



SONOMA COUNTY INTERGROUP

FELLOWSHIP NEWS

February 2006



Valentine's Day Dance

Meeting:

7:00 - 8:00pm

Speaker: TBA

To volunteer call:

Batman

Craig G. 206-0360



Dance:

8:30 - Midnight

Music DJ and Band

Suggested Donation:

\$10.00

Saturday, February 11

Sebastopol Community Center □ 390 Morris St.

Public Information / Cooperation with the Professional Community (PI/CPC)

Have you ever wanted to share about AA? The Public Information/ Cooperation with the Professional Community committee is invited to speak at schools, health fairs, and we supply speakers for the DUI classes in Sonoma County. We distribute meeting schedules and literature to libraries, law enforcement offices and many others. We also produce the Doctor's Packets and provide them for GSRs to take back to their group.

Several of our members wear

several hats in PI, and we would love to have new members to share the work.

Speaker training (suggested two years of sobriety) is the second Wednesday of every month, December 14th at 7 pm in the room off the underground parking garage below City Hall. Our general meeting follows at 7:30 pm.

Questions? Call us at XXX-XXX.

Linda S.

SCIF Committee Chair Elections

Elections for SCIF Committee Chair positions will be held at this month's Intergroup meeting on Monday, February 27 at 8:00PM. The following positions will be available:

ACTIVITIES COORDINATOR

Coordinates monthly dances, Summer picnics, and other activities and functions within Intergroup. Basically, puts the
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March Newsletter

If you would like to have your article appear in next month's edition, you must submit it in writing at the bookstore or via email to scaaweb@earthlink.net by Monday February 13th. Late articles will be considered for the April newsletter.

Thank you,
Interim Alcoholic
Newsletter Editor

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Need a meeting? Check our online schedule for up to date info: www.SonomaCountyAA.org

SCIF BUSINESS MEETING

INTERGROUP OFFICERS

- ◆ CHAIR: Bob K.
- ◆ VICE-CHAIR: Steve B.
- ◆ SECRETARY: Erin B.
- ◆ TREASURER: Tom R.
- ◆ REGISTRAR: Deborah P.

INTERGROUP COMMITTEE CHAIRS

- ◆ SEMINARS: Susy
- ◆ ACTIVITIES: Craig G.
- ◆ OUTREACH: Maurice
- ◆ COMMUNICATIONS:
Interim A.
- ◆ HOTLINE/TELESERVICE:
David L.
- ◆ ALKATHONS: Brian A.

AA HOTLINE TELESERVICE

- ◆ SCHEDULER: Dave L.
- ◆ 12 STEP COORDINATOR:
James C.
- ◆ SANTA ROSA HOTLINE
544-1300
- ◆ LONG DISTANCE ONLY
800-224-1300
- ◆ PETALUMA HOTLINE
762-5122
- ◆ SONOMA HOTLINE
938-2027
- ◆ SPANISH HOTLINE
545-7417

SCIF Meeting

December 26, 2005

Serenity Prayer recited, Tradition 12 read by Jack., Concept 12 by Carolyn.

Introduction of new Reps: Ed-Saturday Serenity in Petaluma, Jim R.-Came To Believe in SR, Pam C.-New Women in AA in Rohnert Park, Valentin-Big Book Study in SR, Linda-Daily Reflections in SR.

Birthdays: Jeff with 15 years; Randy with 4 years; Jonny with 16 years; Maurice with 1 year; and Marcus with 2 years.

The **November 2005 minutes** were approved.

Registrar: Deborah; She is giving up her Registrar commitment. A copy of the job description is available for anyone interested in this position.

LIAISON REPORTS:

General Service: Absent, no report given.

H & I: Francis reminded folks that H&I meets on the first Wednesday of each month with an orientation for those interested in this service commitment taking place at 5:30PM, followed by the business meeting at 6:00PM.

PI/CPC: Dave R. encouraged anyone wanting to be of service to this committee that they meet the 2nd Wednesday of every month at SR City Hall Lounge w/speaker training at 7:00PM and the business meeting at 7:30PM. They are in need of volunteers. He explained the function of the group is to distribute literature to hospitals, police stations, hotels, jails, libraries, etc. They are in need of speakers for the County's drinking/driving program. This commitment requires two years of sobriety.

Bridging the Gap: Susy reported the purpose of BTG is to introduce the

newly released residents of treatment facilities to AA in their local community. They use a list of AA volunteers to coordinate with newly released AA newcomers and take them to their first meeting. All that is required to be a volunteer is 6 months of sobriety and a working knowledge of the steps. Having transportation is helpful.

