

SONOMA COUNTY INTERGROUP FELLOWSHIP **NEWS** **SEPTEMBER 2019**

GET THE LATEST MEETING LISTINGS, UPCOMING EVENTS AND MORE AT WWW.SONOMACOUNTYAA.ORG

PLEASE HELP US BETTER SERVE YOU BY
TAKING OUR COMMUNICATIONS SURVEY AT
<http://www.sonomacountyaa.org/surveys/>

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS

PRESENTS:

2019

SUMMER ASSEMBLY

Saturday Sept 14, 2019

Petaluma Veteran's Memorial Building
1094 Petaluma Blvd S, Petaluma, CA 94952

Registration:	8:00-9:00 a.m.
Orientation:	9:00-9:15 a.m.
Business Meeting:	9:15-12:00 p.m.
Lunch:	12:00-1:00 p.m.

Workshop Session I: 1:00 – 2:15 p.m.

1. Trust, Growth, and Unity as a Fellowship in the Digital Age
2. Are We Inclusive? Who's Missing from our Meetings?
3. Our 12 Traditions and Local Customs

Workshop Session II: 2:30 – 3:45 p.m.

1. What Comes After the Group Inventory?
2. Is AA Still Receptive to Bold New Ideas?
3. My Personal Contribution Plan

(Interpretation available at all workshops)

Report Back:	4:00-4:30 p.m.
What's on Your Mind?	4:30-5:00 p.m.

**BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION
AND ASSISTED LISTENING**

SERVICE OPPORTUNITIES:

• **Bookstore/Central Office** is looking for several volunteers to work four hours every other week. One year sobriety required, along with knowledge of steps and traditions; experience with using computers and retail sales preferred. Come to the bookstore at 750 Mendocino Avenue to fill out an application.

• **SCIF Activities** are looking for volunteers to assist your SCIF Intergroup activities committee to plan events! If you would like to volunteer contact Marji at: activities@sonomacountyaa.org

• **2019 Sonoma County Alkathons** are looking for committee sub-chairs (set-up/clean-up, kitchen, decorations, beverage sales) and other volunteers for the 2019 Holiday Alkathons. We need around 60 people to help with each event. A planning meeting will be held 6pm on Thursday, September 26 at the SCIF bookstore. Any questions contact: Kevin H. (707) 606-0090.

Also, don't forget - If your group wants to host a meeting at one of the 2019 Alkathons, be sure to have a representative attend the Intergroup Business Meeting Monday, September 23 to enter your group into the lotto.

See the contact information on the back page or attend any of these committee business meetings for more information!

MEETINGS NEEDING SUPPORT:

SEBASTOPOL - 7pm Wednesday
LGBT Group of AA at 1167 N. High St.

BODEGA BAY FELLOWSHIP - Wed. 7pm
1320 Bay View

SANTA ROSA - "Thursday Night Round Table" 8pm
Community of Christ Church @ Steele & Range

SANTA ROSA - Friday 7:30pm "Traditions Group"
Faith Lutheran church on Newanga

HEALDSBURG - Saturday 6:30pm "Topix"
1100 University Ave.

The SCIF Newsletter is made possible through the contributions of our members. Please read this newsletter and pass it on! This newsletter is also available online at www.sonomacountyaa.org

Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length and content that may violate A.A. Traditions.

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Glenn C.
Asst. Manager: Carolyn A.
Phone: (707) 546-2066
Fax: (707) 566-9677
Email: bookstore@sonomacountyaa.org

SUMMER HOURS

Mon-Fri: 10am - 6pm
Saturday: 11am - 3pm
Sunday: Closed

The Bookstore is Closed
on these Upcoming Holidays:

Labor Day Sept. 2
Thanksgiving Nov. 24
Christmas Dec. 25

BOOKSTORE ASSISTANT MANAGER JOB POSTING

The Assistant Manager will assist the Central Office/Bookstore Manager in managing the office in accordance with the Articles of Incorporation, By-Laws, SCIF Policies and Procedures and the Twelve Traditions of Alcoholics Anonymous. Responsibilities of the Assistant Manager include the following areas: Administration of business operations; Inventory Management; Volunteer Services; Communication and Information management

Work Schedule: Mondays, 9:30-1:30; flexibility to work other hours as requested.

