

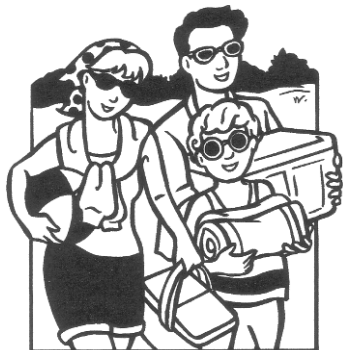


# sonoma county Intergroup Fellowship **NEWS**

## JUNE 2007

Get the latest meeting listings, upcoming events, and more, at [www.sonomacountyaa.org](http://www.sonomacountyaa.org)

### Coming in July: The AA Annual Family Picnic



Where: Santa Rosa Community Youth Park  
(Fulton Rd., across from Piner High)  
When: Saturday, July 21, 10:30 A.M. – 4:00 P.M.  
Speaker Meeting: 11:00 A.M.  
Lunch: 12:15 P.M.

*Bring chairs, picnic blankets, baseball gloves, a potluck dish to share, and the desire to have fun!*

As I sit down to write this, I am full of the memories of another wonderful Lake Pillsbury Campout. It was non-stop fun! We kayaked and boated to our hearts content! I got the thrill of riding in a blow-up squirrel cage contraption, and actually walked on water. :) I covered over 100 miles on the Jeep trail and won the award for dirtiest mud packed Jeep (no thanks to me). We reveled in the sunshine and the joy of spotting bald eagles, a golden eagle, osprey and herons. The view from the top of Hull Mountain is truly breathtaking. The campfire conversations were real and full of wisdom. Which brings me to the purpose of this letter...

I watched families having fun and celebrating sobriety. Our AA family laughed together and played together in such a way that it has inspired me to call this year's annual picnic our Annual AA Family Picnic. My hope is that you will celebrate family whether your family is our Sonoma County AA Fellowship or your biological family! The family that plays together stays together!

Our day is set for Saturday July 21st, the time is 10:30 – 4:00pm, the place is the Santa Rosa Community Youth Park (Fulton Road across the street from Piner High School).

Our speaker meeting will be at 11:00 am followed by lunch @ 12:15. We will sell hamburgers, hot dogs and sodas (please, bring a potluck dish to share with our family).

Throughout the day there will be games for the kids and kids at heart, art projects to keep the kids busy while the adults relax! We will have clowns and face painting. We will have sporting games like volleyball and soft ball. So bring your gloves, a potluck item to share and your fun attitude!

If you would like to be a part of and serve our AA family, call me.

Don't forget to come dance the night away at our Sizzlin' Summer Bash June 1st at 7:00 p.m. in Sebastopol at the Community Center with D.J. Rosie and Chris S., our speaker!

In Loving Service,  
Laurie E.

**P.S.** Here's to another year of out of boat experiences on the 20th Annual Cache Creek Group Meeting on the River! Be there or be square! R-O-C-K!!!!

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#### July Seminar

Saturday, July 14, 3–5pm  
SCIF Bookstore,  
750 Mendocino Ave.  
Santa Rosa

The topic is "Freedom through Acceptance."

#### Cache Creek

It's that time again. If you have not yet paid the full amount, *please*, send in your final payment now! If you want to go on this years trip, give us a call to see if there are still spots available. Meeting brochures are available at your favorite meeting or the book store. Happy rafting to all, see you soon on the river. *-Paul S.*

The deadline for July Newsletter submissions is June 11.

The Newsletter review is 6:30 P.M., June 13, at the SCIF Bookstore. Anyone wishing to participate is encouraged to attend.

The chief reason for drinking is the desire to behave in a certain way, and to be able to blame it on alcohol. ~Mignon McLaughlin, *The Neurotic's Notebook*, 1960

# April 2007 Sonoma County Intergroup Fellowship General Meeting

The meeting was opened with the Serenity Prayer.  
Readings:

- Preamble: Nick R.
- Tradition 4: Rhea F.
- Concept IV: Anthony

Introduction of new Representatives to Intergroup:

- Dan F., Serenity Fellowship, Santa Rosa
- Kay P., Stein Group, Sebastopol
- Amy M., Expect a Miracle, Santa Rosa
- Donna V., New Life II, Petaluma
- Kerri R., Women's Perspective, Santa Rosa

April Birthdays:

- Dan F., 3 years
- Steve, 6 years
- Pat, 19 years
- Sue, 17 years
- Justin S., 2 years
- Kim M., 10 years
- Stephanie, 13 years

Correction to March Minutes:

- Jon had five years in March (not John)

## OFFICER REPORTS:

**CHAIR:** Diane W.: We received a call from St. Luke's asking us to not smoke on their campus. We have placed a butt can by the light post at the street for our smokers. Diane made a statement about most likely having enough newsletters this month as we ran out last month. She discussed the purchase of our new PA system purchased by Tim P. at a cost of \$439.00. This up-to-\$500 expenditure had been approved at the Steering Committee meeting on April 9th. She asked if the body had any objections. At that Steering Committee meeting SOCYPAA representative Sean M. had asked that Intergroup write a letter for them to ACYPAA endorsing them to host the 2008 ACYPAA conference. Diane read the letter she wrote for them to the body.