Business meeting is held on the 3rd Tuesday of the month at the AA Bookstore at 7:00PM. There were 40 requests were made during this past month and 5 presentations. BTG is currently in need of a recording secretary if anyone is interested in this service position.

SOCYPAA: Larry C. The first annual "day in the snow" trip is scheduled for January 7th 2006. There will be flyers available soon. The group's business meeting will be moving over to 1551 Montgomery Drive in Santa Rosa as of the first of January. The first business meeting will be held on January 1, 2006 at 7:15PM.

OFFICER REPORTS

Chair: Steve B. filled in for Bob. Elections are coming up for Officers in January. Job descriptions are available at the Bookstore.

Vice-Chair: Steve B. reported that there were 5 new representatives but there was no time to do orientation this month. It will be postponed till next month. All new representatives need to fill out information sheets. Orientation begins at 7:30PM each month.

Treasurer: Tom R. directed everyone to the monthly financial report in the Newsletter and gave a detailed explanation the finances which were located on pages 4 and 5 of the Newsletter. Finances were O.K. in November. Group contributions are covering expenses. The prudent reserve
(Continued on page 3)

SCIF Meeting Minutes

(Continued from page 2)

is just being met and it may be smaller than it should be. This issue may need further review and evaluation. He is available to discuss Intergroup finances by home phone as noted in the Newsletter or by cell phone: #XXX-XXXX. Tom will be relocating out of the area in the near future and a new treasurer will be needed for Intergroup. The job description for this position is at the Bookstore for anyone interested in this commitment.

Bookstore: Carolyn gave the report in Gloria's absence. The Bookstore is in need of volunteers for 3 Wednesday afternoons from 2:00PM to 6:00PM and every other Monday from 2:00PM to 6:00PM. Inventory will take place on Saturday, January 31st 2006 and volunteers are needed from approximately 11:00AM to 3:00PM.

Outreach: Maurice has recruited a couple of new representatives. He is making the rounds to meetings that don't currently have Intergroup reps. He would like to see each AA group have a representative in place when a former representative steps down.

Seminars: Susy stated that the next seminar will be held on Saturday, January 21, 2006. The topic will be "Different Aspects of Sponsoring". She also needs to rotate out of her commitment and will create a "pass it on file" to the next volunteer which will be available at the Bookstore.

Activities: Craig's last activity will be the Valentines Day Dance. He needs to rotate out of this position. Ideally would like a woman to take his place in the spirit of rotation. The New Year's Eve Dance needs volunteers to help set up at 12:30PM on the day of the dance; to blow up balloons, hang up lights, set up tables, etc. There will be a speaker meeting held from 7:00PM to 8:00PM (Joe G.), followed by the dance from 8:30PM to 12:00PM.

Teleservice: Dave L. gave report. Business meeting is held on the 2nd Monday of each month at 6:00PM at the Bookstore. There are quite a few shifts open for phoneline volunteers (6 months sobriety). Call Dave or James if you are interested in 12-Step volunteering which requires 1 year sobriety.

Communications: Dave gave Charles's report. The January calendar had several mistakes in dates/times as well as some mistakes on the last page. Changes will be made in next month's newsletter.

Alcathon: Brian was not in attendance- no report given.

OLD Business: Tom R. stated that there weren't enough funds to cover the expenses requested by Susan C., representative of the Signs of Sobriety Group for paid interpreters. May need to create a special needs fund in the future, as Sonoma County does not currently have one. A funding alternative was being generated by certain groups by way of a

special "donations" can that circulates much the same way as the H & I can and then given directly to the Signs of Sobriety Group. Also raised the option of having special fund raisers for this cause during the course of the year. It was made clear that Intergroup does not have the money at the moment to fund what has been asked for. A vote was taken and the motion was defeated.

NEW business: Meagan of the Graton Fellowship brought a motion before the group to establish specific guidelines for style and content of our Newsletter. She has outlined 15 bullet points which are printed in the newsletter. She has urged each Intergroup representative to take this motion back to their individual groups for discussion and input.

Group concerns: None expressed.

Closed in the usual manner with the Lord's Prayer.

In service,
Erin

Cache Creek

Well, it's hard to believe, but here we are again, reminding you of the Cache Creek **Rafting and Meeting** weekend! This year the trip is on June 24 & 25, 2006.

This is our 19th Annual **Meeting and Raft Trip** under the stars! In the interest of rigorous honesty, we **raft** during the daylight hours. Oh, did I mention that there is food, fun, **rafting**, volleyball, horseshoes, camping, and a really large **meeting** with 150 sober alcoholics? The really large **meeting** is the part that is under the stars.

