

## sonoma county Intergroup **Fellowship**



May

Get the latest meeting listings, upcoming events, and more at www.sonomacountyaa.org

nnbal Picnic

Sunday, July 12th, 10:30am - 4pm

Youth Community Park - Santa Rosa (across from Piner High on Fulton).

Speaker meeting at 11am...Lunch at 12:15 pm.

Hotdogs, hamburgers & soda for sale

Bring a potluck side dish to share, along with chairs, blankets, mitts, etc.

Games for kids (& kids at heart)

Volunteers needed!!! Call Wynny 206-9030

"The answers will come, if your own house is in order." p.164

#### SEMINAR AT THE BOOKSTORE

A Workshop on the 4th Step

"Made a searching and fearless moral inventory of ourselves"

Wednesday, May 27, 2009

6:30 pm to 8 pm Questions? call Doug S. at 477-6231



#### **H& I MEETING MOVING**

H & I will be moving to our new location for our next monthly meeting – Wednesday, May 6th. See page 4 for more details. The new location is:

Community of Christ Church: 1495 W. Steele Lane, Santa Rosa, CA. 95403

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www.aa.org www.aagrapevine.org www.sonomacountyaa.org

#### **BOOKSTORE**

#### **SCIF CENTRAL OFFICE**

750 Mendocino Ave., Suite 10 Santa Rosa, CA 95401

Linda M. Manager:

Phone: (707) 546-2066 (707) 566-9677 Fax: E-mail: aa@ap.net

Hours: Mon-Fri 10-6 11-3 Sat

The bookstore is staffed by volunteers and is sometimes closed for lack of manpower. Call first!

#### The Bookstore is closed on these Holidays

May 25th Memorial Day Independence Day July 4th

Labor Day September 7th Thanksgiving November 26th Christmas December 25th

New Year's Day January 1st

#### **NEW MEETINGS**

#### Cloverdale

#### Men's Step Study

Thursday 7:30 pm (O) (W) 208 N. Commercial

#### Healdsburg

### Thursday! Thursday! Thursday!

Thursday 8:00 pm (O) (W) Church, 1402 University 11th Step

Saturday 8:00 pm (O) (W)

Church, 1100 University

#### Santa Rosa

#### **Popcorn Meeting**

Mon - Fri 3:30 pm (O) (W) Alano Club - 465 Kenwood Court

#### **Good Morning**

Saturday 9:00 am (O) (W) Alano Club - 465 Kenwood Court

#### **Get Together**

Sunday 12 Noon (O) (W) Alano Club - 465 Kenwood Court

## Sonoma

#### Young People's Meeting

Friday 9:00 pm (O) (W) Sonoma County Fellowship 276 E. Napa St.

#### **MEETING CHANGES**

#### Santa Rosa

#### **Nueva Ilusion**

Daily 7:00~pm (O) (W) moved to 2050-C West Steele Lane

#### **New Sobriety**

Friday 8:00 pm (O) (W) moved to Church at 1495 West Steele Lane

#### Bodega Bay

NO LONGER MEETING

#### Oceanside Campfire Group

Friday 8:30 pm

No more meetings at Schoolhouse Beach

To report meeting changes contact Russell 570-9268

#### **HOMELESS IN SOBRIETY**

As I sit-alone-at a transit mall, I am faced with the reality that sobriety is no walk in the park, the current discomfort being a result of me finding myself homeless in sobriety.

I was just reflecting on my recent contrasting experiences with being homeless. For a number of months, before I got clean, I was homeless but still getting loaded. It occurs to me that there was good and bad during that time period. Namely that I didn't have to actually feel the emotions associated with what I was going through – that being good in some twisted way of thinking-. However there were a lot of options not available to me because I was drinking-that being the bad part of it.

Today, I am determined to stay clean, so I GET to experience what it feels like. And what I feel is especially powerful at certain times like now. The one that gets me the most is loneliness. Like sitting here surrounded by people, yet feeling alone.

