

SONOMA COUNTY INTERGROUP

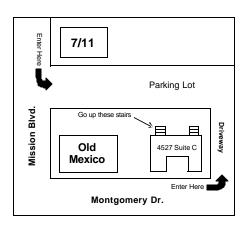
FELLOWSHIP NEWS

SEPTEMBER 2002

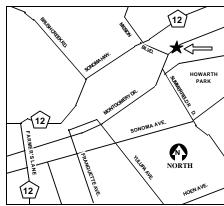
The Serenity Fellowship Has Landed!

Serenity Fellowship Hall has reopened at a wonderful new location. The meeting room is on the second floor of a nice professional building at 4527 Montgomery Drive, Suite C, near the corner of Mission Blvd (see the maps below). The building can be accessed from Mission Blvd. (between Old Mexico Restaurant and the 7/11 convenience store), or from Montgomery Drive. The new location is served by four Santa Rosa City Bus routes, the 4, 4R, 30 & 34.





The meeting room entrance is at the rear of the building and has a large parking lot. The Fellowship is resuming the full schedule of 35 meetings a week. Secretaries, coffee makers, and all other service positions are needed. If you're looking for a service commitment, it's a wonderful place to find one. And of course, you can go there anytime for a meeting!



Meditation Seminar

"Sought through Prayer and Meditation..."

- •What this instruction means
- How to get started
- •What it can do for you
- Resources

All happening at the SCIF Bookstore Saturday, September 21 3:00-5:00PM

Call Kay at **526-5502** for more information

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INTERGROUP OFFICERS

♦ CHAIR: Tim P.

♦ VICE-CHAIR: Bruce G.

♦ SECRETARY: Bruce McL.

◆ TREASURER: Mirka C.

♦ REGISTRAR: OPEN

INTERGROUP COMMITTEES & CHAIRS

♦ SEMINARS: Kay S

♦ ACTIVITIES: OPEN

♦ OUTREACH: Tom R.

♦ HOTLINE/TELESERVICE : Kim C.

AA HOTLINE TELESERVICE

♦ CHAIR: Kim C.

♦ SCHEDULER: Loretta D.

◆ 12 STEP COORDINATOR: Teri T. 664-0768

- ♦ SANTA ROSA HOTLINE 544-1300
- ♦ LONG DISTANCE ONLY 800-224-1300
- ◆ PETALUMA HOTLINE 762-5122
- ♦ SONOMA HOTLINE 938-2027
- ♦ SPANISH HOTLINE 545-7417

SCIF BUSINESS MEETING

SCIF MINUTES

July 22, 2002

The Serenity prayer was recited. Tradition 7 (long form) was read by Bill and Concept 7 by John. Tim read the Preamble.

Intro of new reps: Suzanne of Young & Young @ Heart; Martha S. of Sunday Night How It Works.

July Birthdays: Laura - 7 months, Johnny - 8 months, Dave L. - 2 years, Russ A.. - 8 years, Jay B. - 14 years, John S. - 16 years, Maria T. - 17 years, Bruce G. - 19 years, Dennis M. - 26 years.

The **Seventh Tradition** was practiced.

The June **minutes** were approved with 1 correction.

Registrar: Annette W. - Absent.

Outreach: Tom R. was absent. Tim P. reported, and Gloria passed around a list of un-represented meetings.

LIAISON REPORTS

General Service: Coop. General Service has a new literature chair. Unity Day will be in November, with G. S. hosting. Watch for details to come. Discussion on an area (CNCA) web-site. GSR's will bring to the groups for feedback. See the article about General Service in the Newsletter each month.

H&I: Dave. Thank you for supporting the conference. It was a huge success. The meeting time has been changed to 6:15PM for the monthly H&I meeting at the Senior Center.

PI/CPC: Dagmar. Described what PI/CPC does and invited all interested to attend the meeting on the 2nd Wednesday of each month at City Hall. Volunteers are needed. There is a 2 yr. Sobriety requirement to be a speaker, no requirement to help on the committee.

Bridging the Gap: Michelle invited people to the monthly meeting at 7 PM in the bookstore on the third Tuesday of each month. This past month BTG

helped 16 local people, and 15 people from outside the district. There is a proposal to General Service to elect the Bridging The Gap Committee Chair from within the Committee.

OFFICER REPORTS

Chair: Tim reported that elections for ICSC & Alcathon Chair will be coming up later in the meeting.

