

Get the latest meeting listings, upcoming events and more at www.sonomacountyaa.org



Sonoma County Intergroup Fellowship Presents

# Steps 4 & 5

a seminar & discussion

Step 4: Made a searching and fearless moral inventory of ourselves.

Step 5: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.



Wednesday, May 30, 2018 6:30 - 8:00pm

A.A. Bookstore, 750 Mendocino Ave, Santa Rosa

Info: Donna L. (707) 568-5330

If you'd like a monthly email with a link to the online version of "SCIF News", send an email to newsletter @ sonomacountyaa.org with "subscribe SCIF" as subject

# SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10 Santa Rosa, CA 95401

Manager: Glenn C.

Asst. Manager: Carolyn A. Phone: (707) 546-2066 Fax: (707) 566-9677

Email:

bookstore@sonomacountyaa.org

## SPRING-SUMMER HOURS

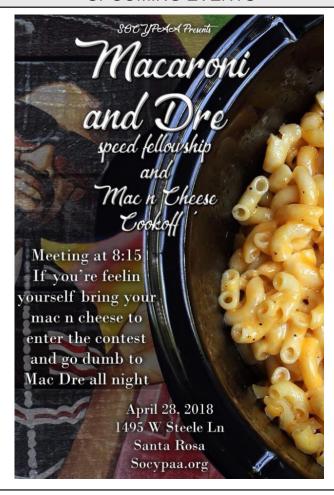
Monday-Friday 10am - 6pm Saturday 11am - 3pm Sunday Closed

The Bookstore is Closed on these Upcoming Holidays

Memorial Day May 28 Independence Day July 4 Labor Day Sept 3

www.aa.org
www.aagrapevine.org
www.sonomacountyaa.org
www.cnca06.org
www.acypaa.org

#### **UPCOMING EVENTS**





Northern California
Council of
Alcoholics Anonymous

# **Modesto, CA**

Centre Plaza – 1000 L St., – Modesto, CA 95354 June 8, 9, & 10, 2018

	Julie	50, 5, 6, 10, 20	10
Friday, June 8, 2018			
2:00 PM 3:30 PM		Registration Opens Early Bird Meeting	
	Al-Anon		Grow in Samioa"
8:00 PM	AI-Anon	Panel "How We Grow in Service"  Open Speaker Meeting	
0.00 T III			
		Fernando S.	Concord, CA
Saturday, June 9, 2018			
9:30 AM		Hospital & Institution	
11-12:30 PM		Open Delegate's Business Meeting	
1:00 PM		General Service Delegate's Report	
		Joann L. CNCA	06 Panel 67 Delegate
3:30 PM		Young People's Meeting	
		Sheila C.	Sacramento, CA
5:30 PM	Spanish	Teresa B.	Turlock, CA
8:00 PM	Opamism	Open Speaker Meeting	
An a		What will Dam	Mantaga OA
40		"Navy" Dan	Manteca, CA
10:00 PM		Dance Following Free	Drawing
Sunday, June 10, 2018			
9:00 AM		All A.A. Services Panel Meeting	
10:30 AM		Open Speaker Meeting	
		Theresa A.	San Leandro, CA

Al-Anon and Spanish Participation & Speakers
Fellowship – Panels – Speakers – f Marathon Meetings
www.norcalaa.org

# **NEW MEETINGS**

### **PETALUMA**

**Book Club** (O) Sunday 6pm, church at 504 Baker Street (upstairs)

#### **SANTA ROSA**

**Not Taking A Trip** (O)(W)(K) Saturday 7:30am, church 4857 Old Redwood Highway (Larkfield)

#### MEETING CHANGES

# **SANTA ROSA**

**Serenity Fellowship Birthday** (3rd Mon only) Monday WAS 8pm, NOW 7:30pm

Fresh Air Group Tuesday WAS 8pm, NOW 7:30pm

**Newcomers**, Tuesday 7pm, MOVED to church, 2500 Patio Court (corner of Hahman).

# NO LONGER MEETING

# **CLOVERDALE**

Big Book Study, Thursday noon

#### **GRATON**

Resureccion (spanish) Thursday 7pm

# **NEW! GRAPEVINE MAGAZINE APP**

For Android, iPhone & iPad www.aagrapevine.org/app



- Subscribe through the app
- Access the magazine on your tablet or smartphone monthly
- Download your issue for offline viewing
- Archive past issues
- Get a sample audio story and a selected video
- Email favorite articles to friends

# **ACCESS SONOMA**

Thank you to everyone who came to the Aging in Sobriety Workshop back in March. People keep coming up to me to tell me how much they got out of it. Every day I count my blessings that I found my place in a fellowship so fiercely dedicated to making A.A. accessible to everyone who needs it.

