



sonoma county Intergroup Fellowship

NEWS

June 2009

Get the latest meeting listings, upcoming events, and more at www.sonomacountyaa.org

Annual Picnic



Sunday, July 12th,

10:30am - 4pm

Youth Community Park - Santa Rosa
(across from Piner High on Fulton).

Speaker meeting at 11am...Lunch at 12:15 pm.

Hotdogs, hamburgers & soda for sale

*Bring a potluck side dish to share
Bring chairs, blankets, mitts and picnic gear.*

Games for kids (& kids at heart)

Three Legged Race, Potato Sack Race, Water balloon Toss

Croquet, Softball, Volleyball - Come to Play!

Volunteers needed!!! Call Wynny 206-9030

BRAND NEW WEBSITE

The communications committee is happy to announce that our website has been completely redesigned and updated. If you have not yet had a chance to check it out please do so, at www.sonomacountyaa.org. This is a great place to check in for information about AA in Sonoma County, and also has many links to other AA resources. The new look is fantastic and we want to especially thank Sam K. for his long hours of work in completing this project. Email him at webmaster@sonomacountyaa.org and let him know what you think.

VOLUNTEERS NEEDED

We are already planning for Unity Day, the Alkathons, and more activities. All of these committees need help - land a hand if you can.

Activities	Wynny -	206-9030	wynpooh@sbcglobal.net
Alkathons	Siobhan	477-2784	
Unity Day	David O.	228-9365	sugardaddy2003@sbcglobal.net

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www.aa.org
www.aagrapevine.org
www.sonomacountyaa.org

BOOKSTORE

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Linda M.
Phone: (707) 546-2066
Fax: (707) 566-9677
E-mail: aa@ap.net
Hours: Mon-Fri 10-6
Sat 11-3

*The bookstore is staffed by volunteers
and is sometimes closed
for lack of manpower.
Call first!*

**The Bookstore is closed
on these Holidays**

Memorial Day	May 25th
Independence Day	July 4th
Labor Day	September 7th
Thanksgiving	November 26th
Christmas	December 25th
New Year's Day	January 1st

NEW MEETINGS

Healdsburg

Thursday! Thursday! Thursday!

Thursday 8:00 pm (O) (W)
Church, 1402 University

11th Step

Saturday 8:00 pm (O) (W)
Church, 1100 University

Santa Rosa

Popcorn Meeting

Mon - Fri 3:30 pm (O) (W)
Alano Club - 465 Kenwood Court

Back to Basics (12 Steps)

Monday 8:00 pm (O) (W)
419 Timothy Road (Community Room)

Good Morning

Saturday 9:00 am (O) (W)
Alano Club - 465 Kenwood Court

Get Together

Sunday 12 Noon (O) (W)
Alano Club - 465 Kenwood Court

Sonoma

So. Co. Fellowship - Young People's Meeting

Friday 9:00 pm (O) (W)
276 E. Napa St. (behind Comm. Center)

So. Co. Fellowship - Ask It Basket

Saturday 5:30 pm (O) (W)
276 E. Napa St. (behind Comm. Center)

MEETING CHANGES

Gualala

All meetings moved to Cypress Village
(above Gym)

Santa Rosa

Nueva Ilusion

Daily 7:00 pm (O) (W)
moved to 2050-C West Steele Lane

NO LONGER MEETING

Bodega Bay

Oceanside Campfire Group

Friday 8:30 pm
No more meetings at Schoolhouse Beach

Petaluma

Baby Steps

Wednesday 10:00 am

Afternoon Reality Check

Saturday 4:00 pm

To report meeting changes
contact Russell
570-9268

THE MOST PRECIOUS GIFT

I see women around me falling apart. They don't know they are falling apart because it's pretty early in the game. I played the game and lost the most precious gift that was ever given to me as a living being. Time.

I started drinking alcohol. Not enough to even take notice of for a long while.

For some time I didn't equate alcohol with a change in my life. I didn't recognize it. Others did, but were silent. Ask yourself these questions. I call them danger zones.

