

# NEWSLETTER NOVEMBER 2021



GET THE LATEST MEETING LISTINGS, UPCOMING EVENTS AND MORE AT WWW.SONOMACOUNTYAA.ORG



## **UNITY DAY 2021!**

I WANT TO "THANK" OUR UNITY DAY TEAM FOR A WONDERFUL AND SUCCESSFUL EVENT!

Special Thanks to:

ERIKA C. - DAVID H. - CINDI W. -

LARRY V. - TIM M. Our ZOOM Technicians JENNIFER B. Guest Speaker, Area Delegate to the General Service Conference.

DENISE G. & LORA L. Emcee & Time keeper.

MANUEL G. Spanish Translator.
OUR WONDERFUL PANEL SPEAKERS!

OUR WONDERFUL PANEL SPEAKERS! And READERS! Thank You! THANK YOU TO DONNA L. Treasurer, and

for assembling Our Beautiful Gift Baskets!
THANK YOU TO: ATTITUDE ADJUSTMENT & MONDAY NIGHT ALCOHOLIC'S
ONLY for their Gift Baskets.

THANK YOU TO *GLENN C*. - Co Chair and Bookstore Manager.

MIKE C. and the REGISTRATION TEAM. JUDAH N. & ASHLEY H. & BOB F. for advertising and Graphics.

THANK YOU TO ALL THE
INDIVIDUALS, MEETINGS & GROUPS
WHO DONATED TO THE
7TH TRADITION & GIFT BASKETS!

NOTE: A reminder to all who won Gift Baskets and purchased UD Coffee Mugs to please pick them up at The SCIF Bookstore & Central Office during working hours: 750 Mendocino Avenue, Suite #10 Santa Rosa, CA 95401

UD Coffee Mugs + commemorative chip on sale at the BS/CO for \$5.00.

THANK YOU! for letting me be of service, In gratitude...Larry O.

The SCIF Newsletter is made possible through the contributions of our members. Please read this newsletter and

Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length and content that may violate A.A. Traditions.

## **SCIF CENTRAL OFFICE**

750 Mendocino Ave., Suite 10 Santa Rosa, CA 95401

Manager: Glenn C. Asst. Manager: Bob F. Phone: (707) 546-2066 Fax: (707) 566-9677

Email: bookstore@sonomacountyaa.org

#### WINTER HOURS

Mon-Thurs: 10am - 5pm Friday: 10am-6pm Saturday: 11am - 3pm Sunday: Closed

The Bookstore is Closed on these Upcoming Holidays:

Thanksgiving |

November 25th

#### **AAWS GUIDELINES FOR NEWSLETTERS:**

"Newsletters or bulletins published by central offices may include not only office news and events, but similar information about the groups and committees served by these offices (such as meeting times, openings of new groups, or changes of group meeting locations or officers). Frequently, material from A.A. literature is reprinted and discussed, and articles on subjects of interest to A.A.s are also published. Experience indicates that, as in most A.A. service activities, it is prudent to make a committee (rather than one or two individuals) responsible for the format, planning and content of the bulletin."

(From "A.A. Guidelines, Central or Intergroup Offices" http://www.aa.org/en\_pdfs/mg-02\_centralorinter.pdf)

#### SPANISH CENTRAL OFFICE UPDATE

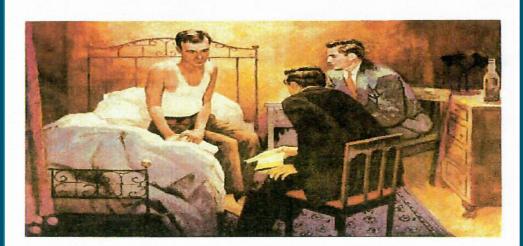
September 25, 2021

- Groups from Santa Rosa, Windsor, Napa, San Rafael, Rohnert Park reported that their
  meetings are restarting their pre-COVID schedule, although their attendance is less than
  before.
- Computer, printer, Internet have been purchased and installed. They will be transitioning their literature orders, newsletter, meeting schedule, and intergroup communication to an online format.
- Permanent Committees for hosting state convention and assemblies are not fully constituted and there are no additional volunteers, therefore, group decided not to request hosting upcoming state convention in Northern California.
- H&I committee continues to do jail visits to bring 12 step service to inmates at central jail. Committee asked if the detention center located in Windsor will resume allowing 12 step visits for Spanish speaking inmates. Committee has two AA members with approved access to jail.

