service Representative again. I am so eternally grateful to have this opportunity. I remember sharing how excited I was to have this experience again. Most of the response I got was "oh wow, but its so political". I was shocked. General Service is anything but political. Granted, we vote, and we take a long time to pass anything, but we absolutely have a voice. We welcome the minority opinion. If you have an opposite view than the majority, we encourage you to speak up. We really want to hear what you have to say. Often, our votes are done by third legacy and can take 5 separate votes for one individual. What a powerful process.

General Service is just one puzzle piece that ensures Alcoholics Anonymous is still here for the next suffering Alcoholic. I have 2 children that I love more than anything and I am grateful to be a part of guaranteeing that we are still here if they need us. This community is powerful but assuredly not political.

In love and service

Nicole Ferrero, General Service Representative

## Hello Sonoma County Fellowship

We at your AA bookstore have been through an energetic transition. Our goal has always been to offer our members basic AA literature at lower prices to facilitate a solid foundation in your AA life, one step at a time.

We also offer other amenities to supplement and complement your life in AA to be as rich and rewarding for yourself and to share.

We invite you to come check us out, maybe sit at the sales desk for an hour and see how rewarding a service commitment at the Central Office Bookstore would be for you!

Yours In service and fellowship

Bob

## Bookstore News

Now open to 6pm Mon-Sat

Closed Sunday

Happenings and sales

3 sizes of Big Books with covers at discount bundle prices

Weekly 10% off spot sales on basic literature and Grapevine, anthology books.

T-shirt contest, submit a logo or graphic for the chance to win a T-shirt

Chocolate wrapper slogan contest

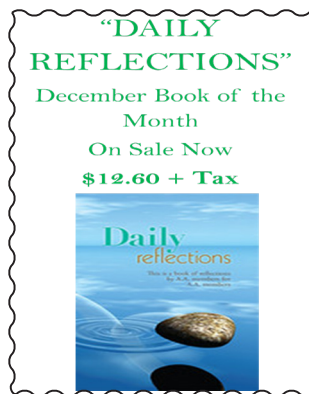
Submit a slogan or saying, for the back of an AA chocolate bar.

We want to acknowledge the fine service to those at the sales desk. Carolyn, Chris, Hans, Keith, Steve, Louanne, Gail, Dede, Richard, Thana, Karen, Suzanne, Anna, Diana, Linda, Stacey, Mike & Adam

And those helping out in the Bookstore Auxiliary, Caitlyn Richard and Jakob

And a special thank you to Glenn

Without them we would not have an AA bookstore.



If you want to add this QR code for the online store be great too

November 17, 2023

General Service Sonoma County  
Access Committee

Three years ago, I had the opportunity to serve on the General Service Access Committee as the General Service Liaison. My knowledge of exactly what our Access Committee offered was very limited, but I was anxious to participate and learn more about our Access Committee.

The Webster definition of "access", in part, states: Permission, liberty, or ability to enter, approach, or pass to and from a place or to approach or communicate with a person or thing. For most of us reading this article that person is thing is the program of Alcoholics Anonymous. Do we ALL have access to this program?

My initial response was yes, we do, to those that seek it. However, after serving on the Access Committee I easily learned that that is not the case. There are many barriers to accessing our program that I had not considered. And actually, this is one of the reasons why our Access Committee changed its Statement of Purpose this panel. Their statement of purpose strives to be as inclusive and accessible as possible. I need to strive to be aware of what I can do as well to ensure that our program is available for those both in and outside of our rooms.

### Access Sonoma County- Statement of Purpose

The mission of Access Sonoma County is to explore, develop and offer resources to make the Alcoholics Anonymous message and participation in our program available to everyone who reaches out for it.

There are no "special needs" in AA! We all need to hear and carry the message, attend meetings and work the steps, but for some,

there are significant barriers. Some members are homebound or can't drive at night; others have impaired hearing, vision, learning, reading or information processing abilities, and still others use wheelchairs or have other mobility impairment. Language difficulties or lack of childcare can seriously impact the ability to maintain sobriety. Our goal is to raise awareness of these barriers and provide information and tools so that home groups can respond to them in the spirit of the Responsibility Statement: "When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible."