Do you fall asleep quickly only to be wide awake in four hours? Alcohol allows this. Alcohol is a depressant. Have you reasoned that two or three glasses of wine a day is just what the doctor ordered? Alcohol depresses.

Do you say you don't drink the hard stuff, only wine?

Do you justify your drinking by saying... I never missed a day's work because of drinking... I have my car paid for... I am a successful business woman, wife, mother, daughter... I pay my bills... I am an upstanding citizen of this community

My mood swings became more dramatic. Soon there was no even ground. I was either very high or very low. I had come to believe, from "self help" books I had read that I had this bipolar disease or at the very least, I was mildly manic depressive... and I would live with that. I didn't have a clue. Not a clue that it might be alcohol. At other times I reasoned I suffered from PMS, albeit a little late in life. I even blamed my mood swings on hormones that I was taking or not taking.

It never crossed my mind that alcohol was interfering with my joy, my happiness, my peace of mind. It was.

At times when a small inner voice would caution me I had had one too many last night. I would not drink for a day, two days, a week. The mood swings waited this out. It was inevitable I would pour a glass of wine when I couldn't get to sleep at night, or upsetting news came from a phone call, or I just plain felt especially good this afternoon and decided I deserved "a break today".

Yes I too played the game for many years. It was fun at first, I had a great time. But, I had to fall apart to discover that it was that first glass of wine, the one which made me feel so good that robbed me of so many precious moments of time in my life. Time that is gone forever but never forgotten.

Don't fall apart. And you won't if you listen. What I have to say is simply this.

You don't ever have to take another drink of alcohol as long as you live.

Alcohol gave me wings to fly. And then it took away the sky.

Joan D.

Note: I wrote this in 1994 - I got sober in 1993 at age 63

GENERAL SERVICE DISTRICT 12

We, in General Service, are coming down the final stretch of the Conference process. On May 9th our CNCA 06 Delegate, David N., gave his 2009 General Service Conference report to a large group at the Post-Conference Assembly in Vacaville. He will be giving his report directly to District 12, Sonoma County, on June 1st at our annual BBQ/potluck held in lieu of the monthly General Service business meeting at the Faith Lutheran Church in Santa Rosa. This event is open to all and it is a wonderful opportunity to hear David in a more intimate setting, and enjoy some Fellowship. How lucky we are that one of our eight Area officers visits us every month, to offer support and guidance when needed. Those of you that were involved with your home group's sharing sessions, and then had your GSR bring your group's conscience to the Pre-Conference Assembly, should ask that trusted servant about David's report. Find somebody, anybody that was involved in this, Panel 59 General Service Conference, ask them about their experience. Each one will have a story.

In service, Steve de J.

Sonoma County Intergroup Fellowship General Meeting

GENERAL MEETING-April 27th 2009

The meeting was opened with the Serenity Prayer

PREAMBLE: Jeremy

TRADITION 12: Bruce

CONCEPT XII Rich

Introduction of New Representatives:

Joyce R	Lunch Bunch	Petaluma
Rich S.	3rd Step Group	Santa Rosa
Sean S.	Check It Out	Santa Rosa
Frans S.	12x12	Windsor
Tom F.	Great Reality	Santa Rosa
Dickie M.	Serenity Fellowship	Santa Rosa
Mike D.	Graton Fellowship	Graton
Nole G	Good Neighbor	Geyserville
Steven R.	Young and Sober	Santa Rosa
Tina C.	BYOB	Santa Rosa
Dennis L.	No Frills Group	Santa Rosa
James W.	Expect A Miracle	SantaRosa

OFFICER REPORTS:

CHAIR: Bob P.-Warm welcome to new representatives. Announced the date for the Intergroup picnic July 12th and reminded everyone to start talking about it now so we can have a good turnout like last year.

VICE CHAIR: Sean M.-Made himself available to any representative who might need his help.

TREASURER: Pat H.-Group contributions for March remained steady at \$3,166. Both the month and year to date are a little higher than this time last year. Group supported expenses exceeded income by \$1,007 for the month, partially offset by bookstore income, leaving the overall loss for the month at \$486. The good news is that April is looking good. We have deposited more than \$8,000 of group contributions already in April.