Requirements: 5 years sobriety required, Retail experience strongly preferred, Bookkeeping experience preferred, Experience with Quickbooks, Word, and Outlook preferred, Experience with Excel required, Excellent communication skills.

Submit letter with resume, qualifications and reasons why you are interested in the job by September 15, to:

SCIF, Attn: Manager
750 Mendocino, Suite 10
Santa Rosa, CA 95401



NCCAA
72nd
Annual Fall Conference

**Northern California
Council of
Alcoholics Anonymous**

San Ramon, CA

San Ramon Marriott- 2600 Bishop Drive - San Ramon, CA 94583
October 11, 12, & 13, 2019

Al-Anon and Spanish Participation & Speakers
Fellowship - Panels-Speakers - Marathon Meetings
Hotel conference price cut off date is September 11, 2019

Pre-Registration Cut Off Date is September 28, 2019
PRE-REGISTRATION - \$20.00 (PER PERSON) - AT THE CONFERENCE - \$25



Sonoma County Intergroup Fellowship Presents A Seminar

Being of Service ... The Many Benefits

- * Pg. 89 - "nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail"
- * Pg. 84 - "we will lose interest in selfish things & gain interest in our fellows"
- * Benefits of having a "Home Group."
- * Service is a cornerstone to being "Happy Joyous and Free"

3 Panel Speakers + Q&A + Group Discussion

WEDNESDAY ... 9/25/19 ... 6:30 pm - 8:00 pm
750 Mendocino Ave #10 Santa Rosa (Book Store)
Questions? Call Jeff @ (707) 703-0494

MEETING CHANGES

MEETING CHANGES	MEETING CHANGES	NEW MEETINGS
SANTA ROSA - Tuesday 3:30pm "Hope 4 Today" Moved from A Street to church at Steele & Range	SANTA ROSA - Thursday 6pm "About Time Group" moved to: 4275 Montgomery Dr. (cafe)	SONOMA Friday 9:00pm Young People's Meeting 276 Napa St. (Behind Community Center)
SANTA ROSA - M-F 9:30am "Mid-Morning Serenity Is Back to Doyle Park Clubhouse	GUERNEVILLE - Tuesday 8pm "River Discussion" now Big Book Study	NO LONGER MEETING
SEBASTOPOL - Wednesday 7pm "Gravenstein Gay Group" new name: "Gravenstein LGBTQ Group"		GUERNEVILLE - Spanish Speaking Daily 7pm SANTA ROSA - Thursday 7pm The Talking Stick

To report meeting changes, please send an email to meetingchanges@sonomacountyaa.org
or contact the SCIF Office at 707-546-2066

TELESERVICE NEWS

Great news for the 24 hour AA hotline!

We just completed our move to a new web-based answering service that is already proving much more efficient and easy for our volunteers to use.

We have four shifts a day, seven days a week, 24 hours a day and 28 slots for telephone volunteers. We now only have two or three empty shifts each week. We especially need folks who could cover a four-hour shift during the weekdays, Monday, Wednesday or Thursday. Service keeps you sober! Show up for our monthly training on September 10th at 6:00 p.m. at the AA Bookstore. For more info, contact Mike H. at 415 310 9154 or by email. Teleservice@sonomacountyaa.org.

Thanks, Mike H. 415-310-9154

ACTIVITIES

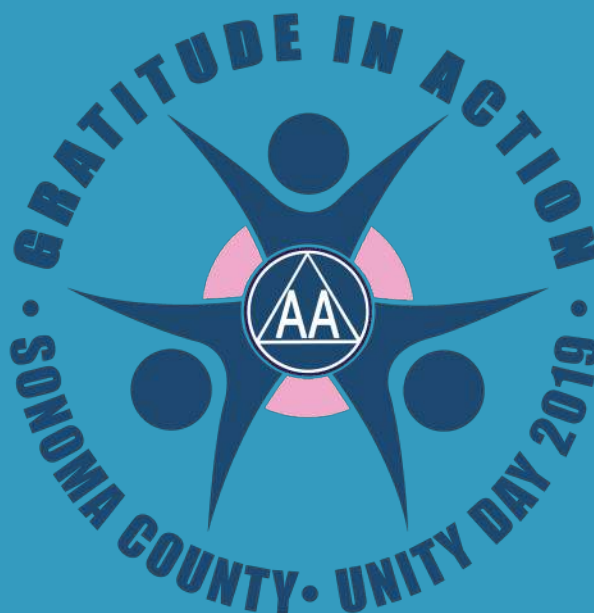
OCTOBER 28, 2019

SCIF AA Halloween DJ Dance and Speaker Meeting At Community Church of Christ @ Steel & Range

