



sonoma county Intergroup Fellowship

NEWS

March 2010

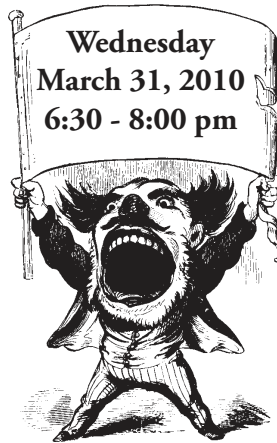
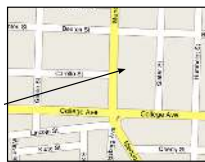
Get the latest meeting listings, upcoming events, and more at www.sonomacountyaa.org

Seminar on Tradition Ten

*“Alcoholics Anonymous has no opinion on outside issues;
hence the A.A. name ought never be drawn into public controversy.”*

- Do I ever give the impression that there really is an “AA opinion” on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
- Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the “AA opinion”?
- Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
- How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

SCIF Central Office
750 Mendocino Ave.
contact Doug S. - 477-6231



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www.aa.org
www.aagrapevine.org
www.sonomacountyaa.org

BOOKSTORE

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Linda M.
Phone: (707) 546-2066
Fax: (707) 566-9677
bookstore@sonomacountyaa.org
Hours: Mon-Fri 10-5
Sat 11-3

*The bookstore is staffed by volunteers.
Occasionally it is closed
for lack of staff.
Call first!*

The Bookstore is closed on these Holidays

Memorial Day	May 31
Independence Day	July 4 & 5
Labor Day	September 6
Thanksgiving	November 25
Christmas	December 25th
New Year's Day	Jan. 1st & 2nd

NOTES FROM THE BOOKSTORE

Winter weather in Northern California tends to keep us indoors away from our usual walks in the spiritual comfort of nature, what better time to ease into the warmth of a good book. Come by your SCIF Bookstore and take a look at the Grapevine titles that we keep on hand for your enjoyment, for example: Spiritual Awakenings, Emotional Sobriety, The Best of the Grapevine and many more.

As of March 15th the Bookstore will returning to its normal schedule which means we will be open from 10AM to 6PM Monday through Friday and 11Am to 3PM on Saturdays. There are no volunteer staff openings at this time.

In Service,
Linda M.

Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. Publication of opinions, articles, and announcements does not represent express or implied endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length and content that violates AA Traditions.

MEETING CHANGES

Healdsburg

Lost, Then Found

Tuesday 6:00 am (O)(W)
Church, 1402 University
was Thursday Thursday Thursday

Santa Rosa

First Things First

Daily (M-F) 6:30 am (O)(W)
Alano Club - 465 Kenwood Court
New time

No Frills Group

Monday 12:15 pm
Moved to Church at W. Steele Ln & Range

Newanga Lodge Group

Tuesday 8:00 pm
Faith Lutheran Church, 4930 Newanga
Changed name from Yulupa Lodge

Friday Nooners

Friday 12:15 pm
Moved to Church at W. Steele Ln & Range

Gay, Lesbian, Bisexual & Transgender ?

Friday 6:30 pm
Kaiser Hospital - Conf. E4, 3rd floor, East
Now an open meeting

Chopstix

Saturday 10:30 pm
Alano Club - 465 Kenwood Court
New time

NO LONGER MEETING

Cloverdale

Men's Step Study

Thursday 7:30 pm

Santa Rosa

Book Study

Daily (M-F) 6:30 pm

*To report meeting changes
contact Russell
570-9268*

CORRECTIONS

If there are corrections to the newsletter, please contact the editor, Brian Z. at newsletter@sonomacountyaa.org or the bookstore and we will publish them here.

ARE WE HEARING THE MESSAGE?

At my home group last week, a woman was sharing at the other end of the room. I could hear about half of what she was saying. I've been wondering if I should have my hearing checked, so asked my neighbor, "Can you hear her?" She said no. Whew! It wasn't me!

At the New Year's Eve Alkathon, there were American Sign Language interpreters on duty for the 6:00 pm meeting. The interpreters, unfortunately, couldn't hear sharing from the back of the room.