SECRETARY: Connie C.-Minutes from March SCIF business were approved as written in newsletter.

REGISTRAR: Donna L.-364 meetings/week in March, 147 (40%) represented at March SCIF business meeting.

BOOKSTORE: Linda M.-The bookstore is looking for a volunteer for alternate Saturdays. This position is to assist a current volunteer who has issues with accessibility. All bookstore volunteers are required to have one-year sobriety and a working knowledge of the 12 steps. Please call Linda for more information at 546-2066. The Grapevine has published a new book called "Voices of Long Term Sobriety". Old-timers "share their experience of staying sober in good times and bad." Recently we were able to restock the Big Book index cards. Get them while supply lasts.

COMMITTEE REPORTS:

ICSC: Gene H.-Bookstore is doing great.

ACTIVITIES: Wynny B.-Announced that flyers were available for the family picnic. Asked for volunteers to be on the picnic committee.

ALKATHONS: Siobhan S.-Announced that she is getting budget information so she can start planning. She is reaching out to people to volunteer for the committee.

NEWSLETTER: Brian Z.-Thanked everyone for submissions and will print as space allows. Hopes new website will be finished soon.

OUTREACH: Mike C.-Working towards a goal of all meetings having a representative. He has completed a list of all meetings that need to be visited. Continues to need volunteers.

SEMINARS: Doug Shoaf-Asked that representatives announce the seminar for May 27th at the bookstore. A workshop on the 4th step "Made a searching and fearless moral inventory of ourselves" Flyer will be available at bookstore.

TELESERVICE: Berrine D.-Looking to fill an opening overnight on Mondays. Also need 12 step volunteers. Reminded everyone that teleservice volunteers do not give rides to meetings.

LIASON REPORTS:

BRIDGING THE GAP: John B.-Bridging the Gap helps newcomers from hospitals, prisons and treatment facilities transition to AA in their community. They are in need of volunteers as contacts. The committee is also in need of help. Please see newsletter for more information.

HOSPITAL AND INSTITUTION COMMITTEE: Will S.-H&I is moving to Community of Christ Church: 1495 W. Steele Lane, Santa Rosa Ca. Continue to look for volunteers to speak. You don't have to be an H&I representative to come to the meeting.

SOCYPAA: Jamie Y.-Sonoma County Young People in Alcoholics Anonymous, welcomes people of all ages. See newsletter for upcoming events.

ACCESS SONOMA COUNTY: Susan C.-Recently had a sharing session on agenda topics. Reviewed their recent inventory. Continuing to work on web page.

GENERAL SERVICE: Annie T.-Sonoma County GSRs did a terrific job of representing their groups at the Pre-Conference Assembly. Your local General Service, District 12, is broken down geographically into 11 Sub-Districts that are watched over by a DCM. ADCM is a seasoned GSR who serves a 2-year panel keeping our GSRs connected, informed and supported.

SPANISH INTERGROUP: Shaline E.-Continues to attend meeting, nothing new to report at this time.

BUSINESS: Representative shared group conscience on ASL motion. The vote was taken by simple majority and passed to continue funding for this year. The vote count was 83 for 1 against and 2 abstain.

GROUP SHARING: Cache Creek Meeting on the River is June 27 and 28th. Please see newsletter for more information.

SUMMATION: Sean shared what to take back to your groups.

The meeting was closed with the Lord's Prayer

Thank you for letting me be of service

Connie C.

