



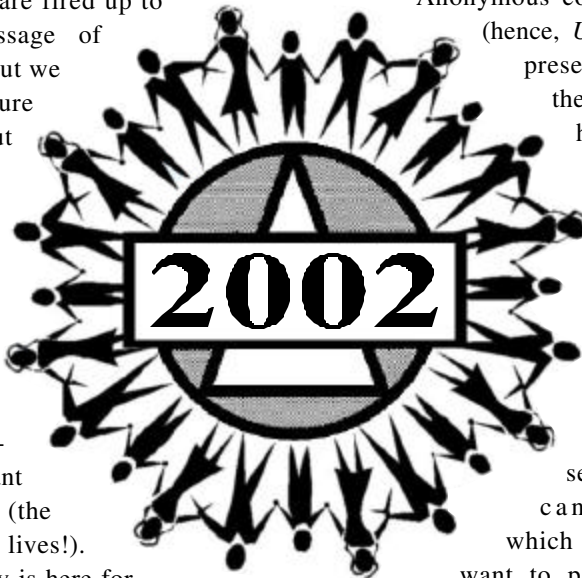
SONOMA COUNTY INTERGROUP FELLOWSHIP NEWS

November 2002

Share the Joy.. Spread the Message at

UNITY DAY!

So many of us are fired up to carry the message of hope and life, but we just aren't sure how to go about it. We may have been participating in our group and have grown tremendously from having that opportunity, but we want to do more (the story of our lives!). Well, Unity Day is here for you! This is an occasion when many of the service arms of Alcoholics



Anonymous come together (hence, *Unity Day*) to present what it is they do. You'll hear real people with real experience. Armed with this information, members get an introduction to service and can choose which one they want to participate in.

There are going to be so many great things this year. We have

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Thanksgiving Alcahthon

Our Thanksgiving Alcahthon will be held this year at the Sebastopol Teen Center (see the map below for directions). Meetings will begin at 8:00PM on Wednesday, November 27 and continue until 11:30PM Thanksgiving night. Come join us for Sobriety, Sharing and the joy of Fellowship!



DIRECTIONS:

From Hwy 101: Take the Sebastopol/Sonoma Hwy 12 exit in Santa Rosa. Go west for about 7 miles on Hwy 12 towards Sebastopol. As you enter Sebastopol you will come to the traffic light at Morris Street. TURN RIGHT and go about 1/2 mile to the Teen Center on your right. Park on the street or in the lot in back.

Member's Forum: *Our Primary Purpose*

The following remarks are presented in good will to the Fellowship with the hope that they will be given thoughtful consideration.

Briefly, it appears to me that far too much time at the beginning of meetings is given over to repetitious and/or peripheral remarks having to do with ancillary aspects of the Fellowship. The vast majority of meetings in the Santa Rosa are begun with the reading of 'How It Works', and the '12 Traditions'. This is then followed by the passing of the basket and pink can,

and a few other general remarks or a customary reading. This takes about 5 or 10 minutes - all well and good.

But then, at many meetings, comes another 10 minutes of announcements and the introduction of newcomers, birthdays, etc. At the same meetings, over and over, one hears the same announcements-for service groups, various events (picnics, dances), conferences... it literally goes on and on. Some meetings stop completely at the discovery of the vacancy of a service position, however inconsequential (even

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SCIF BUSINESS MEETING

INTERGROUP OFFICERS

- ◆ CHAIR: Tim P.
- ◆ VICE-CHAIR: Bruce G.
- ◆ SECRETARY: Bruce McL.
544-6958
- ◆ TREASURER: OPEN
- ◆ REGISTRAR: Amy C.

INTERGROUP COMMITTEES & CHAIRS

- ◆ SEMINARS: Kay S
526-5502
- ◆ ACTIVITIES: OPEN
- ◆ OUTREACH: Tom R.
- ◆ HOTLINE/TELESERVICE:
Kim C.
584-5831
- ◆ ALCATHONS:
Dennis

AA HOTLINE TELESERVICE

- ◆ CHAIR: Kim C.
584-5831
- ◆ SCHEDULER: Loretta D.
- ◆ 12 STEP COORDINATOR:
Teri T.
664-0768
- ◆ SANTA ROSA HOTLINE
544-1300
- ◆ LONG DISTANCE ONLY
800-224-1300
- ◆ PETALUMA HOTLINE
762-5122
- ◆ SONOMA HOTLINE
938-2027
- ◆ SPANISH HOTLINE
545-7417

SCIF MINUTES

September 23, 2002

The Serenity prayer was recited. Tradition 9 (long form) was read by Rory B. and Concept 9 by Shirley M. Tim read the Preamble.