**VICE CHAIR:** Tim P. reported we had five new Reps at the New Rep meeting before the business meeting tonight.

**TREASURER:** Larry O. stated group contributions in March were \$6193.79, the second highest month contribution since 2002. March marked the end of the first quarter which meant we did a Bookstore inventory. In January and February we estimated our Bookstore gross profits at 40%.

At the end of our inventory and calculations we actually had a gross profit of 33% which means earlier projections of Bookstore profits were overestimated. The bottom line is after natural correction in inventory, the Bookstore ended the first quarter with a \$29.00 deficit. March expenses were very normal. Our net income for the first quarter is \$2953.70. Larry pointed out the thank-you note on page 4 of the newsletter, thanking the groups for their contributions.

**REGISTRAR:** Susy E. reported 349 meetings in Sonoma County in March and 133 were represented at Intergroup. This is a 38% representation.

**BOOKSTORE:** Gloria P. thanked all seven who helped with the Inventory at the end of March. She stated we will need more help for the June Inventory. They have a full crew at the Bookstore. They need substitute workers when regular workers need to be away on last-minute notice. Her vacation is May 10 to 18 and she needs replacement at that time. Jeremy bought a stamp with the Alateen-Alanon Hotline number on it so they are stamping the fronts of all the meeting schedules with it until the new ones are printed.

## COMMITTEE REPORTS:

**ACTIVITIES:** Laurie E. reported on the June 1st dance, they are advertising a lot for the dance and will be having a Steering Committee meeting for the dance. Her new number is in the newsletter. She discussed the July 21st picnic at Community Youth Park in Santa Rosa. There will be a September activity, Halloween dance is Friday 10/26 and we will be at the Vet's for New Years.

**ALKATHONS:** Dale E. had no news to report.

**ICSC:** Pat reported for Rich S. She stated that at their monthly meeting they discussed how to state financial news more understandably.

**NEWSLETTER:** Dave H. stated if individuals want a say in what is in the Newsletter, the monthly meeting is listed on the Newsletter calendar.

**OUTREACH:** Barbara F. stated Outreach is doing well reaching all the meetings that need contact. Diane stated our representation at Intergroup in Sonoma County is higher than many areas larger than us.

*(Continued on page 3)*

INTERGROUP OFFICERS	
CHAIR	Diane W.
VICE-CHAIR	Tim P.
SECRETARY	Nan B.
REGISTRAR	Susy E.
TREASURER	Larry O.

COMMITTEE CHAIRS	
SEMINARS	Donna L.
ACTIVITIES	Laurie E.
OUTREACH	Barbara F-K.
COMMUNICATIONS	Dave H.
ALCATHONS	Dale E.
TELESERVICE	Dave R.

AA TELESERVICE	
PHONE LINE COORDINATOR	Dave R.
12 STEP COORDINATOR	James C.



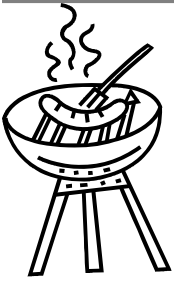
AA HOTLINES	
SANTA ROSA	707-544-1300
LONG DISTANCE	800-224-1300
PETALUMA	707-762-5122
SONOMA	707-938-2027
SPANISH	707-829-1272

Teleservice Shifts Available		
Friday	10 P.M. – 9 A.M.	Saturday 10 P.M. – 8 A.M.

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## General Service

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Hello all. It is time once again for the General Service annual barbecue. It is being held on June 4th at Faith Lutheran Church, 4390 Newanga Ave. Our Panel 57 Delegate, Sharon B., will be sharing her experiences at the recent annual General Service Conference in New York. District 12—Sonoma County is extending an invitation to all who would like to attend. The BBQ starts at 6:00 pm. Sharon B. will share at 7:30 pm. Please bring a chair if you can, so we can make sure that everyone can enjoy this annual event.

I am also pleased to say that both the Pre- and Post-Conference Assemblies had record number of attendees. Our area, CNCA 06 (California North Coastal Area) was well represented.