HOSPITAL AND INSTITUTION COMMITTEE

“When we speak of the Hospital and Institution Committee, we are directly related to the 9th Tradition: ‘AA may create service boards or committees directly responsible to those they serve.’ And a spark of hospital work was set in action when Bill W. and Dr. Bob realized they found themselves a way to help others. They searched the hospitals and found our third member. This comes from AA Comes of Age, page 72. But it wasn’t until 1942 when the then warden of San Quentin, Clinton Duffy, looked over the files and found that most of the inmates were there behind alcoholism. He contacted Warren T. from Richmond [CA] and, along with an inmate named Ricardo, held the first successful institution meeting.” [From A Brief History of the Northern California Hospital and Institution Committee]

On May 6, the H&I Committee welcomed the following new meeting reps at its new home: Rosie, representing the Let’s Discuss It group; Suzanne, The Stein Group; Gail, Up the Steps; TJ, Fresh Air Group; Pamela B., A Vision for You; John, Expect a Miracle; Debbie, New Sobriety; JB, Chopsticks; Les, Mature and Sober; Shane, Monday Madness; and Melanie, New Life II. Why not take a moment to greet and thank these good folks when you see them at your meeting? A warm welcome was also extended to visitors Kelly, Gretchen, Patty, Nicole, Hannah and John—please keep coming back!

Over 190 years of sobriety was being celebrated by H&I Committee members for the month of May. It has been said that service helps keep us sober—any more questions?

In his 5-minute share, Kenneth P. talked of his experience in H&I over the years. What he discovered was that H&I was a power greater than alcohol and himself; he left his first meeting knowing that here were people who were determined not to drink no matter what—a feeling he had felt in no other place. Even when he had to step away from H&I temporarily, he maintained contact with Committee members. For him, taking the message of AA to those confined became the most important thing in his life. Showing up whenever and wherever affirms his commitment to AA, the Committee and to those alcoholics who cannot get out meetings.

What is your level of commitment to AA, to yourself and to others? If carrying the message to those who do not have the freedom to attend meetings sounds like your kind of service, why not come check it out at the next H&I Committee meeting on June 3, 2009, at 6:00 p.m. As always, all are welcome to attend the orientation that begins at 5:30. THE NEW LOCATION: Community of Christ Church, 1495 W. Steele Lane, at the corner at Range Avenue (parking is off of Range, behind the church).

In service,
Mardi

*Faith in a Power greater than ourselves, and
miraculous demonstrations of that Power in human
lives are facts as old as man himself. - Bill W.*

ACTIVITIES COMMITTEE

Volunteers needed for Activities Committee. We need your input for the dances and some help *right away* with the picnic coming up in July. We want to keep these activities fresh and bring in a lot of people. Bring your ideas and enthusiasm and let’s cook up some *Fun* and *Sober* happenings! Call Wynny 206-9030



PI/CPC

At our April business meeting the PI/CPC Committee had a sharing session on the agenda topics pertaining to PI/CPC. We had a great discussion and thank Annie and Casey for helping us. At the pre-conference assembly, I took our group conscience to the mike and shared our thoughts. It was a great experience and I truly felt District 12 PI/CPC was “a part of the process”.

The young people who were trained and spoke at Casa Grande High School in April were a HUGE success. The 9th grade students in each class wrote thank you letters to the young AA members who shared their experience, strength and hope in their Human Interaction classes. The letters are heartfelt and extremely complimentary. Most mention courage and inspiration. Here are just a few comments pulled from some of the letters;

“I believe that it is people like you who come and share your story with others that encourages other alcoholics to help themselves”

“I admire that you came out of the program and went back to help other people”

“Its nice for you to come to our class and let us know there is another choice”

“You’re very brave to share your story in front of so many people. It inspires many people to do the right thing and help themselves”

“Thanks for teaching me about AA. I barely knew what it was about and now I know how great it is for people who want to no longer be an alcoholic. Once again, thank you so much - You Rock!”

“I like that you go around telling kids your story so that it can open their eyes and help them make better choices”

“Thank you, your story was a real eye-opener! I also commend you for your courage to speak in front of 30 students - you are an inspiring man”

“Thank you for opening my eyes about how drinking can not just affect you but the people around you”

“I learned a lot about what you can do if you know someone who struggles with alcoholism”

“I hope to never have to come to one of these meetings but I will always recommend and think highly of this group”

Thanks to all the speakers - “you nailed it”! This is what PI/CPC is all about - carrying the message of Alcoholics Anonymous.

Dagmar

ASC ASKS YOU....

ASC ASKS YOU....

