

## sonoma county Intergroup **Fellowship**



**February** 2009

Get the latest meeting listings, upcoming events, and more, at www.sonomacountyaa.org

#### SCIF SEMINAR AT THE BOOKSTORE

# Sponsorship is More Than Step Work



Wednesday, March 25, 2009 6:30pm to 8pm

Questions? Call Doug S. at 477-6231

#### **BOOKSTORE**

#### SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10 Santa Rosa, CA 95401

Manager: Linda M.

(707) 546-2066 Phone: Fax: (707) 566-9677 E-mail: aa@ap.net Mon-Fri Hours: 10-6

11-3

The bookstore is staffed by volunteers and is sometimes closed for lack of manpower.

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## Pink Panther Pajama Party

Friday Night, February 13th

Speaker meeting 8pm



Sebastopol Community Center 390 Morris Street, Sebastopol Volunteers Needed! Call Laurie E. 287-2481

#### **MEETING CHANGES**

#### Kenwood

#### **Kenwood Step Study**

Sunday 7:00 pm

-no longer meeting at 7:30

#### Monte Rio

#### Get on the Good Foot

Monday 12 noon (O) Church across from Fern's Friday 12 noon (O) Church across from Fern'st —no longer meeting at 6:30 pm

#### Petaluma

#### **Birthday Meeting**

Tuesday 7:30 pm moved to Alano Club, 955 Petaluma Blvd So

(moving back to Kenilworth School in April)

#### Santa Rosa

#### **Third Step Group**

Saturday 10:00 am -no longer meeting at 11:00

#### **First Timers and Come Backers**

Sunday 2:00 pm Fourth Sunday now a Tradition Study —no longer meeting at 4:00

To report meeting changes contact Russell 570-9268

#### **HEARD AROUND AA**

People who don't go to meetings don't find out what happens to people who don't go to meetings.

I'm not what I should be, I'm not what I want to be, I'm not what I will be, But thank GOD I'm not what I used to be!!!

Daily meditation for about 20 minutes is recommended for all in recovery; unless, of course, you're very busy-then you should meditate for an hour.

#### FROM THE EDITOR

Dear Sonoma County Fellowship -

I would like to take a moment to make a few comments on the newsletter. Since taking on the Newsletter/Comunications commitment a few months ago I have had plenty of material to work with – mostly submitted by our various committees and groups – in fact my biggest challenge has been to fit it all into the newsletter in some readable fashion.

Even though the newsletter has been pretty full, I welcome any articles or letters to the editor from the fellowship, which I will do my best to get into publication as space permits. The best way to submit material is by email, although anything directed to me via the bookstore will reach me. For material that is not time-sensitive, I will keep it until I can find a good spot. One request that we have decided that we cannot accomodate is the publishing of sobriety birthdays. We do not have the space to include everyone, so as a policy we have decided to not publish any in the future. There is always a tight timeline in order to get the newsletter printed, so all submissions should be made as early as possible. Our deadline is the second Friday of the month.

There is a Communications committee meeting on the third Thursday of every month, which is open to all who have an interest in what Intergroup presents in the newsletter as well as on the website.

I hope that everyone finds the newsletter informative and accurate. I appreciate all feedback if there are errors or omissions so that I can correct them in the future. SCIF will be holding elections for this committee chair along with the others in February. I plan to run, but anyone interested is welcome. We could always use help if there is someone with the necessary skills to be available as a backup editor.

Thank you for letting be of service. I am finding that being the editor has drawn me deeper into the AA program, and has given me a much better understanding of how all our various branches work together. As with all service, it has also kept me a little further away from that next drink!

Brian Z.



#### NOTES FROM THE BOOKSTORE

The past month has been a busy time at the Bookstore and Central Office. We were closed for a week and during that time many volunteers pulled together helping to paint, repair the carpet, move the computer system and finally place the shelves and books in their new locations. Thanks to everyone who spent their time and energy in this endeavor.

A team of incredible volunteers helped accomplish the renovation of the Bookstore at the beginning of January. Without these willing workers, we could not have completed this transformation with the time and budget available to us.

Our gratitude goes out to Michael, Kevin, Brian, Patty, Mark, Gene and Jessica, D.J., Barrie, Elizabeth and especially to Steve for organizing the supporting the volunteer crew. If you haven't yet visited the new Bookstore, stop by and enjoy their work.

In Service,

Linda M.

Central Office & Bookstore Manager

#### **TELESERVICE REPORT**

The 'AA Hotline' is answered 24/7 by a live alcoholic here in Sonoma County. I would like to recognize our Teleservice Committee members who help keep this essential service functioning so well;

Berrine De Marie H Bob K Robert H Rob S Rich S

Peggy S

Additionally I would like to recognize the volunteers who answer the phone and give their undivided and confidential attention to the callers. These people, it has been said, are kind of the 'front line of AA' here in Sonoma County.

Michael R Larry S Robert H Jack Mc Michelle G Sarah S Jeremy R Jim C Clarence P Cathy A Rob S Nancy S Dorothy L Berrine De Cindy S Jim L Patrick M Ira A Susan M Peggy S Marylouise E Ron P Rich S Peggy O' James O Johnny N Iarrette P John S Frank G Grant E Jake A

Teleservice, in my opinion, is both a vital and extremely rewarding service. Six months of sobriety, a sponsor with whom you are working the Steps, and a phone where you can give the callers your confidential and undivided attention is all that is required. Check it out.

Dave R 538-5758



#### **ACTIVITIES**

Greetings Fellowship!