In Gratitude and Service,

Denise G.

District 12 DCMC, Panel 73

(more)

## Help Wanted

We're looking for someone  
To join Bob & Glenn  
as an additional paid  
Supervisor / Assistant Manager

Retail and Tech experience please!

(ask for an application)



**MONTE RIO FELLOWSHIP  
OPEN HOUSE MEETING AND  
POTLUCK**

Sunday December 24<sup>th</sup>, 2023  
11:30 to 3:00 pm

20329 Hwy 116 | Monte Rio CA 95462

Please join us for a time of fellowship and fun.

We will have a speaker meeting at Noon with Potluck and Fellowship after. We will provide Turkey and Ham as well as Plates and Utensils.

Please bring a side dish or dessert to share.

For more info or to sign up to help contact Michelle @ 707 481-6741

Sponsored by  
The Monte Rio Fellowship



**Birthday Party Potluck!!**

Come help celebrate all the previous months' Birthdays!  
Get a chip! Present one to a friend or sponsee!  
We will have our regular Noon meeting with a Potluck and fellowship after so bring your favorite dish to share.  
Cake is Provided!!

**First Saturday of Every Month 12-3pm**

20329 Hwy 116 | Monte Rio CA 95462

Please contact Michelle H  
to volunteer to help set up/clean up

707 481-6741

**Bookstore Service Commitment**

- Do you have at least one year of sobriety?
- Do you like helping other alcoholics?
- Do you have any experience with computers and/or retail sales?

**You are invited to  
join our Bookstore team**



Ask the cashier for a volunteer application and help keep your bookstore/central office open and staffed.

Thanks!



Spring 2024's most anticipated event...

ACYPAA 51 (Feb. 8th-11th, 2024)

~ In the presence of infinite power ~ Big Book, Page 56

Visit our website at [2024.acypaa.org](https://2024.acypaa.org).

We would love to see you there!

The conference will be held at the Wyndham Bayside in San Diego, CA from February 8th-11th, 2024... Visit [ACYPAA.org](https://ACYPAA.org) and secure your spot!

"A.A. for the Native North American Alcoholic," Pamphlet Update. Deadline for submissions: December 31, 2023. Submit your story form: <https://app.smartsheet.com/b/form/cef87490c3ae4c3b9e6e50ce9eb33b24>



# SONOMA COUNTY INTERGROUP FELLOWSHIP

## MEETING MINUTES

### October 23, 2023

The meeting opened at 7:30 with the Serenity Prayer and Preamble, followed by readings of Tradition 10 and Concept X.

**Introduction of New Representatives:** Jay, Monday mindfulness: Tony, we're in the now: Tony, primary purpose: Martin, Franklin park: Max LGBTQ: Hope, Womans Persepective: Megan, Monday harmony group: Will, DOTR Birthdays since we last met: Hilary G 18yrs, Kristin 6yrs, Jake 1 yr, Nicole 16yrs, Hope 1yr

### OFFICER REPORTS:

**Chair:** (Joe S) no report

**Vice Chair:** (Kristin P) Working on fall/ winter schedule

**Secretary:** (Hilary G) Please email at secretary@sonomacountyaa.org with committee and liaisons reports.

**Treasurer:** (Meghan L) The Bookstore income for September 2023 was \$8794. Cost of goods total was \$2,893. Total expenses for September were \$3,911 for a subtotal gain of \$1,990. Central office income for September 2023 was \$2,607. Total expenses for September were \$ 4,492 for a loss of \$1,885. Overall, for this month we had a net loss of \$761. Year to date our income is \$113,600 total cost of goods is \$34,796 and our expenses are \$68,994, leaving a gain of \$9,810.

**Registrar:** (Ellen W) As of September 2023 there were a total of 239 groups here in Sonoma County offering a total of 424 meeting each week. There were a total of 70 reps in attendance and 13 were new. Reps: Zoom 8, In-person 49, New reps 13. Meetings: Zoom 127, In person 268, Hybrid 29.