Intro of new reps: Sharon of New Women of AA, R.P.; Tom of Young & Young @ Heart, R.P.; Vicky of Thurs Night Discussion; Mike C. of Happy Hour Sobriety Group; Ann Marie; Susan of Sober Sisters; Carolyn of Ladies First; Anton of Attitude Adjustment.

September Birthdays: Cathy - 15 yrs., Linda - 20 yrs., Bruce M. - 4 yrs., Anton - 1 yr., Pat - 15 yrs., Carolyn - 1 yr., Bruce W. - 15 yrs.

The Seventh Tradition was practiced.

The August minutes were approved.

Registrar: Amy reported that we had 50 reps in attendance at the August meeting, of which 5 were new. She asked that we please print when we sign in and fill out forms, to make it possible to read.

Outreach: Tom R. passed around a list of un-represented mtgs., along with a description sheet of what Intergroup does, to take to those meetings. He reminded us that all reps are a part of this committee.

Liaison Reports

General Service: Coop reported that the information on Unity Day was incorrect in the Sept. NL. It is correct in the October NL & on the flyers now available. These flyers will be updated as more information is finalized. Volunteers are needed, including actors for the play. The Big Book is now available in 42 languages. The Book of Stories (those from past editions of the BB) will be available after the 1st of the year. The Area Website was approved. Remember to read the article about General Service in the Newsletter each month.

H&I: Dave. Explained what H & I is and reminded us that the meeting time has been changed to 6:15 PM for the monthly H&I meeting at the Senior Center.

PI/CPC: Dagmar. Encouraged involvement for those interested in speaking at non-AA meetings. We particularly need new people so some old-timers can rotate out. She invited everyone to attend the monthly meeting on the 2nd Wednesday of each month @ 7:30 PM at the SR City Hall Employee Lounge. (Speaker Training begins at 7:00 PM)

Bridging the Gap: Michelle invited people to the monthly meeting at 7 PM in the Bookstore on the third Tuesday of each month. This past month BTG helped 32

local people, and 14 people from outside the district, for a total of 46. BTG always needs volunteers, there is a 6-month sobriety requirement.

Unity Day: Kim M. referred us to the flyer now available. She asked for volunteers from Intergroup to make coffee. Mike C. & Dennis B. volunteered. Anyone else interested please see Kim. A schedule will tentatively be ready by October 4th.

Officer Reports

Chair: Tim P. reported that we need a new Activities Chair, and asked all to report at your meetings. Bill P. has been hired as Bookkeeper. Mirka has resigned as Treasurer for health reasons. John S., Tom R. & Bruce W. have been filling in.

Vice Chair: Bruce G. 6 new reps at the orientation this month. If you missed, please come at 7:30 next month.

Treasurer: John S. reporting. There is no report in the Newsletter this month. A partial report was distributed at this meeting, more corrections are still needed to complete the report, which should be accomplished by next month's meeting.

Bookstore: Gloria reported that she is looking for male volunteers to work in the bookstore on the afternoon shifts. The 4th edition of the Big Book is now available on CD for \$100.00 per set, or on Cassette Tapes for \$85.00 per set.

Seminars: Steve reported on the Seminar on Meditation held Sept. 21st at the Bookstore. 25 people attended. The next Seminar will be the 3rd Saturday in January, with the topic being the History of AA, featuring Bill S. who has been sober for 55 years.

Activities: Steve announced the Harvest Dance on October 5th. Flyers are available. The New Year's Dance has been booked at the Vet's Building, with Fargo performing.

Teleservice: Tim P. reported for Kim that we need a volunteer for Friday 5:10 PM. Please call the scheduler if you can help.

Communications/Newsletter: Bruce W. reminded us that the deadline for submissions to the Newsletter is the 2nd Monday of the month for the next month's edition.