Access Sonoma County (ASC) needs to know what barriers are preventing people from getting the message of Alcoholics Anonymous. Our committee has distributed a survey asking you to identify problems you may be experiencing – we really want to know, so we can address them. Examples of access issues might include being homebound, not driving at night, being visually impaired, having trouble hearing in meetings, mobility difficulties, wheelchair access, language difficulties, or uncertainty about whether or not your children will be welcomed at a meeting.

If you have an access issue in AA, please take a few minutes to find the form (it's a single-page blue paper), fill it out, and get it back to us. You can return it to the bookstore, give it to your GSR or Intergroup representative, or mail it to us in care of the bookstore, 750 Mendocino Avenue, Santa Rosa, CA, 95401. What if you don't see the form on the literature table at your meeting? Again, your GSR or Intergroup rep may be able to help. The forms are also available at the bookstore.

ASC is all about identifying and reducing the barriers people experience in participating in AA. We need to know what those barriers are in the lives of the people we wish to serve. Please let us know what we can do.

In service,
Pat N.

"If humility could enable us to find the grace by which the deadly obsession could be banished, then there must be hope of the same result respecting any other problem we can possibly have" - 12 and 12 p.76

TELESERVICE

HELP WANTED - 12 STEP WORK ONLY THE SERIOUS NEED APPLY

The 'AA Hotline' is looking for 12 Step volunteers who can call individuals who are reaching out for help. This occasionally becomes necessary when our regular volunteers need to keep the 'Hotline' open for other callers, yet they have a person on the line who needs additional help or information.

The 'Hotline' volunteer takes the name and phone number of the caller, and then calls one of our 12 Step Volunteers to call the person back. This way the caller has no names or phone numbers, other than the 'Hotline' number.

One year sobriety and completion of the Steps is a requirement. You can tell us the days and the time of the day that you would be available to take on this important work. If you are interested please call one of the following:

Rich S 548-0962 Berrine D 588-9088
Bob K 578-4877 Dave R 538-5758

GENERAL SERVICE DELEGATE'S BBQ

Monday June 1, 2009

Come hear our Delegate, David N., share his New York Conference experience!

BBQ from 6:00pm to 7:30 pm

Delegate's Report from 7:30pm to 9:15 pm
(Pre-empting the Business Meeting)

Faith Lutheran Church

4930 Newanga Ave., Santa Rosa

All Are Welcome! Bring a sponsee!

We Provide Dogs, Burgers,
Veggieburgers and Drinks.

Please bring a side dish, salad or dessert to share



SOCYPAA – (SONOMA COUNTY YOUNG PEOPLE IN AA)

June is finally here, and that means summer vacation! Each year at this time I still get excited even though I may not have any big long vacation coming. Summer means that a lot of fun things are happening. I know in SOCYPAA it means that there will be campouts, BBQ's, parties and fun coming up. As I write this we are just finishing our elections in SOCYPAA, (it's a very loose acronym for SONOMA COUNTY Young People in Alcoholics Anonymous) and we will soon have a new events chairperson. So, this person will be the new person who is coming up with great new ideas for events such as dances, camping, trips and such. So, I know that we always have fun, but am not sure when or what we'll be doing this summer to write about now. I hope you all had fun and attended SOCYPAA's annual dodge ball/BBQ that we had in May. We have recently rewritten our by-laws so that more people can be involved, have voting rights, and participate no matter how much sobriety time you have. So, come and check it out. But if you don't want to be involved in the business of SOCYPAA, then come to the events that you see on the flyers, and hear announced at meetings, because they are always fun!

We have our business meeting every first and third Sunday of the month at 7:15 pm at 1551 Montgomery drive, Santa Rosa. SOCYPAA is for the young and young at heart, there are not age requirements, or lack of age requirements. Even if you are a card carrying member of OPAA (Old People in Alcoholics Anonymous) you can still come to SOCYPAA. (As far as I know they have yet to form OPAA, and if they have, I don't think they issue membership cards)

Well till next month. Have a great time. And remember, if you aren't having fun in sobriety, then you are doing it wrong!

