



## sonoma county Intergroup Fellowship

# NEWS JULY 2006

Get the latest meeting listings, upcoming events, and more, at [www.sonomacountyaa.org](http://www.sonomacountyaa.org)

## New Research Shows A.A. Coffee Makers Save Lives

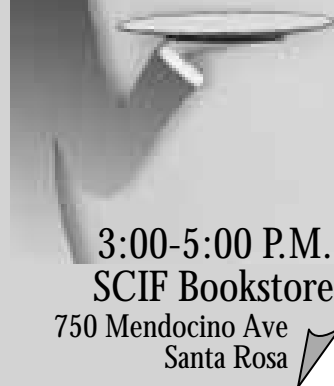
According to researchers at Kaiser Permanente, drinking coffee may reduce the risk of alcoholic cirrhosis of the liver by as much as 20 percent per cup — if you drink 4 or more cups each day.

The researchers studied data from more than 125,000 people, with medical records going back to 1978.

"Consuming coffee seems to have some protective benefits against alcoholic cirrhosis, and the more coffee a person consumes the less risk they seem to have of being hospitalized or dying of alcoholic cirrhosis," said Dr. Arthur L. Klatsky, lead author of the study. Klatsky adds that the best way to avoid alcohol-induced cirrhosis is not to drink more than

*Continued on page 5*

### SERVICE SEMINAR JULY 15, 2006



3:00-5:00 P.M.  
SCIF Bookstore  
750 Mendocino Ave  
Santa Rosa

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#### Birthdays

Bill H.	6/17/72	34
Susan M.	6/10/95	11
Cici E.	6/18/96	10
Jeanine S.	7/1/98	8
Jay B.	7/22/98	8
David L.	7/4/00	6
Stan K.	7/7/00	6
Marie R.	7/13/01	5

## Annual Founder's Day Picnic: Polar Bears Posed No Threat

It felt like a spring day in Alaska during our 71<sup>st</sup> annual Founder's Day Picnic at Doyle Park on Saturday, June 10<sup>th</sup>, but that didn't stop Shirley J. from sharing her experience, strength and hope during the meeting under the huge oak tree. Shirley did have to share the entire meeting wearing a down parka, a ski mask and some leg warmers but she did a great job!

A huge thank you to Spiritual Mark, Food Maxx Ria, Tattooed Bonny, Triathlon Dawn, BBQ Steve, Helpful Melody, The Jay Crew, Billy Boy, Yosemite Sam and everyone else who pitched in and helped shop, cook, clean and entertain. You guys are awesome!!

The next big event is the "Summer of Love" AA dance on Saturday, August 26<sup>th</sup> at the Sebastopol Community Center. Dig out your head bands, patchouli oil, tie-dye, platforms, and your peace signs, and celebrate the 60s! The meeting starts at

7pm and the dance will start at 9pm. The suggested donation is \$10 and as always, the meeting is free. Bob K. will be the AA speaker.

Has God been bugging you to volunteer for some kind of AA service? This might be the perfect fit for you. Call me and I'll hook you up with a commitment.



Despite sub-arctic temperatures, there were no reports of polar bears near Doyle Park!

Monika G.

Have a Happy, Joyous, and Free  
4th of July

# May 2006 Sonoma County Intergroup Fellowship General Meeting

Meeting opened with the Serenity Prayer

**Readings:**

- Tradition 5: Brian
- Preamble: Jerry
- Concept 5: Jeremy

**Introduction of new representatives to Intergroup:**

- John C., from Working Winners;
- Jeff, from the New Life Group;
- Joan, from the Women's Book Study;
- Courtney, from Up the Steps;
- Shannon, from Women's Growing Pains.

**March Birthdays:**

- Bob K., 14 Years
- Donna, 2 Years
- Jim, 7 Years
- Shirley, 22 Years
- Tanya, 1 Year

**LIAISON REPORTS**

**H&I Report:** Bert filled in for Mark V. and reminded folks that H&I meets on the first Wednesday of each month at the Senior Center with an orientation for those interested in this service commitment taking place at 5:30PM, followed by the business meeting at 6:00PM. The 59<sup>th</sup> Annual Conference will be held on July 7, 8, & 9<sup>th</sup> in Sacramento, CA. The 36<sup>th</sup> Annual H&I Conference will be held in Petaluma on August 13, 14, 15<sup>th</sup> 2007. Volunteers are needed.

**General Service:** Bill, substituting for Kenin H. reported the GSR Delicate returned from New York and stated the conference was awesome, amazing, and intense.