Alcathons: Louis B. reported for Dennis that the location for the Alcathons will be the Sebastopol Teen Center. Larry C. volunteered to chair the New Years Alcathon and received a vote of support. His number is 829-1775. It is time to sign-up for the alcathon meetings, all 3 Chairs #'s are in the NL. The Thanksgiving Alcathon

(Continued on page 3)

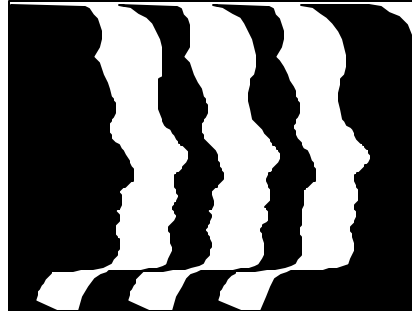
HOSPITALS & INSTITUTIONS

"That movement which started in San Quentin soon spread over to Folsom, where I also attended a meeting on that same visit. Here again I found that marvelous atmosphere unique in any A.A. meeting. It is indescribable, but you and I know what it is. I thank you all from the bottom of my heart. I congratulate you on what you have done for yourselves and what you are doing for the rest of us.

"In those early days we wondered how many of you made good. As the years passed, correspondence began to come to the Foundation office in New York, first from San Quentin, then Folsom and them from other prisons. Little by little, it loomed up on the prison authorities and inmates themselves that something new had really come into prison life as a whole. Then you fellows began to get out on parole. At first many of you disappeared completely. But over a period of years it began to appear significantly enough that you fellows were not coming back. Warden Duffy began to tell us that in his belief, the parole return rate had since been entirely reversed. Hitherto, the rate of return on alcoholic parolees had been 80%; now it had become perhaps more like 20%. And yet you fellows didn't seem to be turning up in the A.A. groups. We wondered what had become of you. We knew that you must be remaining sober, most of you, else you would be caught up again in the dragnet".

[Part 2 of Bill W.'s experience with early H&I, reprinted from a 1951 Grapevine.]

The October meeting of the H&I committee was proud to welcome new meeting reps Deborah T., Tim T., Michael S., Bob T., and Stacy—thanks for being of service to your home groups! Announcing themselves as



visitors were Glen C., Mike, Dinah, Kahlia, Chip and Teresa. We hope you find something here that brings you back.

We had a total of 63 years of sobriety being celebrated by Albert, with 5; Sal, 2; Don G., 25; Dane H., 10; Peggy, 1; Mike T., 7; Sue, 8; and Mike F., 5. Thank you for showing once again that service does help keep you sober!

Gonsalvo gave this month's five-minute share, telling us about how he became in-

involved in H&I and particularly with the very successful *Paso a Paso* group, currently the sole Spanish language meeting in our local H&I.

How time does fly! It seems like only yesterday we were reelecting David B. as Chair of the Area 22 H&I Committee. Now the time has come to bid him a fond farewell (in that capacity) and thank him for a job well done! Picking up the gavel for the next two years will be Kelly T., and we know we'll do well under her capable guidance. Welcome aboard, Kelly!

Don't forget Unity Day!!! If you're not currently in service to a meeting or would like to find out more about AA's service groups, the place to be is St. Mark's Lutheran Church on 4325 Mayette Ave. at 9:00 a.m. on **November 16**. Check elsewhere in this newsletter for more details.

All are welcome to join us at the next H&I meeting on Wednesday, November 6, at 6:15 p.m. at the Santa Rosa Senior Center on Bennett Valley Road. If you'd like a little background on H&I, come earlier—at 5:45—for a brief orientation. We hope to see you there!

In service,
Mardi

SCIF Minutes

(Continued from page 2)

will begin at 8:00 PM due to a scheduling conflict at the Teen Center.

ICSC: Call for volunteers. Gloria, Tom R., Michelle & Mke C. will bring volunteers next month.

Old Business: None

New Business: Housekeeping motion to replace the current signatories on the bank accounts with the current officers. Passed.

Group Concerns and Sharing: Sharon reported that the New Women of AA Group in RP. needs support.

Summation: Bruce M. highlighted these points.

- 1) Unity Day-flyer available.
- 2) We need an Activities Chair if we want anymore dances or picnics.
- 3) PI/CPC needs new volunteers to replace the worn out ones.
- 4) We need a new Treasurer.
- 5) Harvest Dance October 5th. Flyer available.
- 6) Time to start signing up for the Alcahons.

Closing: Lord's Prayer

-submitted by Bruce McL.