Happy Valentines Day! As I prepare to rotate out after two years as your Activities Chair (operative word chair) I am filled with gratitude for a fellowship that stepped forward and supported the New Years Dance. I want to thank all who participated and those individuals and recovery houses who served our fellowship. I want to send special thank you to The Aery and The Athena House. You demonstrated how to show up and do what you said you would. The commitment level on the part of our committee was outstanding as usual. A special big hug to Rich S. who served as my right hand for the past two years. There are many individuals who I want to thank personally and will do so. You all know who you are! The decorations were over the top and beyond what I visualized. Liz was an amazing speaker and the sobriety at our meeting and countdown was a testament to Sonoma County. We had over 300 at the meeting and at times in the night 400 or more at the dance! We are ending the year over \$1000 in black for activities and that means we were self supporting going into

My final event as your chair will be the PINK PANTHER PAJAMA PARTY on Friday night FEBRUARY 13th. The location is the Sebastopol Community Center, 390 Morris Street, Sebastopol. Meeting at 8:00. Dance at 9:00. The music will be by The Lucky Earl Band and admission is \$10. This is the same band that you loved at the 2008 Halloween Dance. Wear your P.J.'s for the second year. The theme is red and pink. The PINK PANTHER loves pink! Come have fun!

Finally, as I reflect on all I've learned and how I've grown as a direct result of taking on this service position I want to put out a request to anyone sitting back hoping someone else will step up to the plate to come forward and jump in. I can't say enough for the fun I've had and the love I've felt. I will not be at the February General Meeting. We will be celebrating our sobriety in Maui. Life is beyond my wildest dreams as I celebrate 19! I have watched a fellowship grow up around me and I am truly grateful! Thank you and Aloha!

In Loving Service, Laurie E. "While AA has restored thousands of poor Christians to their churches, and had made believers out of atheists and agnostics, it has also made good AA's out of those belonging to the Buddhist, Islamic, and Jewish faiths. For example, we question very much whether our Buddhist members in Japan would ever have joined this Society had AA officially stamped itself a strictly Christian movement.

"You can easily convince yourself of this by imagining that AA started among the Buddhists and that they then told you couldn't join them unless you became a Buddhist, too. If you were a 'Christian alcoholic' under these circumstances, you might well turn your face to the wall and die." [Bill W., Letter, 1954]

Introducing themselves at the January meeting of the H&I Committee were our newest H&I meeting reps Zach, representing Sunday Niters (Sebastopol); Shirley, A Vision for You; Stacy M., Women's Perspectives; Alonzo, A Vision for You (Petaluma); Janice, Quitting Time; Tim N., Redwood Winners; Bill B., Mature and Sober; Will, Saturday Night Doyle Park; Dave, Sonoma County Gay Men; Freddy, How it Works (Sun 7p); Jonkey, Sonoma Valley Fellowship; and Diana W., 12x12 @ Bethlehem Lutheran. We also welcomed our visitors, Liz and Ruben

New Year resolutions or not, AA sobriety birthdays were being celebrated by Brian S., with 13 years; James, 9; Nicholas, 1; Donna K., 17; Barbara F., 5; Nancy S., 13; Gretchen, 6; , ; Cindy L., 1; DA, 2; Steve L., 2; Anne, 18 months; and Jim P., 9 months; Wishing you all continued sobriety in the year(s) to come!

No matter what your understanding of a Higher Power is, your experience, strength and hope are always welcomed by another alcoholic—especially one who is confined. Learn more about H&I work at the next meeting on Wednesday, February 4 at 6:00 p.m. You are always welcome at the orientation that begins at 5:30. It's easy to find: we're located in the Santa Rosa Senior Center at the corner of Bennett Valley Drive and Rutledge Avenue, one block east of Santa Rosa Avenue. Come on down and bring a friend!

In service, Mardi

#### Sonoma County Intergroup Fellowship General Meeting

#### SONOMA COUNTY INTERGROUP FELLOWSHIP

GENERAL MEETING - December 22, 2008

The meeting was opened with the Serenity Prayer

PREAMBLE: Gary M. TRADITION 12: Mary Louise I. CONCEPT XII: Jeff W.

Introduction of New Representatives:

Gary G. As Bill Sees It & Highlander Group Penngrove Siobhan S. Acres Fellowship Sebastopol Jeremy R. Tonight Group Occidental Michael D. Young & Young at Heart Rohnert Park Guy S. Big Book Study Session Santa Rosa Michael M. Early Birds Petaluma Justin S. Beginner's Group Santa Rosa

Sobriety Birthdays:

Chris L. 12/8 12 years

Eric H. 12/23 18 months Erin R. 12/4 4 years Justine P. 12/27 2 years

Mary L. 12/4 27 months

#### **OFFICER REPORTS:**

**CHAIR: Diane W.** – Good news: we received construction permit from the City and the bookstore renovation will begin 12/29. Bad news: the bookstore will be closed 12/29-1/3, re-opening 1/5 with POS computer system in place in a refurbished bookstore and central office. Bookstore inventory will be on Saturday, 12/27 at 3pm, NOT on New Year's Day.

VICE CHAIR: Bob P. – Bob welcomed the new Intergroup Reps. TREASURER: Pat H. – Group contributions of \$2639 were down considerably from the last two months, but comparable to last November. Group-supported expenses exceeded income by \$1314 for November. Both the bookstore and alkathon showed net income (\$295 & \$646 respectively) leaving us down only \$373 overall.

**SECRETARY: Donna L. -** The November SCIF General Meeting minutes published in the January newsletter were approved without changes.

**REGISTRAR:** Nan B. – In November, there were 360 AA meetings / week in Sonoma County. Of those, 155 (43%) were represented at the November SCIF General Meeting.

