

Sonoma County Intergroup Fellowship

NEWSLETTER

AUGUST 2022



GET THE LATEST MEETING LISTINGS, UPCOMING EVENTS AND MORE AT WWW.SONOMACOUNTYAA.ORG

Relationships, Relapse & Recovery

While our program is simple, recovery is not an easy process for the vast majority of people. Despite working 2 thorough sets of steps, I spent my first year bouncing back and forth between a total preoccupation with alcohol and faith that personal recovery was possible for me. I believe that my desperation to develop integrity, and discover my authentic self through the program of Alcoholics Anonymous, in many ways has kept me sober for past two years. Some time ago I realized that the obsession to drink had been lifted and I began to feel grounded and surrounded by loving teachers, who have found serenity through this design for living. My abject fear of relapse served me well. It carried me through those early milestones, by an obstinate wilfulness to remain abstinent.

There has been no pink cloud for me. I am searching for hope, peace, and happiness – to go beyond what I previously was – amidst life’s grief, losses, and disappointments. My story primed me for the turbulence of being; however, the challenge that I did not anticipate was how my close connections and loved ones relapsing would impact me. Logically I knew that for most of our members relapse is a part of recovery. As my sponsor always reminded me: we don’t all recover at the same speed. “Into Action” is a fearful and daunting process that takes tremendous effort and an open heart and mind. For most of us honesty, and the willingness to face our past and present, does not come easily.

I identify as double blessed, both very much codependent and fundamentally a true alcoholic. For a long time I was so uncomfortable with the former that I engaged in active denial. Accepting that individuals must own their own recovery, and that I have no power to control the health and wellness of those I loved, was incredibly difficult for me. I met my partner of two years in a treatment center at the beginning of my sobriety. When he relapsed I hit an emotional bottom and was forced to face the reality that I am powerless over the recovery of another. I felt tremendous anger, frustration, self-pity, and shame. I fluctuated between feeling personally responsible for the relapse and blaming him. The 12x12 suggests “It is only where ‘boy meets girl on A.A. campus’ and love follows at first sight, that difficulties may develop. The prospective partners need to be solid A.A.’s and long enough acquainted to know that their compatibility at spiritual, mental, and emotional levels is a fact and not wishful thinking.” (Twelve steps and twelve traditions, 1989, p. 119)

[continued on next page]

SERVICE OPPORTUNITIES

Teleservice

Teleservice Update:

All 15 volunteer hotline positions have been filled!

Thank you to those who have stepped up to volunteer: Frank B., Collin W., Laura A., Maggie P., Kelly B., Dave B., Buddy M., Anna W., Shayne M., Carol C., Kyle P., Ginger H., Danielle M., Tom R., and Stacy T.

We are still in need of 8 “Twelve-steppers”

Qualifications: At least 1 year of sobriety and working knowledge of the steps. This is a 1-year commitment. The greatest need is for women and fellows outside the Santa Rosa area.

Please contact Stacy T. for more information:
teleservice@sonomacounty-aa.org

The SCIF Newsletter is made possible through the contributions of our members. Please read this newsletter and pass it on! This newsletter is also available online at www.sonomacountyaa.org

Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length and content that may violate A.A. Traditions.

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Glenn C.
Asst. Manager: Bob F.
Phone: (707) 546-2066
Fax: (707) 566-9677
Email: bookstore@sonomacountyaa.org

SPRING HOURS

Mon - Friday:	10am-6pm
Saturday:	11am - 3pm
Sunday:	Closed

CLOSED on Upcoming Holidays:
Labor Day - September 5th

AAWS GUIDELINES FOR NEWSLETTERS:

“Newsletters or bulletins published by central offices may include not only office news and events, but similar information about the groups and committees served by these offices (such as meeting times, openings of new groups, or changes of group meeting locations or officers). Frequently, material from A.A. literature is reprinted and discussed, and articles on subjects of interest to A.A.s are also published. Experience indicates that, as in most A.A. service activities, it is prudent to make a committee (rather than one or two individuals) responsible for the format, planning and content of the bulletin.”