Vice Chair: Bruce G. Invited new reps to the orientation next month @ 7:30PM.

Treasurer: Mirka referred to written summary found on p. 5 in the Newsletter

Bookstore: Gloria reported that the bookstore table at the H&I Convention went well. All chips will be on sale for 1/2 price through August. There is a 1 yr. Sobriety requirement to volunteer at the bookstore.

Seminars: Kay S. reported that the Seminar on "The Internet & Recovery" was very good. The next seminar will be held on the 3rd Saturday in September (the 21st) at the SCIF Bookstore from 3:00-5:00PM. The topic is "Meditation".

Activities: Stan reported that the Doyle Park picnic was a success. Plans are being made for a Halloween Dance at Finley (probable). Stan will need to resign this position at the end of this month.

Teleservice: Kim C. reported that we need volunteers again! Currently 3 shifts open. Please call the scheduler if you can help.

Communications/Newsletter: Bruce W. reminded us that the 2nd Monday of the month is the deadline for all submissions to the Newsletter. Andie C. is unable to continue as the Newsletter Editor, if anyone is interested, please call Bruce.

Alcathon Chair Election: Dennis Mc. made himself available and was elected unanimously!

ICSC: Bill P. & John S. made themselves available and qualified. John S. was elected.

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HOSPITALS & INSTITUTIONS

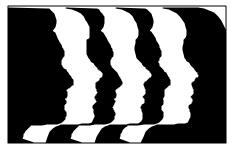
"It is evident that the harmony, security, and future effectiveness of A.A. will depend largely upon our maintenance of a thoroughly non-aggressive and pacific attitude in all our public relations. This is an exacting assignment, because in our drinking days we were prone to anger, hostility, rebellion, and aggression. And, even though we are now sober, the old patterns of behavior are to a degree still with us, always threatening to explode on any good excuse.

"But we now know this, and therefore I feel confident that in the conduct of our public affairs we shall always find the grace to exert restraint". [from A.A.'s Twelve Concepts for World Service, p.69]

Darcy, Jim, David S., Tony M., Barry D. and Jason were among the new meeting reps who introduced themselves at the August meeting of the H&I Committee. Visiting were Bob A., Tim, Ron, Carol, Bill, Sean and Jack. Thanks to all of you for being here–keep

coming back!

Celebrating sobriety birthdays for the month of August were Tony, with 2 years; Randy, 1; James, 6; Eddy, 7 (in July); Linda S., 20; Patrick P., 4; David H., 21; Barry D., 2; Mary M., 1 and Jack, 9 months. More living



proof that service helps keep us sober—many happy returns to you all! Donna G. shared with us how her sponsor took her in her early sobriety to her first H&I meeting at Orenda during the Christmas season. She, too, asked that old question, "What

do I have to share?" Her answer came in the form of connecting with a young woman there who had had similar experiences and was going through a rough patch during the holidays. From then on, Donna said, she was hooked on H&I. As she put it, "I have a place to go where people really want me there." She has been active in H&I ever since.

Do you have a little experience, strength and hope to share? If so, please join us at the next meeting of the H&I Committee on Wednesday, September 4, at **6:15 p.m.** (our new time). For a little more background, feel free to come a little early, at 5:45 for a brief orientation. The place? The Santa Rosa Senior Center on Bennett Valley Road, just off Santa Rosa Avenue. See you there—and bring a friend!

In service, Mardi

SCIF Minutes

(Continued from page 2)

Old Business: None **New Business:** None

Group Concerns and Sharing: Serenity Fellowship Hall is closing on July 13th, any help finding a new location will be appreciated. Maria voiced a concern about a meeting secretary taking a heavy hand with those introducing themselves as addicts, embarrassing them, and often driving them away from the meeting. Discussion ensued and pointed to the meeting's steering committee to deal with the problem.

Summation: Tim highlighted the following points:

- 1) Serenity Hall closing.
- 2) Need for a new Newsletter Editor.
- 3) Need for a new Activities Chair.
- 4) H&I start time is 6:15.
- 5) Chips 1/2 price this month.

Closing: Lord's Prayer

-submitted by Bruce McL.



GENERAL SERVICE

Greetings Fellowship!

The monthly District 12 General Service meeting was held August 12 at Faith Lutheran Church in Santa Rosa. Once again, interest in General Service continues to grow as we welcomed four more new GSRs. Welcome to Tony M from H.O.W. in Santa Rosa, Tony T. from Saturday 3rd Step in Santa Rosa, Alan H. from Attitude Adjustment in Santa Rosa, and Kevin B. from Fresh Air Group in Santa Rosa.