### Committee Reports

**ICSC:** ( Lance B): Amendment to ICSC bylaws.

Existing (amendment) Article One- Purpose

1.1 The purpose of the Sonoma County Intergroup Fellowship, hereinafter referred to as SCIF, shall be to carry on the intent and spirit of the AA Fellowship as exemplified in the books Alcoholics Anonymous, Twelve Steps and Twelve traditions, AA Comes of Age, and other AA conference -approved literature.

1.2 the bookstore will make available non-conference approved literature on a case-by-base basis. All titles must be approved by ICSC committee.

1.3 purchasing of non-conference approved literature must be approved by ICSC committee only after the title has been approved in a separate vote.

**BOOKSTORE:** ( BOB): Basic literature sales are up 138% " spiritual awakenings" \$16.75- we need volunteers. 10% off sale next month. Online bookstore has a QR scanning code- So much to see at the bookstore

**OUTREACH:**( Will J): Anyone can help- ask groups if they have an intergroup rep?

Come meet with us if you have feedback or want to be of service!

**ACTIVITIES:**( Shauna) Halloween meeting and Dance are here. October 28th @ 6pm. Dance after- bring a pumpkin to paint- \$20 at the door. Community Church in Sebastopol- We need volunteers. Another paint night in November- stay tuned.

**ALKATHONS:** ( Angel) We are meeting weekly- if you want to volunteer go to intergroup website and sign up. Sign up early and get the shift you want! Christmas Alcathon will be at Sally Tomatoes.

**NEWSLETTER:** ( Morgan P) Deadline for December is November 17th @5pm. Adhoc meeting November at 14th @ 4pm, please come be of service.

**WEBMASTER:** ( Hal P) Working on website, need 5-7 days to

get back to you. You can use the " contact us" on website.

**SEMINARS:** ( Anne G) Last Seminar was a success.

November 15th 7-8:30pm on Zoom only- Seminar on Mental health. Panel discussions " Mental Health" - log in info is in newsletter.

**TELESERVICE:** ( Stacy T) All positions are filled!

**ICSC NOMINATING COMMITTEE:** ( Gerry H) Responsibility to regulate and oversee the bookstore. Please help and be a part of the solution. We have found someone to fill our position and it is Stacy!

### Liaison Reports:

**SOCYPAA:**( Alex T) Liam- We are SWACYPAA hosting conference next summer between June-August 8th-11th Pre register for \$20- Business meetings 1st & 3rd Sunday of each month swacypaa.org. We need to add bylaws and we need a new rep.

**SPANISH Central Office:** (Vacant)

**H&I:**( Larry) H&I serves 14 rehabs in Sonoma County. Please encourage ppl to donate generously to the pink can and reps to attend the main meeting. We meet at the Center for Spiritual living the 1st Wednesday of the month new rep 5:45 and main meeting 6:15. San Quinton Survivors need sponsors. We need more pink can donations.

**GENERAL SERVICE:** (Denise G.) Unity Day was a success. " It takes a village" was really put into action this year. It's also inventory season. We will be holding a group inventory at our officers meeting in October, attending the fall assembly inventory November 4th and then following that November 6th with our District 12 Inventroy and our regular business meeting. Everyone is excited to learn and grow. General Service is available to help groups do their own inventory as well. Next business meeting 1st Monday of each month @ Faith Lutheran Church also on Zoom.

**BRIDGING THE GAP:**( Nicole F) We are a sub committee of general service- We are going back to in person and need help. We have a new alternate chair. We will be doing a group inventory 3rd Tuesday of every month @ bookstore- November 17th @ 6:30

**PICPC:** (Brett): looking for literature coordinator and volunteers to pass it out. 2nd Wednesday/ month @ bookstore 7:30pm.

**ACCESS SONOMA COUNTY:** (Sam) Planning a workshop on Mental health and recovery Our Mission is to help anyone anywhere get to a meeting. The surveys in the newsletter were helpful and "mental health" is the top topic for seminars. 2nd Thursday @ 7:15 zoom, info on intergroup website. We need to know when and where childcare is available @ meetings.