**PI/CPC Report:** Dave R. Encouraged anyone wanting to be of service to this committee that they meet the 2<sup>nd</sup> Wednesday of every month at SR City Hall lounge with speaker training at 7:00PM and the business meeting at

7:30PM. They are in need of volunteers. He explained that the function of the group is to provide accurate information about A.A. and to distribute literature to hospitals, police stations, hotels, jails, libraries, etc. They are in need of speakers for the County's drinking-driving program. This commitment requires two years of sobriety.

**Bridging The Gap:** Carolyn A. stated the purpose of BTG is to introduce the newly released residents of treatment facilities to AA in their local communities. They use a list of AA volunteers to coordinate with newly released AA newcomers and take them to their first meeting. All that is required to be a volunteer is 6 months of sobriety and a working knowledge of the steps. Having transportation is helpful. Business meeting is held on the 3<sup>rd</sup> Tuesday of the month at the AA Bookstore at 7:00PM. There were 26 local requests this past month.

**SOCYPAA:** Service positions will be available, needing volunteers. The 3<sup>rd</sup> Annual Finley Park BBQ will be on July 16 at Noon. There will be a Speaker meeting followed by volleyball and other activities.

**Access Sonoma County:** Diane W. reported that ASC meets at the 2<sup>nd</sup> Thursday of the Month at 6:30 PM at the Bookstore. She remarked that the Green Cans are not affiliated with ASC, they are to help support the Sign Language Meeting, which ASC supports.

**OFFICER REPORTS**

**Intergroup Chair:** Bob K. thanked all who are in service in Intergroup.

**Vice-Chair:** Tim P. reported at 7:30 new reps. are informed about Intergroup, its functions, etc.

**Treasurer:** John S. reported that contributions are improving. April was a good month! John mentioned

*(Continued on page 3)*

INTERGROUP OFFICERS			AA TELESERVICE		
CHAIR	Bob K.	<del>X</del>	PHONE LINE COORDINATOR	Dave R.	<del>X</del>
VICE-CHAIR	Tim P.	<del>X</del>	12 STEP COORDINATOR	James C.	<del>X</del>
SECRETARY	Bob P.	<del>X</del>	<b>AA HOTLINES</b>		
TREASURER	John S.	<del>X</del>	SANTA ROSA	707-544-1300	
<b>COMMITTEE CHAIRS</b>			LONG DISTANCE	800-224-1300	
SEMINARS	Jim B.	<del>X</del>	PETALUMA	707-762-5122	
ACTIVITIES	Monika G.	<del>X</del>	SONOMA	707-938-2027	
OUTREACH	Victoria H.	<del>X</del>	<b>OPEN SHIFTS</b>		
COMMUNICATIONS	Dave H.	<del>X</del>	Thursday 2 P.M.—6 P.M.	Saturday 1 P.M.—5 P.M.	
TELESERVICE	Stephen I.	<del>X</del>		Every other week	
ALCATHONS	Jeff S.	<del>X</del>	Thursday 6 P.M.—10 P.M.	Saturday 10 P.M.—8 A.M.	
				Every other week	



# Compliance Versus Surrender

For recovering people, there is a world of difference between these two states of mind, attitude and action. The results they engender are equally diverse. Those who honestly want a new way of life, free from mood and mind altering drugs will experience freedom through surrender.

Compliance indicates a lack of acceptance and understanding that whole-hearted change is necessary. Surrender means that I accept the real nature of addiction and will do what is necessary to stop the loss, misery and waste of my life. Change is possible and probable with surrender, and so are unbelievable blessings.

A belief that, "I'm the highest power I can accept" is one of the biggest stumbling blocks to sobriety. If I merely comply with the genius program of A.A., I'm still withholding parts of myself, my life, my will. I may be "going along with" the suggestions of the twelve steps and traditions, but I have a "holdout." I reserve full commitment and maintain an attitude of "We'll see," or "I doubt this will work for me."

Perhaps you don't understand the steps and traditions. Few do at first. Perhaps you haven't included a sponsor in your life, so that someone more experienced can help you. You may not be ready to ask for help. You may have missed the fact that this is a we program. Perhaps you're not open-minded, willing or honest — basic requirements for peace, serenity and joy in recovery.

"Compliance" has elements of aloofness and separation. "I'm different. I'm unique. I have strong



doubts this will work for me, but I'll let others think I'm trying." As we know, some believe they are too intelligent, too special, too different to accept a simple program which leads not only to abstinence but to joy, health, happiness and usefulness.