I hope to see you all at the BBQ on June 4th @ 6:00. In service,  
Dale E.

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## SCIF General Meeting *(Continued from page 2)*

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*(Continued from page 2)*

**SEMINARS:** Donna L. reported on the May 19th Seminar, Relationships in Recovery. She stated this pertains to romantic relationships and all four speakers are confirmed for the seminar. Be there or Be single is the word!

**TELESERVICE:** Dave R. stated Teleservice is the frontline of AA in Sonoma County. They have a full compliment of phone people currently except for two open shifts of Friday afternoon and an every other Saturday night from 8 p.m. to 7 a.m.

### **LIAISON REPORTS:**

**BRIDGING THE GAP:** John B. stated Bridging the Gap takes newly released residents of treatment centers to their first meeting. Volunteers should have six months of sobriety and a working knowledge of the steps. Having transportation is also helpful. BTG could still use some help. They have made progress getting help, but some positions are still open. The business meeting is on the Newsletter calendar. They had 44 contact requests in April, 19 local, 14 outside the district and 10 outside the area.

**GENERAL SERVICE:** Lauralyn C., Alternate District Committee Member Chair, reported on the Pre-Conference Assembly in Ukiah April 14 and 15. They sent their delegate, Sharon B., off to New York to the General Service Conference Annual Meeting fully informed as to the group conscience of all AA groups in the California Northern Coastal Area. In two weeks Sharon B. will return and report on the Conference. This will be held in Cloverdale at the Post-Conference Assembly May 12. They could use some help with this assembly and contact Joanne L. for that at 778-0989. The General Service monthly meeting is listed on the Newsletter calendar.

**HOSPITALS AND INSTITUTIONS:** Mark V.: H&I monthly meeting is on the Newsletter calendar. The April Conference in Petaluma was a huge success with over 600 in attendance.

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## Medical Steps

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The other day a group I attend was discussing a couple of matters as part of our annual Conference process. It had been proposed that the Grapevine reinstitute the "Gray Pages" section—reprints of recent medical and scientific findings on alcoholism. Most of the members thought this would be interesting, and were in favor.

I thought it would be interesting, too, but I spoke against it. I need to stay focused on our spiritual program of recovery. It is the breakthroughs in this field that interest me—the miracles that happen quite reliably when ordinary drunks ask God for help, take their own inventories for a change, or reach out to other alcoholics.

We also talked about the need for a revision to the pamphlet, *The AA member—Medications & other Drugs*. It was pointed out that it had been in its current form for 22 years, and that there's been a lot of development and progress in pharmacy in that time. Many folks take

*(Continued on page 5)*

**PI/CPC:** Nick R. reported saying PI/CPC helps AA cooperate with the professional community by putting literature in libraries, schools, hospitals and senior centers. They have positions open for media coordinator, senior center coordinator and someone knowledgeable in public service aired announcements.

**SOCYPAA:** Sean M. discussed the package they are submitting to the ACYPAA conference April 26 to 29 to host the 2008 ACYPAA conference. He thanked Intergroup for their letter endorsing Sonoma County SOCYPAA for this conference. They have a dodgeball event coming up June 2 to be co-hosted by Solano County Young People in AA.

**SPANISH INTERGROUP:** Rebecca M. reported on various events including April 27th monthly group sharing session at Group Bienestar in Rohnert Park, April 30th Oficina Central Norte Intergroup Office (OCN) will host California representatives to the National AA Convention, May 25 - 27 State Hispanic AA Convention in Santa Clara, June 10th tenth anniversary of OCN at Rohnert Park Senior Center and Unity Weeks from May 28 to June 9. Spanish contact phone number is in the Newsletter.

**ACCESS SONOMA COUNTY:** Jamie T. stated their purpose is to explore, develop and offer resources to impaired individuals in AA. They received the Big Book on CDs as a gift and ordered the Big Book on tapes to be loaned to those with sight impairment or other reading impairments. They received their \$150 quarterly funding from General Service. Their monthly meeting is listed on the Newsletter calendar.

**CACHE CREEK:** Mark V. stated there is still space for the June 23, 24 event. First deposit is due May 1, final payment due June 1.

**OLD BUSINESS:** None

**NEW BUSINESS:** ICSC has one current term up in July. Matthew, Shane and Dale E. volunteered to be the nominating committee to elect a new ICSC Rep in June. They were asked to meet with Diane after the meeting.