What's the point of sharing at an AA meeting if you don't speak up so that all can hear you? Some meetings make a point of providing sound systems or seating close to the speakers. Most of us can hear most of what is said at meetings. But many AA members have hearing deficits and can't hear what the rest of us can.

There seems to be a stigma attached to being "hard of hearing." Access Sonoma County tried last year to do a survey of our county's AA members who have difficulty hearing in meetings. Few folks 'fessed up to having the problem – even in meetings where members privately admit they can't hear the proceedings. In meetings where seats are saved for the hard of hearing, few folks fill those seats.

The Access Committee is investigating the purchase of Assistive Listening Devices to help with the problem. Such devices are available through the San Francisco/Marin Intergroup, but they are finding that they aren't being used, possibly because of the administrative difficulty of checking them in and out. I'm wondering if there is also just that old stigma at work – members don't want to admit that they can't hear the proceedings. I am reminded that there is "stigma" associated with being alcoholics – that's why we're Anonymous!

Before we invest (as San Francisco has done) precious group Seventh Tradition funds donated to our service committees in pursuit of solutions for hard of hearing members, let's try a less "public" assessment of whether or not they might be used. If you have a problem hearing at AA functions – and IF you are willing to ask for assistance – please email your need or suggestion or story to asc@sonomacountyaa.org.

Diane W.

*Do you want to super-size
your AA experience?*

2010 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

The 2010 International Convention of Alcoholics Anonymous will be held July 1-4 in San Antonio, Texas with the theme "A Vision for You." A.A. members and guests from around the world will celebrate **A.A.'s 75th year** at this event with big meetings held Friday night, Saturday night and Sunday morning in the Alamodome. Other meetings, scheduled or informal, will take place throughout the weekend in the San Antonio Convention Center and local hotels.

Friday night and Saturday night from 8:00 to 10:00 p.m., we gather in the Alamodome stadium for Big Meetings. The Flag Ceremony will take place before the meeting on Friday night, and Saturday we will have an oldtimers meeting, where A.A.s with more than 40 years of sobriety will share.

For more information and registration

www.aa.org

SONOMA COUNTY INTERGROUP FELLOWSHIP GENERAL MEETING

GENERAL MEETING – January 25, 2010

The meeting was opened with the Serenity Prayer

PREAMBLE: Miles O. **TRADITION 1:** Sharon A.

CONCEPT I: Mark S.

INTRODUCTION OF NEW REPRESENTATIVES:

David A.	Fresh Air Group	Santa Rosa
Laura C.	Quitting Time	Petaluma
Lynn S.	Saturday Night Living Right	Sebastopol
Conci M.	No Frills Group	Santa Rosa
Rita P.	GRBBS	Santa Rosa
Mike D.	Solutions	Sebastopol
Roxie P.	Women's Big Book Study	Healdsburg
Ricardo M.	Un Dia a la Ves	Petaluma
Lori N.	Moment of Silence	Santa Rosa
Rey S.	Oficina Central Norte	Sebastopol
Bryan W.	Newcomers & Oldtimers	Santa Rosa
Jamie S.	Oaks Fellowship	Santa Rosa
Dave R.	Wednesday Night Men's Stag	Santa Rosa

OFFICER REPORTS:

CHAIR: Bob P – Thanked the SCIF committee members for their service. Will not be running for position due to medical reasons. Welcomed the new Representatives.

VICE CHAIR: Sean M – Asked for a round of applause for the exiting officers.

TREASURER: Pat H – Full set of SCIF financial statements and her letter can be found on page 5 of the February Newsletter. Fielded questions from the floor. \$17,680 excess funds for 2009 are available for distribution.

SECRETARY: Karen M- Asked for approval for the December SCIF General Business Meeting minutes as published on page 3 in the January newsletter. Minutes approved.

REGISTRAR: Donna L – Representation for December: 376 meetings a week 154 representatives equaling 41% representation.

BOOKSTORE: Linda M - Inventory on January 3 went well, next one will be at the end of March. Out of stock of the two month aluminum chips due to vendor issues, will have those chips in February. No dark shifts, no open volunteer positions.

COMMITTEE REPORTS:

ICSC: Gene H – Had the bookstore manager Linda M's review last month. A raise has been given to the manager and the assistant manager. "Pass It On" folders for ICSC committee members that include the by-laws, minutes, etc were compiled.