Today, I choose to walk through these dark times focusing on truths passed on to me from others in the fellowship. One example is that we are never truly alone if we have turned our will and life over to our higher power. We need only take a moment to see where He has assisted us in getting this far in recovery. To take that theme a little farther, we only receive what we can handle.

Here I am reminded of a personal truth: that these seemingly overwhelming emotions don't last as long as I am always afraid they will. Then, once I have successfully walked through them, sober, I get to look back with awe as I see how my higher power given me an opportunity to see the progress I have made and the strength He has granted me.

I must admit that the beginning of my recovery has not gone the way I had imagined it would. I could never have anticipated being homeless with just over 100 days sober.

So I say thank you to my higher power for this period to observe your love of me and the way you care for me. Thank you for this period of time during which I get to focus on relying on you. May I remember what I am now learning about you always.

Todd P.

#### SPONSORSHIP WORKSHOP A HUGE SUCCESS

We had a great turnout for this seminar - Here is just a little bit of the discussion content.

- What a Sponsor is not: counselor, lending institution, employment counselor, best friend.
- If you're looking for a Sponsor, find one who has want you want.
- Sponsors help us transition our old ideas into new ones that help us
- A Sponsor will know when to have a gentle hand or a heavy hand.
- God gave me this gift, and my gift to God is giving back to other AA's.
- Sponsors tell you want you need to hear, not what you want to hear.
- Sponsees may not know it, but they are helping their sponsors to stay sober.
- If you come from a place of love, you'll be amazed at what comes out of your mouth

Check out our next seminar on the Fourth Step!

#### NOTES FROM THE BOOKSTORE

We recently received a letter from AA World Services informing us that, due to cost increases in operations, warehousing and shipping, there will be a price increase for books which will take effect as of July 1, 2009. We will keep the fellowship informed as we receive more information.

I would like to thank all of the people who came to help out with our 1st quarter inventory which was performed on March 31st. We were able to get the inventory counted in record time and input that information into the POS system on the same evening, which was necessary in order to start the next business day.

All of our volunteer shifts are presently full.

In Service,

Linda M.

## Sonoma County Intergroup Fellowship General Meeting

#### GENERAL MEETING- MARCH 23, 2009

Traditions Group

The meeting was opened with the Serenity Prayer

Preamble: John Tradition 3: Susan Concept 3: Steve

Introduction of New Representatives

	•	
Jan W.	Stein Group	Sebastopol
Katie D.	The UP Group	Santa Rosa
Tina C.	BYOBB	Santa Rosa
Paula H.	Saints and Sinners	Rohnert Park
James W.	Expect A Miracle	Santa Rosa
Jennifer L.	Fri. Night Live	Rohnert Park
D.A. W.	Womens Weds. Night Step St	tudy Santa Ros
Dennis L.	No Frills Group	Santa Rosa
Bill C.	Promises AA	Sebastopol
Dave O.		
Heather L.	12 & 12 at 12	Santa Rosa
Donald T.	Sunday Nighters	Sebastopol

#### Officer Reports

Beth A.

**Chair**: Bob P.- Talked about needing a Unity Day Chairperson and what a great service commitment that is. We will have our regular Intergroup meeting on Memorial Day.

Santa Rosa

**Vice Chair:** Sean M.-Welcome to new representatives. Any questions please feel free to call him. His number is in the newsletter.

**Treasurer:** Pat H.-Group Contributions for February 2009 of \$2,335 were down comparable to 2008 and 2007. Group supported expenses for the month exceeded contributions by \$1,369. The Valentines dance also showed a loss of \$747. The bookstore had revenues in the excess of \$594 for the month. Total net loss was \$1,522 and YTD \$620. Operating Reserve remains high because we are just beginning to reinvest in inventory. Sales tax rate increase of 9.25% as of April 1 will affect sales at the bookstore.

**Secretary:** Connie C.-The February General Meeting minutes published in the April newsletter were approved without changes.