November 14th @6pm on zoom for Workshop planning meeting

**OLD BUSINESS:** Alcathon Volunteers are needed and they need to sign up on the intergroup website.

**NEW BUSINESS:** New meeting schedules are in the works. Work on the alcathon lottery-take your meetings conscience on -next year pick names out of the hat and fill the boards all at once, so all get a chance to host a meeting.

**Group Representative:** Richard shared issues regarding non-conference approved literature from his meeting, New Sobriety Group. Clark addressed the meeting regarding the ICSC process. Holly represents the Any lengths group, many groups didn't get a chance to vote, feels the alcathon lottery could have been done better.

**Summation** provided by Kristen

Meeting adjourned with the Responsibility Statement at 8:29pm -In Service

Hilary Gonzalez



SCIF PRESENTS:

# PAINT & RECOVERY

**SATURDAY, DECEMBER 9TH**

**ALANO CLUB, PETALUMA. MEETING @ 2PM PAINT UNTIL 4:00**

**\$20.00 PER PERSON INCLUDES ALL MATERIALS AND SNACKS.**

**RSVP TEXT SHAUNA 707-536-6413**

**VOLUNTEERS NEEDED**

UNITY  
AA  
SERVICE  
RECOVERY

What is PI/CPC? That was my question when I joined the committee in January. Here is what I learned.

PI = Public Information

- Providing accurate AA information to the public (when requested) ... what AA is/isn't, along with a bit of our personal story of how AA helped in our recovery. We provide speakers and AA literature... DUI classes, schools, senior centers, libraries, police/fire stations, etc.

CPC = Coordination with the Professional Community.

- Providing information about AA to those who have contact with alcoholics through their profession – health care professionals, educators, clergy, law enforcement, court officials and those working in the field of alcoholism.

Currently, I manage our list of amazing speakers helping to get the word out about AA. I also have had the opportunity to speak at DUI classes and schools – what a great experience of helping myself by helping others.

Sound interesting? Come to hear more. New Speaker Training @ 7 pm & Business Meeting @ 7:30 pm: 2nd Wednesday of each month (in-person @ The Bookstore or on Zoom: ID: 961 8127 1048 Password: Dist12GS).

In service,  
Ed M.

## H&I

Hospital and Institution Committee

On Wednesday, November 1, at 6:15pm, the Hospital and Institution Committee Business Meeting was held at The Center for Spiritual Living in Santa Rosa. A warm welcome to our newest meeting reps: Jenelle P, Saturday Night High Steppers, and Mathew

M, Campfire Meeting. Thank you for your service.

Welcome to our visitor Lorna. Keep coming back!

Sobriety Birthdays for October: Dana 9yrs, Catherine 7yrs, Sheila 5yrs, Madison 5yrs, Brett 2yrs, Krista 1 year, Hannah 11 months, Tigerlily 9 months, and Kevin 8 months. Happy Birthday!

H & I members bring the message to the confined alcoholic 365 days a year because this disease does not take any days off! Speakers are always needed! Please attend the next monthly business meeting to see how you can become involved.

If you are passing the pink can at meeting level, you are strongly encouraged to join us at the monthly business meeting. You are the liaison between H & I and your home group, and there is always important information to be relayed. Come and get more involved in your commitment, and meet some great people as well!

The next business meeting is on Wednesday, December 6 at 6:15pm at The Center for Spiritual Living in Santa Rosa. New Rep orientation begins at 5:45, and all are welcome to attend.

Bring a sponsee! Service Commitments are available!

In Service,  
Cat C.

## BRIDGING THE GAP

Bridging The Gap is a sub committee of General Service. We are a group of individuals who are the bridge that assists in getting individuals from treatment facilities to their first meeting. I recently got connected to this sub committee looking for "something more". Service has saved my life, and I am always looking for ways to give back what has been so graciously given to me.

