



SONOMA COUNTY INTERGROUP FELLOWSHIP NEWS

JULY 2019

GET THE LATEST MEETING LISTINGS, UPCOMING EVENTS AND MORE AT WWW.SONOMACOUNTYAA.ORG

For a monthly email with a link to the online version of this newsletter, send an email to: newsletter@sonomacountyaa.org with "Subscribe SCIF" in the subject line.

4TH ANNUAL UNITY & SERVICE CONFERENCE

July 19 - 21, 2019

CONCORD HILTON, 1970 DIAMOND BLVD, CONCORD, CA



APPLYING OUR TRADITIONS & CONCEPTS TO REAL LIFE

Bob D., Las Vegas, NV
Scott H., Kamloops, BC
Meg & Drew B., Concord, CA
Vikki R., Yuba City, CA
Melissa L., Rochester, NY
Jeanne Woodford, CA

Sponsoring: Using All 3 Legacies
AA Around the World
Three Legacies in Relationships
Safety in AA
Concepts in the Home Group
Speaker - Past Class A Trustee
& Past San Quentin Warden

Service Panel Speakers + Bonus Workshops

Friday Night Ice Cream Social*
Saturday Evening Banquet*
Showcasing Highlights from the AA Play "In Our Own Words"
Sunday Morning Concepts Breakfast*

THIS IS A SELL OUT EVENT! Register at: UnityAndServiceConference.org
Base Registration: \$35. *Ticketed events require Pre-Reg due to availability!

[Hilton Hotel Discounts](#) available until June, 2019, or until hotel block sells

SERVICE OPPORTUNITIES:

- **Bridging the Gap** - By providing a temporary contact, Bridging the Gap helps newcomers make the transition to Alcoholics Anonymous in his or her home community.
- **Teleservice** needs AA members to answer the phone. Calls are forwarded to your own cell phone. Be the first person to help a struggling alcoholic! Call (707) 544-1300 to sign up.
- **H&I** needs speakers to bring the message of hope to the still suffering alcoholic that cannot get out to meetings. See the bottom of Page 4 for more details!
- **PI/CPC** needs speakers to bring the message of hope and general information about AA to the public, such as high schools and DUI classes.

See the contact information on the back page or attend any of these committee business meetings for more information!

MEETINGS STILL NEEDING SUPPORT:

SANTA ROSA - Saturdays 6:30pm "Simply AA"
1620 Sonoma Ave.

PETALUMA - Friday 10 am Book Study at
Petaluma Alano Club

COTATI - "Friday Night Live" 8pm
Ladybug Park Clubhouse

To have your meeting listed here, please email newsletter@sonomacountyaa.org

The SCIF Newsletter is made possible through the contributions of our members. Please read this newsletter and pass it on! This newsletter is also available online at www.sonomacountyaa.org

Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length and content that may violate A.A. Traditions.

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Glenn C.
Asst. Manager: Carolyn A.
Phone: (707) 546-2066
Fax: (707) 566-9677
Email: bookstore@sonomacountyaa.org

SUMMER HOURS

Mon-Fri: 10am - 6pm
Saturday: 11am - 3pm
Sunday: Closed

The Bookstore is Closed
on these Upcoming Holidays:

Independence Day July 4
Labor Day Sept. 2
Thanksgiving Nov. 24

AAWS GUIDELINES FOR NEWSLETTERS:

"Newsletters or bulletins published by central offices may include not only office news and events, but similar information about the groups and committees served by these offices (such as meeting times, openings of new groups, or changes of group meeting locations or officers). Frequently, material from A.A. literature is reprinted and discussed, and articles on subjects of interest to A.A.s are also published. Experience indicates that, as in most A.A. service activities, it is prudent to make a committee (rather than one or two individuals) responsible for the format, planning and content of the bulletin."

(From "A.A. Guidelines, Central or Intergroup Offices"
http://www.aa.org/en_pdfs/mg-02_centralorinter.pdf)



SOBRIETY UNDER THE SUN 2020

Puerto Vallarta, Mexico

JANUARY 17-19, 2020

REGISTRATION OPENS JULY 1, 2019 AT AAPVCONVENTION.COM



Danville - Diablo Speaker Meeting

Alcoholics Anonymous

1st Saturday of the Month

8:00 PM - Doors Open at 7:30pm

Signing available for the hearing impaired



Celebrate Your Birthday!