We are looking for volunteers to assist your SCIF Intergroup activities committee to bring you this event if you would like to volunteer contact Marji at: activities@sonomacountyaa.org

SOCYPAA

We are having a meeting and then homecoming dance called Socypaa Homecoming September 21st at Steele and Range Church at 8:15 until 12am. We will have a back drop, bring dates, corsage's, and dress up! It is going to be a ton of fun! Questions: Contact Tatianna 707-217-6776 or tatiananina21@yahoo.com



SATURDAY, OCTOBER 19, 2019

9:30am - 3:30pm

Enmanji Buddhist Temple

1200 Gravensteins Hwy South, Sebastopol

FELLOWSHIP DAY

SATURDAY, SEPTEMBER 7

MCNEAR PARK, PETALUMA

10AM - 4PM

FOOD/BBQ • GAMES • SPEAKERS • MEETINGS • RAFFLE

FACE PAINTING • BALLOON ANIMALS

VOLUNTEER/DONATE CONTACT SCOTT G. (707) 478-9623

SONOMA COUNTY INTERGROUP FELLOWSHIP BOOKSTORE

**The Bookstore will be closed on
September 2 to celebrate Labor Day!**

In September we bid a fond farewell to our Assistant Bookstore/Central Office Manager and long-time volunteer and member in service to SCIF over many years. Carolyn is moving back east and we will honor her on Sunday, September 22nd at the bookstore; please call 546-2066 for more information!

Sale book: *One Big Tent*

Regular price \$13.99;

Sale price \$10.80 plus tax



750 Mendocino Avenue, Suite 10, Santa Rosa
707-546-2066; Monday - Friday 10AM - 6PM, Saturday 11AM-3PM

MY HIGHER POWER - THE LIGHTBULB

By Clarence H. Snyder

In their sincere & honest attempt to maintain a “hands-off” policy regarding fellow members’ religious beliefs & perhaps sensitivities, our founding fathers exercised gentle wisdom & proffered spiritual freedom. No one, it was rightly thought, should be permitted to impose his or her own religious concepts & beliefs upon any other member of the fellowship. This area was much too important to the prospective recoveree to be tampered with by mortal man. The very life of the prospect depends, ultimately, upon his or her “personal relationship” with a “Power greater than themselves.” The notion was valid in the Program’s earlier days - AND IT STILL IS!

In no way, shape or form, however, was the idea conceived to avoid guiding our beloved newcomer along the path of spiritual progress. Quite the contrary, our whole purpose as recovered alcoholics, was & is to help the next person achieve sobriety. If that person is a real alcoholic his only hope is God. So in its most basic & simplest terms our only real purpose is to help the still-suffering alcoholic to find God. A loving God, a healing God is the alcoholic’s only real hope. This is no easy task. A vast array of difficulties presents themselves to thwart the new person on his journey. The foremost adversary, of course, is the illness itself. It seems that many, many alcoholics have a very fierce, emotionally charged resistance to accepting any dependence upon a Power, which, to them, may seem an abstract & remotely distant concept.

This internal resistance is most effectively broken down by the potential recoveree’s initial desperation. (It seems such a shame that today’s AA actually encourages the newcomer to avoid reaping the blessings of that desperation.) If intense enough & deep enough, this emotional “bottom” will be the very propellant the prospect needs to thrust him into the recovery process offered by AA through its 12 Steps.

Another stumbling block, which many people who are new to the program are currently encountering, is us! We seem to be full of fear regarding the responsibility we have been given in the area of spiritual guidance. We shirk this responsibility by evasiveness or by the direct sidestepping of the issue by such statements as, “It’s God as you understand Him, & it’s up to you to come to your own conclusions.” So the newcomer is left to his own devices. He is expected to arrive, alone & unguided, at a relationship with his Creator.