ACTIVITIES REPORT

Harvest Dance Revisited

Heroes are people who survive difficulties against impossible odds, then joyfully return from their travails to bring a truth to the rest of us. Along the way they are aided by wise ones who tell of the after life of spiritual peace and moral harmony. This is the story of recovery. We hear these stories of recovery so often we become jaded. We got to hear one of these tales on Saturday, October 5th at the **Harvest Dance**. The speaker was **Rob S.**, who told his story with the candor and humor we have come to expect from him. He made us laugh, and made us cry as we understood the journey he had undertaken, and was yet beginning to understand.

And then we danced... As a friend of mine says, it's called a "Dance" because one is expected to *dance* (if we called it a "Sit", you would only be ex-

pected to sit)... Happily, *most* of you did dance!

The DJ's were Bill H. and Jay B. with equipment by Leif R. You gave your money at the door to Dick H and Preston. Larry and Fred sold you cookies. Decorations were by an enormous group; Laurie, Carolyn, Jeff, Ken, Jan, Lenny, Karen, and others I must apologize for forgetting. Our expenses for the dance totaled \$1392, and we took in around \$900.

The **New Year's Dance** is fast approaching, and it should also be a wonderful time! The band **Fargo** will play for us again this year and **Bonnie Jean** will be the speaker. There is also a special New Year's Countdown planned. We are asking a donation of \$10.00, but no one will be turned away for lack of funds. So come celebrate your Hero and the journey to a joyous, happy freedom. Come ring in the New Year with all of us!

Kay S.

Greetings Fellowship

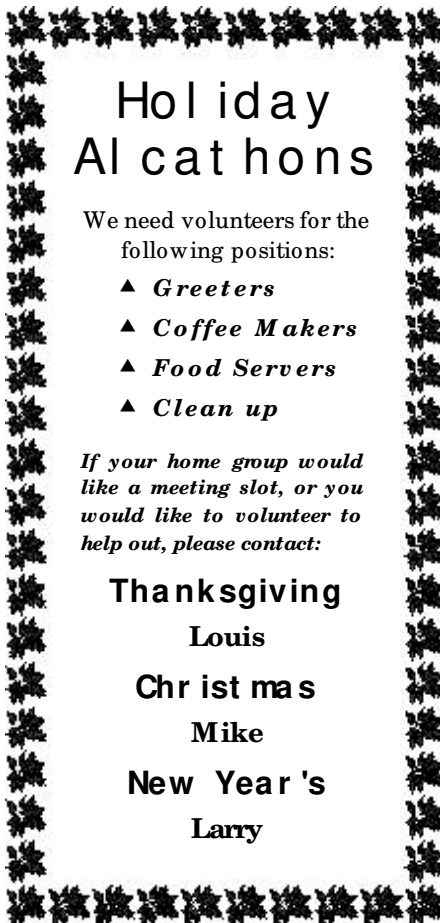
By the time you read this article, it will be November. Where does the time go? It seems like only yesterday I made myself available as the newsletter correspondent. Now, the leaves are turning, there is a snap in the air, and it is nearly time to rotate out of this job. Nonetheless, we held our monthly District 12 meeting on October 7 at Faith Lutheran Church in Santa Rosa. As usual, interest in General Service continues to grow. We welcomed five new General Service Reps (GSRs). They were: Toby and Cheryl from Rohnert Park, Michael from Cloverdale and Rose and Brian from Santa Rosa. We also honor sobriety birthdays. We honored Michael who celebrated his first sobriety birthday on September 14, Karen completed four years of recovery on October 2, Bobbie turned 12 (nearly a teenager again) on October 10, and Joyce finished her fourteenth year of sobriety on September 13. Congratulations to all four of you! Peter from H & I reported another banner month in donations to the "pink can." Peter reminded all the GSRs to make sure the "pink can" is passed separately from the 7th Tradition basket. He says to hit the basket first, then, if you have any spare change, to hit the can. September saw donations of pennies, nickels, dimes and quarters reach just under \$2000 for Sonoma County. Year to date totals are just a shade under \$404,000 for Area 22 (that's us).

Tom from Intergroup reminded us that they still are in search of an Activities Chairperson. The last activity scheduled is the New Year's Dance. After that, nothing will be planned until someone makes themselves available to chair that committee. The Alcathons are set for the Sebastopol Teen Center for Thanksgiving, Christmas and New Years.

DJ from Bridging the Gap (BTG) committee says they need volunteers to take AA's from their treatment center to their first meeting. That is pretty much the extent of the commitment, but they

need YOU to do it. Last month, BTG had 43 requests for their service.