30, 60, 90 day, 1 year+

Join Us!
For the
Big Speaker
Meeting

COMMUNITY
PRESBYTERIAN
CHURCH
222 W. El Pintado
Danville, CA

June 1 - Mike F, Chandler, AZ

July 6 - James T, Auburn, CA

August 3 - Dave W, Sacramento, CA

Sept 7 - Earl H, Los Angeles, CA

Oct 5 - Ralph W, Los Angeles, CA

Nov 2 - Ron D, Lincoln, CA

Dec 7 - NO MEETING

Jan 5 - Robert H, Danville, CA

*Note from the Editor:
Don't miss
this one!*

SAVE THE DATE FOR UNITY DAY 2019 - COMING ON OCTOBER 19, 2019!

MEETING CHANGES

MEETING CHANGES

SANTA ROSA - Monday 8pm
"Monday Night Speaker Meeting"
changed from closed to open meeting

SANTA ROSA - Thursday 6pm
"About Time Group"
moved to: 4275 Montgomery Dr. (cafe)

MEETING CHANGES

SANTA ROSA - Thursday 6pm "Women's Big Book"
New name: "Reading Between the Lines"
(Still a women's meeting)

SANTA ROSA - Thursday 8pm "Grin and Win"
changed from closed to open meeting

NEW MEETINGS

HEALDSBURG
Friday 7:30am (o)(w) "A Sober Affair"
Church - 209 Matheson
This meeting was erroneously listed as being at
7:30 PM - it is 7:30 AM

NO LONGER MEETING

PETALUMA - Thu. 7pm "Sunlight of the Spirit"
SANTA ROSA - Wednesday 1pm "By The Book"

To report meeting changes, please send an email to meetingchanges@sonomacountyaa.org
or contact the SCIF Office at 707-546-2066

A MESSAGE FROM A MEMBER ON MENTAL HEALTH IN SOBRIETY

"When introduced to AA at age 30, I had already made the round of doctors and therapists without finding relief—or even a clear diagnosis—of my own mental and emotional problems. My drinking, and the wreckage in its wake, effectively cloaked all other issues. I grabbed gratefully on to Step 2—it did not say "restored to sobriety." It said "sanity." Finally, hope! I tried to stay sober on the steps and meetings. That worked. Still does—33 years continuously from the day I walked into the rooms. I struggled to be more sanex, to find a balance between sleepless highs and deepest depression on Steps, Meetings, Prayer, Service. That didn't work so well. I often semi-joked that while Step Two said God "could," it didn't say "when." Double digits in, I would say "I'm still waiting."

I failed to take into account the information in the Big Book that we should not disregard human health measures. That God has amply provided us with good doctors and psychiatrists who are often helpful with the new man and following his case afterward. That the way God could restore us to sanity might be through God's provision of these caring experts. I had to reach the point, at 31 years sober, of my marriage foundering on the shoals of being on the verge of suicide, being forcibly picked up on a mental health hold, hands cuffed behind my back and taken to a locked facility. That humbled me into willingness to ask for the human health measures recommended in the Big Book.

Two years later, I am still sober, sponsoring dually diagnosed members, and privileged to participate in the committee organizing the Workshop on Mental Health in Sobriety. There are still opportunities for service—contact Alan W at 805-835-3027 or anemonenity@gmail.com. Together, we hope to share information, increase awareness, and better support one another—not just as alcoholics with "outside issues" but as an entire fellowship.

And please join us for an afternoon of experience, strength, and hope at the workshop on Saturday, July 20, from 1:00 to 5:00 at the church at Steele and Range."

-Sarah B.

ACCESS SONOMA COUNTY

Mental Health in Sobriety 2019

Saturday July 20 1:00pm – 5:00pm

Community of Christ Church

1495 W Steele Ln, Santa Rosa, Ca 95403

Speaker Panels, Speaker Discussion, Q & A

Come join us for an afternoon of sharing Experience, Strength and Hope on thriving with mental health issues in sobriety.

Please join us, our sponsors, our fellows, and health professionals to share information, increase awareness, and support one another.

Bring FM Radio for Assisted Listening and Spanish Translation
ASL Interpretation provided if requested before June 20.