One of the most powerful & hope-filled statements to be found in the entire text of Alcoholics Anonymous can be found on page 25. “The great fact is just this, & nothing less: That we have had deep & effective spiritual experiences which have revolutionized our whole attitude toward life, toward our fellows & toward God’s universe. The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts & lives in a way that is indeed miraculous. He has commenced to accomplish those things for us which we could never do for ourselves.” Are we, today, so far removed from our founder’s results of our recovery program that these words are nothing more than a “nice thought” or an exaggeration due to artificially elated emotions? If so, we “obviously cannot transmit something we don’t have.” We cannot share awareness we don’t have. Cannot give guidance we have

never gotten. We cannot share a vision of God we have never seen. Our lack, thereby, becomes the newcomer’s & he may die because of it!

Our resistance becomes his license. In his liquor befogged mind he does not seek & experience God but begins to “create” one. It’s no wonder his dryness becomes so barren that in a short while he returns to drink. His “Higher Power” was a light bulb! (No joke. We have heard this comment voiced more than once & not only by a newcomer!) Or perhaps this power greater than himself was a chair, or a wall, or even a mere mortal sponsor. A quick glance at the top of page 93 of the “Big Book” makes instantly clear a very important qualification in the concept of “...as you understand Him,” & that is: “He can choose any conception he likes, PROVIDED IT MAKES SENSE TO HIM.”

Power greater than himself - a light bulb? A simple flick of a switch turns off that power. A wall? Not so powerful when confronted with a bulldozer. A chair? An axe can make quick kindling of that higher power. A sponsor then? If he fails to perfect his spiritual life, his old foe alcohol is sure to reclaim him. So he won’t do very well as a greater power. How about a whole group? Possibly for someone else, but not for us. If one person is powerless over alcohol, & another, we would have a group of people who are powerless over alcohol. We do not have a group who ARE POWERFUL over alcohol. Yet they do not drink! They have gained access to something more powerful than alcohol.

It was never intended that phrases such as “higher power,” “power greater than ourselves,” or “as we understood Him” were created as an enabling device to justify our membership’s continued avoidance of a connection with our Creator. Page 46 of the AA book says, “we found that as soon as we were able to lay aside prejudice & express even a willingness to believe in a Power greater than ourselves, we commenced to get results, even though it was impossible for any of us to fully define or comprehend that Power which is God.” Again, “...that Power, which is God.” Our founders apparently held no reservations, whatsoever, with Who was dealing with them. Perhaps, we would be well advised to think twice before we attempt any ourselves. Alcoholics Anonymous is not allied with any religion, as we well know. But it is allied with God, “for our very lives as ex-problem drinkers depend on it.” It is allied with spirituality, for despite what our preamble states, AA is not a “fellowship,” it is a spiritual way of life.

It is our most earnest desire that no one reading this feel that we are trying to impose any presentation of God of His nature on anyone. Our real hope is that a reader may be jolted from a position of complacency or spiritual evasion & get about the business of recovery.

(Clarence started AA group #3 in Cleveland & in the beginning had a higher recovery rate than Bill & Dr. Bob combined. His story, “Home Brewmeister”, can be found on page 297 of the Big Book.)

GENERAL SERVICE IN SEPTEMBER

In General Service at this time of year gets busy again. We have our Summer Assembly coming up in Petaluma September 14th along with a great speaker/meeting the night before at the Petaluma Veterans Hall. Our topics are discussed by the fellowship of GSR’s, and whoever else attends this assembly from the Oregon border down to the Monterey area. We will be discussing business as well and I hope you have had a chance to discuss the motions in your groups regarding adding a Technology Committee to our Area Standing Committees, turning our Access Sharing Session into a Committee, creating literature for the Transgender Alcoholic and more coming up.

It is Inventory time as well. Our next Assembly will give the Area the opportunity to do an inventory. What are we doing well, what can we improve on? We will be having our Inventory for our District In November and are looking for questions to use to improve our business meeting and continue to do what works. This is a wonderful process for all groups, meeting, service entities to embrace!

Last but not least I would like to remind you that our International Convention in Detroit is coming up next year and our packets to register will be coming in the mail very soon! The ability to register online will be September 9th at 10:00 a.m. EST. So that means 7:00 a.m. our time! Pre-registration is always less than at a later date and you cannot get lodging attached to that until you register! This is an amazing event I am looking forward to going to and hope to see many of you there!