ACTIVITIES: Wynny B– Valentine's Day dance to be held February 13th at the Santa Rosa Veterans Building. Meeting at 7pm, dance held from 8:15pm until midnight.

ALKATHONS: Siobhan S- Apologized not to have Alkathon financial report available. All three events went well, special thanks to the clean-up crews.

COMMUNICATIONS/NEWSLETTER: Brian Z (absent)- Report can be found in Newsletter under "Letter from the Editor."

OUTREACH: Mike C – Asked for help in making sure every meeting is represented. Please sign in, and send a substitute if unable to attend. See Mike if able to help with Outreach.

SEMINARS: Doug S– Next seminar is set for January 27th, 6:30-8:00pm on the 5th Tradition at the SCIF bookstore. Panel of three speakers.

TELESERVICE: Berrine D (absent) Dave R filled in- Sunday, Monday, Tuesday overnights still need to be filled, number of calls on these nights are light (1-2).

LIAISON REPORTS:

BRIDGING THE GAP Joe M (absent) - no report

HOSPITAL AND INSTITUTION COMMITTEE: Will S– H&I needs speakers to go into facilities. Reviewed sobriety requirements to be a speaker.

PI/CPC: Nick R- Reviewed purpose of organization, asked for volunteers.

SOCYPAA: Monique - Game night at the Santa Rosa Alano Club on January 30. 8:30pm meeting, games from 10pm to 2am, \$5.00 suggested donation. AACYPAA conference will be in San Diego February 11-14.

ACCESS SONOMA COUNTY: Margie A – Ad Hoc met regarding dual diagnosis workshop and information was presented to committee on January 7th. Another Ad Hoc will meet this week. Business meeting February 11 at SCIF Bookstore and that workshop report will be presented. New volunteers please arrive at 6:15 for orientation.

GENERAL SERVICE: Annie T – Currently preparing for discussion of the annual Conference agenda topics. The annual Agenda Topics Workshop will be held on Saturday, February 20th at Bethlehem Lutheran Church. All are welcome – it's a potluck, so bring something to share. Flyers are available, and the information can also be found in the SCIF newsletter.

SPANISH INTERGROUP: Shaline E - Spanish meeting bulletin will be available at the SCIF Bookstore on Monday. Not currently available on the SCIF web site.

NEW BUSINESS : Availability of officer positions established at the beginning of the meeting. Vote was taken for Chair, Vice Chair, Treasurer, Recording Secretary and Registrar while Bookstore, Committee and Liaison reports were given. Officer reports were made while position was not currently being voted on. 60% of the cast votes were needed to obtain position.

New Chair: Sean M 82 over John S 16

New Vice Chair: Doug S 62 over John F 30 (second ballot)

New Treasurer: Shirley J Uncontested

New Recording Secretary: Siobhan S Uncontested

New Registrar: Rich S Uncontested

OLD BUSINESS: Presentation of Old Business: Pat H fielded questions regarding Distribution of Excess Prudent Reserve Funds motion. Consensus was taken on readiness to vote on motion. Readiness to vote determined by simple majority and passed with four opposed. Vote was taken on motion and passed with one opposed. Motion reads: "At the end of each year, after the prudent reserve is calculated and adjusted in accordance with the approved formula, any excess funds (operating reserve) shall be distributed: 40% to Sonoma County General Service (District 12), 30% to California Northern Coastal Area (Area 6) and 30% to AA General Service, New York."

GROUP REPRESENTATIVES' SHARING:

Women's Red Hat luncheon needs volunteers, contact Wynny B.

Please review neon green hand-out regarding next month's election of Committee Chairs.

SUMMATION:

Sean M reviewed items to bring back to groups for discussion. The meeting was closed with the Lord's Prayer. Gratefully in Service, Karen M

The soul would have no rainbow had the eye no tears

FINDING LOVE

Before recovery, back when I just thought I was broken, I divided my time between trying to disprove my underlying belief that I was of no worth and did not deserve to live, and abandoning myself to the inevitability of an alcoholic death which would demonstrate I had been right all along. In my quest for a feeling of significance, I placed unreasonable demands on people for time and attention, desperate for someone to place a permanent validation stamp of worth on my forehead. One by one, as people failed to live up to my expectations of what it meant to love, I discarded them, arriving finally alone full of contempt for all, despising relationships.