Surrender means leaving outcomes to God. Surrender means, "I give up the fight and choose recovery with all it asks of me." You can win when you surrender, when you select a "higher power" and input from those who have what you want: a better way of living. That is commitment. It is physical, mental and spiritual. Surrender spells success.

An old song lyric says, "All of me! Why not take all of me?" That's surrender. It's not a "maybe" state of mind. It's the path that leads you to sanity, bliss and success. It is total, and so are the rewards it brings.

Bonnie-Jean K.

## SCIF General Meeting *(Continued from page 2)*

that the reps of each meeting inform their treasurer to make sure the name of the group is on the check when Intergroup contributions are made.

Bookstore: Gloria reported volunteers are needed to work on Monday afternoon and every other Friday morning and afternoon at the bookstore. All chips will be half priced in July— a good time to stock up!

Registrar: Susy E. reported everything is fine. Last month 79 meetings were represented at the Intergroup meeting.

### COMMITTEE REPORTS

Outreach: Victoria H. is promoting Intergroup to the meetings she attends.

Activities: Monika G. reported the next dance will be called the "Summer of Love" on Saturday August 26. at the Community Center in Sebastopol. Volunteers needed!

Seminars: Jim B. said that the July 15th seminar will be from 3pm until 5 pm at the bookstore. Topic was pending.

Alcathons: Jeff S. mentioned that the Alcathons are in the near future.

Teleservice: Dave L. substituted for Steve I. and reported that the business meeting is held on the 2<sup>nd</sup> Monday of each month at 6:00PM at the Bookstore. Volunteers are need for various shifts and the Teleservice committee.

Newsletter/Communications: Dave H. volunteered and was elected as the new Newsletter Editor. The Newsletter Committee meets at the Bookstore at 6:30 pm on the 2<sup>nd</sup> Wednesday of the month.

Old Business: Need a volunteer, preferably with a business background and 1 year sobriety, to be a member of the Intergroup Central Service Committee at the Bookstore. Election postponed until next month.

New Business:

Group Concerns/Sharing: Is it appropriate to publish the results of a fund raising drive? Issue not resolved.

Summation: Tim P. outlined the meeting. Closed with the Serenity Prayer

*Gratefully In Service,  
Bob P.*

# Before The Groups

## SOS Fund-raising Drive Publication

In the May issue of the *SCIF News* we published the results of the recent "Green Can" fund-raising drive undertaken on behalf of the Signs Of Sobriety Group to pay for the professional services of American Sign Language interpreters at their meetings. A question has been raised as to the propriety of said publication.

It is not the mandate of Intergroup to formulate policy for its member groups; it is our policy to provide services deemed appropriate by those groups. And Intergroup policy should be formulated by the groups themselves.

Therefore we are providing arguments for and against this practice. Please read and share these with your group—we need your guidance in this matter.

Please note: we are not asking you to approve or disapprove the funding effort for ASL translation at this group. We're asking if you want us to publish the results of this effort quarterly in the *SCIF News*.

Thank you.

*Tim P., Vice-Chair, SCIF*



At the Intergroup meeting in May, an objection was raised to publishing this quarterly report. The reason initially given was that if Signs of Sobriety is allowed to publish a financial report, all the other meetings will want to as well!

Our response then and now is that our report is not a financial report for the meeting. ***It only details funds received and spent for interpreting services.*** Green can money is not used to pay for rent, coffee, literature, etc. Like most meetings, we provide a treasurer's report to the group which includes these expenses, but we do not consider such information to be of interest to the Fellowship as a whole.

Further discussion brought up that until now, only Intergroup has published a financial report in the Newsletter. H&I and General Service do not (therefore, SOS shouldn't either). Our response is that these other bodies have representatives to the groups who can share the information with the Fellowship.

Such a report falls within the guidelines for Newsletter content that was passed almost unanimously this year. The only reason we want to publish a quarterly report is that it is the best way for us to be accountable to the Fellowship. We respectfully ask that Intergroup refrain from hindering our attempt to fulfill the Responsibility Pledge as regards deaf alcoholics and allow us to publish a quarterly report of Green Can income and expense.

*Susan C., Intergroup Rep, Signs of Sobriety*  
*Janet D., Treasurer, Signs of Sobriety*

## Argument Against Publication

I am against publishing the results of a fund raising drive by the Signs Of Sobriety Group in our SCIF Newsletter.

First, I do not think this is a proper activity for an AA group, which, following our Seventh Tradition, ought to be self-supporting.