*(Continued on page 4)*

## Notes From the Chair



As springtime renews our hillsides and gardens, many of us in and out of the AA community are filled with optimism and gratitude. In some other civic organizations I participate in, spring seems to be the time for awarding "Certificates of Merit" or "Awards of Recognition" for members who have given extraordinary service for a long time. We don't do that in AA – probably because we are wary of placing principles before personalities, and service is something we are all called to do as part of our three legacies.

At the risk of embarrassing him, however, I am writing in appreciation and gratitude for the service of John S. As I write this, our Bookstore Manager Gloria is on vacation, and John is once again serving the Bookstore in her absence. He is a regular volunteer there and is a valuable resource to all of us who serve the Sonoma County Intergroup Fellowship. Between 1997 and 2006, he served one and a half terms as Vice Chair of Intergroup, four full (non-consecutive) years as Treasurer, *twice* filled in for part of a term as Treasurer when we couldn't find any other willing volunteer, and also served on the ICSC.

Over the history of SCIF, we have had many folks who have given of themselves to ensure our success, but no other person has served longer. He has bailed us out of messes and made himself available whenever we needed him. As a new officer of Intergroup, whenever I have had questions about what we do or why we do it, the most frequent answer I received is, "Ask John – he knows." John is well aware of the perils of this history. He recently admonished me, "I won't be around forever," and some of us are trying to capture all the knowledge he has that we need.

Like some of us alcoholics, he may occasionally seem to have a rough edge. But he *won't* be with us forever, and after he is gone we will fondly remember his rough edges and elevate him to that pantheon of AA personalities we cherish. To me, placing principles before personalities sometimes means appreciating the personality that embodies the principle. Too frequently, that appreciation is expressed only in memoriam.

So I'd like to encourage you to join me in acknowledging his heart and his service -- his obedience to our principles -- when we run into him at meetings, at the Bookstore, or wherever he is being of service. Breathe in the springtime gratitude, and share some of it with our trusted servant, fellow alcoholic, and extraordinary personality – John S.

In gratitude,  
Diane

## Heard It Through the Grapevine



Hi. I'm Doug F., your District 12 Grapevine Chair. I'm new to this service position in AA, and am learning what I can to serve you better. As many of you know, *The Grapevine* is AA's meeting in print. Each month, there are numerous articles on one topic. There are also fun and useful departments like letters, a calendar of AA related events throughout the US and the world, and AA humor.

At PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) 2007, I met with the Grapevine's Editor and learned that about 2/3 of Grapevine subscribers renew—which is quite good. The GV staff wanted to find out why the 1/3 who did not renew decided not to. It turns out that a strong majority of these folks said they were too busy in their lives to read the magazine. So the GV management responded.

Prior to this survey, the GV was a bargain at \$2 an issue or \$18 for a year's subscription. The Audio Grapevine had been \$44.95 for a year. Now you get the Audio Grapevine for 55% less than the former price—\$20 a year. You can download it in mp3 format, burn it to a CD, or upload it to your iPod, and listen to it at your convenience. If you're not sure how much you'd enjoy this you can try a free sample story for the current month's GV. This month the sample article is "Cruise Control."

Check out the Audio Grapevine free sample at [www.aagrapevine.org/gv/current](http://www.aagrapevine.org/gv/current) and/or subscribe at [www.aagrapevine.org](http://www.aagrapevine.org).  
Doug F.

## Need To *Hear* the Message?

Access Sonoma County gratefully acknowledges the recent donation of a complete Big Book of Alcoholics Anonymous on CD. We'd be happy to loan out chapters of the Big Book to AAs who are visually impaired, learning disabled, or non-readers. If you or someone you know meet these criteria, please call Pat N., who is acting as CD librarian for Access Sonoma County. Pat will be happy to make arrangements with borrowers.

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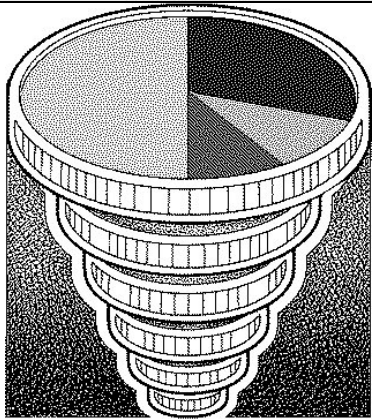
**GROUP SHARING AND CONCERNS:** None.

**SUMMATION:** Tim P. outlined the meeting stating there is no smoking at St. Lukes. We have given a letter by Intergroup to SOCYPAA for the ACYPAA conference in 2008. We have near record contributions from the groups to Intergroup. The Bookstore has a good supply of help. The next inventory of June 30 will need help. Back-up volunteers are needed for the Bookstore. There is a dance June 1 and picnic July 21. BTG got 44 contacts. The 20th annual Cache Creek event is coming up June 23 and 24. Reservation deadline is May 1.