SCO has several service vacancies.

• SCO will hold seminars on AA Traditions at their office 5959 Commerce Blvd., Suite 18A, Rohnert park, CA 94928 on Sunday, November 7, 2021 from 7:00-9:00 p.m. and Saturday, November 13, 2021 from 7:00-9:00 p.m. See announcement (in Spanish)

OFICINA CENTRAL NORTE DE LA BAHIA SEMANA DE LAS TRADICIONES 2021 DOMINGO 11/07/21 A SABADO 11/13/21



LAS JUNTAS SERAN EN LOCAL DE LA OCN DE 7:00 A 9:00 P.M. 5959 COMMERCE BLVD. #18A ROHNERT PARK, CA. 94928

## SONOMA COUNTY INTERGROUP FELLOWSHIP BOOKSTORE

Sale Book for October is...

### "Voices of Women in AA"

Voices of Women in AA demonstrates the diverse ways that women dealing with alcoholism find sobriety in Alcoholics Anonymous and live rich and rewarding lives. From Grapevine, the international journal of Alcoholics Anonymous, find inspiration from generations of courageous women devoted to sobriety and wellness.

20% off or \$10.80 + tax

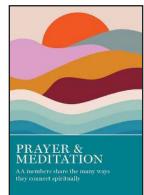
OICES OF OMEN IN AA

New Book!

### "Prayer & Meditation"

AA members share the many ways they connect spiritually.

Selling for \$13.49 plus tax.



750 Mendocino Avenue, Suite 10, Santa Rosa PST: Monday – Thursday 10AM-5PM, Friday 10-6PM, Saturday 11-3PM

## **PI/CPC Testimonial**

Howdy y'all! I'm Robert, a grateful alcoholic, and an active member of PI/CPC.

Public Information and Cooperation with the Professional Community is a sub-committee of General Service, District 12, Sonoma County. We are the public face and voice of Alcoholics Anonymous. We need recovering alcoholics to share their experience, strength, and hope in public venues, such as the local drunk driving program, local schools, veterans' groups, doctors, nurses, social workers, law enforcement agencies, the courts, public libraries, psych emergency services, and any public group. These organizations offer us the opportunity to provide a speaker to help them better understand what A.A. is (and isn't), where their students, clients, or patients might find out more information, and where and when to find meetings.

I have come to find that being proactively of service directly to my Sonoma County Fellowship was an element I had been missing in my program, having to often work out of town and with little notice. Once Zoom became a part of our AA lives, I sought out PI/CPC to create a SOCYPAA presence there, having gotten involved in an active role there first.

I'm no spring chicken, but I can recollect when I first was dabbling with the idea of relinquishing drinking indefinitely in my late 20's (whoa 10 years ago!), I couldn't imagine there was anyone in my demographic with the same inclination that was sincere about it. This was and is a driving factor in me actively announcing at meetings that service in PI/CPC is a thing that exists and offering my aid in getting people dialed in to share at schools and DUI classes, and of course deciding to become a speaker and share my experience myself.

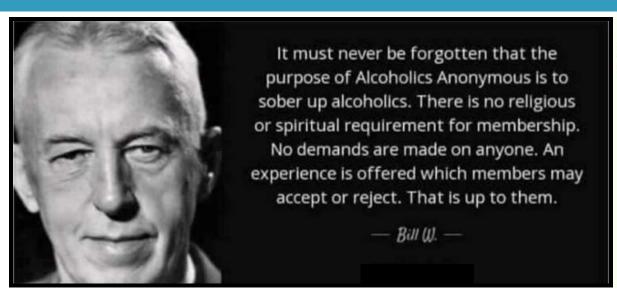
My experience sharing at a DUI class was extremely prolific! The group was very proactive in conversation and inquiry, and people seemed very able to relate to my direct experience with alcohol and how I use AA program to help me daily, without me divulging too much into How It Works. Conversation was so active that everyone stayed overtime without realizing it! (and of course bailed immediately upon realization). One young man, spoke at length about his experience with alcohol and the court system and felt great relief from speaking up, saying it was the first time he had ever opened up in front of a group of people.

I thought this a key point of attraction that I had potentially successfully relayed when I heard that; if nothing else, whatever an individual's relationship with alcohol is, we exist, if nothing else, as a safe space for people to be real with where they are at anonymously and without judgement. And in the end, is not all we're trying to do is be helpful to those who have suffered as a result of their relationship with alcohol?