Second, the publication of an individual group's finances is not appropriate for our Intergroup Newsletter. We serve all the groups in Sonoma county, and we would not have room in our Newsletter to publish each and every group's financial information. So this would set a bad precedent.

*--John S., SCIF Treasurer*

[ARGUMENT IN FAVOR OF PUBLICATION]

## We Are Responsible, We Are Accountable

On December 26, 2005, by a vote of 14-10, Sonoma County Intergroup denied a request from the Signs of Sobriety meeting to provide funding for American Sign Language interpreters.

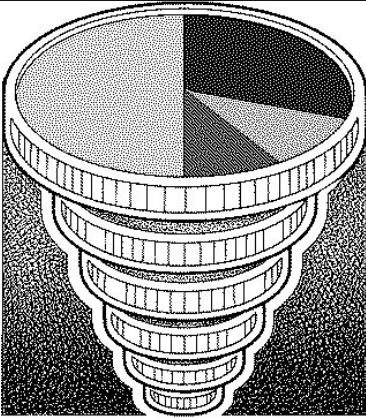
Because our small meeting provides this service on behalf of the entire Fellowship, we then requested assistance directly from the groups. Several meetings have elected to pass green cans for contributions, and miraculously we have received just enough funds each week to continue.

Of course this effort is not without controversy. Several individuals and groups have raised questions about accountability, our honesty and Tradition Seven. We determined that the best way to answer these was by providing the Fellowship with a detailed, quarterly accounting of the funds received and how they were spent.

The first such report was published in the SCIF Newsletter in May. It listed each meeting and its contribution during the first quarter of 2006 and showed how the money was spent – on interpreters only, not for group expenses

## Put In Your 2¢ Worth

Do you have something important to say, but no Intergroup Rep to say it for you? Call Victoria H. at 573-7330 and find out how you can make your voice heard.



Example of Suggested  
Group Contributions to  
AA Service Entities

- 50-70% to Intergroup
- 10-30% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

GROUP CONTRIBUTIONS

Coffee (Continued from page 1)

four cups of coffee a day, but rather to cut back on the booze.

**There was no correlation found between tea-drinking and a reduction in the risk of cirrhosis, and only a weak and statistically insignificant correlation between coffee-drinking and non-alcoholic cirrhosis.**

*Coffee, Cirrhosis, and Transaminase Enzymes.*

*Arthur L. Klatsky, MD, et al. Archives of Internal Medicine, June 12, 2006.*

Editor's Note: To read more on this, and similar studies, visit [www.webmd.com](http://www.webmd.com). While this study appears to be good news for coffee-drinkers, other studies present a more mixed message. And all of these studies ignore the benefits of making coffee to the coffee-makers themselves.

## HOSPITALS AND INSTITUTIONS

*"I may attain 'humility for today' only to the extent that I am able to avoid the bog of guilt & rebellion on one hand &, on the other hand, that fair but deceiving land which is strewn with the fool's-gold coins of pride. This is how I can find & stay on the highroad to humility, which lies between these extremes. Therefore, a constant inventory which can reveal when I am off the road is always in order." [Bill W., Grapevine, June 1961]*

At the June 8 meeting of the H&I Committee, we welcomed new reps Junette, for the Good Neighbor's Group; Matt, Men's Staff Group; Karen, Keep It Simple Group; Gary, Beginners Group; Rafa, Highlander's Group; William, Daily Reflections Group; Debbie, Saturday Nite Live Group; Matt Afternoon Delight Group; Leslie, Women's Growing Pains Group; Ryn, Sunday Nighter's Group; Stephanie, Traditions Group; Cindy, Windsor Group; Lynee, Harmony Group; Thomas, Southpark Survivors Group; and Jeff, Big Book Group. A warm hello and thank you to all. And the same goes for our visitors Bob, John and Eric—we hope to see you again!

The following folks were celebrating June sobriety birthdays: Connie, with 13 years; Margaret, 19; Judy, 12; Jim, 9 months; Jeff, 4 months, and last, but most certainly not least—**AA is 71 years old this month!!!**

Our five-minute shared was presented by Carmen B., who told how she came to AA and how she got involved in H&I and how important

(Continued on page 7)

## Happy Trails

The July Happy Trails will be hiking the Viet Nam Trail in Santa Rosa.

We will meet at the SCIF Bookstore  
750 Mendocino Ave  
at 10:00AM on Sunday,  
**July 30th.**



Bring water and a lunch and come along for a beautiful hike.