What a gift this has been the last few months, being the Bridging The Gap Chair. To be a part of service that ensures individuals get connected on their journey to sobriety has been more rewarding than I could have imagined. I remember when I left my treatment center and how scared I was to walk into my first meeting. I had built a safety net for 2 months and suddenly felt abandoned, again. I don't want anyone to feel that pain especially in early sobriety. Whatever I can do to help ease that fear, I would gladly do every day.

Bridging The Gap meets the 3rd Tuesday of the month at 6:30pm at the SCIF bookstore on Mendocino Ave, Santa Rosa. We have positions open for service and are always looking for volunteers to help get individuals to their first meeting.

Grateful and Blessed,

Nicole Ferrero, BTG Chair

# TREASURER'S REPORT - OCTOBER 2023

## Sonoma County Intergroup Fellowship Statement of Activities by Entity October 2023

7:40 PM

11/21/2023

Accrual Basis

	Activities	Alkathon	Bookstore	Central Office	TOTAL
<b>Ordinary Income/Expense</b>					
<b>Income</b>					
Activities Income	2,031.00				2,031.00
Bookstore			8,341.18		8,341.18
Central Office Income				8,139.95	8,139.95
Group Ins Collection-Bookstore			25.00		25.00
Group Ins Collection-CO				25.00	25.00
<b>Total Income</b>	<b>2,031.00</b>		<b>8,366.18</b>	<b>8,164.95</b>	<b>18,562.13</b>
<b>Cost of Goods Sold</b>					
Cost of Sales Bookstore			2,923.27		2,923.27
Shopify Monthly fee			138.96		138.96
<b>Total COGS</b>			<b>3,062.23</b>		<b>3,062.23</b>
<b>Gross Profit</b>	<b>2,031.00</b>		<b>5,303.95</b>	<b>8,164.95</b>	<b>15,499.90</b>
<b>Expense</b>					
Accounting, Bookkeeping & Legal			125.00	125.00	250.00
Activities Exp.	575.00				575.00
Alkathon Exp.		1,000.00			1,000.00
Depreciation Expense			128.63	128.63	257.26
Directories				175.00	175.00
Insurance Expense			42.11	42.10	84.21
Newsletters				701.50	701.50
Office Expenses			108.40	(7.87)	100.53
Pamphlets & Cards				50.45	50.45
PayPal Fees				10.95	10.95
Payroll & PR Taxes			1,730.23	1,730.25	3,460.48
Payroll Expenses					
Renovations - Bookstore			77.58		77.58
Rent - Facility & Storage			1,297.18	1,800.74	3,097.92
Telephone Expense			82.67	82.68	165.35
Teleservice Hot Line				82.57	82.57
Utilities - Facility			54.15	54.15	108.30
Web Site & Internet Costs				19.99	19.99
<b>Total Expense</b>	<b>575.00</b>	<b>1,000.00</b>	<b>3,645.95</b>	<b>4,996.14</b>	<b>10,217.09</b>
<b>Net Ordinary Income</b>	<b>1,456.00</b>	<b>(1,000.00)</b>	<b>1,658.00</b>	<b>3,168.81</b>	<b>5,282.81</b>
<b>Net Income</b>	<b>1,456.00</b>	<b>(1,000.00)</b>	<b>1,658.00</b>	<b>3,168.81</b>	<b>5,282.81</b>

## Example of Suggested Group Contributions to A.A. Service Entities:



- 50% to Intergroup;
  - 10% to Local General Service;
  - 10% to CNCA;
  - 30% to GSO New York;
- (To be determined by each group)

October 2023

The Bookstore income for October 2023 was \$8,366. Cost of good total \$3,062. Total expenses for October were \$3,646 for a subtotal gain of \$1,658.

Central Office income for October 2023 was \$8,165. Total expenses for October were \$4,996 for a gain of \$3,169.

Activities income for October 2023 is \$2,031. Total expenses included \$575 for an overall gain of \$1,456.

Alkathon expenses for October 2023 is \$1,000.

Overall, for this month we had a net gain of \$5,283. Year to date our income is \$128,660, total cost of goods is \$37,859 and our expenses are \$79,211, leaving a gain of \$11,590.