The meeting was closed with the Responsibility Statement.

Gratefully in Service,  
Nan B.

## GROUP CONTRIBUTIONS



Example of Suggested  
Group Contributions to  
AA Service Entities

- 50-70% to Intergroup
- 10-30% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

11th Step Meeting	133.30
12 X 12 @ 12 Group	120.00 260.00
12 X 12 Plus	293.00
AA Sonoma, Friday Night Fellowship	300.00
AA Sonoma, Tuesday Big Book	18.63
Access Sonoma County	5.00 15.00
Acres Fellowship Group	498.75 872.15
Alive & Well In Fulton	114.00
Any Lengths Group	250.00
Attitude Adjustment Group	350.00 700.00
B.Y.O.B.B.	113.50
Be What You Want To See	50.00 50.00
Bodega Bay Fellowship	295.00
Book & Discussion, Sonoma	135.60 269.51
Breakfast Club	133.35
Cotati Men's Stag	100.00
Defects & Shortcomings	69.55
Early Bird Fellowship of Petaluma	403.59 569.34
Expect A Miracle	600.00
Faha Home Group	115.00
Fourth Monday	70.75 324.59
Fresh Air Group	207.14
Friday Nooners of AA	116.00 116.00

Gay Newcomers Group	80.10	South Park Survivors	61.59
Graton Fellowship	457.57	Spirit of Akron	28.00
Gravenstien Gay Group	25.02	Stepping Lively	90.00
Gualala Group	750.00	Stick Around, Santa Rosa	80.00 140.00
Healdsburg Anonymity	20.00 20.00	Sunday Morning Smiles Group	74.00
Highlander Group	350.00	Sunday PM Closed Discussion	180.00
Just For Today	174.35	Sunday Sanity	250.00
Keep It Simple	280.00	T.G.I.F. Nooners	38.02
Lunch Bunch Group	200.00 300.00	The Cross Roads Group	100.00
Mature & Sober Group	145.00 326.00	The Sunday Night Group	129.70
Monte Rio Book Study	75.00	Think About It Group	144.38 567.30
New Hope Book Study Group	60.00	Third Step Group	210.78 397.14
New Sobriety Group	100.00 100.00	Thurs. Big Book Step Study	75.00
Not Just Another Newcomer's Meeting	250.00 250.00	Thurs. Night 12 X 12 Discussion	274.14 560.91
O God It's Monday	37.00 112.00	Thurs. Night Womens AA	150.00
Oaks Fellowship	45.94 382.59	Tuesday Afternoon Delight	342.00
Occidental Tonight Group	100.00	Tues. Night Big Book Study - Pet	200.00
Open Door	100.00 200.00	Tuesday Nite Beginners AA	59.67
Out of the Ashes Group	17.87	Up Group	100.00
Petaluma Thursday Night Real Life	355.50	Up The Steps	103.38
Petaluma Valley Group	190.50	Warm Springs @ Mt. Vista Farm	200.30
Promises Group	142.92	Wednesday Night Men's Stag	296.00
Quitting Time Group	300.00	Wednesday Wonders	45.00
Redwood Winners	180.00 180.00	We're In The Now	103.69 186.73
River Discussion Group	90.00 90.00	Women's Book Group	68.00
Round Barn Big Book Study	178.00	Women's Perspective AA Group	127.55 346.82
Santa Rosa Fellowship	20.00	Women's Step Study & Discussion	114.03 114.03
Saturday Morning Beginners	120.00	Women's Tuesday At Noon	160.05
Saturday Night Living Right	69.00	Working Winners	125.00
Saturday Serenity	302.80	Young & Sober	27.00 27.00
Serenity Fellowship Hall	126.83 344.64	Young & Young At Heart	180.00
Sharing & Caring	443.63	(group name not on check)	117.18
Signs of Sobriety	25.00 50.00	(group name not on check)	48.00
Single Purpose Group	150.00		
Sober Sisters	203.06		
Sonoma Valley Fellowship	291.70		

**Total 4,151.03 18,972.13**

### HUG:

### Human Unity Gesture



**ASL INTERPRETERS - QUARTERLY REPORT**

"Concerning any given service, we therefore pose but one question: Is this service really needed?' If it is, then maintain it we must, or fail in our mission to those who need and seek A.A."

**Bill W., "AA's Legacy of Service."**

Together we can! Thank you for your support!