Two ways to show your dedication are activities from Access Sonoma County: Meetings on Wheels and Rides to Meetings. We have been flooded with volunteers willing to bring a meeting to someone who is homebound or give a ride to someone in need, and that's great. What we need to keep it going is a coordinator—a champion—who can get and keep us organized.

Here's how it works: We hear that someone is in need, usually through a call to the bookstore. Then we need someone (you) to use our phone lists to find someone willing to give that ride or form that meeting-on-wheels. Once someone gets connected, they usually don't need help from Access anymore, but we need your help to make those connections. Remarkably, this commitment will require only a few hours per month. How many superheroes have such good hours?

If you think you might be our champion, please give me a call (805-835-3027) or send me an email (asc@ sonomacountyaa.org) and let's talk.

~Alan W., ASC Chair

# **BOOKSTORE**

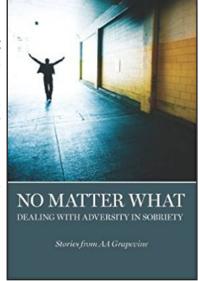
The sale book for May is "No Matter What: Dealing with Adversity in Sobriety" by AAGrapevine. It will be \$10.80 plus tax; 20% off the regular price.

We welcome new volunteer Christopher. Applications are being accepted for Bookstore Volunteer positions.

The last Bookstore inventory went very well.

Drop by the bookstore after work - we're open until 6pm Monday -Friday.

~Glenn C.



# PI / CPC

Speaking in public is one of the hardest things for many people, inside and outside of A.A., to do. But we of A.A. do it when asked because we need to carry the message to others; we need to give it away if we are going to keep it. We speak to each other at meetings standing up in front of our peers and sharing our experience, strength and hope.

Did you know that we also do this outside of A.A. meetings? PI/CPC is the Public Information/Cooperation with the Professional Community committee. It is through this committee that we reach out to local business, fraternal and sorority groups, middle and high schools, DUI classes, law enforcement, medical providers and others to educate those outside of our fellowship about what A.A. is, and just as importantly, what A.A. is not.

An example is the work we have been doing with the VetConnect group in recent months. VetConnect is an organization that works with veterans to help them understand and access the benefits that are available to them. VetConnect sponsors a "clinic" every Tuesday morning at the Veterans Building in Santa Rosa. Veterans can come there and receive information on, and help in attaining, benefits like medical care, disability payments, home loans and home health care. PI/CPC now staffs a table on the last Tuesday of every month to provide information about A.A. to veterans and to those there to provide assistance to veterans. This is just one of the ways that PI/CPC reaches out to the public.

PI/CPC can use your help. You can be a speaker. You can help organize speaking and educational events. You can be of real service! To be a speaker it is suggested that you have two years of continuous sobriety or one year for younger members. Younger members can be especially effective in school settings.

To get involved or simply to learn more about PI/CPC you are welcome to attend out speaker training session on the second Wednesday of the month at 7pm at the City Hall underground. This training session is followed by our monthly business meeting, and we encourage you to attend that as well. Our next meeting is on May 9th.

This is valuable 12th Step work. It is valuable service. Please join us to help others and to help yourself.

~Anthony B.

# SONOMA COUNTY INTERGROUP FELLOWSHIP GENERAL MEETING - MARCH 26, 2018

The meeting opened at 7:30pm with the Serenity Prayer Preamble: Tradition 3: Freddie Concept 3: Jane INTRODUCTION OF NEW REPRESENTATIVES: Michelle-Woman's book study Doyle Park. Brian-Knuckleheads group. Sharon-New Women of A.A., Cotati. Dan- Newcomers, Santa Rosa. Evan-Cherry Street men's stag. Santa Rosa. Mike M.-New Hope book study, Rohnert Park. Marc G.- The Stag Meeting, Petaluma. Steve B.-There is a Solution, Santa Rosa. Scott-River grace fellowship. Meegan-Third Step meeting. Julian- Early Birds meeting, Petaluma, Jessica-Signs of Sobriety, Carry-Sobriety rocks.