**BOOKSTORE: Linda M.** – Linda has been the bookstore manager for 10 months as of today. She thanks the volunteer staff and ICSC for the ongoing support. We received the 2<sup>nd</sup> shipment of the new Grapevine publication, "Beginner's Book: Getting and Staying Sober in AA". These have been popular as many members buy them for sponsees. There is a volunteer shift open on alternate Friday afternoons. The sobriety requirement is 1 year. Call 546-2066 for more information.

#### **COMMITTEE REPORTS:**

**ICSC:** Steve B.(*Gene H. absent*) The ICSC is working on streamlining the bookstore inventory, keeping costs down, and stocking up on the items the membership wants. Volunteers are needed to assist with the renovation; call Steve B. if you can help.

**ACTIVITIES:** Laurie E. – The New Year's Eve dance will be held at the Santa Rosa Veterans hall. She needs 50 people to show up as early as noon to help decorate. She also needs help with clean up. There will 600 balloons to blow up. DJ Rosie will play rock & roll. The new Activities Chair will be elected at the February meeting. **ALKATHONS:** Barbara F. – The Thanksgiving alkathon was a

success. All meetings are booked for the Christmas alkathon. There are 4 open slots for New Year's alkathon: 10pm on NY eve, and 2am, 4am, and 6pm on New Year's day. Please bring food. To find out when the need is greatest for volunteers or food, call Barbara at 318-5376.

**NEWSLETTER: Brian Z.**— There is an error in the January newsletter — the bookstore report is printed on page 2 and page 3. The report on page 3 is most current.

OUTREACH: Sean M. – (no report, Sean absent)

**SEMINARS: Doug S.** – The next seminar is on Wednesday, Jan 7 from 6:30-8pm at the bookstore, and is titled "Serving the AA Group: Positions and Responsibilities".

**TELESERVICE: Berrine D.** – There are 4 open shifts: Sunday overnight 10pm-9am, Monday night 5pm – 10pm, Friday overnight 10pm – 9am, and Saturday afternoon 1-5pm. Also, a reminder to all of us: It's OK to call the hotline if you need someone to talk to, even if you have long-term sobriety.

#### LIAISON REPORTS:

BRIDGING THE GAP: John B. – (no report, John absent)
HOSPITAL AND INSTITUTION COMMITTEE: Will S. –

Will encouraged reps to attend the H&I business meeting and get involved. Some facilities only require 6 months of sobriety to go in. **PI/CPC: Nick R.-** PI/CPC didn't have a business meeting in December. They will meet again Jan 14. They are discussing changes to how they do things, such as distributing literature.

**SOCYPAA:** Jamie Y. – (*Jamie absent, Grant L. gave report*) The WACYPAA conference will be in Reno on January 2-4. The ACYPAA conference will March 13-15 in Irvine.

ACCESS SONOMA COUNTY: Jamie T. – ASC didn't have a business meeting in December. They will resume meeting in January. GENERAL SERVICE: Lauralyn C. – This is Lauralyn's final meeting as the GS liaison to Intergroup. The new GS liaison is Annie T. Our GS delegate heard a request from a group in Soledad for a soft cover "AA Comes of Age", which was forwarded to the literature committee. This book will now be available in soft cover for distribution to prisons. Our past trustee and former San Quentin Prison warden, Jim E. heard the despair at the Fall Election Assembly over AA meetings not being allowed in prisons due to state budget issues. Jim made some calls, and AA meetings are back in!

### SPANISH INTERGROUP: Shaline E. – (no report) GROUP REPRESENTATIVES' SHARING:

Jeremy from the Bodega Bay Fellowship let reps know that their meeting is now being held in the church above Deikman's on Bayview Street, and is wheelchair accessible.

Grant from Chopsticks meeting informed us that their meeting moved to the Alano Club and all are invited to attended. If you have chips you no longer need, please donate them to "Chips for Chops". Justin with SOCYPAA announced a new meeting at 1402 University Ave. in Healdsburg at 8pm on Thursdays.

Linda with Bridging the Gap announced they need a new Chairperson (2 year commitment) and a follow-up phone coordinator. If interested, come to their January business meeting.

**SUMMATION:** Bob reviewed items to bring back to groups for discussion.

The meeting was closed with the Lord's Prayer.

Gratefully in Service, Donna L.

#### **ASL INTERPRETERS - QUARTERLY REPORT**

"Concerning any given service, we therefore pose but one question:
Is this service really needed?' If it is, then maintain it we must,
or fail in our mission to those who need and seek A.A."
Bill W., "AA's Legacy of Service."

Together we can! Thank you for your support!
GROUP CONTRIBUTIONS FOR SIGN LANGUAGE INTERPRETERS

Meeting	4th Qtr '08	YTD
New Year's Alcathon		\$39.60
Bring Your Own Big Book		\$15.58
Cazadero Group	\$44.15	\$65.66
Harmony Group		\$112.10
Hessel Big Book Study		\$80.00
Individual contribution		\$1.00
Keep It Simple		\$6.89
Mature & Sober	\$81.94	\$372.16
Moment of Silence		\$298.90
Monday Night Harmony Group	81.60	\$110.78
Saturday Afternoon Winners		\$20.75
Saturday Night Living Right		\$71.19
Sebastopol Single Purpose Group		\$68.00
Serenity Fellowship	4	\$102.79
Signs of Sobriety	\$50.00	\$250.00
Simply AA Group	\$136.07	\$228.54
Sunday Niters	\$31.50	\$126.25
TBDME	44	\$15.32
Think About It	\$24.15	\$101.57
Third Step Group	\$167.00	\$672.00
Thursday Night Big Book Study	\$33.96	\$54.01
Tuesday Night Beginners Group	\$6.11	\$24.01
Up The Steps	\$38.27	\$151.10
Wed Night Women's Step Study	\$92.37	\$142.47
Women's Perspective AA Group	\$150.00	\$600.00
Young & Young At Heart		\$38.47
Total	\$937.12	\$3,769.14
Paid to interpreters:	\$900.00	\$3,675.00
Prudent Reserve:		\$1,182.94

#### PRAASA 2009 - OAKLAND

March 6th-8th, 2009

The 42nd PRAASA Assembly will be held at the Marriott City Center Hotel and Convention Center at 1001 Broadway, Oakland CA, 94607. The program will start at approximately 1pm on Friday March 6th and end at noon on the 8th.