We are holding to just 150 spots this year again. Last year many folks got left out because of procrastination. If **YOU** snooze you lose! The blue fliers will be in meetings and the bookstore soon.

Cost is the same as last year, just \$135 for the entire weekend of **rafting**, food, and camp sight included! That's cheaper than a night out for dinner and drinks when we were out there! OK rigorous honesty again, that's cheaper than just drinks for most of us when we were out there.

Do yourself a favor, don't wait until the last minute to mail in your reservation. All you need to reserve your spot is a \$70 deposit. Then have the rest in by June 1, 2006.

Be different... turn over a new leaf...be a trend setter...mail your deposit by April 1 then you have several weeks to save up the rest for your weekend of sun and fun. Don't be left high and dry!

Paddle at the ready,
Paul S.

Hospitals and Institutions

"My good friends in AA and of AA, I feel I would be very remiss if I didn't take this opportunity to welcome you here to Cleveland not only to this meeting but those that have already transpired. I hope very much that the presence of so many people and the words that you have heard will prove an inspiration to you—not only to you, but may you be able to impart that inspiration to the boys and girls back home who were not fortunate enough to be able to come. In other words, we hope that your visit here has been both enjoyable and profitable.

"I get a big thrill out of looking over a vast sea of faces like this with a feeling that possibly some small thing that I did a number of years ago, played an infinitely small part in making this meeting possible. I also get quite a thrill when I think that we all had the same problem. We all did the same things. We all get the same results in proportion to our zeal and enthusiasm and stick-to-itiveness. If you will pardon the injection of a personal note at this time, let me say that I have been in bed five of the last seven months and my strength hasn't returned as I would like, so my remarks of necessity will be very brief." [Dr. Bob's last message, given at the 1st International AA Conference]

The January 4 meeting of the Hospitals & Institutions Committee extended warm greetings to the following new reps: Charles, from the Sunday Niters Group; Terry, Petaluma Fellowship; Karin, New Women In AA Group; Leonard, Windsor Fellowship; Kim, Tuesday Book Study Group; Beth, H.O.W. Group; Bill, Daily Reflections Group; Kelly, Outsiders Group; Gary, Sober Sunday Group; John, Burbank Group. Bruce, Branwyn, Nicki and Steve introduced themselves as visitors, checking out H&I as a possible avenue of service.

Celebrating January sobriety birthdays were David, with 5 years; Karin, 1; Tonya, 2; Brian, 10; Nancy, 10; and Nicki, 3 months.

Phil, our five-minute speaker, shared about his first contact with AA when he was in the 8th grade (he was accompanying a family member). His impression was a friendly, warm, loving feeling. Some 40 years later, he sought AA for himself. People welcomed him, said "hello" and pretty soon he was in service. He became involved with H&I by taking a meeting into a treatment facility and now says, "That's where it's at for me."

Looking to be of service? Maybe H&I is the path for you. Find out by joining us at the next meeting of the H&I Committee on February 1, at **6 p.m.** at the Santa Rosa Senior center located on the corner of Bennett Valley Road and Rutledge (1 block up from Santa Rosa Avenue). If you'd like an in-depth view, especially if you're a new meeting rep, just show up at **5:30.** [*Please note new starting times.*] Everyone is welcome to attend!

In service,
Mardi

THE 2005 ALCATHONS ARE HISTORY

The 2005 Alcathons were once again a success and I would like to thank all those who participated in helping make the holiday season a safe and friendly time of fellowship and giving.

I would like to thank The Light for allowing us to have the alcathons there at their facility. I believe that being of service to the fellowship and in my community has been a big part in my sobriety and my growth as a person. This was the second season that I took on this commitment and in looking back, I see now what a huge undertaking this is. It was challenging as well as rewarding but in the spirit of rotation, I am happy to turn this over to someone who will get as much out of this service as I have.

I also would like to extend my sincere thanks to the following people for their service and support in helping me to put on these events. To Jeni K. the Sunshine in my life, thank you for all that you do for me and all that you are. Thanks also to Rob G. and Gus G. for stepping up to the plate and helping with set up and tear down at each of the three alcathons. Kevin P., Bill K. and Dave L. for their service and support. Shouts out to John (from the Light), Maureen, Mary Kay, Paul S., Ronnie E., and Greg for all their assistance. I would also like to thank the fellas who helped with their trucks to get the table, chairs and supplies from the bookstore to The Light: Gus G., Mark U., Johnny N. and as always special thanks to Larry C. and

his crew for the trash truck this year and every year. As always I probably forgot to mention some people so if I missed you, I'm sorry and you can put me on your 4th Step. Thank you to all the meetings for "representin'" and for carrying the message to the alcoholic who still suffers. Thank you to Intergroup for allowing me to help and to my sponsor for his support.