We also had a number of visitors attending the monthly meeting (you are all welcome to attend). We enjoyed meeting Andy from Tokyo, Doug from Mountain View, and Jo and Julie who were "shopping."

AA's in General Service seem to stay sober for the long haul. Like Shirley J. who celebrated her 11th sobriety birthday and Jay B. who completed his 14th year of recovery. We also celebrated some August birthdays. They included Leslie who also celebrated 14 years, Karalene completed her 15th year, and Esther S. put 26 sobriety candles on her birthday cake.

H & I reported another good month collecting pennies, nickels, dimes and quarters. In June, the "pink can" collected over \$4200, making the YTD figure at over \$31,350. H & I thanks you for your contributions that help carry the message into hospitals and institutions. Remember the pink can is for your spare change only, and is not to take away from the 7th Tradition. Someone once told me that if it makes noise, put it in the can. If it folds, put it in the basket. Also remember to pass the can separately from the basket.

The area guest was Recording Secretary for CNCA, Doug G. from Mountain View. Doug shared on the topic of rotation in service. He explained that we don't merely rotate "out" of a service position, we rotate

"on" to other service. He said rotation helps keep us "right-sized" meaning it helps keep out egos in check. When we do service, he asks, what are our motives? Are we depriving someone else of a chance to serve? For further readings on service, he suggested we consult Tradition 9 and Concept 9,



Danger! Newcomer with an idea!

and an essay by Bill W. on "Effective Leadership." Questions to ask your group might include why rotation is healthy for the group and how to effectively rotate service positions.

Congratulations to the Fellowship Hall on finding a new home! By the time you read this, they should be up and running in their new digs at 4527 Montgomery Drive, Suite C in Santa Rosa. It is located near the corner of Mission and Montgomery and is serviced by bus routes 4, 4R, 30 and 34. All 35 meetings are back in session!

Finally, Bridging The Gap made a motion to amend how its chairperson is elected. Heretofore, they have elected their chair according to 3rd Legacy Procedure. They want to amend the by laws and elect their chair from amongst committee members, like PI/CPC does.

Continued on page 7)

ACTIVITIES REPORT

An Amends

Dear Friends,

I am sorry to say that circumstances have compelled me to relinquish my commitment as Activities Chair for SCIF. I am grateful to have been involved so far as to chair the picnic in July, and in the future when things have settled down for me, I may have the nerve to take on such a demanding task again. I am still able to be

Thank You!

To Andie C., who had to give up her commitment as the Editor of this newsletter last month because of the death of her mother. We wish her well as she begins a new phase of her life. She has been most gracious and supportive in helping me take over the responsibilities of this position. Her faithful service and commitment have been appreciated and she will be missed.

In gratitude and fellowship,

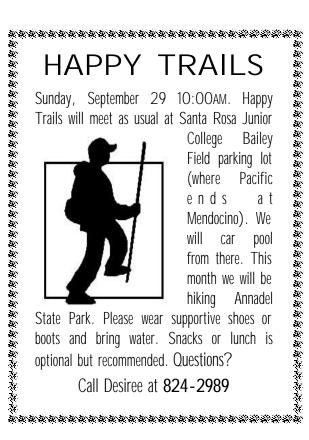
Rory B.

of service to Intergroup, and so I will do whatever I can to help the Fellowship.

Meanwhile, Kay S. has been so kind as to take up where I left off, and there is a good committee in place, with a special Chairperson for each event. I think we still need an overall Chairperson, though, as Kay of course chaired the previous year. Kay has booked the Sebastopol Community Center for October 5 for the purpose of holding a Harvest Days themed dance. My efforts to have a Halloween Dance in Santa Rosa fell through, so she came up with this. I apologize to the entire Sonoma County Fellowship for not recognizing earlier my inability to properly fulfill this very important commitment. However, I am sure things are going just as they are supposed to, and I can't take any more blame without taking credit for what God has allowed to pass. Again, I've had a good time with this, and I may even continue to report on SCIF Activities, if Group Conscience permits.

Thank you for letting me be of service,

Stan C.





WANTED! Full Charge Bookkeeper

- Journalize checks and deposits, reconcile bank accounts.
- Input group contribution detail into Group Contributions
- Compute and enter recurring and adjusting journal entries.
- Prepare necessary Sales and Payroll tax returns.
- Prepare monthly Financial Statements, (Balance Sheet and Income Statement) and Monthly Financial Report and Group Contributions Report.