In Gratitude & Service,
Claudia Nola
DCMC, District 12

HOSPITALS & INSTITUTIONS

“Though the variations were many, my main theme was always “How godawful I am!” just as I often exaggerated my modest attainments by pride, so I exaggerated my defects through guilt. I would race about, confessing all (and a great deal more) to whoever would listen. Believe it or not, I took this widespread exposure of my sins to be great humility on my part, and considered it a great spiritual asset and consolation!

“But later on I realized at depth that the great harms I had done others were not truly regretted. These episodes were merely the basis for storytelling and exhibitionism. With this realization came the beginning of a certain amount of humility.”
[Bill W. Grapevine, 1961]

On August 7, 2019, the Hospitals & Institutions Committee welcomed a passel of new meeting reps, including Nana B., Sober Sisters (Sebastopol); Christina S., Mature & Sober; Jennifer M., Women’s Book Study (Rohnert Park); Melanie F., New Women in AA (Rohnert Park); Amelia R., Expect a Miracle; Ashley M., Saturday Afternoon Winners; Will A., Outsiders Group; Dan S., Saints & Sinners (Rohnert Park); Linda B., 12 & 12 at 12 (Cotati); Kevin S., Saturday Night High Steppers (Rohnert Park); David H., BYOBB; and Diana L., Sober Sunday and Not a Glum Lot. Your service is greatly appreciated! Thank you all for being of service to H&I!

A warm August welcome was also extended to our visitor Heather. We’re glad you’re here and hope you keep coming back!

Over 118 years of sobriety was being celebrated by H&I members for the month of August!

Are you willing to share your gift of sobriety with an alcoholic who is confined? For suggestions on how to do just that, please come to the next meeting of the H&I Committee, Wednesday, September 4, 2019, at 6:15 pm. As always, everyone is welcome to attend the orientation that begins at 5:45. The location is the Community of Christ Church, 1495 W. Steele Lane, on the corner at Range Avenue (parking is on Range, behind the church, with additional parking at the ice arena).

In service,

Mardi

SERVICE MEETINGS & EVENTS - SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	2 GENERAL SERVICE Faith Lutheran Church 4930 Newanga Ave., S.R. 6:45pm Service Manual Study 6:45pm New Rep Orientation 7:30pm Business Meeting	3	4 H & I Community of Christ Church 1495 W. Steele Lane, S.R. 5:45pm New Rep Orientation 6:15pm Business Meeting	5 UNITY DAY PLANNING COMMITTEE SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 7:00pm	6	7
8	9 SCIF SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:30pm ICSC Meeting 7:30pm Intergroup Steering Committee Meeting	10 TELESERVICE SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:00pm Orientation/Training	11 PI/CPC Santa Rosa City Hall Underground 7:00pm Speaker Training 7:30pm Business Meeting	12 ACCESS SONOMA COUNTY SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:30pm Business Meeting	13 SEPTEMBER NEWSLETTER DEADLINE - 5pm	14 SUMMER ASSEMBLY
15 SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	16	17	18 BRIDGING THE GAP SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:00pm New Rep Orientation 6:30pm Business Meeting	19 UNITY DAY PLANNING COMMITTEE SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 7:00pm	20	21 SOCYPAA HOMECOMING STEELE & RANGE 8:15-Midnight
22	23 INTERGROUP St. Luke Lutheran Church 905 Mendocino Ave., S.R. 7:00pm New Rep Orientation 7:30pm Business Meeting	24	25 SEMINAR	26	27	28
29 HAPPY TRAILS HIKE Meet at Coddington Post Office to carpool 10:00 am	30					

****NEW! YOU CAN NOW ADD ALL THE SERVICE MEETINGS TO YOUR GOOGLE CALENDAR WITH ONE CLICK!! VISIT WWW.SONOMACOUNTYAA.ORG****

SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES

July 22, 2019

The meeting opened at 7:30pm with the Serenity Prayer and Preamble. Tradition 7: Eloise, Concept 7: Nick.

LIAISONS:

SOCYPAA: (Tatianna F.) Not in attendance.

Spanish Central Office: (Chris) Summer Assembly at the Petaluma Vets Building will be held on Saturday, September 14th.

H&I: (Lee. J) We are planning Unity Day this year which will be held on October 19th. We continue to seek out people to carry the message into hospitals and institutions.