**Registrar:** Donna L.-Reported that in February there were 347 meetings weekly and we had 174 reps. 47% of groups represented at the February Intergroup general meeting.

**Bookstore**: Linda M.-ICSC Committee voted to put a barcode scanner into bookstore and it is now in place at the volunteer desk. This will help volunteers be more efficient. The bookstores inventory will take place March 31st at 6:00 pm. Please call if you are interested in helping. All volunteer shifts are filled.

#### **Committee Reports**

ICSC: Rich S.-Motion passed to give the bookkeeper a raise. Everything is running smoothly at the bookstore.

Activities: Wynny B.-Absent Alkathons: Siobahn S.-Absent

**Newsletter:** Brian Z.-InterGroup is a great service commitment. Keep sending him your letters they make the newsletter more interesting. He would like to have cartoons submitted. Welcomes any feedback. Still working on website hopes to soon have it ready for approval.

**Outreach:** Mike C.-His commitment is to increase percentage of groups with Intergroup Reps. Please encourage groups you attend. He needs volunteers to help him.

**Seminars**: Doug S.-Absent

Teleservice: John B.-All overnight slots were filled at meeting

#### Liaison Reports

**Bridging The Gap:.**-Bridging The Gap is a subcommittee of General Service. Its' purpose is to bridge the gap between AA meetings in prisons, hospitals and treatment facilities and the first AA meetings people attend upon release. In need of volunteers. If interested number is in the newsletter.

Hospitals and Institution Committee: Will H.-Absent

**PI/PCP**: Nick R.- In need of young people to volunteer to speak. Will be having a table at the SRJC.

**SOCYPAA:** Jamie-Annual group inventory to be held March 28th. Annual elections for ALL SOCYPAA positions begins May 3rd. 2010 AQCYPAA to be hosted by NSDYPAA, February 11-14th in San Diego. Please visit www.acypaa.org for information.

Access Sonoma County: Pat N.-Susan C. attended the Special Needs round table at PRAASA and she reported that in San Diego, meetings are passing a Gold Can, similar to our Green Can, and uses the proceeds to a fund a signer one meeting a week.

General Service: Annie T.-Everything is going well with Sonoma County General Service. We had a great time at PRAASA. The 2009 General Service Conference theme is "Our Commitment to Carry AA'S Message-Enthusiasm and Gratitude in Action." Your GSRS are motivated and inspired, and we can now support them as they facilitate Sharing Sessions on Agenda Topics

**Spanish Intergroup**: Shaline E.-She is still showing up but has no report.

**Business:** (1) Discuss extending ASL funding for additional year. (Expires April 2009)

Bob asked if group wanted to vote to see if representatives wanted it to be a housekeeping motion. The vote was taken with all but 1 representative voting for it to be a housekeeping motion so they will take it back to their groups to decide.

(2) Elect Unity Day Chairperson

Tentative Date, Time and Location October 17, 2009 7:30 am-4:30 pm at Sebastopol Veterans Memorial Auditorium. Responsibilities were covered and David O. stepped up.

#### **Group Sharing:**

One representative asked that everyone speak slowly and loud enough so all can hear.

Summation: What to take back to your groups

- Bookstore inventory March 31st 6:00 pm
- Teleservice- no openings but still need 12 step volunteers.
- ASL Funding

The meeting closed with the Lord's Prayer Thank you for letting me be of service Connie C.

#### PI/CPC

On Sunday, April 5, fifteen young people from SOCYPAA met at a local coffee shop and were trained to be Public Information Committee speakers. Their training comes at a time when requests for young AA speakers is increasing.

Young people are especially needed for presentations at schools and young peoples' DUI classes. In the young peoples' DUI classes, all of the participants were under 21 at the time of their arrest for DUI.

Many thanks to all of the young people who made themselves available for this vital service. It is noted that all these who made themselves available had more than the suggested two years' sobriety.

At the other end of the spectrum, your committee is continuing to explore ideas on how to make information about AA available to the senior community. Additionally, AA was represented, through PI, at alcohol awareness screening events at both the Petaluma and Santa Rosa campuses of the JC.