This is an independent contractor position paying \$300 per month. The current treasurer and three former treasurers estimate the time required will be about 12 hours per month. About one days work will be required before the 2nd Monday of each month and about a ½ day's work before the 4th Monday of each month.

Contact John S. at the bookstore 546-2066, or Tom R. at 541-7206 if you are interested or wish more information.

| RECOVE | SOF | GALEN | | SEPT | 2002 | RECOVE |
|---|---|---|---|------|--|--|
| SUN | MON | TUE | WED | THUR | FRI | SAT |
| 1 | 2 General Service Faith Lutheran Church 6:45: Service Manual Study 7:00: New Rep Orientation 7:30: Business Meeting | 3 | 4 Hospital & Institutions S.R. Senior Center 5:45: New Rep Orientation 6:15: Business Meeting | 5 | 6 | 7 |
| 8 | SCIF Bookstore 9 6:30: AA Teleservice Business Meeting 7:15: ICSC Meeting 8:00: Intergroup Steering Committee Meeting | 10 | PI/CPC S.R. City Hall 7:00: Speaker Training 7:30: Business Meeting | 12 | 13 | 14 General Service Summer Assembly Location: Antioch |
| 15 | 16 | 17 Bridging the Gap SCIF Bookstore 6:30: New Rep Orientation 7:00: Business Meeting | 18 | 19 | 20 | 21 Seminar: Meditation SCIF Bookstore 3:00-5:00 _{PM} |
| 22 | 23 Intergroup St. Luke Lutheran Church 7:30: Newsletter Collating 7:30: New Rep Orientation 8:00: Business Meeting | 24 General Service SCIF Bookstore 7:00: Committee Meeting | 25 | 26 | 27 | 28 |
| 29 Happy Trails 10:00: SRJC Parking Lot at Bailey Field See Above for more info! | 30 | SCIF Bookstore 750 Mendocino A Santa Rosa Seni 704 Bennett Valle Faith Lutheran C 7390 Newanga A | or Center y Rd. Church | | Saint Luke Lo 905 Mendocin Petaluma Fel 4 Washington Santa Rosa C First St. & Sai | lowship Blvd. City Hall |

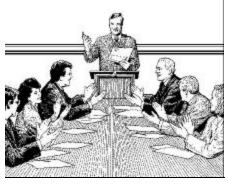
PUBLIC INFORMATION REPORT

A Chance to Dispel A Few Myths

I've been involved with the PI\CPC Committee for about 15 years. One of the services the PI committee provides is to send AA members to classes that people who have gotten their first DUI or multiple DUIs must attend. We send two AA speakers to share information about the program of Alcoholics Anonymous and a bit about our own experience as sober members of AA, living a new way of life. I started out as a speaker when the DUI classes were held at the Santa Rosa Junior College. I barely remember those days. I closely followed the more experienced member with me. I do know my knees were knocking throughout the presentation, but I knew it was important to be of service in Alcoholics Anonymous. After all, I hadn't drunk for over two years because I had asked for help and it was freely given to me. The classes later moved to Windsor and I do remember those days. The classes held between 30-35 people and there were always the guys in the back who would think up tough questions for us or just challenge us about this and that for the heck of it. I learned how to let things "roll off my back" and "keep my cool" (well, to be honest, I did this some of the time). It was hard to hear people saying things about AA when they hadn't given it a chance to work in their lives and experience the gifts of sobriety. What I needed to remember though was that just because these people were in the class, it didn't mean that they were alcoholics. I was (and still am) simply there to give information and share my experience. Sometime later, the classes moved to Coddingtown, where they are held today. The classes have gotten smaller, there is no "back of the room" for people to sit in because they sit in a semi circle, but the tough questions persist.