When I came to AA I thought, here at last was a group of people that would love me unconditionally, and provide a sense of purpose and worth for an otherwise empty life. Well, that certainly did happen, but not right away. At first it seemed like the same old story. People could not provide enough love to fill the great void that comprised the core of by being. They disappointed me, and hurt my feelings. They had other things to do when I needed them, and they had other relationships that were more important to them than me. My sponsor even had the audacity to tell me that it was inappropriate for me to stop by his house without calling. Shouldn't he be there for me at any hour? How dare they?

I'd love to say I didn't drink over it, but I did. When alcohol delivered me back on the stoop ragged and bloody, suddenly the people in AA seemed less important. All that mattered was the "not drinking" part of the program. I got a new sponsor and harassed him (after calling first), less concerned about whether he liked me or not. I went to meetings with a different attitude. If people seemed disapproving, I thought, they can leave, I'm not going to. I began to develop a relationship with a higher power, and, even though HP also failed to grant all my demands, I began to experience a source of constant love such as I'd never known from a human being. Through a moral inventory I saw my flawed nature in a new light, one of acceptance with the opportunity for change. I recognized that this was what "growing up" meant.

After awhile I discovered that I cared about the people I saw in meetings. My heart would leap when I heard of their successes, and shed tears for their losses. I began to think of this as love. I wanted to provide for them in my fledgling way the same genuine concern I'd found, though after a few rough experiences I began to understand the boundaries others had set with me. Today I understand the admonition "to love rather than be loved," as not just another religious regulation, but an observation about the nature of the true path to happiness. Relationships are where it's at. My favorite part of the meeting is the 15 minutes before and after when I get to talk with my family of friends. I still get my feelings hurt, and can still be disappointed, but the imperfections of human beings are now what we have in common; not the final brick in my wall of isolation.

k

submitted as a letter to the editor - keep 'em coming!

HOSPITAL AND INSTITUTION COMMITTEE

["Within the last three years, the US Department of Justice released a research report indicating as much as 80% of our prisoners should be classified either problem drinkers or alcoholics. There is little evidence or reason to believe that situation will change significantly during the next 50 years:]

"Unless during the next 50 years we are willing to go into our jails and detox centers with greater numbers of the Fellowship involved in this special Twelfth Stepping. Everyone who goes to prison has first been in jail and probably a detox center.

"Unless during the next 50 years we are willing to establish a cooperative relationship with our overworked probation officers who need the kind of support for their alcoholic probationers only an effective AA sponsor can provide. Nearly every person in prison today failed their conditions of probation, and most of those failures were related to alcohol.

"Unless during the next 50 years we are ready to test our collective maturity as we change our attitudes about referrals from treatment centers and the lower courts. There are too many of us who came to the Fellowship under duress of family, employer, regulatory agency, or others to permit the bigoted attitude some of us display toward court and treatment center referrals. The program won't work for them all, we know, but it won't work for any of them if they aren't received with the same loving discipline we were received with." [Part 3 of 1985 address by W.J. Estelle, Jr., then Class A Trustee, Texas]

The February meeting of the Hospitals and Institutions Committee welcomed a bountiful new crop of meeting reps, including Suzanne, representing the Quitting Time meeting; John, Not Just Another Newcomer Meeting (Rohnert Park); Kurt, Sunday Discussion meeting (Rohnert Park); Connie, Women's Step Study; Denise, Drop the Rock; Dennis, No Frills Group; Mike, Single Purpose; Mike F., River Discussion (Guerneville); Amanda, River Women's Group (Guerneville); Donna, Women's Growing Pains; Tom, Thank God It's Monday (Petaluma); Grace, Oaks Fellowship; Jay, 12 x 12 Discussion; Rick, Expect a Miracle; Jeff, Out of the Ashes; and Doug, Sonoma Valley Fellowship. Also joining us were visitors Robin, Ron, Suzanne, Jim and Dan.

The February sobriety birthday total: over 112 years!