(From “A.A. Guidelines, Central or Intergroup Offices”
http://www.aa.org/en_pdfs/mg-02_centralorinter.pdf)

The very nature of beginning a relationship at the start of our recoveries made it impossible for either of us to be solid A.A.’s and find individual identities before coming together.

Although I had a wonderful home group, loving sponsor, multiple service positions, and was actively working steps, given my codependency the first 18 months of my recovery was essentially tied to him. It was only once he relapsed and I required him to move out that I was able to utilize tools, which I had been searching for in both A.A. and AI-Anon, and learn how to develop healthy boundaries in practice. For me I needed to cut off contact for a period of time to begin to develop an identity outside of another person. At 27, I have spent 15 years in active addiction, complete with codependent romantic relationships with active alcoholics. I am still learning how to identify the space between where I end and another person begins. I am fortunate that his experience of relapse brought about a more rigorous application of the program for him – in place of another institution or death. The irony of the situation is that while my experience of my partner relapsing was devastating, the event resulted in tremendous personal growth and recovery. I often say that other than working the steps and coming to terms with grief rooted in my family of origin, the space created by my loved one relapsing is the best thing to ever happen to my recovery.

As a young woman in early sobriety I struggle with low self-esteem and the belief that I am not enough as I am. The manifestation of the unconscious idea that the love of another will help cure this underlying insecurity is an innately human practice. The time I continue to take for myself has begun to lay a foundation for greater self-esteem and authentic discovery. I am closer with my support network and sponsor, I spend more time sitting in my own skin and processing my strong emotions with the help of women in recovery. I encourage women entering the program to take time for themselves before engaging in a romantic relationship, with the caveat that if they do fall in love on A.A. campus to work hard on developing an individual identity (and stay out of their partners recovery). The phrase “suggestions are free, you only pay for the ones you don’t take” applies to everyone as an individual. While I don’t regret the past and I am thankful for the teachings of relationships and relapse, I am principally grateful for this program and it’s enduring gifts of self-respect and a loving community.

In recovery,
Amy S.

SONOMA COUNTY INTERGROUP FELLOWSHIP BOOKSTORE

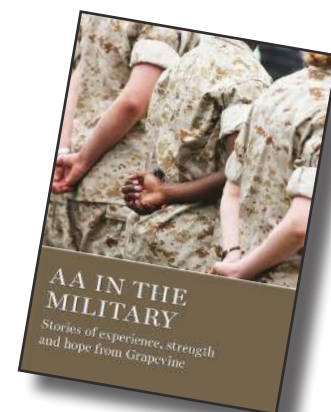
Sale Book for August is...

“AA in the Military”

AA in the Military is a collection of stories, previously published in Grapevine, by members of Alcoholics Anonymous who have served in the military. The book begins with letters from the troops during World War II, when Grapevine first became a vital tool in keeping soldiers sober and connected to AA. The chapters that follow are filled with stories of experience, strength and hope—by both men and women—who served their country on land, sea and air. These personal accounts illustrate the challenges alcoholics in uniform encounter, often under difficult circumstances, far from loved ones.

The book concludes with a powerful selection of stories by our sober veteran members, titled “Coming Home.”

\$11.19 + tax



750 Mendocino Avenue, Suite 10, Santa Rosa
PST: Monday – Friday 10-6PM, Saturday 11-3PM

GENERAL SERVICE

Service Saved My Butt, Once Again

In sobriety, it is common for me to take on more than I can chew at times. Overbooking myself happens in my AA life and the life AA gave me. This character defect is something I have been working on in July, considering it is the 7th month, and my sponsor is having me work on the 7th step (go figure). Thinking that I have somewhere closer to an infinite number of hours in a day rather than the standard twenty-four that everyone else is working with is the defect of character I comfortably fall into every so often. It has been coming up quite a bit and seems always to have some character-building spiritual solutions awaiting after my final submission to the truth that I, too, only have twenty-four precious hours a day.

In an unfortunate turn of events, a family emergency left me devastated. Seemingly, nothing would ever be the same. But that evening, I went to a meeting, and I met with a sponsee the next day. Then another meeting, and I even stayed for steering; I was part of an Adhoc the following day. I called my sponsor every day for nearly a week. Then all of the commitments I had over-committed myself to previously with General Service started to need attention, and I was right there: willing, able, and ready. Then a sponsee was going through a thing. I got to listen to her, send her into the book about it, and be in the book myself.