INTRODUCTION OF NEW REPRESENTATIVES: Angela P.-There Is A Solution, Colin C.-Bring Your Own Big Book, Brec S.-Redwood Winners Group, Nick O.-Working Winners, Mike C.-Fresh Air, Sarah G.-New Sobriety, Amy P.-Any Lengths Group, Regine E.-Women's Saturday Step Group, Ashley S.-Step Sisters, Scott A.-Young & Sober, Meghan A.-Sobriety Rocks.

BIRTHDAYS: Angel (44 yrs.), Julian (11 yrs.), Chad (5 yrs.), Michael (2 yrs.), Regina (2 yrs.)

ELECTION OF UNITY DAY LIAISON: Anna made herself available and was elected.

OFFICER REPORTS:

Chair: (Justin C.) Thank You everyone for being here. Glenn, our bookstore manager was given a review and is doing an awesome job.

Vice Chair: (Amber H.) There are 11 new reps, 8 of them were at orientation. Encouraged all new reps to come to the orientation next month. Thank You Brian and Nick for setting up.

Secretary: (Erin H.) Minutes were passed.

Treasurer: (Suzanne L.) The Central Office income for June 2019 includes \$3,769 from Group Contributions, \$25 from Group Insurance Collections, and \$17 from Bank Interest for a total of \$3,811. Total expenses for June were \$3,376.

The Bookstore income for June 2019 includes \$6,318 in sales and \$25 from Group Insurance Collections for a total of \$6,343. The Bookstore expenses were \$7,165.

We had a net loss of \$387 in June 2019.

Year-to-date, our income is \$80,528. Our expenses are \$66,841, leaving a net gain of 13,688.

Registrar: (Peter R.) As of June 24th, there were 237 groups in Sonoma County offering 346 meetings each week. There are 166 meeting representatives on record, for 70% participation. There were 53 representatives attending the June 2019 General Meeting for 32% participation.

COMMITTEES:

ICSC: (Amy B.) Some minor changes have been made to the handbook.

BOOKSTORE: (Glenn C.) We have a new sobriety chip for sale at the bookstore called the "glitter chip" for \$19.99. The book on sale for August is, Into Action. Regular price \$13.49, on sale for \$10.80 plus tax.

Activities: (Marji B.) Dates are set for the two dances later in the year. The Halloween will be held on Saturday, October 26th. The Holiday dance will be held on Saturday, December 28th.

Alkathons: (Kevin H.) Budgets for the Alkathons are almost approved. Insurance will be through Intergroup and the Lotto for meeting times is coming up in the following months.

Newsletter: (Ryan L.) Please submit reports by the deadline. It is important so newsletters can get out on time. Also, a link has been made on the website to access a surveys page: <http://www.sonomacountyaa.org/surveys>

Outreach: (Julian S.) The is nothing new to report.

Seminars: (Jeff R.) Next seminar will be held on September 25th at the bookstore from 6:30pm-8:00pm. Topic is, "Being of Service...The many benefits."

Teleservice: (Mike H.) There are very few slots left to fill. We are switching to Ring Central as our phone provider which has great customer service and will save us around \$300 a month.

ICSC NOMINATING COMMITTEE: (Monica. B) The election will be in October and candidates will need 5 years of sobriety.

GENERAL SERVICE: (Claudia N.) July has been a busy month for General Service! We had our Delegates BBQ on July 1st, which is customary for District 12 to welcome our Delegate back from the GSC in New York and enjoy food and fellowship after which our Delegate puts into words what he saw heard and felt at the Conference. We had over 130 people attend and were thoroughly informed from our Delegate regarding the Agenda Topics that our groups had been discussing. We were forwarded an interim report regarding what happened at the Conference in the meantime as we wait for Conference Report later this year. We also had our Access Committee put on a workshop just this past Saturday, "Mental Health in Sobriety." Recently we were sent a final report, "Reaching out to African American Alcoholics". Lately I have noticed we are talking a lot about "who's not in the rooms, who are we missing? This report highlights the personal experiences and statistics with some eye-opening facts.. (The most recent 2014 Membership Survey estimates that only 4% of A.A. members are black, while white membership is estimated at 89%.) Ideas on how to reach our missing demographics through conventions, PI/CPC work, through our literature, forums and discussion topics. The GSO also has sent out a reminder re: online contributions: "Our online contributions systems will be shut down during the change-over period from Wednesday, July 24, 2019 at 5:00 PM EDT until Monday, August 5, 2019 when we anticipate that the new system will be available." (They can still process contributions through the mail).Re: Literature orders: Important: Our literature ordering and contributions systems will be shut down during the change-over period from Friday, July 26, 2019 at the close of business until Monday, August 5, 2019 when the new system will be available. Also, July 22, 2019 is the last day for us to receive orders. Orders received between July 23 and August 4 will not be processed until we go live. Online stores will close on July 22 at 5 p.m. If the above dates change for any reason, we will reach out to you with an update as soon as possible.