If you are interested in being a PI speaker, training is held from 6:00-6:30 pm on the 2nd Wednesday of each month in the Employees Lounge underneath Santa Rosa City Hall. There are lots of other ways to be of service in the PI/CPC committee besides speaking. Come to the business meeting, which immediately follows the speaker training (6:30 pm), to get information. Margie

#### **CNCA POST CONFERENCE ASSEMBLY**

"Communication and Participationthe Key to Unity and Self-Support" SATURDAY MAY 09, 2009

> Ulatis Community Center 1000 Ulatis Drive Vacaville, CA 95687

#### **GENERAL SERVICE DISTRICT 12**

I would like to focus on what General Service has to offer, as far as the individual is concerned. As a new GSR (General Service Representative) I was in fear. What is my job? What is my responsibility to my group? I, along with the other GSR's in my sub-district, met with our DCM (District Committee Member). We met once a month at our Sub-District meeting. At these meetings our DCM informed and assisted us, somewhat like a sponsor on how to fulfill our position.

The next part of the General Service experience is the monthly District business meeting. At these meetings, information is disseminated to all of us. Again, more information to take back to our groups, to keep them informed. GSRs conduct sharing sessions, attend workshops, and share our group consciences at assemblies. Sound intimidating? Well OK, but you won't believe the growth that comes from the experience. General Service could add another dimension to one's sobriety. Come and check out one of the monthly District 12 business meetings.

Thanks for reading this, Steve de J.

# HOSPITAL AND INSTITUTION COMMITTEE

Where did that Pink Can Come From?

The Pink Can idea seemed to have originated in the Northern California Area in 1957. The purpose was to provide sufficient funds to purchase literature for expanding work in prisons. Individual contributions, although quite helpful, were not enough to keep up with the expanding responsibilities of the local Hospital and Institution Committees. Someone came up with the idea of passing a can during meetings and requesting spare change. It was explained that all monies collected would be used to buy literature for alcoholics in hospitals and prisons. In order to make the can "stand out," a decision was made to paint the can pink. In a short time, pink cans started appearing on literature tables and were being passed around at various meetings. [Note: please remember that the pink cans are for your spare change only—after you've made your 7th Tradition contribution to the meeting.]

Your fellow AAs in service to the H&I Committee now include Dorian, representing the Harmony Group; Lori, Women's Book Study; Linda, Came to Believe; Jennifer, Saturday Nite Live; Penny, South Park Survivors; Brian, Came to Believe; Marchelena, Afternoon Delight; Julie, 3rd Step Prayer; Luke, Sunday Smiles; and Shane, Friday Nooners.

Sobriety Count: Over 65 years of sobriety was being celebrated by H&I Committee members in the month of April. – Mardi

## Meeting Location Change!!!

Please note that, due to overwhelming participation (and fire regulations), the H&I meeting has been moved from its long-time location of the Senior Center. The new location is the **Community of Christ Church** at 1495 W. Steele Lane, on the corner at Range Avenue (parking is off of Range, behind the church). The meeting time remains the same—6:00 p.m., with orientation for new reps (and anyone just interested in the details) at 5:30. We look forward to welcoming you to our new home!

## **ACTIVITIES COMMITTEE**

Volunteers needed for Activities Committee. We need your input for the dances and some help *right away* with the picnic coming up in July. We want to keep these activities fresh and bring in a lot of people. Bring your ideas and enthusiasm and let's cook up some *Fun* and *Sober* happenings! Call Wynny 206-9030











#### **ACCESS SONOMA COUNTY**

What is Access Sonoma County all about?

Access Sonoma County is a relatively new AA General Service committee.

In other areas of the country, we might be called a Special Needs Committee; but we have come to believe there are no special needs: We all need to be able to get the message of Alcoholics Anonymous and work the magic of the 12 Steps in our lives. Some people encounter barriers, however; perhaps mobility or diminished hearing, or the need for childcare at meetings.