Unity Day is fast approaching. Hosted this year by General Service on Saturday, November 16 at St. Mark Lutheran Church on Mayette Avenue in Santa Rosa, it is an opportunity for the three service arms of Alcoholics Anonymous to showcase themselves. Intergroup and H & I, along with General Service have a full day planned with speakers, panels, a play, reports



**Holiday
Alcathons**

We need volunteers for the following positions:

- ▲ *Greeters*
- ▲ *Coffee Makers*
- ▲ *Food Servers*
- ▲ *Clean up*

If your home group would like a meeting slot, or you would like to volunteer to help out, please contact:

Thanksgiving
Louis

Christmas
Mike

New Year's
Larry

from District 18 (the Spanish District that covers our District 12) and some surprises... including a free lunch. Dessert is potluck. Pick up a flyer for more information.

Every year, District 12 takes its inventory. CNCA Chair, CJ R., came to facilitate the questions and answers. What is the primary purpose of General Service? Do we do an effective job of keeping our groups informed? Are we participating in all the suggest group, district and area activities? Why are

group members not stepping up to fill open service positions? Is there anything we can do to help create interest in General Service? Your GSR can fill you in on the answers. You can also share your thoughts with your GSR.

In November, this District will begin electing new officers for the next panel. A panel is two years long, like it is at the Area level. It is hoped all GSRs will attend and seriously consider making themselves available for service. Job descriptions were available in the District newsletter from October. Have you ever considered making yourself available to be a GSR? Some people don't because they think they can't do it. You know, you probably can be a GSR. I mean, you didn't think you could stay sober and you have. it is suggested you have about two years of recovery and the position lasts two years. You attend the monthly district meeting, a monthly sub district meeting and four assemblies per year. Each assembly is a one day event, except one which is two days. you get to travel from Monterey to the Oregon border and meet lots of wonderful people, all with one purpose in mind.. to keep the doors of AA open when the next person reaches out their hand for help. Maybe for someone you know? Why not attend the next District meeting and see what we do. General Service is the business of AA. It is where all the literature comes from. It was a meeting, very much like ours, that first came up with the idea to have a fourth edition of the *Big Book*. It is in rooms like ours, where we tell the General Service Office (GSO) in New York, what we want them to do with our money. Did you know that the *Big Book* has now been translated into 49 different languages? Just one example of what GSO does with our money to help carry the message. We make good coffee and cookies. The meeting is November 4, that is a Monday, at 7:30 PM at Faith Lutheran Church on Newanga Blvd. in Santa Rosa. The meeting lasts 90 minutes.

As always, it is a privilege to be of service to AA. I thank you for that privilege.

Jay B.

THANKSGIVING

Mini-Alcathon

Cloverdale Fellowship Hall
206 N. Commercial

Wednesday,
November 27
6PM - 10PM

Thursday,
November 28
10AM - 10PM

Unity Day

(Continued from page 1)

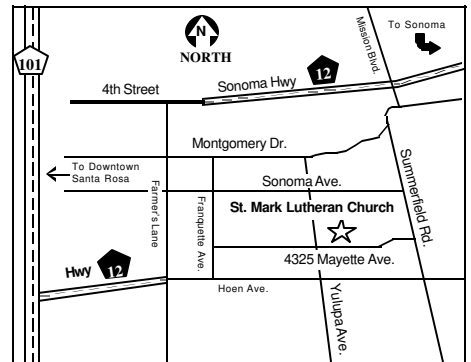
wonderful panelists from in and out of Sonoma County and a speaker coming up from Aptos, CA. There will be a talk from Juan T., a Spanish-speaking member from our area (not to worry, translation will be provided). An Ask-It Basket session will be happening in the afternoon (you can ask your questions *without* having to go to the microphone!). A display of the history of A.A. in the California Northern Coastal Area will be brought up from the Archives Center in Walnut Creek. There will also be a complete display of the Big Book in every language in which it is available. And let's not forget, there will be live theater! The play stars group members *Moneybags*, *Newcomer*, *Eager Beaver*, *Politician* and more. This is definitely a "two

thumbs up" affair. It should be a great event, so we are looking forward to seeing all of you on Unity Day!

How to get there:

From Hwy 101: Take Hwy 12 Exit towards Sonoma to Hoen Ave. Go left on Yulupa Ave. and then right on Mayette Ave.

From Sonoma: Take Hwy 12 to Santa Rosa, go left on Mission Blvd. Turn right on Montgomery, left on Yulupa Ave., then left on Mayette Ave.