Take care,

Craig G. (Batman) SOCYPAA's outgoing Bid Package Chair

Upcoming Events



Annual Picnic

**Sunday, July 12th,
10:30am - 4pm**

Youth Community Park - Santa Rosa
(across from Piner High on Fulton).

Speaker meeting at 11am...Lunch at 12:15 pm.

HAPPY TRAILS

Happy Trails will meet on June 28th and go hiking at Armstrong Grove. We meet at 10 AM in the Santa Rosa Mall parking lot across the street from Traverso Market
Hope to see you there, Lloyd 707-585-3938



CACHE CREEK GROUP

The "Meeting on the River" is June 27 & 28. The final payment is due June 1, 2009.
Any questions can be directed to the www.cachecreekgoup.org website which will tell you what to bring, what to wear, how to get there. Make sure your money is in and we will see you on the water!

Paul S. 707-546-0330

BOOKSTORE SEMINAR

A Workshop on the 4th Step
Wednesday, May 27, 2009
6:30 pm to 8 pm

**Sober Riders
AA on Horseback!
Sundays, 10 AM**
**Call Judy R. for Location
829-7263**

		JUNE • 2009						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	1 General Service Faith Lutheran Church 6:00 - BBQ 7:30 - Delegate Report	2	3 Hospital & Institution Community of Christ Church 5:30 New Rep Orientation 6:00 Business Meeting	4	5	6		
7 SOCYPAA 1st United Methodist 7:15 Business Mtg	8 SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	9	10 PI/CPC S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting	11 Access Sonoma County SCIF Bookstore 6:30 Meeting	12 July Newsletter Deadline	13		
14	15	16 Bridging The Gap SCIF Bookstore 6:00 New Rep Orientation 6:30 Business Meeting	17	18 Communications (Newsletter) SCIF Bookstore 6:30	19	20		
21 SOCYPAA 1st United Methodist 7:15 Business Mtg	22 Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	23	24	25	26	27 General Service Area 06 Committee 320 N. McDowell Blvd Petaluma		
28 HAPPY TRAILS Santa Rosa Mall 10 am	29	30	1st United Methodist Church Faith Lutheran Church St. Luke Lutheran Church Community of Christ Church S.R. City Hall Employee Lounge SCIF Bookstore	1551 Montgomery, Santa Rosa 4930 Newanga Ave., Santa Rosa 905 Mendocino Ave., Santa Rosa 1495 W. Steele Lane, Santa Rosa First St. & Santa Rosa Ave., Santa Rosa 750 Mendocino Ave, Suite 10, Santa Rosa				

SCIF FINANCIAL SUMMARY APRIL 2009



Example of Suggested Group Contributions to AA Service Entities

- 50-70% to Intergroup
- 10-30% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

	April 2009			April 2008			Year to Date		
	Income	Expense	Net	Net	Income	Expense	Net	2009	2008
Group Supported:									
Central Office									
Groups									
Individuals									
Teleservice									
Web Site									
Newsletter									
ASL Interpreter									
Interest									
<i>Subtotal</i>									
Self Supported:									
Bookstore									
Activities									
Alkathons									
Seminars									
Unity Day									
<i>Subtotal</i>									
TOTAL									

Assets & Liabilities		
Cash in Bank & Petty Cash		Memo: Cash in Bank & Petty Cash
Prepaid Expenses		Prudent Reserve
Liabilities		Liabilities
Subtotal		ASL Reserve
Bookstore Inventory		Literature Reserve
Property		Operating Reserve
Total Assets & Liabilities		

*Yesterday is a cancelled cheque, tomorrow is a promissory note,
only today is cash in the bank. – Aphorism heard in AA*