Lloyd XXX-XXXX



# SCIF CALENDAR • July 2006



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SCIF Bookstore .....750 Mendocino Ave. Suite 10 Faith Lutheran Church.....4970 Newanga Ave. St. Luke Lutheran Church.....905 Mendocino Ave . S.R Senior Center .....704 Bennett Valley Rd. S.R. City Hall Employee Lounge...First St. and Santa Rosa Ave.						1
2 <b>SOCYPAA</b> 1551 Montgomery 7:15 Business Mtg.	3 <b>General Service</b> Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	4	5 <b>Hospitals &amp; Institutions</b> S.R. Senior Center 5:30 New Rep Orientation 6:00 Business Meeting	6	7	8
9	10 <b>SCIF Bookstore</b> 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	11	12 <b>PI/CPC</b> S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting  <b>Newsletter</b> 6:30 SCIF Bookstore	13 <b>Access Sonoma County</b> SCIF Bookstore 6:30 Meeting	14	15 <b>SERVICE SEMINAR</b> 3:00—5:00 P.M. SCIF Bookstore
16	17	18 <b>Bridging The Gap</b> SCIF Bookstore 6:30 New Rep Orientation 7:00 Business Meeting	19	20	21	22
23/30 <b>Happy Trails</b> 10:00 SCIF Bookstore	24/31 <b>Intergroup</b> St. Luke Lutheran Church 7:30 Newsletter Collating 7:30 New Rep Orientation 8:00 Business Meeting	25 <b>General Service</b> District 12 Officers Meeting 6:15 SCIF Bookstore	26	27	28	29

## What Do We Do About These Treatment Center People?

Newcomers are a source of both joy and stress to our fellowship. They bring fresh eyes and fresh recovery to AA. However, they don't know about our traditions and our accumulated customs. As a newcomer, I didn't have it all down pat from the get go. With gentle guidance and your examples of how to behave in AA, I began to understand what I could expect from the fellowship and what was expected from me.

AA has a history of difficult newcomers starting with member #4 (Ernie G., the devil-may-care young person in Chapter 11). The difference between a single newcomer and vans of treatment center clients unloading on a meeting is the sheer number of new members. It's part of our history to take great care and trouble to help people who have problems in AA.

It has been my experience that correction within AA works best when done informally and gently. Isn't that how we would like to be treated?

Occasionally, I've seen where concerns need to be brought to a group's steering committee. After an informed discussion the group usually finds its own way of handling problems.

Would it be better to get a group like PI/CPC who is adept with talking with outside organizations to get involved and "inform" treatment centers about our traditions? PI/CPC will go to outside entities that ask us to do presentations very much like AA will make itself available only if the individual wants to recover. If a treatment center would like a presentation, PI/CPC will be glad to arrange one. However, it is well outside our scope of authority to go to treatment centers to lecture to them.

If you want to get involved so we can be as pro-active as we can be with people who refer people to AA (such as treatment center) we invite you to get involved by attending our PI/CPC business meeting at 7:30 P.M. on the second Wednesday of each month (July 12th) at the Santa Rosa City Hall employees lounge next to the underground parking garage.

-Yannick W.

## Women's Banquet

The women of the 12 Steps & 12 Traditions Book Study are holding a banquet on Friday, August 25<sup>th</sup>, at the Westview Christian Church, 3950 Doubles Drive, Santa Rosa. There will be speakers, raffles, and a door prize.

They need volunteers to help with planning, ideas, publicity, set-up, clean-up, decorations, selling tickets, and many other things.

Tickets are \$20, and on sale now! Proceeds will benefit the Sonoma County Central Office. Contact Wynny B. at (707) XXX-XXXX.

H&I (Continued from page 6)

this has been in her life.

Still looking for a way to serve AA? Maybe H&I is for you. All are welcome to attend the monthly orientation and/or business meeting. The next meeting is Wednesday, July 3, at the Santa Rosa Senior Center located at the corner of Bennett Valley Road and Rutledge Ave. (1 block east of Santa Rosa Avenue). The orientation begins at 5:30, the regular meeting at 6:00. Hope to see you there!

In service,

"Be humble for you are made of earth.  
Be noble for you are made of stars."

(Serbian proverb)



Astronomers have discovered a cloud of methyl alcohol nearly 300 billion miles across in the region of space known as W3(OH).

## Alcohol In Space

Astronomers at the Jodrell Bank Observatory at the University of Manchester have spotted a cloud of methyl alcohol in deep space that measures 288 billion miles across, a finding that could shed light on how giant stars are formed from primordial gas.