SCIF CALENDAR • NOV 2003



SUN	MON	TUE	WED	THUR	FRI	SAT
					1	2
8	4 General Service Faith Lutheran Church 6:45: Service Manual Study 7:00: New Rep Orientation 7:30: Business Meeting	5	6 Hospital & Institutions S.R. Senior Center 5:45: New Rep Orientation 6:15: Business Meeting	7	8	9
10	11 SCIF Bookstore 6:30: AA Teleservice Business Meeting 7:15: ICSC Meeting 8:00: Intergroup Steering Committee Meeting	12	13 PI/CPC S.R. City Hall 7:00: Speaker Training 7:30: Business Meeting	14	15	16 Unity Day District 18 (Spanish) 5519 Old Redwood Hwy., Windsor Monthly Meeting - 4:30P M
17	18 Bridging the Gap SCIF Bookstore 6:30: New Rep Orientation 7:00: Business Meeting	19	20	21	22	23 General Service Area 6 Petaluma Community Center 320 N. McDowell Blvd 12:00
24 Happy Trails 10:00: SRJC Parking Lot at Bailey Field	25 Intergroup St. Luke Lutheran Church 7:30: Newsletter Collating 7:30: New Rep Orientation 8:00: Business Meeting	26 General Service District 12 Officers Meeting - 6:15 SCIF Bookstore	27 Thanksgiving Alcathon 8:00PM - Midnight	28 Thanksgiving Alcathon 12:00AM - 11:30PM	29	30

PUBLIC INFORMATION REPORT

Attraction, Not Promotion

Many AAs found their way to sobriety via a 'get well card' or 'nudge from the judge', and haven't found it necessary to take another drink. Showing up regularly to meetings and getting that slip of paper signed allowed them to take a good look at how their actions paralleled those of the folks they heard in those first few meetings. "Could I be an alcoholic?" can be the liberating reflection that leads to a life free of the destructive power of uncontrolled drinking.

PI/CPC committee members are involved in introducing Alcoholics Anonymous to the general public, through presentations made at drinking driver classes, public or private school assemblies, health fairs, and meetings of professional associations or groups. They also distribute AA literature and meeting schedules to courtrooms, jails, police stations, libraries, etc., as well as to local health facilities and doctors.

Speakers at presentations offer informa-

tion about what AA is, and what it isn't, and strive to provide accurate information and answers to the many questions about the program. Training to speak to non-AA groups is essential, and is offered at the monthly PI/CPC meetings that are



held the second Wednesday of each month at 7PM. Observation of a presentation (required of new speakers) will quell apprehension, and often the rewards of successfully carrying the message of AA can be seen firsthand. Two years continuous sobriety is required for poten-

tial speakers.

Your PI/CPC committee meets in the Employee Lounge adjacent to the underground parking facility at City Hall in downtown Santa Rosa, accessible at the parking lot at First and D streets. A regular monthly committee business meeting follows the speaker training at 7:30 p.m.

In the spirit of rotation, the loyal handful of folks that have continued to provide these wonderful services to their communities are hopeful of finding qualified candidates to assume their posts. Sponsors, do you have sponsees that are looking for a service commitment? Do you need to set a positive example for them to emulate? Rotations of committee positions are coming up in January, and a number of vacant positions need to be filled.

Stop in to see how you might reward your sobriety by finding a new and challenging service commitment.

Tom P.

District 12 PI/CPC

Member's Forum

(Continued from page 1)

who brings the cookies), and poll the membership immediately to fill the position. Time originally intended for the primary purpose of an AA meeting. Frequently, 20 minutes elapses before the Chair begins to speak, or a reading is begun (this out of 1 hour-fully 1/3 of the meeting time). The bottom line is, less time for sharing and carrying the message. It is obvious to me that *meeting time spent on the mechanics of our Fellowship is interfering with the primary purpose of AA.*

This is par for the course in any large institution, and AA is certainly that. The functions of any institution, over time, will encroach upon the stated goal of the institution. We are blessed, however, with the wisdom of our founders. No strangers to large institutions or large egos, they understood the value of 'keeping it simple'.

This is not to diminish the importance of service groups such as H&I and others, but simply to point out that such remarks, when combined with all the other announcements, notifications, etc., impedes the meeting and may often cause one to lose focus, to stop paying attention.