Bridging the Gap: (Mary Ellen) Volunteers are wanted to help newcomers get set up in a home group. Business meetings are held the 3rd Wednesday of the month at the bookstore at 6:30pm.

PI/CPC: (Erin H.) We are seeking young speakers to share their experience, strength and hope in local high schools.

Access Sonoma County: (Kelli E.) The Mental Health Workshop was a success. The next business meeting will be held on August 8th at the bookstore at 7pm.

OLD BUSINESS: None
NEW BUSINESS: None

Group Representative Sharing: Rosemary asked for the contact info for Happy Trails. Happy Trails has a Facebook page with all of the info.

Meeting adjourned at 8:15pm with the Responsibility Statement

-In Service
Erin Hagemann

Example of Suggested Group Contributions to A.A. Service Entities:

- 50-70% to Intergroup;
 - 10-30% to Local General Service;
 - 10-20% to CNCA;
 - 10-20% to GSO New York;
- (To be determined by each group)



SCIF FINANCIAL SUMMARY - JULY 2019

	Jul-19			Jul-18	Year to Date		2019	2018	difference
	Income	Expense	Net	Net	Income	Expense	Net	Net	
Group Supported:				Comparison				Comparison	
Central Office		(3,109)	(3,109)	(2,624)		(17,299)	(17,299)	(17,685)	387
Groups	4,734	0	4,734	7,054	37,846		37,846	30,913	6,933
Individuals	0	0	0	0	0	0	0	0	0
Group Ins Collection	50	0	50	100	1,500		1,500	100	1,400
Directories	0	(178)	(178)	(196)	0	(1,363)	(1,363)	(1,368)	5
Pamphlets & Cards	0	(174)	(174)	(146)	0	(1,359)	(1,359)	(953)	(406)
Newsletter	0	(463)	(463)	(489)	0	(3,358)	(3,358)	(3,377)	19
Teleservice	0	(481)	(481)	(361)	0	(3,496)	(3,496)	(2,440)	(1,057)
Interest/Bank Charges	15		15	4	91	0	91	26	66
<i>Subtotal</i>	<i>4,799</i>	<i>(4,405)</i>	<i>394</i>	<i>3,344</i>	<i>39,437</i>	<i>(26,875)</i>	<i>12,562</i>	<i>5,215</i>	<i>7,347</i>
Self Supported:									0
Bookstore	7,380	(8,285)	(905)	(933)	51,820	(52,656)	(836)	(2,440)	1,604
Group Ins Collection	50		50	100	1,500		1,500	100	1,400
Alkathons	0	0	0	0	0	0	0	0	0
Activities	0	0	0	0	0	0	0	(79)	79
Seminars	0	0	0	0	0	0	0	0	0
Unity Day	0	0	0	0	0	0	0	0	0
<i>Subtotal</i>	<i>7,430</i>	<i>(8,285)</i>	<i>(855)</i>	<i>(833)</i>	<i>53,320</i>	<i>(52,656)</i>	<i>664</i>	<i>(2,419)</i>	<i>3,083</i>
TOTAL	12,228	(12,689)	(461)	2,511	92,757	(79,531)	13,226	2,796	10,430
Assets & Liabilities									
Cash in Bank & Petty Cash		58,932			Memo: Cash in Bank & Petty Cash		58,932		
Prepaid Expenses		6,235			Prudent Reserve		(39,113)		
Bookstore Inventory		18,876			Liabilities		(4,476)		
Property		1,825							
<i>Subtotal</i>		<i>85,869</i>			Operating Reserve		15,343		15,343
Liabilities		(4,476)							
Total Assets & Liabilities		81,393							

INTERGROUP TREASURER'S REPORT - JULY 2019

The Central Office income for July 2019 includes \$4,734 from Group Contributions, \$50 from Group Insurance Collections, and \$15 from Bank Interest for a total of \$4,799. Total expenses for July were \$4,405.