PRAASA is the Pacific Region Alcoholics Anonymous Service Assembly is a yearly assembly held in different parts of the Pacific Region of Alcholics Anonymous.

The purpose of PRAASA is to develop greater unity among the members, groups, and Areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA.

More information at www.praasa.org

#### **PETALUMA ALANO CLUB**

The Petaluma Fellowship Birthday meeting has temporarily relocated itself in the relatively new Petaluma Alano Club. If you like celebrating birthdays, eating cake, fellowshipping, hearing great stories and picking up a chip then join us! The Petaluma Alano Club hosts a wide variety of 12 step meetings and offers private meeting rooms for step work. Come kick back and relax in a comfortable, clean environment with cable TV in two rooms, a pool table, lounge and a wide selection of snacks and drinks to enjoy (Sorry, no alcohol allowed!). The Birthday meeting gets going on the last Tuesday of every month at 7:30 p.m. and usually finishes up around 9:00. The Alano Club will play host from January 1, 2009 thru March 31, 2009 after which the Petaluma Fellowship Birthday meeting will once again take up its place at the Kenilworth Junior High school in Petaluma.

The address is 955 South Petaluma Blvd (East side of the blvd) and the phone # is 782-0588!

See ya there!

#### **PETALUMA HOTLINE**

Petaluma Teleservice Steering Committee will meet in February to vote on terminating local service to the Petaluma area.

The steering committee meets the third Sunday, February 15th, 2pm, at Peet's coffee in the Washington Square shopping center, 351 S. McDowell Blvd, near Safeway.

For the last few years the Petaluma hotline has been answered by non-alcoholics working for an answering service, with the bills being paid out of an account which, at one time, served as the prudent reserve for Petaluma Teleservice Committee. Over time donations from groups have dwindled, until most recently in December, 2008 there were no contributions. The account currently has funds to cover expenses through the end of February, 2009.

A further consideration is that intergroup now provides an 800 number for toll calls that connects to the Santa Rosa Teleservice volunteers. This addresses concerns by Petaluma members that a toll call will discourage people from calling.

In addition to these concerns, Intergroup is offering to develop a South County Contact sheet to be included with the packet that the volunteers working the Santa Rosa hotline receive as a part of their package.

Although recent progress has been made to revive the ailing Petaluma Teleservice, lack of contributions may be the final consideration as we prepare to make this change.

I look forward to hearing your comments and answering your questions.

Respectfully, Kevin P. 707-291-7428 petalumahotline@hotmail.com

#### S.C.I.F. COMMITTEE CHAIRS & LIAISONS – JOB DESCRIPTIONS

Intergroup will hold elections in February for the following positions. We encourage all qualfied persons to run for election. The elections will be held at the Intergroup meeting on Monday, February 21.

#### **COMMITTEE CHAIRS**

(Term length for all jobs is one year. Two consecutive terms O.K.) — (Recommended length of sobriety, all positions: two years) (All Committee Chairs are required to attend SCIF Steering Committee and General Meetings)

Activities Coordinator: Coordinates dances, summer picnics, and other activities and functions within Intergroup. Basically, puts the functions together. Must be able to delegate responsibility. Complete guidelines have been formulated for this service position. Average monthly time commitment: 20+ hours.

**Alkathons Chair:** Secures site for and coordinates organization of Thanksgiving, Christmas and New Year's Alkathons. Requires ability to recruit sub-committee chairs, delegate to them, and coordinate their efforts.

Communications Coordinator/Newsletter Editor: Collects articles, reports, and meeting changes for monthly Newsletter. Produces copy in format suitable for professional printing and delivers it to the printer. Maintains list of current subscribers. Prints mailing labels; sends PDF version to email subscribers. Requires familiarity with image and page formatting software or interest in and ability to learn such software. Familiarity with Microsoft Office is necessary, particularly Word and Excel, as is a working knowledge of the English language. Average monthly time commitment: 10 - 20 hours.

Outreach Chairperson: Checks attendance for registered groups. Checks with groups to encourage groups to participate in the AA community and Intergroup, so finding volunteers to attend meetings is necessary. Average monthly time commitment: 6-12 hours.

Seminars Coordinator: Determines what workshops the Fellowship is interested in. Arranges for speakers and/or panels; contacts participants; sets up time and room for meetings; gets information into Newsletter; encourages participation. Average monthly time commitment: 6-10 hours.

**Teleservice Chairperson:** Oversees day-to-day operations of Teleservice. Conducts monthly Teleservice business meetings. Average monthly time commitment: 8-10 hours. Usually elected on a recommendation from the acting committee.