Sonoma County Intergroup Fellowship Seminar

Alcoholics Anonymous and Multiple Addictions

- * One primary purpose (5th Tradition)
- * Carrying the message to the alcoholic who still suffers
 - * What about other addictions, ie. Drugs, etc.?
 - * Sharing about other addictions in an AA meeting

3 Panel Speakers

Q&A plus Group Discussion

WEDNESDAY 7/31/19 6:30 pm – 8:00 pm

750 Mendocino Ave #10 Santa Rosa (Book Store)

Questions? Call Jeff @ (707) 703-0494

SONOMA COUNTY INTERGROUP FELLOWSHIP BOOKSTORE

We have lots of AA visors and a number of different AA-themed caps for sale at the Bookstore!



Sale Book for July:
Beginners' Book:
regular price \$13.49,
sale price \$10.80
(plus tax)



750 Mendocino Avenue, Suite 10, Santa Rosa
707-546-2066; Monday - Friday 10AM - 6PM, Saturday 11AM-3PM

WAS SOMEONE THERE FOR YOU?

Did you or someone you know call the 24-hour Hotline for help before knowing anything about AA? Did someone pick up the phone? It may have been one of our diligent Teleservice volunteers! Can you help too?

The "A.A. Hotline" furnishes a vital service for Alcoholics Anonymous and is staffed by volunteers serving on the Sonoma County Intergroup Fellowship Teleservice Committee. These trusted servants provide a personal point of contact, around the clock, seven days a week, and are often the caller's first connection with Alcoholics Anonymous. We provide information to callers about meeting schedules and changes, answer questions about A.A. We also provide contact information for detox and residential facilities, alcoholism services in other areas, and information to family members and friends of alcoholics, including contact information for Alanon and Alateen.

Perhaps most importantly, we refer callers in need of help to 12th-Step Volunteers ("12th-Steppers") to follow up with personal assistance. Hotline volunteers answering the phones take the caller's contact information and forward it to a 12th-Stepper for follow up.

Right now, Teleservice is recruiting 12th-Steppers who will be willing to accept referrals for personal 12th-Step work with suffering alcoholics. Volunteers must have one year of continuous sobriety, familiarity with the Steps and Traditions, and have desire to help other alcoholics one-on-one.

Teleservice is also recruiting volunteers to cover shifts on the 24-hour AA hotline. The hotline answering service forwards calls to the volunteers personal landline or mobile phone line. Shifts are 4 or 5 hours long or overnight. We especially need folks who could cover daytime shifts during the week, e.g. Wednesday or Thursday. Volunteers must have one year of continuous sobriety, working knowledge of the Steps and Traditions, and have completed an orientation/training session.

Our next orientation/training will occur during our Volunteer Appreciation BBQ on Tuesday, July 9, 2019 at 6:00 pm at the residence of Mike H. Contact Mike at Teleservice@SonomaCountyAA.org for details. All hotline volunteers are encouraged to attend and share their experience, strength and fellowship with new volunteers.

GREETINGS FROM GENERAL SERVICE!

July is a busy month for us! On July 1st, at the Delegate's BBQ in Santa Rosa, our Delegate Teddy B. will share what he felt, saw and heard at the 69th General Service Conference in New York. Delegates from all over the United States and Canada met in May, bringing our group consciences on many agenda topics, including a 5th edition of the Big Book. In New York, our voices were heard, resulting in actions and recommendations which we will hear about at the BBQ. All are welcome to attend!

I attended the Pre-Conference assembly in April in Santa Rosa where 500 gathered, passionately relaying their group consciences so that Alcoholics Anonymous is accessible to all and will be here for generations to come. I was a GSR for 2 years and I now serve as District Committee Member (DCM) for Subdistrict 09 (West Sonoma County). Unfortunately, there are many "quiet" groups in our Area that do not have GSRs and therefore are not able to give their group consciences on so many important issues, not only for members of AA today, but for the still suffering alcoholic yet to reach us. If your group does not have a GSR – you can have a voice - come check us out! Our District meeting is on the 1st Monday each month at Faith Lutheran Church on Newanga, in Santa Rosa, at 7:30 p.m. We would love to see you there!