GROUP CONTRIBUTIONS

	April	2009 YTD			
Meetings			Moment of Silence		Thurs. Night Women's AA
11th Step Meeting			Monday Madness		Tuesday Nite Beginners AA
12 X 12 @ 12 Group			Monday Night Alcoholics Only		Warm Springs Fellowship
12 X 12 Plus Step			New Sobriety Group		Wednesday Night Men's Stag
Access Sonoma County			O God It's Monday		Women In The Solution
Acres Fellowship Group			Open Door		Women's Book Group
Alive & Well In Fulton			Out of the Ashes Group		Women's Lunch Bunch
Any Lengths Group			Petaluma Valley Group		Women's Perspective AA Group
Attitude Adjustment Group			Promises Group		Women's Step Study & Discussion
B.Y.O.B.B.			Quitting Time Group		Women's Tuesday At Noon
Be What You Want To See			Redwood Winners		Young & Young At Heart
Big Book Review			River Discussion Grace		(group name not on check)
Book & Discussion, Sonoma			River Grace		
Breakfast Club			River Women's Meeting		Total
Brodz Nite Out			Rule 62 River Readers		
Defects & Shortcomings			Santa Rosa Saturday Night Group		
Drop The Rock			Saturday Morning Beginners		
Early Bird Fellowship of Petaluma			S. C. G. M. A. A.		
FAHA Home Group			Sebastopol Sunday Niters		
Gay Newcomers Group			Serenity Fellowship Hall		
Graton Fellowship			Sharing & Caring		
Gravenstein Gay Group			Sober Sunday Group		
Happy Hour Group			Sonoma Valley Fellowship		
Healdsburg Women's Mood Swings			South Park Survivors		
Higher Power Group			Spirit of Akron		
How It Works Group			Sunday PM Closed Discussion		
Just For Today			Sunday Sanity		
Keep It Simple			There Is A Solution, Santa Rosa		
Kenwood Group			Third Step Group		
Lunch Bunch Group			Thurs. Big Book Step Study		
Mature & Sober Group			Thurs. Men's Stag AA Group		
Mid-Day at Mid-Week			Thurs. Night 12 X 12 Discussion		

*Alcoholism is expensive.
Although AA itself charges
no dues or fees whatsoever,
we have already paid pretty
heavy "dues" to liquor stores
and bartenders before we got
here – Living Sober*

ADDRESSES

Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10
Santa Rosa, CA 95401-4846

Sonoma County General Service

PO Box 536
Santa Rosa, CA 95402

Area 22 H & I Treasurer

PO Box 192490
San Francisco, CA 94119-2490

General Service Office

PO Box 459, Grand Central Station
New York, NY 10163
CA Northern Coastal Area Treasury
PO Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*

PO Box 11305
Santa Rosa, CA 95406

SOCYPAA

P.O. Box 5784
Santa Rosa, CA 95402

**Funded solely through Sonoma County General Service*

www.sonomacountyaa.org



TELESERVICE

Phone Line Coordinator

Dave R. (707) 538-5758

12 Step Coordinator

Rich S. (707) 548-0962

AA HOTLINES

Santa Rosa (707) 544-1300
Toll Free (800) 224-1300
Petaluma (707) 781-9244
Sonoma (707) 938-2027
Spanish (707) 829-1272

CONTACT INFORMATION

Sonoma County Intergroup Fellowship

SCIF OFFICERS

Chair	Bob P.
Vice Chair	Sean Mc.
Secretary	Connie C.
Treasurer	Pat H.
Registrar	Donna L.

SCIF COMMITTEE CHAIRS

Activities	Wynny B.
Alkathons	Siobhan S.
Outreach	Mike C.
ICSC	Gene H.
Seminars	Doug S.
Teleservice	Berrine D.
Communications/ Newsletter	Brian Z.
Website	Sam K.
Meeting Changes:	Russell
Unity Day Chair	David O.

Sonoma County General Service

DCMC	Annie T.
Treasurer	Joann L.
Registrar	Claudia N.
Archivist	Jacob L.
Grapevine	Dale E.
Access Sonoma County	Jamie T.
Bridging the Gap	Pete J.
PI/CPC	Dagmar M.

Hospital and Institution Committee

Chair	Don S.
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Sonoma County Young People In Alcoholics Anonymous

Chair	Rob S.
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Fellowship News Subscription

750 Mendocino Ave. Ste. 10, Santa Rosa, CA 95401-4846

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