#### S.C.I.F. LIAISONS

(Liaisons do not attend Steering Committee meetings)

**General Service Liaison:** Acts as liaison from Intergroup to General Service District 12, reporting at their monthly meeting news of interest about Intergroup. Average monthly commitment: 2-4 hours

**Hospitals & Institution** (**H&I**) Liaison: Acts as liaison from Intergroup to H&I Area 22, reporting at their monthly meeting news of interest about Intergroup. Average monthly commitment: 2-4 hours.

**Spanish Central Office Liaison:** Acts as liaison from Intergroup to Spanish Central Office, reporting at one of their weekly meeting news of interest about SCIF. It is recommended, but not required, that a bilingual male takes this position. Encourages them to send us a liaison. Average monthly commitment: 2-4 hours.

#### NOMINATING COMMITTEE - 3 members to be elected

Sobriety requirement – 2 years

Duties: "In April and October of each year, the Nominating Committee will present to SCIF not less than two (2) and not more than three (3) qualified individuals available to serve on the on the ICSC. Election will be by simple majority vote at that meeting." In 2009, there will be only one election to the ICSC Committee – in October.

Nominating Committee members shall elect a chair among themselves. Each member of the committee shall search for candidates for ICSC membership with the following qualifications: "individuals having sound business or professional backgrounds, at least five years sobriety, and substantial A.A. service experience. These individuals need not be members of SCIF." Nominating Committee members should be willing to review the workings of the ICSC and the suggested requirements for service on that committee. Several documents are available to committee members to provide that information.

# No matter what, don't drink! (2008) 1 No matter what illness you have contracted, don't drink. 2 No matter what ballot propositions passed or not, don't drink. 3 No matter who your party chose as Vice-President, don't drink. You betcha! 4 No matter what was stolen from your car, don't drink. 5 No matter what you stole from someone else's car, don't drink. 6 No matter if your best AA friend went out, don't drink. 7 No matter what your loss, don't drink. 8 No matter what your gain, don't drink. 9 No matter how high your PG & E bill has risen, don't drink. 10 No matter who your ex spouse marries, don't drink. No matter what, a drink will not make it better. No matter what, don't drink! -Bill K.

#### PI/CPC

The Public Information/Cooperation with the Professional Community had its first meeting of the year January 14 with newly elected officers;

Dagmar M – Chair Yannick W – Alt Chair Nancy N – Treasurer Kate J – Secretary Patti O' – Trainer

The committee distributes AA literature and meeting schedules to many places around the county, including libraries, hospitals, police stations and numerous healthcare facilities and social service organizations. We also participate at health fairs and make presentations to professional organizations if requested. We make frequent presentations about AA to High Schools and on a regular basis to County DUI classes.

Our focus early this year is again providing information packets for the Clergy and the Healthcare Professional (Doctor). We are also exploring ways that we may better reach out to the Senior Community. Our business meeting is the 2nd Wednesday of the month at City Hall underground, 1st Street and Santa Rosa Ave. 7 PM Speaker training and 7:30 Business Meeting.

Dave R.

#### **GENERAL SERVICE DISTRICT 12**

Hello Fellowship,

The upcoming Agenda Topics Workshop will be held on Saturday, February 21st at the Bethlehem Lutheran Church, 1300 St. Francis Road in Santa Rosa. The workshop will include mock sharing sessions on three or four of the 2009 agenda topics. These mock sharing sessions are a great way for the new GSR to get a real experience of how to conduct sharing sessions for their group. Our Area 06 Delegate, David N., will be sharing with us the workshop. David is the person all of the GSR'S will be bringing their group consciences to at the Pre Conference Assembly in April. If you are feeling a little uninformed or just plain curious, please attend the Agenda Topics Workshop. A potluck lunch will be enjoyed by all. We just had our first Sonoma County General Service monthly district meeting of Panel 59 (a panel runs for 2 years, so we all just started 1/1/09). Our new Officers carried us all right up to the end of the meeting. We saw some familiar and brand new faces starting new jobs, and we welcomed 15 new GSRs, and 1 Alternate GSR. There was a lot of excitement in the room. This is like starting out on a new adventure, not knowing where it will lead. Just like about anything, get involved with enthusiasm, and you too will help the miracle happen. Steve D.

#### **AGENDA TOPICS WORKSHOP**

Saturday, February 21st
Bethlehem Lutheran Church
1300 St. Francis Road, Santa Rosa
9:00 AM - 3:30 PM

"Our Commitment to Carry A.A.'s Message ~ Enthusiasm and Gratitude in Action"

Panel Speakers, Potluck Lunch

#### **SOCYPAA - (SOnoma County Young People in AA)**

Well, I hope that your 2009 has started out well for you. I still can't believe that this decade has gone by so darn fast. It seems like just yesterday that the end of the world was coming during the whole Y2K thing. I remember when the 2000's sounded so futuristic. I still want to know when I get a flying car! That's when you know the future has arrived, when we are all flying to meetings in our flying cars!

So, if your Intergroup rep is really quick on the draw, and gets this to you hot off the press, then you can probably make it to SOCYPAA's (SOnoma County Young People in AA) Karaoke-Dance. It will be from 9:00 PM on Sat, Jan 31st and goes till 1 AM. It is at the Santa Rosa Alano Club, 465 Kenwood Court, in Santa Rosa. Now many of you are thinking, and rightly so, "Dam, I don't know how much fun it's going to be dancing to people who can't keep a note, who sound nothing like the real singers, and frankly still sound drunk!" Well, I don't blame you, and I'm here to spread the good news, that there will be Karaoke for the first 2 hours, *followed* by a dance with 2 separate DJ's, one playing the latest/greatest hip hop, and fun music, the 2nd DJ spinning turn tables with house, rhythm and bass. The cover is \$10 or you can get in free if you pre-reg for ACYPAA, which is \$15, but *then* you are pre-registered for this great whole 4 days of crazy sober fun. What is ACYPAA you ask? Well it's the All California Young People in AA round up! It starts on March 12th and goes till the 15th. This year it is in Orange County; in Irvine to be exact. It is a *HUGE* convention of young alcoholics having fun in sobriety. There are dances, (something like 2 or 3 different ones a night, with different music at each one) the largest meetings probably most of you have ever attended. And fun, fun, FUN!!!