I am now the Bridging the Gap liaison to PI/CPC and am stoked to be in the background keeping the lines of communication across service entities open and up to date, that we might maintain an integrally operating fellowship across the county.

PI-CPC meets on the second Wednesday of every month, currently on Zoom. Meeting ID 961 8127 1048, password Dist12GS. Pop in at 7pm and attend the speaker training and stay for the committee meeting that runs from 7:30-8:30. Being a speaker will fit into any schedule. We have both daytime and evening needs. We can also be reached at picpc@sonomacountyaa.org

Grateful to be of service, Robert K.





## **Bridging the Gap Testimonial**

Realizing that Step 12 is an essential part of my recovery I am always seeking opportunities to give back what was so freely given to me. When I first heard about Bridging the Gap, I immediately thought here is a chance to do so.

To be given the privilege of going into treatment facilities and talk about a program that saved my life is incredible. For me it is a chance to be proactive in my recovery. I enjoy talking sobriety with other alcoholics and how it has completely changed my life. Letting people know that when they get back to their home, whichever county that may be, that the hand of AA is there to help, makes me feel good. I am currently the Orenda Center Coordinator for BTG. Unfortunately, meetings are on hold there; however, I am still able to drop off fliers and let staff know we can hardly wait to bring meetings back in as soon as possible! Hopefully that day is soon.

The Committee meets online the 3rd Tuesday of the month at 6:30PM. Orientation is at 6PM. We are always in need of support to carry our message to the next suffering alcoholic.

-In Service, Jason F.

## **SERVICE MEETINGS & EVENTS - NOVEMBER 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	GENERAL SERVICE Meeting VIA ZOOM Email chairperson for Meeting ID 6:45pm New Rep Orientation 7:30 pm Business mtg.	2	H&I Meeting VIA ZOOM Meeting ID: 891 8522 6587 Password: 463197 6:15pm Business mtg.	4	5	6
7 SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	SCIF STEERING COMMITTEE In person at the AA Bookstore - 7:30PM 750 Mendocino Ave. Zoom sonomacounty- aa.org for meeting ID and password	9	PI/CPC Meeting VIA ZOOM Meeting ID: 961 8127 1048 Password: Dist12GS 7:00pm Speaker Training 7:30pm Business Mtg	ACCESS SONOMA COUNTY Meeting via Zoom Meeting ID: 934 2984 1277 Password: 804715 7:15pm Business Meeting	NEWSLETTER SUBMISSION DEADLINE - 5pm newsletter@sonoma- countyaa.org	BTG Forum 9:30am-4pm Bethlehem Church 1300 St. Francis Rd. Santa Rosa
14	15	BRIDGING THE GAP Please email btg@sonomacounty- aa.org for meeting and service info. Orientation 6PM	17	18	19	20
SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	SCIF INTERGROUP Hybrid Meeting In person at St. Luke Church (905 Mendocino Ave, Santa Rosa) & Online via Zoom 7:30pm Business Mtg	23	Thanksgiving Alkathon begins!! 1st meeting ~6:00PM~	Thanksgiving Alkathon ends - 9:30PM	26	27
28	29	30	nty Intovavous Follo			Page 4

### **SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES**

September 27th, 2021

The meeting opened at 7:31 with the Serenity Prayer and Preamble, followed by readings of Tradition 9 and Concept IX.

INTRODUCTION OF NEW REPRESENTATIVES:

Brenda, Hope; Felicia, Sober sisters; Francine, Mature + Sober; Jim, Healdsburg Friday Night; Vernon, Signs of Sobriety; Sonia, Young People's Group; Cara, Hens on the Hill; Ann, Women's Book Club Glen Ellen; Emily, St. Andrew's Big Book Study; Denise, Women's Book Study, Rohnert Park; Joanne, Sunday Closed Discussion Rohnert Park; Brenda, Monday Night Madness; Lisa, New Women of AA; Teresa, Step sisters; Kathleen, Sonoma Sober Sunrise; Tina, Not Taking a Trip; Kristin, Tea and Recovery; Grayson, Any Lengths; Christine, Check It Out; Eileen, Sunday Rocks; Diana, Midmorning Sanity; Monae, Out of the Ashes; Kalia, River Grace

**BIRTHDAYS SINCE WE LAST MET:** Cyndy 14, Emily 11

**ELECTIONS:** Activities Chair- Tabled due to lack of availability

#### **OFFICER REPORTS**

**CHAIR**: [Kevin H.] SCIF will print 200 color Newsletters at a cost of \$200.00. Alkathon Lottery will be right after this meeting's end. Unity Day is October 9.