#### GROUP CONTRIBUTIONS FOR SIGN LANGUAGE INTERPRETERS

Meeting	1st Qtr	YTD
Sunday Niters	\$19.25	\$19.25
Hessel Group	\$17.00	\$17.00
Third Step Group	\$268.75	\$268.75
Heart's Desire	\$23.00	\$23.00
Young & Young At Heart	\$21.50	\$21.50
Serenity Fellowship	\$264.95	\$264.95
Wed Night Women's Step Study	\$28.95	\$28.95
Stick Around	\$12.49	\$12.49
Women's Perspective AA Group	\$150.00	\$150.00
Harmony Group	\$16.30	\$16.30
Moment of Silence	\$35.00	\$35.00
Signs of Sobriety	\$30.00	\$30.00
<b>Total</b>	<b>\$887.19</b>	<b>\$887.19</b>

Paid to interpreters:	\$915.00	<u>\$915.00</u>
Prudent Reserve: 2006 Bal: \$1,351.71		\$1,323.90

#### Medical Steps (Continued from page 3)

anti-depressant medications, for instance.

A member shared that he knew of someone who'd committed suicide when, on advice from an AA sponsor, he went off his anti-depressant medication. Hearing this, most of us felt the pamphlet definitely ought to be revised.

One member, however, held out. He said he hadn't read the pamphlet, and so he couldn't form an intelligent opinion. Turns out no one else had read it either, and we didn't have a copy at the meeting.

Next week, there were copies for the group to read. This pamphlet was partly written by a group of doctors in AA. They urge, among other things, finding (if possible)

(Continued on page 7)

## HOSPITALS AND INSTITUTIONS



"Few of us are any longer afraid of what any newcomer can do to our A.A. reputation or effectiveness. Those who slip, those with mental twists, those who rebel at the program, those who trade on the A.A. reputation—all such persons seldom harm an A.A. group for long.

"Some of these have become our most respected and best loved. Some have remained to try our patience, sober nevertheless. Others have drifted away. We have begun to regard the troublesome ones not as menaces, but rather as our teachers. They oblige us to cultivate patience, tolerance, and humility. We finally see that they are only people sicker than the rest of us, that we who condemn them are the Pharisees whose false righteousness does our group the deeper spiritual damage." [Bill W., *Grapevine*, August 1946]

The May 2 meeting of the H&I Committee was glad to welcome new reps Toni, for Not Just Another Newcomer group; Saul, Book Study (St Francis Church); Jennifer, Burbank Group; Connie, Visions (Petaluma 12:15); Jeff, SR Underground; Shirley, New Women in AA (Rohnert Park); Sonja, 10am Book Study (Petaluma); Dee, 12x12 Plus group; Sam, Higher Power Group; and Steve, Serenity Fellowship.

Our visitors included Betsy, Jarrett, Debbie, Marcus and Sally.

Sobriety birthdays were being celebrated by Robert, with 4 years; Wayne, 1; Margie, 27; Keith, 24; Roger, 7; Cam, 1; Blaise, 18; Lem, 1; Dave,

(Continued on page 7)

~ HAPPY TRAILS ~  
JUNE 2007





This month, we are off to Shell Beach, 1.8 miles north of Bodega Bay, 3 miles south of Jenner, on the Sonoma Coast.

Meet at the SCIF Bookstore, 750 Mendocino Ave., at 10:00 A.M. on June 24.

For more information, call Linda L., Lloyd H., or Chris B.

*Bring water and a lunch.  
Hope to see you all there!*



		<h1>JUNE ~ 2007</h1>						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	FRIDAY	SATURDAY	
SCIF Bookstore .....750 Mendocino Ave. Suite 10 Faith Lutheran Church.....4970 Newanga Ave. St. Luke Lutheran Church.....905 Mendocino Ave . S.R Senior Center .....704 Bennett Valley Rd. S.R. City Hall Employee Lounge...First St. and Santa Rosa Ave.							1	2
3 <b>SOCYPAA</b> 1551 Montgomery 7:15 Business Mtg.	4 <b>General Service</b> Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	5	6 <b>Hospitals &amp; Institutions</b> S.R. Senior Center 5:30 New Rep Orientation 6:00 Business Meeting	7	8	9		
10	11 <b>SCIF Bookstore</b> 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	12	13 <b>PI/CPC</b> S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting  <b>Newsletter</b> 6:30 SCIF Bookstore	14 <b>Access Sonoma County</b> SCIF Bookstore 6:30 Meeting	15	16		
17 <b>SOCYPAA</b> 1551 Montgomery 7:15 Business Mtg.	18	19 <b>Bridging The Gap</b> SCIF Bookstore 6:30 New Rep Orientation 7:00 Business Meeting	20	21	22	23 <b>General Service CNCA Area 06</b> Area Committee Mtg. 321 N. McDowell Blvd 12:30 PM – 3:30 PM		
24 <b>Happy Trails</b> 10:00 SCIF Bookstore	25 <b>Intergroup</b> St. Luke Lutheran Church 7:30 Newsletter Collating 7:30 New Rep Orientation 8:00 Business Meeting	26 <b>General Service</b> District 12 Officers Meeting 6:15 SCIF Bookstore	27	28	29	30		