By the way, when I write about Young People, it really stands for the actual young, and the young at heart, so all ages are welcome in case you think you are too old to enjoy such great activities as these I write about.

SOCYPAA is getting ready to put in our 3rd bid to try and get ACYPAA up here in Sonoma County in 2010. So, the more people that come to support us, the better!

Finally if you want to check out SOCYPAA or get involved, come to our business meeting which is held the 1st and 3rd Sunday of each month at 7:15 PM, right after the weekly Young and Sober meeting at 1551 Montgomery drive, in Santa Rosa.

If you missed the Karaoke/Dance, don't worry we have lots of great stuff coming up this year. Keep an eye out for future flyers.

Take care, Craig G. (Batman) SOCYPAA's Bid Chair

#### SONOMA COUNTY INTERGROUP ANNUAL REPORT

Presented here is your 2008 Annual Report in compliance with SCIF Policies and Procedures and Section 6321 of the California Corporations Code. We hope you find the information complete, concise and easy to understand.

It has been a remarkable year for SCIF. Activities and Alkathons were more than self-supporting, netting \$1,068 and \$1,600 respectively. The approved renovation of the bookstore/central office is complete, \$11 over budget. A point of sale computer system has been installed and we are all learning how to use it most effectively. During 2008 inventory was reduced by more than \$12,500 to facilitate these projects. Looking ahead to 2009, it will be necessary to spend as much as \$5,000 to \$8,000 of our operating reserve to replenish inventory to appropriate levels.

Group contributions for the year were \$43,029. THANK YOU to all of the groups and group members who continued to contribute so generously in these difficult economic times. A complete list of 2008 group contributions is included in this newsletter. Thank you also to all those individuals who committed their time and energy, actively volunteering to make this year a success.

I certify that the accompanying financial statements were prepared without audit from the books and records of the corporation. Gratefully in service,

Pat H., SCIF Treasurer

#### BALANCE SHEETS AS OF DECEMBER 31, 2008 AND DECEMBER 31, 2007

	Dec. 3	31,2008	Dec. 3	1, 2007
ASSETS Current Assets Cash in Checking Cash in Savings Petty Cash Total Cash	\$ 5,955.24 47,525.57 200.00	\$53,680.81	\$ 7,612.28 38,536.84 200.00	\$46,349.12
Other Current Assets Bookstore Inventory Prepaid Expenses Total Other Current Assets Total Current Assets	18,609.69 3,047.22	21,656.91 75,337.72	31,154.75 2,786.55	33,941.30 80,290.42
Fixed Assets POS System Renovation Dutch Door P.A. System Furniture & Equipment Leasehold Improvements Software Total Fixed Assets at Cost Less Accumulated Depreciation Net Fixed Assets	1,781.83 5,411.09 450.00 437.69 2,232.35 1,301.21 302.39 11,916.56 (1,614.86)	10,301.70	450.00 440.00 2,808.32 1,301.21 302.39 5,301.92 (2,150.00)	3,151.92
TOTAL ASSETS		\$85,639.42		\$83,442.34
LIABILITIES & EQUITY Liabilities Current Liabilities Sales & Payroll Taxes Payable Total Current Liabilities Total Liabilities	\$ 2,697.61	\$ 2,697.61 2,697.61	\$ 3,306.42	\$ 3,306.42 3,306.42
Equity (Reserves) Literature Reserve Fixed Assets Reserve Prepaid Expenses Reserve Prudent Reserve ASL Reserve POS Reserve Operating Reserve Net Income Total Equity (Reserves)	18,609.69 10,301.70 3,047.22 30,000.00 1,237.50 1,218.17 15,721.64 2,805.89	<b>-</b> 82,941.81	31,154.75 3,151.92 2,786.55 25,000.00 1,296.68 16,746.02	· 80,135.92
TOTAL LIABILITIES & EQUITY		\$85,639.42		\$83,442.34

#### **INCOME AND EXPENSES**

## SONOMA COUNTY INTERGROUP FELLOWSHIP, INC. INCOME & EXPENSES January through December 2008

•	•	
Income		
Central Office Income		
Group Contributions	\$43,029.04	
Individuals (Self Supporters)	748.00	
Total Central Office Income		\$43,777.04
Newsletter Subscriptions		12.00
Bank Interest		538.08
Alkathon Income		3,688.32
Activities Income		10,540.66
Seminar Income		27.55
Bookstore Sales		75,002.44
Total Income		133,586.09
Expense		
Central Office Expense		
Taxes & Fees	72.06	
Copier Expense	655.20	
Bookkeeping Expense	2,400.00	
Conference Expense	447.70	
Depreciation	332.50	
Insurance	426.95	
Cards & Pamphlets	2,066.43	
Office Expense	1,385.96	
Payroll	7,431.20	
Payroll Burden	967.86	
Print Schedules	3,693.70	
Rent	6,652.31	
Repairs & Maintenance	544.05	
Telephone & Utilities	1,166.81	
Theft Loss	396.00	
Total Central Office Expense		28638.73
Teleservice		9,597.20
Web Site		319.45
Newsletter Expense		7,832.10
ACL Interpreter		262.50
Bookstore Expense		
Cost of Sales	47,228.80	
Taxes & Fees	22.06	
Conference Expense	671.34	
Bookeeping Expense	2,400.00	
Bank Charges	26.90	
Depreciation	332.50	
Insurance	426.99	
Office Expense	1,822.61	
Payroll	11,146.51	
Payroll Burden	1,285.02	
Repairs & Maintenance	544.04	
Rent	4,830.00	
Telephone & Utilities	1,166.71	
Theft Loss	381.60	
Total Bookstore Expense		72,285.08
Alkathon Expense		2,088.08
Activities Expense		9,472.97
Unity Day Expense		284.09
Total Expenses		130,780.20
Net Income		\$2,805.89
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## COMING TOGETHER SONOMA COUNTY