Yours in service, Jude H.
DCM Subdistrict 09
General Service

PI/CPC

The PI/CPC committee continues to roll along, distributing literature around the county at various locations including Police stations, Hospital ER's, Libraries, Senior Centers, Dr's office's, Family Court Services, Family Justice center and the like. We continue to make presentations at the Sonoma DDP, High Schools and other professional organization who have contact with the active alcoholic. This is truly a rewarding opportunity for anyone interested in helping AA carry its message of Recovery.

Speaking of High Schools, our Schools Coordinator had to step down and we have an immediate need to fill this position! We also need an Alternate Chairperson.

There are numerous other opportunities to be of service and we invite anyone interested in this type of service to join us at our next meeting. There is a 2-year sobriety requirement for speaker training and a 1-year sobriety for young speakers. Even if you don't want to speak you can still be of service doing outreach or helping with literature distribution, we would be only to happy to have you, it doesn't get done without participation. Who is responsible? We are.

We meet on the second Wednesday of the month at Santa Rosa City Hall in the employee lounge, known as the "underground". Speaker training starts at 7:00 pm with the business meeting following at 7:30 pm which usually lasts about an hour.

Nick R., PI/CPC Chair

SERVICE MEETINGS & EVENT - JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 DELEGATE'S BBQ 6pm - Faith Lutheran Church 4930 Newanga Ave., Santa Rosa	2	3 H & I Community of Christ Church 1495 W. Steel Lane, S.R. 5:45pm New Rep Orientation 6:15pm Business Meeting	4	5	6
7 SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	8 SCIF SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:30pm ICSC Meeting 7:30pm Intergroup Steering Committee Meeting	9 TELESERVICE BBQ Home of Mike H. 6:00 pm Contact Mike at teleservice@sonomacountyaa.org	10 PI/CPC Santa Rosa City Hall Underground 7:00pm Speaker Training 7:30pm Business Meeting	11	12 AUGUST NEWSLETTER DEADLINE - 5pm	13
14	15	16	17 BRIDGING THE GAP SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:00pm New Rep Orientation 6:30pm Business Meeting	18 UNITY DAY PLANNING COMMITTEE SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 7:00pm	19	20 MENTAL HEALTH IN SOBRIETY WORKSHOP Community of Christ Church 1495 W. Steele Ln, S.R. 1-5 pm
21 SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	22 INTERGROUP St. Luke Lutheran Church 905 Mendocino Ave., S.R. 7:00pm New Rep Orientation 7:30pm Business Meeting	23	24	25	26 UNITY IN SERVICE CONFERENCE	27
28 HAPPY TRAILS HIKE Meet at Coddington Post Office to carpool 10:00 am	29	30	31			

SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES

May 27, 2019

The meeting opened at 7:30pm with the Serenity Prayer and Preamble.

Tradition 5: Molly; Concept 5: Vernon

INTRODUCTION OF NEW REPRESENTATIVES: Peter R. Friday Nooners, Isabella C. – Kenwood Group, Justin O. – Sonoma Valley Fellowship, Vernon M. – Signs of Sobriety, Jeff L. – Check it Out, Molly C. – Thurs. Night Round Table, Steve H. – Lost then Found, Marji B. – Serenity Fellowship, Jo V. Expect a Mirable, Regina – Sat. Morning

BIRTHDAYS: Jerry (32 yrs.), Steve (11 yrs.), Mary Ellen (18 mo.), Jeff (1 yr.), Eric (23 yrs.)

ELECTION OF Secretary: Erin made herself available and was elected.

OFFICER REPORTS:

Chair: (Justin C.) Thank You Johnny and Brian for set-up. Rent for the hall was reduced from \$120 to \$75 because the church was no longer providing set-up.

Vice Chair: (Amber H.) There were 8 new reps at orientation. Encouraged all new reps to come to the orientation next month. Thank you to our setup folks asked for volunteers for next month.

Secretary: (Serena B.) Minutes were passed. Resigned from position due to work conflicts.