The Bookstore income for July 2019 includes \$7,380 in sales and \$50 from Group Insurance Collections for a total of \$7,430. The Bookstore expenses were \$8,285.

We had a net loss of \$461 in July 2019.

Year-to-date, our income is \$92,757. Our expenses are \$79,531, leaving a net gain of \$13,226.

In service, Susanne Lake
Treasurer

PI/CPC

What is PI/CPC and why is it important to me? As a newcomer in AA many years ago, I didn't know or care what this group of letters divided by a forward slash meant. I was Hungry Angry Lonely and Tired-- don't you know-- and I was sick and tired of being sick and tired! Now, with some time under my belt and the covers pulled from over my hiding head, it's time to be of service and to share this life-saving program to the next suffering problem drinker, the public in general, and the professional community i.e. doctors, nurses, counselors, law enforcement and the clergy.

So how do you do this? You make yourself available to speak at DUI classes, high schools, civic organizations, veterans groups, health departments, and anywhere we're asked to share the AA message.

To get started, show up at the Santa Rosa City Hall underground room at 7 PM for speaker training and stay for the business meeting to find out where opportunities are waiting you to fulfill. Currently we are in need of a Recording Secretary, Alternate Chair, Literature Coordinator, and Schools Coordinator.

The answer to my original question is PI, Public Information, and CPC, Cooperation with the Professional Community. Now that you have some sobriety under you belt, share that message in any way you can!

See you Wednesday, September 11 at 7PM at the Santa Rosa City Hall underground room.

In service, Chris S.

A.A. HOTLINES

Santa Rosa 707-544-1300
 Sonoma 707-938-8508
 Spanish Speaking 707-623-6702



BRIDGING THE GAP

I am new to Bridging The Gap, I just joined in January 2019. I am the Volunteer Coordinator. My role is to give information to AA members who are interested in doing presentations or becoming 12 Step Volunteers. Sign them up if they are interested. In my opinion, this is an important role to introduce new comers to their first meeting. I have observed BTG presentations and there were a few there that did not know about AA. There are so many different ways to reach out to the suffering alcoholic. If you're looking for a commitment, consider becoming a BTG volunteer!

-Tina C.

INTERNET LINKS

Alcoholics Anonymous:
www.aa.org

Sonoma County Intergroup
 Fellowship:
www.sonomacountyaa.org

SOCYPAA (Sonoma County Young
 People in Alcoholics Anonymous):
www.socypaa.org

Northern California Coastal Area 06:
www.cnca06.org

AA Grapevine:
www.aagrapevine.org

MAILING ADDRESSES

Sonoma County Intergroup Fellowship
 750 Mendocino Avenue, Suite 10
 Santa Rosa, CA 95401-4846

Sonoma County General Service
 P.O. Box 536
 Santa Rosa, CA 95402

H & I Area 22 - Treasurer
 P.O. Box 192490
 San Francisco, CA 94119-2490

General Service Office
 P.O. Box 459, Grand Central Station
 New York, NY 10163

California Northern Coastal Area - Treasurer
 P.O. Box 884222
 San Francisco, CA 94188

Sonoma County PI/CPC*
 P.O. Box 11305
 Santa Rosa, CA 95406

SOCYPAA
 1275 4th St., #221
 Santa Rosa, CA 95404

*funded solely through Sonoma County General Service

CONTACT INFORMATION

(All emails @sonomacountyaa.org)

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Vice Chair	Amber H.	vice-chair@
Secretary	Erin H.	secretary@
Treasurer	Susanne L.	treasurer@
Registrar	Peter	registrar@

COMMITTEE CHAIRS

Activities	Marji	activities@
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Bridging the Gap Chair	Jay B.	btg@
PI/CPC	Nick R.	picpc@
Interpret/Translation	Brian W.	it@

HOSPITALS AND INSTITUTIONS COMMITTEE

Chair	Steven H.	handi@
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SONOMA COUNTY YOUNG PEOPLE IN A.A. (SOCYPAA)

Intergroup Liason	Tatiana	socypaa@
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Suggestions for SCIF Newsletter Welcome!

Please send any corrections, suggestions, submissions or comments about the Sonoma County Intergroup Fellowship newsletter to: newsletter@sonomacountyaa.org