Coming Together Sonoma County The Sonoma County Gay/Lesbian A.A. Roundup

The primary purpose of this event is to carry the message of hope, and recovery from alcoholism as it is outlined in our book "Alcoholics Anonymous". It is also about bringing together the Sonoma County recovering community with those from other areas, for a weekend of fun and fellowship.

March 6 - 8, 2009 Hilton Sonoma County, 3555 Round Barn Blvd Santa Rosa, Ca 95403

Make room reservations directly with the hotel. mention group code ALA to receive the discount rate of \$115.00.

Reservations must be received by 02/20/09 register online, or by downloading form thru the conference link:www.comingtogethersonoma.org/

#### **SOBER & FREE**

The San Jose Sober and Free 2009 Conference is coming up in April (April 17, 18, 19) We look forward to the fun and festivities of a sober weekend with the message of sobriety and the value of fellowship Sober and Free Conference 2009 Theme

"I Am Responsible"

Fri. April 17 – Sun. April 19
Hilton San Jose
Conference Fee \$40
(scholarships available)
Registration is available online at
www.soberandfree.org
We accept all major credit cards and PayPal.
Yours in service,
Hatch C., Joshua M., Celeste H., Tom R.,
Erin P.

#### **Upcoming Events**

#### **SUPER BOWL SUNDAY**

#### Share a Super Bowl Sunday AA Meeting, Food & Football!!!

Date: Sunday, February 1st Place: Santa Rosa Alano Club

465 Kenwood Court

Directions: Hearn Ave Exit, Left on Dowd, 200 yards, right on Kenwood Court (across

from Lithia Dodge)

Happenings:

1:00 AA Meeting 2:00-4:00 BBQ (\$5.00) 2:00 Pre Game Show 3:00 Kick-Off

Come to One or All





#### **Presented by Stepping Lively Group**

Door prizes, raffles, hat contests, sobriety countdown, speaker.

Come dressed in your hat!

3950 Doubles Drive

Santa Rosa, CA 94584 March 14, 2009 @ 12 noon

For tickets send a SASE
with \$20 per ticket to:
 Wynny B., 139 Walnut Circle,
 Rohnert Park, CA 94928
For more info or to volunteer,
 call 707-206-9030

#### **HAPPY TRAILS**

Happy Trails are here again!
Our first hike this year will be on Sunday,
February 22nd. We will meet at 10AM in
the south east corner of the Santa Rosa
Mall parking lot across the street from
Traverso's market. Get there a few minutes
early and help decide where we will go hike!
–Lloyd

d FRAIL

Sober Riders
AA on Horseback!
Sundays, 10 AM
Call Judy R. for Location
829-7263

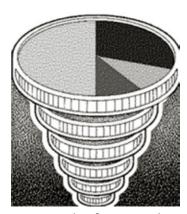


## FEBRUARY 0 2009



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOCYPAA 1st United Methodist 7:15 Business Mtg	General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	3	Hospital & Institution S.R. Senior Center 5:30 New Rep Orientation 6:00 Business Meetingg	5	6	7
8	SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	10	PI/CPC S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting	Access Sonoma County SCIF Bookstore 6:30 Meeting	March Newsletter Deadline	14
SOCYPAA 1st United Methodist 7:15 Business Mtg	16	Bridging The Gap SCIF Bookstore 6:30 New Rep Orientation 7:00 Business Meeting	18	Communications (Newsletter) SCIF Bookstore 6:30	20	21
22	Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	24	25	26	27	General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
1st United Methodist Church1551 Montgomery						

#### **SCIF FINANCIAL SUMMARY DECEMBER 2008**



#### **Example of Suggested** GroupContributions to **AA Service Entities**

50-70% to Intergroup 10-30% to Local General Service • 10-20% to CNCA

10 20% to GSO New York

	Income	Dec. 2008 Expense	Net	Dec. 2007 Net	Income	Year to Date Expense	<u>2008</u> Net	2007 Net
Group Supported:								
Central Office								
Groups								
Individuals								
Teleservice								
Web Site								
Newsletter								
ASL Interpreter								
Interest								
Subtotal								
Self Supported:		•						
Bookstore								
Activities								
Alkathons								
Seminars								
Unity Day								
Subtotal			•					
TOTAL								

#### Assets & Liabilities Cash in Bank & Petty Cash Prepaid Expenses Liabilities Subtotal Literature Inventories Property **Total Assets & Liabilities**

/lemo:	Cash in Bank & Petty Cash	
	Prudent Reserve	
	Liabilities	
	ASL Reserve	
	POS Reserve	
	Renovation Reserve	
	Operating Reserve	