Access Sonoma County works to identify barriers which may make it difficult for people to get the message of AA and, where possible, provide tools or resources to eliminate or reduce those barriers. In our brief three-year history, we have worked with groups to be sure that the meeting directory is accurate when it says a meeting is wheelchair accessible. We have researched and published a list of meetings which provide childcare, which are child-friendly, and which don't welcome kids. We offer the Big Book on CD for loan to members who have difficulty with the written copy. We have literature available in languages other than English and Spanish, as part of a service called "A Voice from Home".

At present, we've distributed a blue single-page survey to meetings, in hopes of finding out what members identify as further barriers to involvement in AA. We depend on the honest participation of AA members to guide us in our work, and we welcome attendance at our monthly meeting by anyone who's interested in our work. Our meetings are at the Bookstore on the 2nd Thursday of each month at 6:30pm. Contact phone numbers and emails are on the back page of this newsletter.

Susan C.

"We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed." p. 25

#### **TELESERVICE**

## HELP WANTED - 12 STEP WORK ONLY THE SERIOUS NEED APPLY

The 'AA Hotline' is looking for 12 Step volunteers who can call individuals who are reaching out for help. This occasionally becomes necessary when our regular volunteers need to keep the 'Hotline' open for other callers, yet they have a person on the line who needs additional help or information.

The 'Hotline' volunteer takes the name and phone number of the caller, and then calls one of our 12 Step Volunteers to call the person back. This way the caller has no names or phone numbers, other than the 'Hotline' number.

One year sobriety and completion of the Steps is a requirement. You can tell us the days and the time of the day that you would be available to take on this important work. If you are interested please call one of the following;

Rich S 548-0962 Berrine D 588-9088 Bob K 578-4877 Dave R 538-5758

## **GENERAL SERVICE DELEGATE'S BBQ**

#### Monday June 1, 2009

Come hear our Delegate, David N., share his New York Conference experience!.

#### BBQ from 6:00pm to 7:30

Delegate's Report from 7:30pm to 9:15 (Pre-empting the Business Meeting)

#### Faith Lutheran Church

4930 Newanga Ave., Santa Rosa All Are Welcome! Bring a sponsee!



## SOCYPAA – (SOnoma County Young People in AA)

Wow, so much cool stuff happening in May.

It's when you start feeling the warm weather and you can tell that Summer is right around the corner. It's also that time of the year where everyone celebrates the day that Mexico invented Mayonnaise, with Cinco de Mayo. I'm so happy that they came up with that, because without it you couldn't have deviled eggs, or good sandwiches, and other great foods. Funny you would think it would be used in more traditional Mexican food dishes.

SOCYPAA (Sonoma County Young People in AA) didn't win the bid for ACYPAA in case you have been holding on to your seat for the last month. (You can let go now.) But we came back strong, excited, and we just finished our group inventory and WOW, were we a bunch of sickos! No, seriously, it was very revealing, and I think our group is much healthier and closer as a result.

If you want to get involved with SOCYPAA, we are going to be having elections this month. We have our business meeting the first and third Sunday of the month at 1551 Montgomery Drive in Santa Rosa at 7:15 PM. Come check it out, or even better, get involved.

With the coming of May, it means that it's time for SOCYPAA's annual Dodge Ball BBQ and games. We will be having it on Saturday, May 30th at H park, also known as Honey Bee Park, 1170 Golf Course Dr, Rohnert Park. The Meeting is at noon, followed by a BBQ. The BBQ is \$4 for a burger or dog, chips & soda. Extra burgers or dogs are a dollar extra. Dodge Ball starts at 2 pm.

Stay tuned because when summer starts, it's a roller coaster of fun; we have our annual campout, our trip to an amusement park, either Great America or Discovery Kingdom, and much much more.