As if all of my service commitments could not be more consuming, I got to be a part of a General Service conversation that left me unbelievably uncomfortable and in a lot of fear. Fear that I had done something wrong or that I was not actually of service. The fear again led me to talk with my sponsor, service sponsor, and her service sponsor. I then got to have many conversations about service, AA, and General Service with a host of lovely people.

Through all this, my family emergency healed. I was able to take space, set boundaries, and have realistic expectations for myself through the process. Although the life AA gave me seemed difficult, strained, and tragic; my AA life flourished, and so did I. Rather than spending the past few weeks suffering from disappointment, pointing to the tragedy, and sinking into a pity party, I got to suit up and show up in AA and in service and see that God indeed removes our defects only when they stop serving us.

In Service, Blake
General Service, District 12, Literature Chair

ALKATHONS ANNOUNCEMENT

Hello everyone,

I'm Jeff L., an alcoholic and this years Alkathon Chair. We are getting things fired up for this years' events. Please, talk to your groups, generate some interest, and spread the word.

We can't do it by ourself, it's a **WE** thing.

If your group wishes to host a meeting at the 2022 Thanksgiving, Christmas, or New Years Alkathon be sure to have a representative attend the Intergroup business meeting **Monday 9/26 at 7:30pm**, in person at St. Luke Church or by Zoom. Any meeting wishing to host an Alkathon time slot for ANY of the 3 holiday Alkathons must send a representative to enter their group into the lottery.

If you are interested, contact Jeff L. at (707) 245-4914 or jdlaw977@gmail.com.

More information about all Alkathons to follow in next month's newsletter!

Thank you for letting me be of service,
Jeff L.

PI/CPC

We are a sub-committee of General Service, District 12, Sonoma County. We are the public face and voice of Alcoholics Anonymous (AA). **We need recovering alcoholics to share their experience, strength, and hope in public venues.** We hold speaker training at 7 PM on the 2nd Wednesday of the month, **now in person (hybrid zoom) at the AA Bookstore.** Join us!

PI/CPC – Public Information/Cooperation with the Professional Community serves two purposes:

1. The Public Information Committee provides accurate AA information to the public when requested. We carry the message by getting in touch with the media, schools, senior centers, libraries, hospitals, or any other appropriate venue, providing speakers and AA literature when asked. We emphasize our Traditions of anonymity, singleness of purpose and non affiliation.
2. We share what AA is and what AA isn't and also tell a bit of our personal stories to show how we have recovered from the disease of alcoholism through AA's 12 steps. We provide meeting schedules and literature to hospitals, jails, and police departments, courts, libraries and senior centers.

The Cooperation with the Professional Community Committee provides information about AA to those who have contact with alcoholics through their profession – health care professionals, educators, clergy, law enforcement, court officials and those working in the field of alcoholism.

The “Doctor Packet” and “Clergy Packet” are examples of reaching out to the professional community. Information is provided about where we are, what we are, what we can do and what we cannot do.

How do I get involved?

We invite any AA member who is interested in getting involved in PI/CPC work to attend our business meeting, as there is more to do than there are people to do it.



Sonoma County Alcoholics Anonymous
Need a Meeting?
24-Hour Hotline
English: 707-544-1300
Español: 707-623-6702
<https://www.sonomacountyaa.org/meeting/>
(Español en el otro lado)

Take a photo of QR code for the AA meeting listings.



Condado de Sonoma Alcohólicos Anónimos
Para más información:
Ayuda 24 hours
Español: 707-623-6702
Inglés: 707-544-1300
<https://www.sonomacountyaa.org/meeting/>
(English on the other side)

Tomé una foto del código QR para información de Grupos.