Are you willing to go into a facility whose members cannot get out for an AA meeting? Maybe H&I service is for you. Get more info at the next H&I meeting on March 3, 2010, at the Community of Christ Church, 1495 W. Steele Lane, at the corner at Range Avenue (parking is off of Range, behind the church). The regular meeting starts at 6:15, with orientation (to which all are welcome) beginning at 5:45. We hope to see you there!

In service,
Mardi

Hangover: The period during which a person tries to recover from the effects of trying to forget.

GENERAL SERVICE

Hello Fellowship

With the Agenda Topics Workshop; behind us all those GSR's (general service representatives) that were in attendance will have been involved with "Mock Sharing Sessions". Now the direction changes. Your group's GSR will be bringing one or more of the AGENDA TOPICS to your group and will be conducting sharing sessions with you. GROUP CONSCIENCES will be formed. Also some MINORITY OPINIONS may be voiced. This is the information the GSR will then take to the mic at the Pre Conference Assembly. Your GSR will share your group's voice for our DELEGATE to hear. The Pre Conference Assembly is on April 10th and 11th in Cloverdale. We in DISTRICT 12, Sonoma County, have the honor of hosting the Pre Conference Assembly. At the Assembly there will be upwards of 450 people. Many sharing their group's conscience. Our delegate will take this information with him back to New York to the GENERAL SERVICE CONFERENCE. Our voices will be heard. If you make yourself available, for your part of this process, unity and growth will be the result. If you would like to learn more grab your groups GSR and ask questions.

in service, Steve de J.

SOCYPAA

Now I've been writing over the months a lot about SOCYPAA (SONOMA COUNTY YOUNG PEOPLE IN AA) trying to get ACYPAA, (ALL CALIFORNIA YOUNG PEOPLE IN AA ROUND UP) here in Sonoma County. Well ACYPAA just happened over Valentines weekend and it was a blast! It was held this year in San Diego. SOCYPAA put in a our 4th bid to try and get the conference and our bid package chairs, Rob S. and Jessica S. both did an incredible job this year. We didn't get the conference BUT wipe your tears there is still great news. It went to GGY PAA, (GOLDEN GATE Y PAA, I think you know by now what Y PAA stands for) which was a coming together of two neighboring Y PAA's, Marin and San Francisco. They bid together as GGY PAA and won the conference. So that means that next year, ACYPAA will be just around the corner. A bunch of us in SOCYPAA are planning helping and hoping to get positions on their committee. But this is great news for Sonoma County, it will be so close that anyone should be able to attend.

If you are new or just haven't heard of SOCYPAA, its our group in Sonoma County for the young and young at heart. All are welcome. We help start young people's meetings, and host events aimed at the young and young at heart. We have our business meeting every 1st and 3rd Sunday of the month at 7:15 PM at 1551 Montgomery Blvd, Santa Rosa.

Come and get involved, or just check us out. It's a lot of fun. But don't be discouraged if the business meeting is not for you, come to either one of the many young people meetings, or events that SOCYPAA holds.

Till next month.

Take care,

Craig G. (Batman) SOCYPAA's Graphics Chair

CACHE CREEK GROUP

Cache Creek Group

23rd Annual Meeting on the River

Every year some AA folk get left behind because they didn't plan ahead for the Cache Creek Trip. Every year some people procrastinate until the trip is filled or it's too late. That is sad because even though it's just March, the trip is in June. That's only eight weeks or two months away.

Fortunately, your Steering Committee came up with a solution to the problem of procrastination. Call your sponsor! Just kidding, well you can do that as procrastination is nothing but fear, fed by inactivity (hmmm sounds like someone with experience).

Actually we have found a better solution: www.cachecreekgroup.org is where even us procrastinators can still go on the trip because you can sign up online. How easy is that? The first deposit of \$70.00 is due at the latest by May 1, 2010. This is so we can guarantee the rafting company that we are taking a number of spots. If we don't come up with an honest and accurate number the Group will have to pay for the spots we reserved, even if they aren't sold! The Cache Creek Group pays for spots we can't use (just between you and me, isn't rigorous honesty challenging sometimes? I promise 8-) it's just between us). We could give them as scholarships but that will take away from donating to Intergroup and everyone else, having start up funds the following year, raising prices the following year, all because of procrastination. Again we have an easy solution go to the Groups Web address at, www.cachecreekgroup.org.