**VICE CHAIR**: [Meghan A.] Thirty-two people are attending in person tonight. Eighteen people have identified themselves as new Reps. Contact Meghan for a New Rep Orientation Packet.

**SECRETARY**: [Katherine C.] July General Meeting minutes published in September Newsletter. Send additions/corrections to secretary@sonomacountyaa. org.

TREASURER: [Buddy M] Central Office income for August 2021 includes \$2,429 from Group Contributions, \$414 from individuals and \$125 from Group Insurance Collection for a total of \$2,968. Total expenses for August include \$2,071 from central office, \$195 from pamphlets and cards and \$59 from Teleservice for a subtotal gain of \$644. The Bookstore income for August 2021 was \$5,455, group insurance collection was \$125, total expenses were \$6,080 leaving a subtotal loss of \$625. Overall for this month we had a net gain of \$143. Year to date our income is \$69,760 our expenses are \$59,886 leaving a gain of \$9,874.

**REGISTRAR**: [Hilary G] There are 171 groups in Sonoma County offering 319 total meetings each week. Twenty-eight representatives, including 9 new Reps, attended the July General Meeting, for a 16.37% participation rate. Reps attending in person, please sign in on sheets provided. Reps attending on Zoom, please sign in using link Hilary has placed in Chat.

ICSC REPORT: [Gerry H.] Shared Intergroup Central Steering Committee functions, i.e., management and oversight of Bookstore and Central Office.

**BOOKSTORE REPORT**: [Glenn C.] We have enough volunteers. The sale book for October is In Our Own Words (stories of young people in AA) on sale for \$10.80 plus tax.

#### **COMMITTEE CHAIR REPORTS**

**OUTREACH**: [Ryan L.] Let Ryan know about Events you want publicized.

**ACTIVITIES**: [Vacant]

**ALKATHONS**: [Natalie B.] Lottery will be after Meeting. Not too late to sign up; let Natalie know.

#### **COMMUNICATIONS/NEWSLETTER:**

[Ashley H.] Regrets that printed October Newsletter is not available tonight; copies will be available for pickup at Bookstore, possibly in bundles of 3. Plan is for November's printed edition to be available for pickup at October General Meeting.

**WEBMASTER**: [Judah N.] Web operations smooth. Best way to notify Judah of meeting changes is to use "Contact Us" on SCIF webpage. Emailing him will also work. One week's notice of changes is preferred. To have your Event added to Calendar, please contact Judah; please use separate emails for meeting changes and Events requests.

**SEMINARS**: [Rosa R. ] October Seminar, Wednesday, 10/20 from 7-8:30 PM, is Working with Others.. Past Delegate Raimundo has been confirmed as one of the speakers.

**TELESERVICE**: [Deb D.] No report.

ICSC NOMINATING COMMITTEE: [Barry D., Eric, Marilyn] Election next month at General Meeting. We have 2 candidates. Could use a maximum of one more [for one Committee member.] Sobriety requirement 5 years; service term 18 months.

UNITY DAY: [Larry O] Unity Day will be Saturday October 9, 10 AM-4 PM. Everything is on track. Delegate Jennifer B. will be a guest speaker. Dress rehearsal will be on 10/2; same link as for Unity Day itself. See Newsletter for details. Big Book will be given to newest newcomer; available here tonight to be signed; will go to Bookstore, where members can sign it prior to the day.

### SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES

### September 27th, 2021

#### LIAISON REPORTS

**SOCYPAA**: [Jeff] Kevin reports for Jeff that SOCCYPAA didn't get selected to host the Southwest Conference. Elections will be 10/23 from 1-5 PM at Petaluma Alano Club.

**SPANISH CENTRAL OFFICE**: [José G.] Meetings every Saturday from 4-6 PM. Most meetings are in person. Office has acquired a printer, is receiving donations to pay for it. Traditions Workshop will be held Nov 7th & 11th, from 7-9 PM at the Spanish Central Office, 5959 Commerce Blvd., Rohnert Park.