Remember “back in the day” when we had printed meeting guides? Well, we now have double-sided QR code business cards which take anyone with a cell phone right to Sonoma County’s A.A. Meetings web page! Let us know if you want help the committee deliver these to our professional community contacts: picpc@sonomacountyaa.org

MEETING CHANGES

GROUP RE-OPENINGS: SCIF will not dictate when or if each group can re-open. That decision is to be made by each group. PLEASE NOTIFY US ASAP SO WE CAN GET THE WORD OUT

PLEASE SEE THE WEBSITE AT WWW.SONOMACOUNTYAA.ORG FOR UP-TO-DATE INFORMATION REGARDING MEETING OPENINGS/CHANGES

To report meeting changes, please send an email to meetingchanges@sonomacountyaa.org or contact the SCIF Office at 707-546-2066

BRIDGING THE GAP

If you want to reach the alcoholic in a treatment facility or institution, or just be there to help them find A.A. when they get home, then Bridging the Gap is for you! This service opportunity gets you connected with the next suffering alcoholic, as they encounter one of the deadliest transitions in their life; leaving rehab and heading home. Being the hand of A.A., through Bridging the Gap, allows you to support a newcomer, or someone transitioning the area, without making a commitment to be a sponsor. Just call them and offer to meet them at their first meeting, whether that is in person or on Zoom. We don't offer rides, yet you are free to make your own choice in that matter. We suggest that type of 12th step work be done in pairs.

We need to refresh our list of volunteers available to receive these calls, men and women. Sobriety requirement is 6 months, but can be less if you really want to be of service. We also need women to help with daytime presentations at Azure Acres, a once a month commitment. We are looking for liaisons to PI/CPC, District 18, and a female phone list coordinator. We are currently meeting online on the 3rd Tuesday of the month at 6:30pm. Please join us if you would like further information on how to get involved!

-In Service, MaryEllen W., BTG Chairwoman / Email: btg@sonomacountyaa.org

SERVICE MEETINGS & EVENTS - AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 GENERAL SERVICE Meeting VIA ZOOM Email chairperson for Meeting ID 6:45pm New Rep Orientation 7:30pm Business Mtg	2	3 H&I Community of Christ Church 1495 W Steele Ln, Santa Rosa, CA 5:45 New Rep Orien. 6:15pm Business Mtg.	4	5	6
7 SOCYPAA Sonoma County Alano Club 1050 Petaluma Blvd. N. Petaluma, CA 7:15pm Business Mtg.	8 SCIF STEERING COMMITTEE In person at the AA Bookstore - 7:30PM 750 Mendocino Ave. Zoom sonomacounty- aa.org for meeting ID and password	9	10 PI/CPC Hybrid Meeting In person at the AA Bookstore Zoom ID: 961 8127 1048 / PW: Dist12GS 7:00 New Rep Orien. 7:30pm Business Mtg	11 ACCESS SONOMA COUNTY Meeting via Zoom Meeting ID: 934 2984 1277 Password: 804715 7:15pm Business Meeting	12 NEWSLETTER SUBMISSION DEADLINE - 5pm newsletter@ sonomacountyaa. org	13
14	15	16 BRIDGING THE GAP Please email btg@sonomacounty- aa.org for meeting and service info. 6pm New Rep Orien. 6:30pm Business Mtg	17	18	19	20
21 SOCYPAA Sonoma County Alano Club 1050 Petaluma Blvd. N. Petaluma, CA 7:15pm Business Mtg.	22 SCIF INTERGROUP Hybrid Meeting In person at St. Luke Church 905 Mendocino Ave, Santa Rosa & Online via Zoom 7:30pm Business Mtg	23	24	25	26	27
28	29	30	31			

SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES

June 27th, 2022

The meeting opened at 7:30 with the Serenity Prayer and Preamble, followed by readings of Tradition 6 and Concept VI.

NEW REPS: Maureen, Saints and Sinners; Peggy, A vision for You; Pat N, LGBTQ Newcomers; Mike Z, Knuckleheads; Julie, Step Sisters

BIRTHDAYS SINCE WE LAST MET: Jenny, 10; Maureen, 10; Steph, 20 mo., Eric, 26, Stacy 1

ELECTIONS: ICSC Nominating Committee still vacant. Jeff L. elected Alkathons Chair

OFFICER REPORTS

CHAIR: [Kevin H.] We are still looking for an ICSC Nominating Committee Member. Kristin will be making a big announcement! Reminder to new and old Reps. When you are reporting back to your groups, please limit your report to Intergroup matters; let the GSR report on General Service matters.