# 441 Years Sober in June!



## June Sobriety Birthdays

Boston Bernie C.	Cloverdale	6/1	38	Ken Werby	Santa Rosa	6/21	6
Bill H.	Petaluma	6/17	35	Carol S.	Cotati	6/28	5
Bob	Rohnert Park	6/20	35	Carol S.	Rohnert Park	6/28	5
Jim C.	Rohnert Park	6/28	22	Eric G.	Santa Rosa	6/21	5
Astra D.	Cloverdale	6/30	20	Johnny J.	Santa Rosa	6/27	5
Susie B.	Santa Rosa	6/17	19	Tom B.	Santa Rosa	6/12	5
Dewey R.	Cloverdale	6/1	15	Brenda	Middletown	6/8	4
Michael T.	Santa Rosa	6/26	15	Jessie	Santa Rosa	6/17	4
Annette	Sebastopol	6/30	14	Andy L.	Santa Rosa	6/15	3
Dennis B.	Cloverdale	6/7	12	Christine M.	Santa Rosa	6/18	3
Susan M.	Santa Rosa	6/10	12	Diana	Sonoma	6/21	3
Cici E.	Santa Rosa	6/18	11	Leah S.	Santa Rosa	6/27	3
Kenny	Santa Rosa	6/1	10	Shane W.	Santa Rosa	6/27	3
Don S.	Santa Rosa	6/22	9	Wayne M.	Santa Rosa	6/27	3
Jeri	Santa Rosa	6/19	9	William O.	Sonoma	6/6	3
Brian R.	Cloverdale	6/4	8	Aric G.	Santa Rosa	6/22	2
Jason K.	Santa Rosa	6/20	8	Brian	Santa Rosa	6/28	2
Donna	Santa Rosa	6/22	7	Christian	Sonoma	6/17	2
Jessica S.	Santa Rosa	6/22	7	Dennis P.	Santa Rosa	6/9	2
Pete R.	Santa Rosa	6/24	7	Marc P.	Santa Rosa	6/27	2
Sylvaie V.	Santa Rosa	6/19	7	Mary	Santa Rosa	6/12	2
Tamic M.	Santa Rosa	6/27	7	Nelly R.	Santa Rosa	6/16	2
Chris Z.	Santa Rosa	6/17	6	Phil N.	Rohnert Park	6/4	2
Jarrett P.	Santa Rosa	6/1	6	Randy C.	Santa Rosa	6/12	2
Jerry M.	Petaluma	6/12	6	Renee N.G.	Occidental	6/6	2
Karen C.	Santa Rosa	6/4	6	Sean B.	Santa Rosa	6/14	2
Ken	Santa Rosa	6/1	6	Tim T.	Rohnert Park	6/12	2

## Medical Steps (Continued from page 5)

physicians who are knowledgeable about alcoholism, that we be honest with doctors about our disease and susceptibility addictive medication, and that "No AA Member Plays Doctor."

There is also the following statement: "A.A. members and many of their physicians have described situations in which depressed patients have been told by AA's to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide."

And there was the shared experience of AA members—half of whom took some "recreational" medication and slipped, and half who didn't follow their prescriptions and came to grief. We decided the authors had done a pretty good job on this pamphlet.

AA's Twelve Steps were the twelve last things I ever wanted to do. The only thing I feared more was to die. What if there had been a pill to cure my alcoholism? Even if I'd been able to stay sober thanks to some miracle drug (which I doubt), what about my spiritual malady—the habitual ways I think and act that harm others and make me miserable? The only medicine I know for those is those damned Steps!

Thanks, you guys.  
Tim P.

## Back to the Beach



It's that time of year again, and the Ocean-side Campfire Meeting is starting up! Bring a dish to grill, any foods you want to share, a chair, and a blanket, and prepare for fellowship and a meeting under the stars. We supply a few grills and coffee, and we encourage you to bring a grill of your own. We meet and eat and play from

around 6:30 p.m. until meeting time. The meeting starts at 8:30 and goes until 10 p.m. We hope to see you there under the stars!

Directions to Schoolhouse Beach: North on PCH, 4.5 miles past the Tides restaurant.