Till next month. Take care,

Craig G. (Batman) SOCYPAA's Bid Chair

## **Upcoming Events**

## 29th Annual Lake Pillsbury Campout

May 15th, 16th, 17th 2009 Saturday Night Potluck & Campfire AA Meeting

All AA, Families & Friends \$13 per site per nite \$3 for 2nd vehicle

For More Info:
Call Preston @ 707-291-9118
in Sonoma County
Jessie @ 707-468-1664
in Mendocino County

#### **SOCYPAA DODGEBALL**

## **May 30**

Meeting at 12 noon
Dodgeball and BBQ at 2 pm
Honey Bee Park
1170 Golf Course Drive
Rohnert Park
\$2 for Dodgeball
\$4 for food

Contact: Brian K - 322-1239

## **Sober Riders**

AA on Horseback! Sundays, 10 AM Call Judy R. for Location 829-7263

#### **HAPPY TRAILS**

The Happy Trails Group will meet on Sunday, May 31st.

We will be having our first Steering Committee meeting of the year and hiking near Shell Beach on the Sonoma Coast. We meet at 10 am in the South East corner of the Santa Rosa Mall parking lot across the street from Traverso's Market.

Lloyd (707) 585-3938

#### **CACHE CREEK GROUP**

The Cache Creek trip is June 27 & 28. The final payment is due June 1, 2009. The deposit is \$70 due by May 1st.

This will be a weekend you won't forget with the addition to our group of the Southern California AA rafters who are joining us for the weekend.

You can sign up on the Website this year @ www.cachecreekgroup.org!

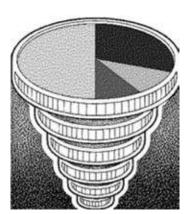


# MAY 0 2009



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st United Methodist Church Faith Lutheran Church St. Luke Lutheran Church Community of Christ Church S.R. City Hall Employee Lounge SCIF Bookstore	1551 Montgomery, Santa Rose 4930 Newanga Ave., Santa Ro 905 Mendocino Ave., Santa R 1495 W. Steele Lane, Santa R First St. & Santa Rosa Ave., Sa 750 Mendocino Ave, Suite 10,	sa osa osa unta Rosa			1	2
SOCYPAA 1st United Methodist 7:15 Business Mtg	General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	5	Hospital & Institution Community of Christ Church 5:30 New Rep Orientation 6:00 Business Meetingg	7	8	9
10	SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	12	13	Access Sonoma County SCIF Bookstore 6:30 Meeting	June Newsletter Deadline	16
SOCYPAA 1st United Methodist 7:15 Business Mtg	18	Bridging The Gap SCIF Bookstore 6:00 New Rep Orientation 6:30 Business Meeting	PI/CPC S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting	Communications (Newsletter) SCIF Bookstore 6:30	22	General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
HAPPYTRAILS Santa Rosa Mall 10 am	Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	26	27	28	29	30

#### **SCIF FINANCIAL SUMMARY JANUARY 2009**



### **Example of Suggested** GroupContributions to **AA Service Entities**

- 50-70% to Intergroup
- 10-30% to Local General Service
  - 10-20% to CNCA
  - 10-20% to GSO New York

Net	Income	Expense	Net	Net

Prepaid Expenses Liabilities Subtotal Literature Inventories Total Assets & Liabilities Prudent Reserve Liabilities ASL Reserve POS Reserve Operating Reserve

We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition p. 85

#### THANK YOU ALL

Last month I was honored to be a part of our first annual "Coming Together Sonoma County" AA's GLBT Conference put on at the Hilton here in Sonoma County.

From the 'Hoe-down' to 'Comedy Night' to 'A Night of Italian Singing' to our garage sales... the participation and enthusiasm was heartfelt and plentiful! The food was superb, the volunteer workers were incredible and the message we carried to the newcomer and all of our AA fellowship was one that displayed that '...we are surely not a glum lot!'

The conference included many inspiring keynote speakers at our nightly meetings. The sobriety countdown yielded over 1000 years of sobriety!