Treasurer: (Suzanne L.) The Central Office income for April 2019 includes \$5,818 from Group Contribution, \$750 from Group Insurance Collections, and \$14 from Bank Interest for a total of \$6,582. Total expenses for April were \$3,851. The Bookstore income for April 2019 includes \$7,501 in sales and \$750 from Group Insurance Collections for a total of \$8,251. The Bookstore expenses were \$7,451. We had a new gain of \$3,532 in April. Year-to-date, our income is \$57,667. Our expenses are \$45,173, leaving a net gain of \$12,494. There was an error in the March 2019 report. Bookstore expenses were overstated \$3,899. The actual Bookstore expenses were \$7,773, not \$11,672 as erroneously reported.

Registrar: (Max B.)

COMMITTEES:

ICSC: (Amy B.) Currently reviewing the ICSC handbook. Approved funding for Glenn (Bookstore Manager) to attend trip to AA office manager conference. Will be working on Glenn's review.

BOOKSTORE: (Glenn C.) June sale book: Happy, Joyous and Free, regular price \$13.49; sale price \$10.80. The Bookstore has jewelry available.

Activities: (David O.) No Report

Alkathons: (Kevin) Holiday alkathon locations are locked in at Range & Steele. Looking for co-chairs to assist.

Newsletter: (Ryan L.) New design. Service opportunities and meetings needing support are located on the front page. Deadline for next newsletter is June 14, 2019.

Outreach: (Julian S.) Asks that we suggest Intergroup representation at any meetings we attend that do not have a representative.

Seminars: (Jeff R.) Next seminar will be May 29th at the bookstore from 6:30pm-8pm. Topic is "Anonymity"

Teleservice: (Mike H.) Shifts are currently open for Wed and Thurs during the day 9-1 am shift & 1-5 pm shift. We also have overnight shift availability. There will be a teleservice training on June 11, 6pm at the bookstore. If you are interested in signing up for 12-step calls, use the sign-up sheet or contact Mike.

ICSC NOMINATING COMMITTEE: (Monica. B) We are looking for candidates for our next election in October. If you know of someone interested, please have them contact the nominating committee – you do not need to be a member of Intergroup.

LIAISONS:

SOCYPAA: (Tatianna.) We celebrated our 15 year anniversary on May 25, it was well attended. Our next event is a campout at Lake Berryessa June 14-16. To register: socypaa.org or \$25 at the gate.

Spanish Central Office: (Chris) Meeting time changed to third Wednesday of the month, 7-9pm. We are having the 23rd anniversary of La Vina. The individual meetings hold anniversary celebrations on the meetings anniversary.

H&I: (Lee. J) The 46th Annual Conference was held May 3rd - 5th. We continue to seek out people to carry the message into hospitals and institutions.

GENERAL SERVICE: (Claudia) Now that we are done with the Pre-Conference what's next? We have a Post Conference Assembly in Vacaville June 15th where our Delegate Teddy will share what he heard saw and felt at the Conference. (Side note - this is where the business of AA is done.) We are an upside-down organization if you have ever seen the structure chart it shows the groups are on the top and trustees are at the bottom. Our sharing sessions you may have been a part of with the GSR's are how the groups participate in this business. Bill W. wrote in Concept 1: "The A.A. groups today hold ultimate responsibility and final authority for our world services." What an amazing process to be a part of. We will get to hear what happened to all those motions. On a more personal level you will get to hear Teddy July 1st at our Delegates BBQ up on the church on Newanga, 4930 Newanga Avenue. We will feed you hamburgers, hotdogs, veggie burgers and supply the drinks and entertain you with Teddy's experience in New York. Please bring a side dish or dessert to share if you plan on coming.

Bridging the Gap: (Mary Ellen) Available to help newcomers get set up in a home group. They have a very large network that assists wherever the need is for the newcomer. Meetings are held the 3rd Wednesday of the month, 6:30pm at the bookstore.

PI/CPC: (Erin) We are looking for a younger crowd to go into local high schools to speak.

Access Sonoma County: (Claudia) Our next workshop will be July 20 1-5pm on Mental Health in Sobriety. Sign up for rides or meetings on wheels.

OLD BUSINESS: None

NEW BUSINESS: None

Group Representative Sharing: (John) Cache Creek on June 21-23, come join the fun.

Meeting adjourned at 8:18pm with the Responsibility Statement
-In Service
Serena B.