In Service, Meghan Lewis





“Newsletters or bulletins published by central offices may include not only office news and events, but similar information about the groups and committees served by these offices (such as meeting times, openings of new groups, or changes of group meeting locations or officers). Frequently, material from A.A. literature is reprinted and discussed, and articles on subjects of interest to A.A.s are also published. Experience indicates that, as in most A.A. service activities, it is prudent to make a committee (rather than one or two individuals) responsible for the format, planning and content of the bulletin.”

(From “A.A. Guidelines, Central or Intergroup Offices”  
[http://www.aa.org/en\\_pdfs/mg-02\\_centralorinter.pdf](http://www.aa.org/en_pdfs/mg-02_centralorinter.pdf))

## SERVICE MEETINGS & EVENTS - DECEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
GET	YOUR	ALKATHON	ON	&	COME	VOLUNTEER
3 SOCYPAA Sonoma County Young People in AA Business meeting, 1551 Montgomery Dr, Santa Rosa, CA 7:30pm	4 GENERAL SERVICE Meeting is Hybrid Zoom ID: Email chairperson. Location: 4930 Newanga Ave, Santa Rosa, CA 95405 6:45pm New Rep Orientation 7:30pm Business Mtg	5	6 H&I Center for Spiritual Living. 2075 Occidental Rd, Santa Rosa. 5:45 New Rep Orien. 6:15pm Business Mtg.	7 ALKATHON plnning meeting 6:30pm Zoom Meeting ID: 844 8548 2246 Passcode: 191478	8 NEWSLETTER SUBMISSION DEADLINE - 5pm  newsletter@ sonomacountyaa.org  EARLIER DATE PLEASE NOTE...	9
10	11 SCIF STEERING COMMITTEE In person at the AA Bookstore - 7:30PM 750 Mendocino Ave. and on Zoom . Go to sonomacountyaa.org for meeting ID and password	12	13 PI/CPC Hybrid Meeting In person at the AA Bookstore Zoom ID: 961 8127 1048 / PW: Dist12GS 7:00 New Rep Orien. 7:30pm Business Mtg	14 ACCESS SONOMA COUNTY Meeting via Zoom ID: 934 2984 1277 PW: 804715 7:15pm Business Meeting ALKATHON plnning meeting 6:30pm Zoom Meeting ID: 844 8548 2246 Passcode: 191478	15	16
17 SOCYPAA Sonoma County Young People in AA Business meeting, 1551 Montgomery Dr, Santa Rosa, CA 7:30pm	18 SCIF INTERGROUP Hybrid Meeting In person at St. Luke Church 905 Mendocino Ave, Santa Rosa & Online via Zoom 7:30pm Business Mtg	19 BRIDGING THE GAP In Person Only @ the Bookstore. 6pm New Rep Orien. 6:30pm Business Mtg	20	21 ALKATHON plnning meeting 6:30pm Zoom Meeting ID: 844 8548 2246 Passcode: 191478	22	23
24 <b>CHRISTMAS EVE</b>  ALKATHON BEGINS 06:00PM  SALLY TOMATOES ROHNERT PARK ALSO ON ZOOM	25 <b>CHRISTMAS DAY</b>  ALKATHON CONTINUES UNTIL 10:00PM  SALLY TOMATOES ROHNERT PARK ALSO ON ZOOM	26	27	28 ALKATHON plnning meeting 6:30pm Zoom Meeting ID: 844 8548 2246 Passcode: 191478	29	30
31 <b>NEW YEAR'S EVE</b>  ALKATHON BEGINS 06:00PM  BETHLEHAM LUTHERAN CHURCH SANTAROSA	1 <b>NEW YEAR'S DAY</b>  ALKATHON CONTINUES UNTIL 10:00PM  BETHLEHAM LUTHERAN CHURCH SANTAROSA	2	3	4	5	6
		HAVE A	HAPPY	NEW	YEAR	2024

## A.A. HOTLINES

Santa Rosa: (707) 544-1300

Español: (707) 623-6702



### MAILING ADDRESSES/INTERNET LINKS

**Alcoholics Anonymous**  
www.aa.org

**Sonoma County Intergroup Fellowship**  
750 Mendocino Avenue, Suite 10  
Santa Rosa, CA 95401-4846  
intergroup@sonomacountyaa.org  
www.sonomacountyaa.org