The Lead Investigator, Dr. Lisa Harvey-Smith, said the discovery "challenges some long-accepted views in astronomical maser research." Masers amplify and emit beams of microwaves much as lasers amplify and emit beams of light.

Harvey-Smith notes that "although it is exciting to discover a cloud of alcohol almost 300 billion miles across, ... methanol, unlike its chemical cousin ethanol, is not suitable for human consumption."

*Press Release, Jodrell Bank Observatory, U. of Manchester, April 19, 2006*

To fear is one thing. To let fear grab you by the tail and swing you around is another. ~Katherine Paterson

Some days there won't be a song in your heart. Sing anyway.

~Emory Austin

Don't try to be different. Just be good. To be good is different enough. ~Arthur Freed

I like to keep a bottle of stimulant handy in case I see a snake, which I also keep handy. ~W.C. Fields

## NEW MEETINGS

### Jenner

1st and 3rd (O) River Meditation  
Tue 7:00 PM (Women's meeting)  
Call 865-2248

### Petaluma

Sat 8:00 PM (O)(W) Last Chance  
Alano Club 221 Water Street

### Santa Rosa

Thur Noon (O)(W) Open Door Lit. Mtg.  
Oakmont 545 White Oak Drive

Sun 4:00 PM (O)(W) Women's Meeting  
525 Fifth Street

### Sonoma

Sat 4:30 PM (O)(W) Young People's Meeting  
Fellowship Hall 276 E. Napa St. (In back)

## MEETING CHANGES

### Petaluma

Tue 7:30 PM (O)(W) Birthday Meeting  
Last Tuesday Kenelworth School  
800 Riesling Road

### Santa Rosa

Thur 5:30 PM (O)(W) 12+12 Step Study  
Now a men's meeting  
Fri 5:30 PM (O) Signs of Sobriety  
Now at 330 College Avenue

## NO LONGER MEETING

### Santa Rosa

Wed 6:30 PM Steps To Serenity  
Wed 7:00 PM Backwoods Book Study  
Fri 8:00 PM Sonoma County Gay  
People's Group  
Sat 8:00 PM Light Birthday Meeting

## MEETING CODES

- (C) Closed meeting, alcoholics only.
- (O) Open meeting, anyone can attend.
- (W) Wheel chair access to meeting area.

To report meeting changes:  
Contact Russell

## Gloria's Corner

Chip Sale July 1/2 price. After this year, only meeting chips (bronze and aluminum—none of the fancy ones) will go on sale.

Openings every other Friday, 10AM to 2PM.

One of our volunteers, Joni B., passed on. She was a lot of help over the years. She will be missed.

I want to thank Carolyn and the gang for taking care of the Bookstore while I was on vacation.



Thanks a lot,  
**Gloria**

## ADDRESSES

### Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10  
Santa Rosa, CA 95402

### Sonoma County General Service

PO Box 536  
Santa Rosa, CA 95402

### Area 22 H & I Treasurer

PO Box 192490  
San Francisco, CA 94119-2490

### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163

### CA Northern Coastal Area Treasury

PO Box 884222  
San Francisco, CA 94188

### Sonoma County PI/CPC\*

PO Box 11350  
Santa Rosa, CA 95406

\*Funded solely through Sonoma County General Service

## BOOKSTORE

### SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10  
Santa Rosa, CA 95401

Manager: Gloria P.  
Phone: (707) 546-2066  
Fax: (707) 566-9677  
E-mail: aa@ap.net  
Hours: Mon-Fri 10-6  
Sat 11-3

The Bookstore is closed on these Holidays:

Memorial Day	May 29th
Independence Day	July 4th
Labor Day	September 4th
Thanksgiving	November 23rd
Christmas	December 25th
New Year's Day	January 1st

## CONTACT INFORMATION

Newsletter/Web: Dave H. [aa.news@dslextreme.com](mailto:aa.news@dslextreme.com)  
Meeting Changes: Russell

### Sonoma County General Service

DCMC: Margrete V.  
Alt. DCMC: Kenin H.  
Registrar: Chris B.  
Archives: Cory B.  
Grapevine Rep: DJ S.  
Literature: Ken M.  
Newsletter: Bill K.  
Bridging The Gap: Bob F.  
PI/CPC: Yannick W.  
Recording Secretary: Donna K.  
Treasurer: Vinny M.

### Hospitals and Institutions

Chair: Kelly T.

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