VICE CHAIR: [Amber C.] Three New Reps attended orientation tonight. If you're new and didn't attend, please come to next month's orientation. If you'd like an Orientation packet, contact Amber; her information is in the Chat.

SECRETARY: [Katherine C.] Minutes of the May General Meeting will be in the July Newsletter. Please send additions and corrections to secretary@sonomacountyaa.org.

TREASURER: [Meghan L.] Central Office income for May 2022 includes \$4,021.00 from Group Contributions and \$400.00 from Group Insurance for a total of \$4,421.00. Total expenses for May include \$2,254.00 from central office, \$620.00 from the Newsletter and \$58.00 from Teleservice for a subtotal gain of \$1,489.00. The Bookstore income for May 2022 was \$5,602.00 and \$400.00 from Group Insurance. Total expenses were \$6,590.00 for the bookstore leaving a subtotal loss of \$588.00. Overall, for this month we had a net gain of 901.00. Year to date our income is \$48,690.00, our expenses are \$42,279.00, leaving a gain of \$6,410.00.

REGISTRAR: [Hilary G] As of June 23,2022, there are 201 Groups offering 367 weekly Meetings. 217 meetings are in-person, 126 on Zoom, and 24 hybrid.

ICSC REPORT: [Justin C.] Bookstore was audited in May. Ad hoc committee is discussing Bookstore Best Practices and how to implement online sales.

BOOKSTORE REPORT: [Glenn C.]

Looking for volunteers to work 4-hour afternoon shifts every other week (Mondays, Thursdays and Saturdays); one year sobriety requirement; experience with computers and/or retail sales preferred. Bookstore closed next Monday for July 4. Sale book for July: Prayer & Meditation on sale for \$10.80.

COMMITTEE CHAIR REPORTS

OUTREACH: [Ryan L.] Please announce open position

ACTIVITIES: [Kristin P.] Founder's Day picnic was awesome. 4th of July picnic/potluck coming up at Ladybug Park. Event will start with a meeting from 11-12, with a picnic following from 12-3. Members whose last names start with A-M are asked to bring side dishes, N-Z, desserts. Volunteers needed.

ALKATHONS: [Jeff L.] No report.

COMMUNICATIONS/NEWSLETTER:[Ashley H.] Ashley ill, unable to get newsletters printed for this meeting. Both online and print editions are expected to be available [printed at Bookstore] by July 1. Straw poll taken at the in-person portion of the meeting indicates that there have been enough printed copies of Newsletter for those who wanted them. Deadline for submissions for the August Newsletter is July 15.

WEBMASTER: [Hal P.] Web site was down a couple of hours yesterday, but was restored. Please send notice of meeting changes and events you would like to have publicized on the website to webmaster@sonomacountyaa.org. Please give at least a week's notice.

SEMINARS: [Ann G.] Next Seminar will be July 20, 7-8:30 PM, on Zoom. Topic will be "Growing through the pandemic: "The courage to change the things we could" on Zoom.

TELESERVICE: [Stacy T.] Hotline is now fully staffed, with 15 new volunteers and 13 staying on from before. We have 12 new Twelfth Step callers, with 6 staying on. A few volunteers are still needed for making 12 Step calls, especially women, west county residents. Requires 1 year sobriety and a working knowledge of the Steps. There are occasional requests to go to visit alcoholics in the hospital, but there haven't been any to go to homes lately. Going with another AA on 12th Step calls is strongly recommended.

ICSC NOMINATING COMMITTEE: [Kyle P.]

Contact Vern or Kyle at icscnic@sonomacountyaa.org or in person for more information on Nominating Committee position.

LIAISON REPORTS

SOCYPAA: [Jeff] No Report

SPANISH CENTRAL OFFICE: [José G.] No report.

BRIDGING THE GAP: [Sam K.] No report.

ACCESS SONOMA COUNTY: [Sam] Mission is to make AA accessible to all who reach out for it, whatever their barriers to attendance might be. Committee looking for Recording Secretary.

SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES

June 27th, 2022 [continued]

GENERAL SERVICE: [James B.] Delegate's Barbecue was held; delegate reported on events of national GS Convention. Western Regional Forum will be July 16-18 in Salt Lake City; will be focused on sharing and unity rather than policy and voting. District 12 returns to meeting in person on July 4; location will be St. Luke's, across Mendocino from the Bookstore. Meetings will also be available on Zoom.

PI/CPC: [Chris S.] PI/CPC, Public Information and Cooperation with the Professional Committee is a sub-committee of General Service District 12 Sonoma County. We are the public voice of AA in our county, and we do this through you, fellow recovering members of our life-saving fellowship, who speak to DUI classes, schools, civic groups, law enforcement, Veterans groups and anywhere we're called to supply information about what AA does and doesn't do. In CPC we interact and cooperate with professionals who work with and otherwise come in contact with alcoholics. We are in constant demand for speakers, literature distributors, and now, very importantly, we have a critical vacancy on our committee for the Facilitator for juvenile DUI classes, and most critically, school presentations, as schools reopen in August. Please consider yourselves, or someone from your meetings, to fill this role. Our

outgoing facilitator will go over the job description in detail with you and be a support person to answer any questions you may have. Our next meeting is Wednesday July 13. Speaker training @ 7PM, Business meeting at 730PM. In person at the Bookstore 750 Mendocino Ave. (across the street from St. Luke's) or by zoom.

H&I: Committee requesting that more Reps come to monthly meetings, 1st Wednesday at 6:15 at Steele and Range, with New Rep Orientation at 5:45. There's a lot going on: H&I is putting on Unity Day this year. The Orenda meeting is now in-person. Creekside and Olympia House meetings also need support. A new site has opened up, Muir Woods Adolescent Facility; SOCY-PAA will be holding a meeting there.

OLD BUSINESS: None

NEW BUSINESS: None

ANNOUNCEMENTS: [Frank] Unity and Service Conference July 8-10 at Concord Hilton and online. Register at unityandserviceconference.org. [Amber] 4th of July Picnic Fliers are available at Bookstore, Alano Club, or by emailing Amber.

GROUP REPRESENTATIVES SHARING: None
CLOSE with Responsibility Statement at 8:25 PM.

2022 YTD Group Contributions

<u>Meeting</u>	<u>Group #</u>		<u>June YTD 2022</u>
11th Step Meeting, Petaluma	677694		985.00
1pm Newcomer's	102247		200.00
A Vision for You-Petaluma			81.00
AA Cashe Creek			500.00
AA of Sonoma(11th Step)	629081		113.49
Attitude Adjustment	137969		350.00
Be What You Want to See	644153		280.00
Bring Your Own Big Book	604571		35.26
Came to Believe	140181		160.00
Cloverdale Daily Reflections	723776	50.00	50.00
Drop the Rock	678780		140.00
Fresh Air Group	125734	190.00	440.00
Friday Night Vets	695254		1,131.50
Good, Bad Ugly	695254		50.00
Graton Fellowship	101319		40.27
Gravenstein Gay Group	132259		124.00
Great Reality Goup			100.00
Harmony Group	102245		480.35
Healdsburg Women's Book Study	657167		215.00
Higher Power Group	145825		300.00
Language of the Heart Group	697399	80.00	204.00