I want to give a huge thanks to the committee members, the workshop leaders, the speakers, our Al-Anon friends who participated in carrying their message; all who attended and smiled and reached out to make this event a true testament to one of our most cherished mantras; "I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible".

God bless you all!

Deo D

#### GROUP CONTRIBUTIONS

	March	YTD		March	YTD
11th Step Meeting			Open Door		
12 X 12 @ 12 Group			Petaluma Valley Group		

12 X 12 Plus Step **Quitting Time Group Redwood Winners** Access Sonoma County River Discussion Grace Acres Fellowship Group Alive & Well In Fulton Rule 62 River Readers

Any Lengths Group Santa Rosa Saturday Night Group B.Y.O.B.B. Saturday Morning Beginners

Be What You Want To See S. C. G. M. A. A.

Bia Book Review Serenity Fellowship Hall Book & Discussion, Sonoma Sharing & Caring Breakfast Club Sober Sunday Group

**Brodz Nite Out** South Park Survivors **Defects & Shortcomings** Spirit of Akron

Drop The Rock Sunday PM Closed Discussion Group Early Bird Fellowship of Petaluma **Sunday Niters** 

**Sunday Sanity** FAHA Home Group Thurs. Big Book Step Study Gay Newcomers Group Graton Fellowship Thurs. Men's Stag AA Group

Thurs. Night 12 X 12 Discussion Group Happy Hour Group

Healdsburg Women's Mood Swings Thurs. Night Women's AA **Higher Power Group** Tuesday Nite Beginners AA How It Works Group Warm Springs Fellowship Just For Today Women In The Solution Keep It Simple Women's Book Group Kenwood Group Women's Lunch Bunch Lunch Bunch Group Women's Perspective AA Group

Mid-Day at Mid-Week Women's Step Study & Discussion Group Moment of Silence

Women's Tuesday At Noon Monday Madness Young & Young At Heart

Monday Night Alcoholics Only Step Study (group name not on check) **New Sobriety Group** 

O God It's Monday

#### **ADDRESSES**

#### Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10 Santa Rosa, CA 95401-4846

#### Sonoma County General Service

PO Box 536

Santa Rosa, CA 95402

#### Area 22 H & I Treasurer

PO Box 192490

San Francisco, CA 94119-2490

#### **General Service Office**

PO Box 459, Grand Central Station

New York, NY 10163

CA Northern Coastal Area Treasury

PO Box 884222

San Francisco, CA 94188

#### Sonoma County PI/CPC\*

PO Box 11305

Santa Rosa, CA 95406

#### **SOCYPAA**

P.O. Box 5784

Santa Rosa, CA 95402

\*Funded solely through Sonoma County General Service

#### www.sonomacountyaa.org



#### **TELESERVICE**

#### Phone Line Coordinator

Dave R. (707) 538-5758

12 Step Coordinator

Rich S. (707) 548-0962

#### **AA HOTLINES**

Santa Rosa	(707) 544-1300
Toll Free	(800) 224-1300
Petaluma	(707) 781-9244
Sonoma	(707) 938-2027
Spanish	(707) 829-1272

#### **CONTACT INFORMATION**

#### Sonoma County Intergroup Fellowship

#### **SCIF OFFICERS**

Chair Bob P.
Vice Chair Sean Mc.
Secretary Connie C.
Treasurer Pat H.
Registrar Donna L.

#### SCIF COMMITTEE CHAIRS

Activities Wynny B.
Alkathons Siobhan S.
Outreach Mike C.
ICSC Gene H.
Seminars Doug S.
Teleservice Berrine D

Communications/

Newsletter Brian Z.
Website Sam K.
Meeting Changes: Russell

#### Sonoma County General Service

DCMC Annie T.
Treasurer Joann L.
Registrar Claudia N.
Archivist Jacob L.
Grapevine Dale E.
Access Sonoma County Jamie T.
Bridging the Gap Pete J.
PI/CPC Dagmar M.

Hospital and Institution Committee

Chair Don S.

Sonoma County Young People In Alcoholics Anonymous

Chair Rob S.

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