Example of Suggested Group Contributions to A.A. Service Entities:

- 50-70% to Intergroup;
 - 10-30% to Local General Service;
 - 10-20% to CNCA;
 - 10-20% to GSO New York;
- (To be determined by each group)



SCIF FINANCIAL SUMMARY - MAY 2019

	May-19			May-18		Year to Date		2019	2018	difference
	Income	Expense	Net	Net	Income	Expense	Net	Net		
Group Supported:				Comparison				Comparison		
Central Office		(2,317)	(2,317)	(3,275)		(11,940)	(11,940)	(12,591)	651	
Groups	4,343		4,343	2,953	29,343		29,343	20,690	8,653	
Individuals	0		0	0	0		0	0	0	
Group Insurance Collections	350		350	0	1,425		1,425	0	1,425	
Directories		(202)	(202)	(235)		(1,008)	(1,008)	(977)	(31)	
Pamphlets & Cards		(259)	(259)	(123)		(1,185)	(1,185)	(832)	(353)	
Newsletter		(472)	(472)	(489)		(2,418)	(2,418)	(2,399)	(19)	
Teleservice		(481)	(481)	(361)		(2,542)	(2,542)	(1,727)	(815)	
Interest/Bank Charges	14		14	4	59		59	17	43	
<i>Subtotal</i>	<i>4,707</i>	<i>(3,731)</i>	<i>976</i>	<i>(1,524)</i>	<i>30,828</i>	<i>(19,094)</i>	<i>11,734</i>	<i>2,180</i>	<i>9,554</i>	
Self Supported:									0	
Bookstore	7,651	(7,396)	255	(1,226)	38,122	(37,206)	916	(1,353)	2,268	
Group Insurance Collections	350		350	0	1,425		1,425	0	1,425	
Alkathons			0	0			0	0	0	
Activities			0	0			0	0	0	
Seminars			0	0			0	0	0	
Unity Day			0	0	0		0	0	0	
<i>Subtotal</i>	<i>8,001</i>	<i>(7,396)</i>	<i>605</i>	<i>(1,226)</i>	<i>39,547</i>	<i>(37,206)</i>	<i>2,341</i>	<i>(1,353)</i>	<i>3,693</i>	
TOTAL	12,707	(11,127)	1,581	(2,750)	70,374	(56,300)	14,074	827	13,247	
Assets & Liabilities										
Cash in Bank & Petty Cash		60,481			Memo: Cash in Bank & Petty Ca		60,481			
Prepaid Expenses		5,841			Prudent Reserve		(39,113)			
Bookstore Inventory		20,569			Liabilities		(6,659)			
Property		2,008								
<i>Subtotal</i>		<i>88,900</i>			Operating Reserve		14,709		14,709	
Liabilities		(6,659)								
Total Assets & Liabilities		82,241								

INTERGROUP TREASURER'S REPORT - MAY 2019

The Central Office income for May 2019 includes \$4,343 from Group Contributions, \$350 from Group Insurance Collections, and \$14 from Bank Interest for a total of \$4,707. Total expenses for May were \$3,731.

The Bookstore income for May 2019 includes \$7,651 in sales and \$350 from Group Insurance Collections for a total of \$8,001. The Bookstore expenses were \$7,396.

We had a net gain of \$1,581 in May 2019.

Year-to-date, our income is \$70,374. Our expenses are \$56,300, leaving a net gain of \$14,074.

In service,
Susanne Lake, Treasurer

HOSPITALS & INSTITUTIONS REPORT

"I am a firm believer in both guidance and prayer. But I am fully aware, and humble enough, I hope, to see there may be nothing infallible about my guidance.

"The minute I figure I have got a perfectly clear pipeline to God, I have become egotistical enough to get into real trouble. Nobody can cause more needless grief than a power-driver who thinks he has got it straight from God." [Bill W. Letter, 1950]

On June 5, 2019, the Hospitals & Institutions Committee welcomed new meeting reps Phillip, representing Sonoma County Men's Stag (Cotati); Kris, North Bay DOTR, (Santa Rosa); Justin, North Bay DOTR (RP/Cotati); Nick, No Frills Group; Bobby, Alive & Well in Fulton Group; Sean, Fri Night Vets; Julian, Petaluma Valley Group; Michele, Oaks Fellowship; Fritz, Serenity Fellowship; Lori, Fresh Air Group; Bev, Woman's Book Study (Healdsburg); Emily, Beginners Group; and Sue, Tonight Group (Occidental). Thank you all—your service is much appreciated!