2022 YTD Group Contributions (cont.)

<u>Meeting</u>	<u>Group #</u>	<u>June YTD 2022</u>	
Lunch Bunch Group	123069	100.20	
Mature and Sober	156104	75.72	
Mid-Morning Sanity	373719	333.85	
Moment of Silence 11th Step	653379	54.00	
Monday Night Alcoholics Only	168369	348.70	
New Sobriety Group	123308	232.47	
Nor-Cal Primary Purpose Group	678027	88.00	
Not Taking A Trip		348.60	
Open Door	626044	200.00	
Quitting Time, Petaluma	175166	83.44	256.41
River Womens Meeting	628278	485.55	
Saturday Guerneville Group	175389	96.00	
Saturday Morning Book Study	657167	140.00	
Saturday Morning Women's Discussion	630164	92.86	
Saturday Solution Group	697920	610.00	
Serenity Fellowship	173254	1,709.54	
Sisters in Step		271.91	
Sober Sisters	145485	1,013.80	
Sober Sunday Group, Santa Rosa	161999	258.00	
Sonoma Sober Sunrise	355860	910.32	
Sonoma Valley Fellowship	100537	500.00	1,500.00
Step Sisters - Santa Rosa	702959	314.15	
Sunday Breakfast Club	659338	65.50	
Sunday Morning Villa A.A. Group	698220	300.00	
Sunday Night Book Club	376259	120.31	192.21
The Eldridge Group	119816	136.54	
Think About It Group of AA	166014	1,300.00	
Third Step Group	160814	250.00	
Thurs Geyserville	656619	150.00	
Thurs. Meditation & Prayer		200.00	200.00
Thurs. Night 12 X 12 Discussion Group	158897	154.36	
Thursday Night Women's AA (Petaluma)	136816	20.37	
Thursday Womens 5.30		100.00	
Thursday Womens AA, Sebastopol	711296	80.00	160.00
Tues, Thur Oakmont Noon		200.00	
Up the Steps	141135	236.76	
Valley of the Moon	602256	70.00	
Wednesday Big Book Study Rio Nido	175095	50.00	50.00
Wednesday Westsiders	677693	660.75	853.00
Wednesday Women's Lunch Bunch	675591	75.33	
Wednesday Wonder	129758	90.60	
Women's Book Group, Sonoma	630164	131.60	
Women's Step and Traditions Group	721424	61.50	
Women's Step Study and Discussion Gro	144021	15.41	
Women's Tuesday at Noon in Windsor	675551	300.00	
zoom 7.00am-8.00am		-	
1728 Group		-	
Unknown		84.60	
General Service		-	
Non Cash Contribution		655.00	
Contribution Individual	125.00	765.00	
Paypal	375.76	1,417.08	
Newsletter & Teleservice		-	
Individual (bkstore excess)		-	
Total	2,515.26	23,454.81	

SCIF FINANCIAL SUMMARY - JUNE 2022

SONOMA COUNTY INTERGROUP FELLOWSHIP

Financial Summary

	Jun-22		Jun-21		Year to Date		2022	2021	difference
	Income	Expense	Net	Net	Income	Expense	Net	Net	
Group Supported:			Comparison				Comparison		
Central Office	-	(2,300)	(2,300)	(2,189)	-	(13,776)	(13,776)	(11,676)	(2,100)
Groups	2,015	0	2,015	2,675	20,818	0	20,818	17,548	3,269
Non-Cash	0	0	0	0	655	0	655		655
Individuals	500	0	500	20	1,982	0	1,982	3,846	(3,191)
Group Ins Collection	75	0	75	50	900	0	900	225	675
Directories	0	0	0	0	0	0	0	0	0
Pamphlets & Cards	0	0	0	0	0	(210)	(210)	0	(210)
Newsletter	0	0	0	0	0	(1,245)	(1,245)	(37)	(1,208)
Teleservice	0	(58)	(58)	(58)	0	(349)	(349)	(353)	3
Interest/Bank Charges	0	0	0	0	0		0	0	(0)
Subtotal	2,590	(2,358)	232	498	24,355	(15,580)	8,775	9,555	(780)
Self Supported:									
Bookstore	5,298	(6,442)	(1,144)	(1,029)	31,398	(35,500)	(4,102)	(2,711)	(1,391)
Group Ins Collection	75	0	75	50	900	0	900	225	675
Contributions	305	0	305	0	305	0	305	0	
Alkathons	0	0	0	0	0	0	0	0	0
Activities	0	0	0	0	0	0	0	0	0
Seminars	0	0	0	0	0	0	0	0	0
Unity Day	0	0	0	0	0	0	0	0	0
Subtotal	5,677	(6,442)	(765)	(979)	32,602	(35,500)	(2,898)	(2,486)	(411)
TOTAL Gain (Loss)	8,268	(8,801)	(533)	(481)	56,957	(51,080)	5,877	7,069	(1,191)

Assets & Liabilities		2022			
Cash in Bank & Petty Cash	64,842	Memo: Cash in Bank & Petty Cash	64,842		
Prepaid Expenses	5,778	Prudent Reserve	(40,649)		
Bookstore Inventory	17,078	Liabilities	(13,281)		
Property	13,250				
Subtotal	100,948	Operating Reserve	10,912	net Gain	10,912
Liabilities	(13,281)				
Total Assets & Liabilities	87,667				

INTERGROUP TREASURER'S REPORT - JUNE 2022

Central Office income for June 2022 includes \$2,015.00 from Group Contributions \$500.00 from Individuals, \$75.00 from Group Insurance for a total of \$2,590.00.