#### **GROUP CONTRIBUTIONS**

Hessel Big Book Study Group

Meetings 11th Step Meeting December 2008 YTD 12 X 12 @ 12 Group 12 X 12 Plus Step A Vision For You AA Cache Creek Group AA Check It Out Group AA Harmony Group AA Health Professionals AA of Sonoma, Friday Night Fellowship AA of Sonoma, Thursday 11th Step Group AA of Sonoma, Tuesday Big Book Group15.00 Access Sonoma County Acres Fellowship Group Alive & Well In Fulton Any Lengths Group As Bill See's It Attitude Adjustment Group B.Y.O.B.B. Be What You Want To See Big Book Review Bodega Bay Fellowship Book & Discussion, Sonoma Breakfast Club Brodz Nite Out Came to Believe Group Cloverdale Fellowship Hall Defects & Shortcomings Early Bird Fellowship of Petaluma Expect A Miracle FAHA Home Group

Just For Today Keep It Simplé Kenwood Group Kenwood Step Study Lost & Found Group Lunch Bunch Group Mature & Sober Group Moment of Silence Monday Madness Monday Mood Swings Monte Rio Book Study Monte Rio Fellowship New Sobriety Group O God It's Monday Open Door Out of the Ashes Group Outsiders Petaluma Valley Group Promises Group Quitting Time Group River Grace Rule 62 River Readers Santa Rosa Fellowship Saturday Morning Beginners Saturday Nite Living Right Saturday Serenity S. C. G. M. A. A. Sebastopol Men's Stag Serenity Fellowship Hall Sharing & Caring

Higher Power Group Highlander Group How It Works Group Monday Night Alcoholics Only Step Study Not Just Another Newcomer's Meeting Prayer & Meditation, Sebastopol Santa Rosa Saturday Night Group Saturday Night Young People's Sebastopol AA Noon Movement Sebastopol Step Study Group Signs of Sobriety Simply AA

Small women's literature group Sober Sisters Sober Sunday Group Sonoma County General Service Sonoma County Men's Stag Sonoma Valley Fellowship South Park Survivors Spirit of Akron Steps In Windsor Sunday AM Support Sunday PM Closed Discussion Group Sunday Niters Sunday Sanity T.G.I.F. Nooners The Outsiders Group The Saints and Sinners Group The Sunday Night Group There Is A Solution, Santa Rosa There Is A Solution, Healdsburg

Think About It Group Third Step Group
Thurs. Big Book Step Study Thurs. Night 12 X 12 Discussion Group Thurs. Night Women's AA Thurs. Real Life, Petaluma Tuesday Afternoon Delight Tuesday Noon, Alano Club Up Group

Up The Steps Warm Springs Fellowship Wednesday Wonders We're In The Now Women In The Solution Women's Book Group Women's Lunch Bunch Women's Perspective AA Group

Women's Step Study & Discussion Group Women's Tuesday At Noon

Working Winners Young People's Tea & Recovery

Young & Young At Heart

Healdsburg Anonymity

Healdsburg Group

Fourth Monday

Friday Nooners of AA

Graton Fellowship

G.R.B.B.S.

Gualala Group

Gay Newcomers Group

Gravenstein Gay Group

Good Neighbors, Geyserville

Geyserville Men's Big Book Study

Healdsburg Women's Book Study

#### **ADDRESSES**

#### Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10 Santa Rosa, CA 95401-4846

#### Sonoma County General Service

PO Box 536

Santa Rosa, CA 95402

#### Area 22 H & I Treasurer

PO Box 192490

San Francisco, CA 94119-2490

#### **General Service Office**

PO Box 459, Grand Central Station

New York, NY 10163

CA Northern Coastal Area Treasury

PO Box 884222

San Francisco, CA 94188

#### Sonoma County PI/CPC\*

PO Box 11305

Santa Rosa, CA 95406

#### **SOCYPAA**

P.O. Box 5784

Santa Rosa, CA 95402

\*Funded solely through Sonoma County General Service

#### www.sonomacountyaa.org



#### **TELESERVICE**

#### Phone Line Coordinator

Dave R. (707) 538-5758

12 Step Coordinator

Rich S. (707) 548-0962

#### **AA HOTLINES**

Santa Rosa	(707) 544-1300
Toll Free	(800) 224-1300
Petaluma	(707) 762-5122
Sonoma	(707) 938-2027
Spanish	(707) 829-1272

#### CONTACT INFORMATION

#### Sonoma County Intergroup Fellowship

#### **SCIF OFFICERS**

Registrar

Chair Diane W. diane0643@comcast.net Vice Chair Bob P. hogibob@sbcglobal.net Secretary Donna L.

Treasurer Pat H.

#### **SCIF COMMITTEE CHAIRS**

Activities Laurie E. edsonl@comcast.net
Alkathons Barbara F.

Nan B.

Outreach Sean M. mcfed100@yahoo.com

ICSC Gene H.

Seminars Doug S. dougshoaf@gmail.com
Teleservice Berrine D berrine1988@yahoo.com

Communications/

NewsletterBrian Z.bzahl@sbcglobal.netWebsiteSam K.aawebservant@yahoo.com

Meeting Changes: Russell

#### Sonoma County General Service

DCMC Annie T. chairdistrict12@aol.com Treasurer Joann L. joannlowrie@yahoo.com Claudia N. jerseygirl1189@yahoo.com Registrar Archivist Jacob L. jlangendorf@gmail.com Dale E. Grapevine soberservent@gmail.com Access Sonoma County Jamie T. patriciabreathe@gmail.com btgchairdist12@sbcglobal.net Bridging the Gap Allen H. PI/CPC Dagmar M. SonomaPICPC@gmail.com

Hospital and Institution Committee

Chair Don S. don450sl@yahoo.com

#### Sonoma County Young People In Alcoholics Anonymous

Chair Rob S.

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