**BIRTHDAYS**: Gail(46yrs) Cindy(2yrs) Roger(26yrs) Pam(20yrs)

#### **ELECTION OF COMMITTEE CHAIRS:**

**Activities**: no one made themselves available **Newsletter**: No one made themselves available.

Unity Day: Evan C. and Brad M. both made themselves available- Evan C. was elected as Unity day chair.

#### **OFFICER REPORTS:**

Chair: (James C.) I want to thank all of you who made yourselves available for service in

Intergroup. In our March Steering Committee meeting, we discussed this AlAnon request for a liaison at the Intergroup General meeting. The outcome was a majority opinion that including any group other than those directly affiliated with A.A. is seen as a conflict of interest for SCIF, if we do not limit participation to those groups directly affiliated with A.A., but allow participation by organizations other than A.A., it opens the door to participation by other equally worthy recovery organizations, of which there are many. It is my recommendation that AlAnon seek another avenue to acquaint members of A.A. with AlAnon events, because though I consider AlAnon to be part of the A.A. family, their request falls outside the purpose of the Sonoma County Intergroup Fellowship.

Vice Chair: (Justin C.) Welcome to our new reps, and for those who did not make it to our orientation please show up early at our new business meeting

Secretary: (Patrick B.)Previous minutes were passed.

Treasurer: (Carolyn A.) Group contributions for February were \$5382 which was \$1946 more than February of last year and after expenses we had a net gain of \$1641. Bookstore income was \$7423 and after expenses we had a net gain of \$224.00. Overall, we had a net gain of \$1865.

Registrar: (Craig H.) As of today's date, there are 231 groups in Sonoma County offering 347 meetings each week. There are 169 meeting representatives on record, for 67% participation. There were 69 representatives attending the January 2018 General Meeting, for 41% participation. There were 17 new reps attending the January 2018 new rep orientation.

#### **COMMITTEES:**

ICSC: (Diana W.) Andy fills in, Revisions were approved for handbook. We are in need of three volunteers for upcoming ICSC elections.

**BOOKSTORE**: (Glenn C.) Sale book for April is Into Action; 20% off \$13.49 or \$10.80. We are currently recruiting for volunteers to staff the cashier desk at the bookstore four hours every other week. The sobriety requirement is one year and experience with retail sales and/or computer software is desirable. If you are interested, please come into the bookstore and fill out an application. Thank you for letting me be of service.

**Activities**: (Vacant)

Alkathons: (Max Bernard) Not present.

Newsletter: (Vacant)

**Outreach**: (Amber H.) I have been attending new meetings, and voicing our need to fill chair positions.

Seminars: (Donna L.) Our next seminar will be this coming Wednesday at the bookstore from 6:30pm-8pm. It's on steps 1,2 and 3.

Teleservice: (Gus C.) There are three open shifts. Wednesday 9am-1pm/1-6pm and Friday 1-6pm

**ICSC NOMINATING COMMITTEE**: (Monica B.)

UNITY DAY: (Evan C.) Newly elected.

LIAISONS:

**SOCYPAA**: (Leonard T.) Not present. Spanish Central Office: (Vacant)

# **GENERAL MEETING (Cont.)**

**H&I**: (Lee J.) Please attend our business meeting to be of service, First Wednesday of the month at the Community of Christ Church.

**GENERAL SERVICE**: (Bob F.) Pre-conference assembly will be where all of our reps will bring each groups agenda topics. Our post conference assembly will be May 12th

**Bridging the Gap**: (Bill D.) We are in need of phone coordinators, male and female. Please come to our business meeting which the third Tuesday at the bookstore at 6:30pm.

**PI/CPC**: (Michelle O.) At our last business meeting we tabled the reports and conducted a sharing session. We are still in need of a Co-Chair, an H & I Liaison, and a Sonoma County Liaison. Our meetings are the second Wednesday of the month at the City Hall Underground at 7:30 and if you are interested in being a speaker, please come at 7:00 for the training.

**Access Sonoma County**: (Pat N.) We are in need of volunteers. Our next business meeting will be April 12th at the bookstore at 6:30pm.

**OLD BUSINESS**: None **NEW BUSINESS**: None

**Group Representative Sharing**: Cindi W.- We need help for our delegate's barbeque. Mitch H.- Unity in Service conference will be in May, for information on this event go to unityinserviceconference.org Carrie- Sobriety Rocks meeting is looking for support. Mike C.- Fresh Air group will be changing meeting start time to 7:30pm Meeting adjourned at 8:23pm with the Responsibility Statement ~Patrick B.