Total expenses for June include \$2,300.00 from central office and \$58.00 from Teleservice for a subtotal gain of \$232.00.

The Bookstore income for June 2022 was \$5,298.00, \$75.00 from Group Insurance and \$305.00 from Contributions. Total expenses were \$6,442.00 for the bookstore leaving a subtotal loss of \$764.00.

Overall, for this month we had a net loss of 532.00. Year to date our income is \$59,957.00, our expenses are \$51,080.00, leaving a gain of \$5,877.00.

In service, Meghan A., Treasurer

Example of Suggested Group Contributions to A.A. Service Entities:

- 50-70% to Intergroup;
 - 10-30% to Local General Service;
 - 10-20% to CNCA;
 - 10-20% to GSO New York;
- (To be determined by each group)



A.A. HOTLINES

Santa Rosa: (707) 544-1300

Español: (707) 623-6702



INTERNET LINKS

Alcoholics Anonymous:
www.aa.org

Sonoma County Intergroup Fellowship:
www.sonomacountyaa.org

SOCYPAA (Sonoma County Young People in Alcoholics Anonymous):
www.socypaa.org

Northern California Coastal Area 06:
www.cnca06.org

AA Grapevine:
www.aagrapevine.org

MAILING ADDRESSES

Sonoma County Intergroup Fellowship
750 Mendocino Avenue, Suite 10
Santa Rosa, CA 95401-4846

Sonoma County General Service
P.O. Box 536
Santa Rosa, CA 95402

NORCAL H&I
P.O. Box 192490
San Francisco, CA 94119-2490

General Service Office
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407

California Northern Coastal Area - Treasurer
P.O. Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*
PICPC, C/O General Service
P.O. Box 536, Santa Rosa, CA 95402

SOCYPAA
1275 4th St., #221
Santa Rosa, CA 95404

*funded solely through Sonoma County General Service

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CONTACT INFORMATION

(All emails @sonomacountyaa.org)

SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

Chair	Kevin H.	intergroup@
Vice Chair	Amber C.	vice-chair@
Secretary	Katherine C.	secretary@
Treasurer	Meghan A.	treasurer@
Registrar	Hilary G.	registrar@

COMMITTEE CHAIRS

Activities	Kristin P.	activities@
Alkathons	Jeff L.	alkathons@
ICSC	Justin C.	icsc@
Seminars	Ann G.	seminars@
Outreach	Ryan L.	outreach@
Teleservice	Stacey T.	teleservice@
ICSC Nominations	Kyle P.	icscnic@

COMMUNICATIONS

Newsletter	Ashley H.	newsletter@
Website	Hal P.	webmaster@
Meeting Changes	Ashley H.	newsletter@

SONOMA COUNTY GENERAL SERVICE

DCMC	James B.	generalservice@
Treasurer	Shaun G.	treasurer-gs@
Registrar	Cindi W.	registrar-gs@
Archivist	Shelly J.	archivist-gs@
Grapevine	Leticia O.	grapevine@
Access Sonoma County	Heather J.	asc@
Bridging the Gap Chair	MaryEllen W.	btg@
PI/CPC	Chris S.	picpc@
Interpret/Translation	David H.	it@

HOSPITALS AND INSTITUTIONS COMMITTEE

Chair	Steven H.	handi@
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SONOMA COUNTY SPANISH CENTRAL OFFICE

Intergroup Liason	Jose G.
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Suggestions for SCIF Newsletter Welcome!
Please send any corrections, suggestions, submissions or comments about the Sonoma County Intergroup Fellowship newsletter to: newsletter@sonomacountyaa.org