**HOSPITALS AND INSTITUTIONS**: [Jeff R.] Now going to Main Jail. Windsor Detention facility is available.

**GENERAL SERVICE:** [James B.] General Service meetings are still on Zoom; next meeting is 10/4. Conference theme for 2021 will be "AA in a Time of Change." 4th quarter is Inventory season. General Service will help GSRs and groups without GSRs. Hard copies of the 2020 Conference Proceedings are available; contact your GSR or General Service. Fall Assembly will be 11/6 on Zoom. Area 06 will resume in-person meetings in January or February.

**BRIDGING THE GAP:** [Sam K.] Bridging the Gap supports alcoholics who have just been released from a hospital, treatment center or correctional facility. We're looking for members to meet new members at their first meeting.

**PI/CPC:** [Chris S.] DUI classes are now adding young offenders. More speakers are needed. Lots of presentations for both Petaluma High School and Casa Grande HS. Lots of literature being distributed, along with QR code business cards. Big outreach to the professional community took place on Sept. 22nd.

**ACCESS SONOMA COUNTY:** [Stephen R.] Sara invites participation in improving access for all. If you know of any challenging situations, please reach out.

**OLD BUSINESS**: None discussed **NEW BUSINESS**: None discussed

**INTRODUCTION OF NEW BUSINESS**: None **CLOSE with Responsibility Statement** 8:15pm.

Respectfully submitted, Katherine C

## **MEETING CHANGES**

GROUP RE-OPENINGS: SCIF will not dictate when or if each group can re-open.

That decision is to be made by each group.

PLEASE NOTIFY US ASAP SO WE CAN GET THE WORD OUT

### PLEASE SEE THE WEBSITE AT WWW.SONOMACOUNTYAA.ORG FOR UP-TO-DATE INFORMATION REGARDING MEETING OPENINGS/CHANGES

To report meeting changes, please send an email to meetingchanges@sonomacountyaa.org or contact the SCIF Office at 707-546-2066

	SCIF	FINAN	CIAL	SUMM	ARY -	SEPTE	MRFR	2021		
				NTY INTERGROUP						
		Ī		Financial Summary						
		Sep-21		Sep-20	Year	to Date	2021	2020	difference	
	Income	Expense	Net	Net	Income	Expense	Net	Net		
Group Supported:				Comparison				Comparison		
Central Office	-	(2,239)	(2,239)	(1,710)		(18,193)	(18,193)	(20,238)	2,045	
Groups	2,738	0	2,738	3,259	27,175	0	27,175	23,806	3,369	
Individuals	179	0	179	1,017	5,366	0	5,366	8,799	(3,433)	
Group Ins Collection	25	0	25	0	575	0	575	1,125	(550)	
Directories	0	0	0	0	0	0	0	(319)	319	
Pamphlets & Cards	0	(118)	(118)	0	0	(349)	(349)	(374)	24	
Newsletter	0	0	0	0	0	0	0	(1,066)	1,066	
Teleservice	0	(59)	(59)	(58)	0	(528)	(528)	(503)	(25)	
Interest/Bank Charges	0	0	0	0	0	0	0	25	(25)	
Subtotal	2,942	(2,416)	527	2,510	33,116	(19,071)	14,046	11,256	2,789	
Self Supported:									0	
Bookstore	4,298	(5,500)	(1,202)	(429)	43,178	(48,730)	(5,552)	(11,015)	5,463	
Group Ins Collection	25	0	25	0	575	0	575	1,125	(550)	
Alkathons	0	0	0	0	0	0	0	0	0	
Activities	0	0	0	0	0	0	0	(54)	54	
Seminars	0	0	0	0	0	0	0	0	0	
Unity Day	0	0	0	0	0	0	0	309	(309)	
Subtotal	4,323	(5,500)	(1,177)	(429)	43,753	(48,730)	(4,977)	(9,634)	4,657	
TOTAL Gain (Loss)	7,266	(7,916)	(650)	2,081	76,870	(67,801)	9,069	1,623	7,446	
	Assets & Liabilitie	as								
Cash in Bank & Petty Cash		62,340			Memo:	Cash in Bank & Pet	tty Cash	62,340		
Prepaid Expenses		1,898				Prudent Reserve		(40,649)		
Bookstore Inventory		18,089				Liabilities		(7,273)		
Property		<u>14,192</u>								
Subtotal		96,518				Operating Reserve		14,417	net Gain	14,417
Liabilities		(7,365)								
		89,153								

## **INTERGROUP TREASURER'S REPORT - SEPTEMBER 2021**

Central Office income for September 2021 includes \$2,738 from Group Contributions, \$179 from individuals and \$25 from Group Insurance Collection for a total of \$2,942. Total expenses for September include \$2,239 from central office, \$118 from pamphlets and cards and \$59 from Teleservice for a subtotal gain of \$527.