In the spirit of rotation, I now relinquish the alcathon coordinator position to someone else so that I avoid strangulation from my girlfriend.

Thank you for letting be of service,

Brian A.



OPEN SHIFTS:

Tuesday: Alt 1PM-5PM
ALT 5PM-10PM

Wednesday: 10AM - 2PM

Friday: 1PM - 5PM
10PM - 9AM

Sunday: 10PM-9AM

Call the Hotline Coordinator,
Dave L., at XXX-XXXX for
more information.

Happy Trails Returns!

This years first meeting/hike will be on Sunday Feb 26th. We will hike the perimeter of Spring Lake. It is a fairly easy hike, about 4 miles round-trip. There is a wonderful private spot surrounded by trees for our meeting and lunch. Since the SRJC parking lot is torn up, we will start meeting at the AA bookstore at 750 Mendocino Ave at 10:00 AM to carpool or meet us at the trailhead in Howarth Park at 10:30 AM.

Bring a smile, lunch and water.

Questions? Call Lloyd (our new Happy Trails Secretary/leader)



SCIF CALENDAR • FEB 2006



SUN	MON	TUE	WED	THUR	FRI	SAT
			1 Hospital & Institutions S.R. Senior Center 5:30: New Rep Orientation 6:00: Business Meeting	2	3	4
5	6 General Service Faith Lutheran Church 6:45: Service Manual Study 7:00: New Rep Orientation 7:30: Business Meeting	7	8 PI/CPC S.R. City Hall 7:00: Speaker Training 7:30: Business Meeting	9	10	11 Valentine's Dance Mtg: 7:00 Dance: 8:30 Sebastopol Community Center
12	13 SCIF Bookstore 6:00: AA Teleservice Business Meeting 7:00: ICSC Meeting 8:00: Intergroup Steering Committee Meeting	14	15	16	17	18
19	20	21 Bridging the Gap SCIF Bookstore 6:30: New Rep Orientation 7:00: Business Meeting	22	23	24	25 District 18 (Spanish) 5519 Old Redwood Hwy. Windsor 4:30PM
26	27 Intergroup St. Luke Lutheran Church 7:30: Newsletter Collating 7:30: New Rep Orientation 8:00: Business Meeting	28 General Service District 12 Officers Meeting - 6:15 SCIF Bookstore	SCIF Intergroup Chair Elections Monday, February 27 - 8:00PM			

The Notion of Self-Support

There are two pamphlets relating directly to self-support, one entitled "Self-Support: Where Money and Spirituality Mix" and the other called "memo to an A.A. group Treasurer" These tell you where the money gets spent, the costs of some services, and the notion of passing money up the chain.

First and foremost, the groups receive the same service from the General Service office no matter what they contribute to that office. There are approximately 29,000 letters and requests for help from AA members and groups on every kind of issue, and a reply is given to every one at a cost of about \$9.00 per inquiry. And yet, self support has not always been there. In 1947, Bill said that voluntary pledges or support should be the principle and eventually the sole support of AA, but by 1950, the lack of support caused Bill to issue a five page plea for support. In 1957 Bill wrote a Grapevine article about the subject, and by 1967, self-support had become a fact for A.A.

All the money does not "go into one pot", which is a misunderstanding some members and newcomers have, which is why there are suggested donation breakdowns in the pamphlet "Self-Support",

mentioned above. Here is a list of various activities carried on by various committees of A.A. We get meeting space (mostly a group responsibility), we answer phones (Teleservice), we give prisoners Big Books (H&I), patients get meetings (H&I), Loners get letters (mostly coordinated by General Service in New York), newcomers get literature (provided by New York), questions about A.A. get answered (by New York), and there are a host of details involved in all of these. A breakdown of one dollar into its component expenses is provided in "Self-Support."

A suggested contribution arrangement is also proved in that pamphlet for districts which have an intergroup. This need not be followed – it is only suggested: %50 to Intergroup, %30 to General Service in New York, %10 to our area (CNCA), AND %10 to our district (District 12).

And remember, all this money goes towards fulfilling our primary purpose, that of keeping the hand of A.A. always to be there.

Your in service, Bill K.
District 12 General Service

No matter what, don't drink!