See now that isn't that difficult is it? Isn't that is what tax returns are for? This year especially you want to be there. We have the Southern California Group coming, it looks like we maybe, just maybe, are out of the drought. And also you cannot believe what happens there.....you are just going to have to be there to find out. Again the web address is www.cachecreekgroup.com. and remember "Life is too important to be taken seriously", Oscar Wilde.

Contact numbers:

Francis B.	707-484-9111
Paul S.	707-548-1223
Francis B.	707-484-9111
Jennifer B.	707-393-0888



Service position open- Cache Creek Committee

Data Entry Person needed with two years of sobriety and have Excel experience. Meet once a month and take care of entries. Please call and help us out!

Upcoming Events

PRAASA 2010

Join us as So. California Area 05 hosts the Pacific Region AA Service Assembly

P.R.A.A.S.A.
Los Angeles, California
March 5 - 7, 2010

Registration is available online or by mail.
www.praasa.org

NCCAA 2010

63rd Annual NCCAA Spring Conference

San Ramon Marriott Hotel
2600 Bishop Drive
San Ramon, California
Fellowship – Workshops
Speakers – Drawing – Dance
March 12, 13, 14, 2010
www.ncc-aa.org



*Women's
4th Annual
Hat Luncheon*

Presented by Stepping Lively Group

Door prizes, raffles, hat contests,
sobriety countdown, speaker meeting
Come dressed in your hat!
**3950 Doubles Drive
Santa Rosa, CA 94584
March 13, 2010 @ 12 noon**

For tickets send a SASE
with \$20 per ticket to:
Wynny B., 139 Walnut Circle,
Rohnert Park, CA 94928
For more info or to volunteer,
call 707-206-9030

HAPPY TRAILS

Happy Trails is starting up again! Help us kick off the season with an easy stroll through **Sonoma Valley Regional Park** in Glen Ellen.

We always meet on the **last Sunday of the month** - so it will be March 28.

We meet at **10 am** in parking lot on the east side of the Santa Rosa Mall (Sears lot).

Come along on a hike with your AA fellows, get some fresh air, some exercise, and catch a meeting all in one go.

Our new secretary is Ryan - 478-2170

Sober Riders
AA on Horseback!
Sundays, 10 am
Call Judy R. for Location
829-7263

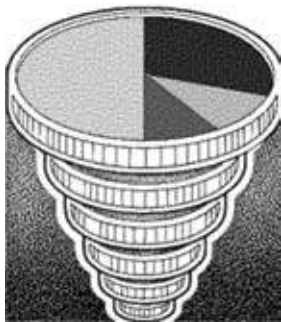


MARCH • 2010



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	2	3 Hospital & Institution Community of Christ Church 5:45 New Rep Orientation 6:15 Business Meeting	4	5	6
7 SOCYPAA 1st United Methodist 7:15 Business Mtg	8 SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	9	10 PI/PCP S. R. City Hall 7:00 Training, 7:30 Business	11 Access Sonoma County SCIF Bookstore 6:15 Orientation 6:30 Meeting	12 April Newsletter Deadline	13
14	15	16 Bridging The Gap SCIF Bookstore 6:00 New Rep Orientation 6:30 Business Meeting	17	18 Communications SCIF Bookstore 6:30 Meeting	19	20
21 SOCYPAA 1st United Methodist 7:15 Business Mtg	22 Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	23	24	25	26	27 General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
28	29	30	31	1st United Methodist Church Faith Lutheran Church St. Luke Lutheran Church Community of Christ Church S.R. City Hall Employee Lounge SCIF Bookstore 1551 Montgomery, Santa Rosa 4930 Newanga Ave., Santa Rosa 905 Mendocino Ave., Santa Rosa 1495 W. Steele Lane, Santa Rosa First St. & Santa Rosa Ave., Santa Rosa 750 Mendocino Ave, Suite 10, Santa Rosa		

SCIF FINANCIAL SUMMARY JANUARY 2010



Example of Suggested Group Contributions to AA Service Entities

- 50-70% to Intergroup
- 10-30% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