**Sonoma County General Service**  
P.O. Box 536 Santa Rosa, CA 95402  
generalservice@sonomacountyaa.org

**NORCAL H&I** (Hospitals and Institutions  
Committee area 22)  
P.O. Box 192490, San Francisco, CA 94119-  
2490 handi@sonomacountyaa.org

**NY General Service Office**  
P.O. Box 2407, James A. Farley Station  
New York, NY 10116-2407

**California Northern Coastal Area 06**  
1390 N. McDowell Blvd  
Suite G – 339 Petaluma, CA 94954  
www.cnca06.org

**Access Sonoma County**  
750 Mendocino Ave. Suite 10, Santa Rosa,  
CA 95401-4866 asc@sonomacountyaa.org

**Bridging the Gap**  
750 Mendocino Ave. Suite 10, Santa Rosa,  
CA 95401-4866 btg@sonomacountyaa.org

**Sonoma County PI/CPC\*** (Public Informa-  
tion/in Cooperation with the Professional  
Community) PICPC, C/O General Service  
P.O. Box 11305, Santa Rosa, CA 95406  
picpc@sonomacountyaa.org

**SOCYPAA** (Sonoma County Young People  
in AA)  
P.O. Box 5784, Santa Rosa, CA 95402  
socypaa@sonomacountyaa.org  
www.socypaa.org

**Teleservice** 750 Mendocino Ave., suite 10,  
Santa Rosa, CA 95401-4866  
teleservice@sonomacountyaa.org

**AA Grapevine/La Vina**  
New York Office, 475 Riverside Drive, 11th  
Floor New York, NY 10115  
www.aagrapevine.org

\*funded solely through Sonoma County  
General Service

## EMAIL SUBSCRIPTION LIST SIGNUP!

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SCIF news straight to your inbox!

Sign-up at the bottom of [www.sonomacountyaa.org](http://www.sonomacountyaa.org) home page

### Common Acronyms

SCIF = Sonoma County Intergroup Fellowship

ICSC = Intergroup Central Service Committee

DCMC = District Committee Member Chair

PI/CPC = Public Information/Cooperation with the Professional Community

## CONTACT INFORMATION

(All emails @sonomacountyaa.org)

### SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

Chair	Joe S.	intergroup@
Vice Chair	Kristin P.	vice-chair@
Secretary	Hilary G.	secretary@
Treasurer	Meghan L.	treasurer@
Registrar	Ellen W.	registrar@

### COMMITTEE CHAIRS

Activities	Shauna C.	activities@
Alkathons	Angel P.	alkathons@
ICSC	Marian M.	icsc@
Seminars	Anne G.	seminars@
Outreach	Will J.	outreach@
Teleservice	Stacey T.	teleservice@
ICSC Nominations	Jerry H.	icscnic@

### COMMUNICATIONS

Newsletter	Morgan P.	newsletter@
Website	Hal P.	webmaster@
Meeting Changes	Hal P.	webmaster@

### SONOMA COUNTY GENERAL SERVICE

DCMC	Denise G.	generalservice@
Treasurer	Shelly J.	treasurer-gs@
Registrar	Jenni H.	registrar-gs@
Archivist	Vacant	archivist-gs@
Grapevine	Blake B.	grapevine@
Access Sonoma County	Sam T.	asc@
Bridging the Gap Chair	Nicole F.	btg@
PI/CPC	Brett	picpc@
Interpret/Translation	Larry V.	it@

### HOSPITALS AND INSTITUTIONS COMMITTEE

Chair	Patrick P.	handi@
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### SONOMA COUNTY SPANISH CENTRAL OFFICE

Intergroup Liason	Vacant
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Please email [newsletter@sonomacountyaa.org](mailto:newsletter@sonomacountyaa.org) for any comments, questions, answers regarding the newsletter. and/or get involved with the production of the newsletter by joining the ad hoc committee.