# **MAY 2018**



# SERVICE MEETINGS IN SONOMA COUNTY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Hospitals & Institutions Community of Christ Church 5:45 New Rep Orientation 6:15 Business Meeting	3	4	5
6 SOCYPAA Community of Christ Church 1-5pm Business Mtg	7 General Service District 12 Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	8	9 PI/CPC Santa Rosa City Hall 7:00 Speaker Training 7:30 Business Meeting	10 Access Sonoma County SCIF Bookstore 6:30 Business Mtg.	11	12
13	SCIF Steering SCIF Bookstore 6:30pm ICSC Meeting 8:00 Steering Meeting	15 Bridging the Gap SCIF Bookstore 6:00 New Rep. Orientation 6:30 Business Meeting	16	17	18 May 2018 Newsletter Deadline 7pm	19
20 SOCYPAA Community of Christ Church 1-5pm Business Mtg.	21	22	23	24	25	26 General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
27 Happy Trails Meet at Coddingtown P.O. 10am carpool	Intergroup St. Luke Lutheran Church 6:00pm Teleservice 7:00 New Rep Orientation 7:30 Business Meeting	29	30	31		

Community of Christ Church: 1495 W. Steele Lane, SR

Faith Lutheran Church: 4930 Newanga Ave., SR

First United Methodist Church: 1551 Montgomery Dr. SR

Santa Rosa City Hall Employee Lounge: First & Santa Rosa Ave., SR

SCIF Bookstore: 750 Mendocino Ave., Suite 10, SR St. Luke Lutheran Church: 905 Mendocino Ave., SR

# **GENERAL SERVICE**

General Service representatives and other A.A.s from all over the Northern California Coastal Area met in assembly the weekend of March 7-8 to present their groups' consciences on this year's agenda topics to our area delegate, Joann L. Groups, through their GSRs, shared their thoughts with the delegate on a host of items of importance to our fellowship as a whole. We deeply appreciated everyone's contribution to this process.

Our delegate, fortified with the information we shared with her and bolstered by our love and well-wishes, proceeded to hop on a flight to New York to meet with her fellow delegates from all over the US and Canada and discuss these items at this year's Conference.

We look forward to her return and hearing her conference report at this year's post-conference assembly at the Solano County Fairgrounds on May 12th (all are welcome!) so that we, in turn, can report back to our groups.

~Eric H.

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS PRESENTS:

# POST-CONFERENCE ASSEMBLY 2018

"A.A. - A Solution for All Generations"

Saturday May 12, 2018 Solano County Fairgrounds - McCormack Hall 900 Fairgrounds Dr., Vallejo, CA 94589

Registration: 8:30-9:30 a.m.
Orientation: 9:30-9:45 a.m.
Business Meeting: 9:45-12:00 p.m.
Lunch: 12:00-1:15 p.m.
Discussion Panel on Conference Theme:

1:15-2:00 p.m.

Delegate's Report\*: 2:15-3:45 p.m.



(\*ASL interpretation, as well as simultaneous Spanish/English interpretation)

Question & Answer: 3:45-4:30 p.m. What's On Your Mind? 4:30-5:00 p.m.

#### **HOSPITALS & INSTITUTIONS**

"It has often been said of AA that we are interested only in alcoholism. That is not true. We have to get over drinking in order to stay alive. But anyone who knows the alcoholic personality by firsthand contact knows that no true alky ever stops drinking permanently without undergoing a profound personality change." [Letter from Bill W., 1940]

On April 4, 2018, the Hospitals & Institutions Committee welcomed our new meeting reps: Kim G., representing the Gravenstein Gay Group (Sebastopol); Patricia S., No Frills Group; Jean J., 4th Edition at Noon (Cotati); Ann K., Women Empowering Women (Rohnert Park); and Sara B., Petaluma Valley Group. Thank you all for being of service! Welcome, also, to our visitor, Ben—keep coming back! Over 80 years of sobriety was being celebrated by H&I members for the month of April!

Are you willing to share your gift of sobriety with an alcoholic who is confined? For suggestions on how to do just that, please come to the next meeting of the H&I Committee, Wednesday, May 2, 2018, at 6:15pm. As always, everyone is welcome to attend the orientation that begins at 5:45pm. The location is the

Community of Christ Church, 1495 W. Steele Lane, on the corner at Range Avenue (parking is on Range, behind the church, with additional parking at the ice arena).