Over 36 years of sobriety was being celebrated by H&I members for the month of June!

Are you willing to share your gift of sobriety with an alcoholic who is confined? For suggestions on how to do just that, please come to the next meeting of the H&I Committee, Wednesday, July 3, 2019, at 6:15 pm. As always, everyone is welcome to attend the orientation that begins at 5:45. The location is the Community of Christ Church, 1495 W. Steele Lane, on the corner at Range Avenue (parking is on Range, behind the church, with additional parking at the ice arena).

In service,
Mardi

A.A. HOTLINES

Santa Rosa 707-544-1300
 Sonoma 707-938-8508
 Spanish Speaking 707-623-6702



BRIDGING THE GAP

What could be more terrifying than your first day out into the real world after a few days or weeks of drying out and not having anywhere to turn?

Many of us have been there and know that those first hours and days is the most threatening time in our newly discovered path to sanity and redemption. Bridging the Gap does just what it's name implies; we reach out to those most vulnerable and provide an introduction to the greater community of AA.

We take the work of AA into institutions around the county and we offer a friendly welcome to our new sisters and brothers as they start their walk of sobriety. If you're looking to be of service, we need volunteers! Come to our monthly meeting to get involved! -Tyler H.

INTERNET LINKS

Alcoholics Anonymous:
www.aa.org

Sonoma County Intergroup Fellowship:
www.sonomacountyaa.org

SOCYPAA (Sonoma County Young People in Alcoholics Anonymous):
www.socypaa.org

Northern California Coastal Area 06:
www.cnca06.org

AA Grapevine:
www.aagrapevine.org

MAILING ADDRESSES

Sonoma County Intergroup Fellowship
 750 Mendocino Avenue, Suite 10
 Santa Rosa, CA 95401-4846

Sonoma County General Service
 P.O. Box 536
 Santa Rosa, CA 95402

H & I Area 22 - Treasurer
 P.O. Box 192490
 San Francisco, CA 94119-2490

General Service Office
 P.O. Box 459, Grand Central Station
 New York, NY 10163

California Northern Coastal Area - Treasurer
 P.O. Box 884222
 San Francisco, CA 94188

Sonoma County PI/CPC*
 P.O. Box 11305
 Santa Rosa, CA 95406

SOCYPAA
 1275 4th St., #221
 Santa Rosa, CA 95404

*funded solely through Sonoma County General Service

CONTACT INFORMATION

(All emails @sonomacountyaa.org)

SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

Chair	Justin C.	intergroup@
Vice Chair	Amber H.	vice-chair@
Secretary	Erin	secretary@
Treasurer	Susanne L.	treasurer@
Registrar	Max B.	registrar@

COMMITTEE CHAIRS

Activities	David	activities@
Alkathons	Kevin H.	alkathons@
ICSC	Barry D.	icsc@
Seminars	Jeff R.	seminars@
Outreach	Julian S.	outreach@
Teleservice	Mike H.	teleservice@
ICSC Nominations	Monica B.	icscnic@

COMMUNICATIONS

Newsletter	Ryan L.	newsletter@
Website	Kelly E.	webmaster@
Meeting Changes	Russell	meetingchanges@

SONOMA COUNTY GENERAL SERVICE

DCMC	Claudia N.	generalservice@
Treasurer	Denise G.	treasurer-gs@
Registrar	Bengamin G.	registrar-gs@
Archivist	Lora L.	archivist-gs@
Grapevine	**VACANT**	grapevine@
Access Sonoma County	Kelli E.	asc@
Bridging the Gap Chair	Jay B.	btg@
PI/CPC	Nick R.	picpc@
Interpret/Translation	Brian W.	it@

HOSPITALS AND INSTITUTIONS COMMITTEE

Chair	Steven H.	handi@
-------	-----------	--------

SONOMA COUNTY YOUNG PEOPLE IN A.A. (SOCYPAA)

Intergroup Liason	Tatiana	socypaa@
-------------------	---------	----------

Suggestions for SCIF Newsletter Welcome!

Please send any corrections, suggestions, submissions or comments about the Sonoma County Intergroup Fellowship newsletter to: newsletter@sonomacountyaa.org