Some of the questions that come up are: "Aren't you just trading the addiction to alcohol for an addiction to AA and meetings?" "Why do you introduce yourself as an alcoholic if you haven't had a drink for

so long, isn't that demoralizing and selfdefeating?" "How long do you have to go to meetings?" "Do you have friends that drink and do they worry about drinking around you"? "How can you say AA isn't a religious program when the word God is in the steps and talked about so often?" "Why do they say the Lord's Prayer at the end of meetings if AA believes that you can have any higher power you want - isn't that promoting Christianity"? "How does AA feel about psychiatry and taking drugs for disorders, it seems like people in meetings scoff at this"? "Won't you be able to drink sometime down the road"? These are a sample of some of the questions that come up at PI presentations. What I have found is I learn something every time I do this service. I



remember quite some time ago, being asked the question "Why do you still go to meetings if you've been sober so long?" In answering this question I realized that not only did I go for myself, but I continued to go because meetings were there for me when I came to AA for help. What would happen if all of us got sober, got our lives on track and "walked away". Who would be there for the newcomers? The answer was surprising to the questioner – he got a glimpse of the fellowship of Alcoholics Anonymous.

Public Information is a great way to share information about Alcoholics Anonymous, with those who may want or need it and even with those who don't. Our motto is "Inform. Don't Perform".

D.M.

H & I, Intergroup and General Service

UNITY DAY

is coming!

Saturday November 17th

9:30_{AM} to 2:30_{PM}

Windsor Community Center at 901A dele Street Buffet Lunch Provided - Bring a dessert to share! 9:30AM COFFEE AND DONUTS

10:00am Panel 11:00am Panel

12:15 Buffet Lunch 1:00 pm Speaker:

ED C. FROM OCEANSIDE

2:15pm Closing Remarks and Fellowship

General Service Report

(Continued from page 4)

After much spirited discussion among the committee members, the motion was tabled and will be brought up for further discussion at the September District meeting.

As always, any member of AA can attend the monthly District meeting. It is held the first Monday of each month (the next meeting is September 2) at 7:30 PM at Faith Lutheran Church on Newanga Boulevard in Santa Rosa. If you are a new GSR, come early for the orientation session which begins at 7 PM. Come early anyway and enjoy some fellowship and coffee made fresh by DJ and Tony. GSRs: don't forget the Summer Assembly taking place on September 14th in Antioch. Maps and directions will come in the District Newsletter. It is also open to any member of AA.

It is a pleasure to be of service to this fellowship, and I humbly thank you for that privilege.

Jay B.

NO LONGER MEETING

Gualala <u>Men's Meeting</u>

Thursday 8:00_{PM}

Petaluma <u>Breakfast Club</u>

Sunday 12:00

MEETING CHANGES

Gualala Group (Big Book) Gualala Group Sunday 6:00pm

Now meets at 8:00PM

Rohnert Park <u>Let's Discuss It</u>

Friday 7:00_{PM}

Moved to the Church at 7352 Boris Ct.

Santa Rosa <u>First Things First</u>

Monday 8:00PM

No longer a Closed Meeting

Santa Rosa <u>Serenity Fellowship</u>

(All Meetings)

New location: 4527-C Montgomery Dr.

(Upstairs - No longer has wheelchair access)

Meeting Changes?

Contact Russell

Gloria's Corner

Last Call!

3rd Edition Big Books \$1.00 Off while they last.

We have four new volunteers. We still need to cover the Thursday 10AM-2PM shift (every other week).

Thanks to Bill K. for donating 12 chairs to Central Office.



Thank You.

Gloria

ADDRESSES

Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10 Santa Rosa, CA 95402

Sonoma County General Service

PO Box 536

Santa Rosa, CA 95402

Area 22 H & I Treasurer

PO Box 192490

San Francisco, CA 94119-2490

General Service Office

PO Box 459, Grand Central Station

New York, NY 10163

CA Northern Coastal Area Treas.

PO Box 884222

San Francisco, CA 94188

Sonoma County PI/CPC

PO Box 11350

Santa Rosa, CA 95406

BOOKSTORE & TELESERVICE

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10

Santa Rosa, CA 95401 Manager: Gloria P. Phone: (707) 546-2066

Phone: (707) 546-2066 Fax: (707) 566-9677 Hours: Mon-Fri 10-6

Sat 11-3

The Bookstore is closed on these Holidays:

Independence Day...July 4th

Labor Day.....September 2nd
Thanksgiving....November 22nd
Christmas....December 25th

New Year's Day......January 1st

CONTACT INFORMATION

Communications / Newsletter

Chair: Bruce W. Newsletter Editor/Website: Rory B.

Rory B.
Bayrisch@msn.com

Directory Changes: Russell

Sonoma County General Service

DCMC: Pam B.
PI/CPC: Dan C.
District 12 GV: Esther S.
Bridging the Gap: DJ
Correspondent: Jay B.
Archives: Paul

Hospitals & Institutions

Chair: David B.

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