~Mardi H.

#### **ASL INTERPRETERS - QUARTERLY REPORT**

"Concerning any given service, we therefore pose but one question: Is this service really needed?' If it is, then maintain it we must, or fail in our mission to those who need and seek A.A."

Bill W., "AA's Legacy of Service."

Together we can! Thank you for your support!

GROUP CONTRIBUTIONS FOR SIGN LANGUAGE INTERPRETERS

Meeting	1st Qtr '18	YTD
Came To Believe	\$90.00	\$90.00
Harmony Group	\$110.00	\$110.00
Moment of Silence	\$135.18	\$135.18
New Sobriety Group	\$40.00	\$40.00
Signs of Sobriety	\$50.00	\$50.00
Step Sisters	\$67.24	\$67.24
Sunday PM Closed Discussion (RP)	\$14.87	\$14.87
There Is A Solution	\$22.00	\$22.00
Thursday Night 12x12 Discussion	\$15.00	\$15.00
Young & Young At Heart	\$78.47	\$78.47
We're In The Now	\$20.00	\$20.00
Total	\$642.76	\$642.76
Paid to interpreters:  Prudent Reserve:	\$1,650.00	\$1,650.00 \$2,745.67

# A.A. HOTLINES

Santa Rosa (707) 544-1300 Sonoma (707) 938-8508 Spanish Speaking (707) 623-6702



#### WEB LINKS

# Sonoma County Intergroup Fellowship

www.sonomacountyaa.org

# **ACYPAA**

www.acypaa.org

# California Northern Coastal Area 06

www.cnca06.org

# **Alcoholics Anonymous**

www.aa.org

# A.A. Grapevine

www.aagrapevine.org

# **ADDRESSES**

# Sonoma County Intergroup Fellowship

750 Mendocino Avenue, Suite 10 Santa Rosa, CA 95401-4846

# Sonoma County General Service

P.O. Box 536

Santa Rosa, CA 95402

# H & I Area 22 - Treasurer

P.O. Box 192490

San Francisco, CA 94119-2490

#### **General Service Office**

P.O. Box 459, Grand Central Station New York, NY 10163

#### Calif. Northern Coastal Area - Treasurer

P.O. Box 884222

San Francisco, CA 94188

# Sonoma County PI/CPC\*

P.O. Box 11305

Santa Rosa, CA 95406

#### **SOCYPAA**

1275 4th St. #221

Santa Rosa, CA 95404

\* funded solely through Sonoma County General Service

# CONTACT INFORMATION

# SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

(all emails @sonomacountyaa.org; area code 707 unless noted)

Chair	James C.	intergroup@
Vice Chair	Justin C.	vice-chair@
Secretary	Patrick B.	secretary@
Treasurer	VACANT	treasurer@
Registrar	Craig H.	registrar@

#### **COMMITTEE CHAIRS**

Activities VACANT activities @
Alkathons Max B. alkathons@
Communications VACANT newsletter@

~Newsletter/Website

Webmasters Sam K., Kelli E.

Meeting Changes Russell meetingchanges@

ICSCAndy M.icsc@ICSC Nominating Monica B.icscnc@OutreachAmber H.outreach@SeminarsDonna L.seminars@TeleserviceGus C.teleservice@

Unity Day Brad M.

### **SONOMA COUNTY GENERAL SERVICE - DISTRICT 12**

DCMC	Bob F.	generalservice@
Treasurer	Bob S.	treasurer-gs@
Registrar	Lora L.	registrar-gs@
Archivist	Benjamin G.	archivist-gs@
Grapevine	Cindi W.	grapevine@
Access So.Co.	Alan W.	asc@
Bridging the Gap	Rob M.	btg@
PI/CPC	Michelle G.	picpc@
Interp/Transl.	Darleen H.	it@

#### HOSPITAL AND INSTITUTION COMMITTEE

Chair Patrick P. handi@

# SONOMA COUNTY YOUNG PEOPLE IN A.A. (SOCYPAA)

Chair Daniel R. socypaa@

### ALANON/ALATEEN

District 5 Hotline

# **TELESERVICE UPDATE**

Teleservice staffs the A.A. hotline, providing 24-hour phone access to a live recovering alcoholic. This is vital Twelfth Step service; providing the hand of A.A. to the alcoholic reaching out for help. Calls are forwarded to your home or mobile phone, and training is provided. There are occasionally open shifts to fill. For information, see Teleservice listing above.