The Bookstore income for September 2021 was \$4,298 and group insurance collection was \$25. Total expenses were \$5,500 leaving a subtotal loss of \$1,202.

Overall for this month we had a net loss of \$650.

Year to date our income is \$76,870 our expenses are \$67,801 leaving a gain of \$9,069.

In service, Buddy M, Treasurer

## Example of Suggested Group Contributions to A.A. Service Entities:

- 50-70% to Intergroup;
- 10-30% to Local General Service;
- 10-20% to CNCA;
- 10-20% to GSO New York; (To be determined by each group)



## **A.A. HOTLINES**

Santa Rosa: (707) 544-1300 Español: (707) 623-6702



## **EMAIL SUBSCRIPTION LIST SIGNUP!**

If you are interested in receiving this monthly newsletter via email, please sign up to receive this newsletter and other important SCIF news straight to your inbox!

Signup at the bottom of www.sonomacountyaa.org home page

#### **INTERNET LINKS**

Alcoholics Anonymous: www.aa.org

Sonoma County Intergroup Fellowship: www.sonomacountyaa.org

SOCYPAA (Sonoma County Young People in Alcoholics Anonymous): www.socypaa.org

Northern California Coastal Area 06: www.cnca06.org

AA Grapevine: www.aagrapevine.org

#### **MAILING ADDRESSES**

Sonoma County Intergroup Fellowship 750 Mendocino Avenue, Suite 10 Santa Rosa, CA 95401-4846

Sonoma County General Service P.O. Box 536 Santa Rosa, CA 95402

H & I Area 22 - Treasurer P.O. Box 192490 San Francisco, CA 94119-2490

General Service Office P.O. Box 459, Grand Central Station New York, NY 10163

California Northern Coastal Area - Treasurer P.O. Box 884222 San Francisco, CA 94188

Sonoma County PI/CPC\* PICPC, C/O General Service P.O. Box 536, Santa Rosa, CA 95402

SOCYPAA 1275 4th St., #221 Santa Rosa, CA 95404

\*funded solely through Sonoma County General Service

### **CONTACT INFORMATION**

(All emails @sonomacountyaa.org)

#### **SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS**

Chair	Kevin H.	intergroup@
Vice Chair	Meghan A.	vice-chair@
Secretary	Katherine C.	secretary@
Treasurer	Buddy M.	treasurer@
Registrar	Hilary G.	registrar@

#### **COMMITTEE CHAIRS**

Activities	**VACANT**	activities@
Alkathons	Natalie B.	alkathons@
ICSC	Carl M.	icsc@
Seminars	Rosa R.	seminars@
Outreach	Ryan L.	outreach@
Teleservice	Deb D.	teleservice@
ICSC Nominations	Barry D.	icscnic@

#### **COMMUNICATIONS**

Newsletter	Ashley H.	newsletter@
Website	Judah	webmaster@
Meeting Changes	Russell	meetingchanges@

#### **SONOMA COUNTY GENERAL SERVICE**

DCMC	James B.	generalservice@
Treasurer	Shaun G.	treasurer-gs@
Registrar	Cindi W.	registrar-gs@
Archivist	Shelly J.	archivist-gs@
Grapevine	Leticia O.	grapevine@
Access Sonoma County	Heather J.	asc@
Bridging the Gap Chair	MaryEllen W.	btg@
PI/CPC	Chris S.	picpc@
Interpret/Translation	David H.	it@

#### **HOSPITALS AND INSTITUTIONS COMMITTEE**

Chair Steven H. handi@

#### SONOMA COUNTY YOUNG PEOPLE IN A.A. (SOCYPAA)

Intergroup Liason \*\*VACANT\*\* socypaa@

Suggestions for SCIF Newsletter Welcome!

Please send any corrections, suggestions, submissions or comments about the Sonoma County Intergroup Fellowship newsletter to: newsletter@sonomacountyaa.org