## H&I Report (Continued from page 6)

22; Sally, 5; Coop, 13; Tim, 2. Kathleen had 10 months; Steve, 10; Dee, 11; and Mike, 5.

Would you like to share your experience, strength and hope with a newcomer—or even with someone who needs us and doesn't know it? Come see if H&I service is for you on June 6 at the Santa Rosa Senior Center, located at the corner of Bennett Valley Road and Rutledge Avenue (1 block east of Santa Rosa Avenue). The orientation, to which all are welcome, begins at 5:30, with the meeting starting at 6:00 P.M.

In service,  
Mardi

## Experience Teleservice

My name is Marie, and I want to tell you about an experience in AA Teleservice that happened a few months ago. I was doing a shift and a lady called wanting to know when and where there would be a meeting, so I told her where one was at.

Well, I ended up going to the meeting I told her about and I got to meet her. It makes you feel so good when you can help over the phone. It goes to show that Teleservice sure does work.

Marie in Santa Rosa

## Church of the Roses Friday Night Speakers

June 1	Bud
June 8	Marcus M.
June 15	Sharon C.
June 22	Enid
June 29	Duane N.

## NEW MEETINGS

### Cloverdale

Thu 12 Noon (O)(W) Grapevine Discussion + Review  
208 N. Commercial St.

### Santa Rosa

M-F 6:00 AM (O)(W) First Things First  
M-F 5:30 PM (O)(W) Speak Easy Discussion  
Thu 7:00 PM (C)(W) Brodz Nite Out (women)  
Sat 7:00 PM (O)(W) Saturday Night Shindig  
all at Santa Rosa Alano Club, 465 Kenwood Ct.  
Sat 10:00 AM (O) There Is a Solution  
Speaker/Discussion  
3333 Chanate Rd.  
Sat 5:30 AM (O)(W) Upon Awakening  
3632 Airway Dr.

### Sebastopol

M-F 7:00 PM (C)(W) Grupo M. Mejor Decision  
869 Gravenstein Hwy So.

## MEETING CHANGES

### Santa Rosa

Sun 7:30 PM (C) Big Book Review  
Moved to 3333 Chanate Rd.  
Mon 8:00 PM (C)(W) Santa Rosa Fellowship  
Now a closed meeting

### Rohnert Park/Cotati

Mon 7:00 PM (O)(W) New Women of AA  
Moved to 85 La Plaza, Cotati.

## NO LONGER MEETING

### Santa Rosa

Thu 5:30 PM Ladies First (As Bill Sees It)

## MEETING CODES

- (C) Closed meeting, alcoholics only.
- (O) Open meeting, anyone can attend.
- (W) Wheel chair access to meeting area.

To report meeting changes:  
Contact Russell

## Gloria's Corner

I have a full crew right now but we need back up people to fill in emergencies or vacations.

I want to thank John S. for overseeing the bookstore while I was on vacation. Also all who helped him.

Thank you,

*Gloria*



## ADDRESSES

### Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10  
Santa Rosa, CA 95402

### Sonoma County General Service

PO Box 536  
Santa Rosa, CA 95402

### Area 22 H & I Treasurer

PO Box 192490  
San Francisco, CA 94119-2490

### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163

### CA Northern Coastal Area Treasury

PO Box 884222  
San Francisco, CA 94188

### Sonoma County PI/CPC\*

PO Box 11350  
Santa Rosa, CA 95406

### SOCYPAA

P.O. Box 5784  
Santa Rosa, CA 95402

\*Funded solely through Sonoma County General Service

## BOOKSTORE

### SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10  
Santa Rosa, CA 95401

Manager: Gloria P.  
Phone: (707) 546-2066  
Fax: (707) 566-9677  
E-mail: aa@ap.net  
Hours: Mon-Fri 10-6  
Sat 11-3

The bookstore is staffed by volunteers and is sometimes closed for lack of manpower.

### **Call first!**

The Bookstore is closed on these Holidays:

Memorial Day	May 29th
Independence Day	July 4th
Labor Day	September 4th
Thanksgiving	November 23rd
Christmas	December 25th
New Year's Day	January 1st

## CONTACT INFORMATION

Newsletter/Web: Dave H. aa.news@dslextreme.com  
Meeting Changes: Russell

### Sonoma County General Service

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Access Sonoma County	Susan C.	maxthesax@earthlink.net

### Hospitals and Institutions

Chair: Don S. don450sl@yahoo.com

### Sonoma County Young People In Alcoholics Anonymous

Liaison to SCIF Jolie B. jolie94@hotmail.com

For a one year subscription send in either  
\$8 per year for regular mail or \$4 for emailed PDF or HTML (circle  
choice) to

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