		January 2010		January 2009		Year to Date	2010	2009
	Income	Expense	Net	Net	Income	Expense	Net	Net
Group Supported:								
Central Office								
Groups								
Individuals								
Teleservice								
Web Site								
Newsletter								
ASL Interpreter								
Interest								
<i>Subtotal</i>								
Self Supported:								
Bookstore								
Activities								
Alkathons								
Seminars								
Unity Day								
<i>Subtotal</i>								
TOTAL								

Assets & Liabilities			
Cash in Bank & Petty Cash		Memo: Cash in Bank & Petty Cash	
Prepaid Expenses		Prudent Reserve	
Liabilities		Liabilities	
Subtotal		ASL Reserve	
Bookstore Inventory		Literature Reserve	
Property		Operating Reserve	
Total Assets & Liabilities			

Spirituality: The more you have on the inside, the less you need on the outside.

GROUP CONTRIBUTIONS

- | | | |
|----------|---------|---------|
| Meetings | January | 2010YTD |
|----------|---------|---------|
- 11th Step Meeting
 - Access Sonoma County
 - Be What You Want To See
 - Big Book Review
 - Book & Discussion, Sonoma
 - Cloverdale Fellowship Hall
 - Defects & Shortcomings
 - Expect A Miracle
 - FAHA Home Group
 - Kenwood Step Study
 - Lunch Bunch Group
 - Men's Smokeless, Windsor
 - Moment of Silence
 - Monday Mood Swings
 - Petaluma Valley Group
 - Saints and Sinners
 - Sharing & Caring
 - Signs of Sobriety
 - Stein Group
 - There Is A Solution, Santa Rosa
 - We're In The Now
 - Women's Perspective AA Group
 - Women's Step Study & Disc. Group
 - Women's Tuesday At Noon

Total

AA FORUMS ONLINE

i-Say is a place where you can say what's on your mind about topics related to recovery, share your thoughts on selected Grapevine articles, and respond to what others are writing on i-Say.

www.aagrapevine.org/isay/forum.html

No Matter What, Don't Drink (2009)

1. *No matter that s/he said "No", don't drink*
2. *No matter that s/he said "Yes", don't drink*
3. *No matter that s/he said "Maybe next week", don't drink*
4. *No matter who in your life becomes gravely ill, don't drink.*
5. *No matter that your friend switched from Democrat to Republican, don't drink.*
6. *No matter that your friend switched from Republican to Democrat, don't drink.*
7. *No matter that your in-laws had to leave early, don't drink.*
8. *No matter that your in-laws had to leave early, don't drink.*
9. *No matter that your favorite baseball team didn't make the playoffs, don't drink.*
10. *No matter that the NY Yankees won the World Series, don't drink.*

thanks to Bill K.

ADDRESSES

Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10
Santa Rosa, CA 95401-4846

Sonoma County General Service

PO Box 536
Santa Rosa, CA 95402

Area 22 H & I Treasurer

PO Box 192490
San Francisco, CA 94119-2490

General Service Office

PO Box 459, Grand Central Station
New York, NY 10163
CA Northern Coastal Area Treasury
PO Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*

PO Box 11305
Santa Rosa, CA 95406

SOCYPAA

P.O. Box 5784
Santa Rosa, CA 95402

**Funded solely through Sonoma County General Service*

www.sonomacountyaa.org



TELESERVICE

Phone Line Coordinator

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12 Step Coordinator

Rich S. (707) 548-0962

AA HOTLINES

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Toll Free (800) 224-1300

Sonoma (707) 938-2027

Spanish Speaking (707) 623-6702

CONTACT INFORMATION

Sonoma County Intergroup Fellowship

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Vice Chair	Doug S.
Secretary	Siobhan S.
Treasurer	Shirley J.
Registrar	Rich S.

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ICSC	Gene H.
Seminars	
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Communications/ Newsletter	Brian Z.
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Meeting Changes	Russell
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Treasurer	Joann L.
Registrar	Claudia N.
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Hospital and Institution Committee

Chair	Don S.	handi@sonomacountyaa.org
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Sonoma County Young People In Alcoholics Anonymous

Liaison	Monique	socypaa@sonomacountyaa.org
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