Burt

BRIDGING THE GAP

Howdy folks, and welcome to the holidays. It is during this season, seven years ago, that I began my last run with alcohol. I lasted until mid-January, when I ended up in detox, wondering again how I had managed to get there. Funny, but after having slept in the bushes, in detox, in jail, etc., as a result of my alcoholism, I still had the notion that I was going to beat this problem. Sooner or later, I hoped to come up with the solution that would keep me from disgracing myself over and over again with my drinking. Something happened this time, however, and I had one of those moments of clarity, a fit of honesty that allowed me to see for the first time that I was going to be in detox again and again, because I couldn't stop myself from drinking. I was scared and confused, because I wanted to stop but had no way to accomplish this for more than a few days at a time, a week or two when I was lucky. To this day I do not know what I heard that made me give AA a try, but I found myself attending meetings after I checked out of detox. I have been back to detox, but as a volunteer who is trying to spread the word that there is a way out of the seemingly endless cycle of madness that characterized my life

at that time. One of the services I am involved with is Bridging the Gap, whose volunteers go to treatment facilities and help the people there by setting up a temporary contact for those who are released. When they get out, someone will call them, get them to a meeting. I think that one of the cornerstones of my sobriety is the fact that I go to several of these facilities a month—this way I am constantly reminded of what is in store for me if I ever decide to go back out again. In the spirit of our 12th step, we carry the message to other alcoholics wherever they may be, and point out to the hopeless that, yes, there is a way out. So, how about you? We need people to help us carry on this 12th step work, so when you see literature at your meetings about Bridging the Gap, consider that not only is service one of our legacies, but that all the stories in the big book point out that working with other alcoholics does us good when nothing else seems to fill the bill.

Come join us at our next meeting, which is held at the AA bookstore in Santa Rosa on the third Tuesday of every month, from 7 PM until 8PM.

James C.

MEETING CHANGES

Santa Rosa Saturday Afternoon Winners
Saturday 2:00PM
Moved to- Doyle Park Clubhouse
1700 Hoen Ave. (off Sonoma Ave.)

Santa Rosa Freedom From Bondage
Sunday 12:30PM
Moved to- 4527-C Montgomery Dr.

NEW MEETINGS

Santa Rosa Bare Bones Book Study
(O) (W) Sunday 7:30PM
3333 Chanate Rd.

Santa Rosa ABC 123 Group
(O)(W) Mon./Wed./Fri. 12 Noon
Santa Rosa Junior College
Maggini Hall Rm 2701
(Students Only—last meeting 12/13/02)

Meeting Changes?

Contact Russell @ 539-5165

Gloria's Corner

I attended the 17th Annual Central Office - Intergroup/AASW Seminar in Pittsburgh, PA - Sept. 27-29. We had 140 Central Office Managers & about 50 from Intergroup & AAWS. We learned a LOT. I had the privilege of putting on one of the 15 seminars. My seminar had 45 in attendance. We discussed prudent reserves and excess funds. Many are raising prudent reserves due to the lagging economy and contributions are down all over. They want to be able to keep their offices open even in bad times.

We are very blessed here because our groups have been generous. Many offices are struggling to stay open. I want to welcome Bill, our new Bookkeeper to Central Office.

We will have jewelry- key tags & book cover for 1/2 price in December. Thanks to John S. for keeping the Bookstore going in my absence! He and the volunteers did a good job.

Thanks Everyone!

Gloria



ADDRESSES

Sonoma County Intergroup Fellowship
750 Mendocino Ave. #10
Santa Rosa, CA 95402

Sonoma County General Service
PO Box 536
Santa Rosa, CA 95402

Area 22 H & I Treasurer
PO Box 192490
San Francisco, CA 94119-2490

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

CA Northern Coastal Area Treas.
PO Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*
PO Box 11350
Santa Rosa, CA 95406

*Funded solely through Sonoma County General Service

BOOKSTORE & TELESERVICE

SCIF CENTRAL OFFICE
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401
Manager: Gloria
Phone: (707) 546-2066
Fax: (707) 566-9677
E-mail: AASCIF@aol.com
Hours: Mon-Fri 10-6
Sat 11-3

The Bookstore is closed on these Holidays:

Independence Day..July 4th

Labor Day.....September 2nd

Thanksgiving.....November 22nd

Christmas.....December 25th

New Year's Day.....January 1st

CONTACT INFORMATION

Communications/ Newsletter

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Hospitals & Institutions

Chair: David B.

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Old name/address _____

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