- 1 No matter what the circumstances, don't drink.**
 - 2 No matter what your birth sign is don't drink.**
 - 3 No matter what person you are with, don't drink.**
 - 4 No matter what person you are not with, don't drink.**
 - 5 No matter what the situation, don't drink.**
 - 6 No matter what your ancestry, don't drink.**
 - 7 No matter what your are feeling, don't drink.**
 - 8 No matter what your surroundings, don't drink.**
 - 9 No matter what you have done, don't drink.**
 - 10 No matter what you have not done, don't drink.**
- No matter what, a drink will not make it better.
No matter what, don't drink.**

Bill K. Santa Rosa, CA

SCIF Chair Elections

(Continued from page 1)

functions together. Must be able to delegate responsibility.

Average monthly commitment: 12-15 hrs.

COMMUNICATIONS COORDINATOR NEWSLETTER EDITOR

Coordinates efforts needed to produce Directories, Newsletter, & Web Site; gets meeting updates from Directory Coordinator for inclusion in monthly Newsletter. Arranges for printing and distribution of schedules & Newsletter. Coordinates Newsletter mailing to paid subscribers. Attends Steering Committee meetings, S.C.I.F. meetings, special events, and workshops when possible. Is aware of information that needs to be presented to membership in written form, especially SCIF business & events.

Average monthly commitment: 20+ hrs.

TELESERVICE CHAIRPERSON

Oversees day-to-day operations of Teleservice. Conducts monthly Teleservice business meetings.

Average monthly commitment: 8-10 hrs.

OUTREACH COORDINATOR

Checks attendance for registered groups. Checks with groups to encourage them to send reps to Intergroup. Volunteers to attend meetings are a necessary part of this committee, whose main emphasis is to encourage groups in Sonoma County to be active in the A.A. community and Intergroup.

Average monthly commitment: 6-12 hrs.

SEMINARS COORDINATOR

Determines what workshops the Fellowship is interested in. Arranges for speakers and/or panels; contacts participants; sets up time and room for meetings; gets information into Newsletter; encourages participation; attends monthly S.C.I.F. and Steering Committee meetings.

Average monthly commitment: 6-10 hrs.

New Meetings

Petaluma

(Wrong location in December 2005 Newsletter)
Thursday 12:15PM (O)(W) A Vision For You (Young People's) 1355 Industrial Ave.

Santa Rosa

Daily (Monday-Saturday) 9:00AM (O)(W) Light Morning 525 Fifth St.
Tuesday 8:00PM (C)(W) Ask It Basket 525 5th St.
Saturday 12:15PM (O)(W) Light Lunch 525 5th St.

Meeting Changes

Guerneville

Monday 7:00PM Rule 62 River Readers &
Wednesday 8:00PM Book Study Group
Moved to Monte Rio Community Church (across from Fern's)

Petaluma

Sunday 4:00PM Women's Meeting moved to Elim Church 504 Baker St (off Western, upstairs)
All meetings at #4 E Washington have moved.
Look online at www.sonomacountyaa.org
Or call the hotline at 545-1300 / 762-5122
Or call the bookstore at 546-2066
Or look in revised meeting schedule (Dec 2005)

Rohnert Park

Tuesday 12:15PM Afternoon Delight moving 2/7 to the church at Page and W. Sierra (Cotati)

Sebastopol

Sunday 7:00PM Stein Group moved to Palm Drive Hospital

Santa Rosa

Thursday 6:30PM Great Reality is a Closed Meeting
Saturday 10:30AM Third Step Group new time, 11:00AM, & place, Church 1225 Fulton Rd.
Sunday 6:00PM Young Peoples moved to church at 1551 Montgomery

No Longer Meeting

Cloverdale

Friday 6:00PM What's Happening
Saturday 7:00PM Literature Study

To correct meeting info call Russell

For up-to-date info check the online schedule at:
www.sonomacountyaa.org

Gloria's Corner

I'm happy to be back. Carolyn & the gang did a grate job handling the bookstore. Thanks gang! And a special thanks to Leonard G. for the extra filling in he did during my absence. All is much appreciated.

Openings: Every other Monday AM

Every other Monday PM

Many Blessings,

Gloria

ADDRESSES

Sonoma County Intergroup Fellowship
750 Mendocino Ave. #10
Santa Rosa, CA 95402

Sonoma County General Service
PO Box 536
Santa Rosa, CA 95402

Area 22 H & I Treasurer
PO Box 192490
San Francisco, CA 94119-2490

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

CA Northern Coastal Area Treasury
PO Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*
PO Box 11350
Santa Rosa, CA 95406

*Funded solely through Sonoma County General Service

BOOKSTORE

SCIF CENTRAL OFFICE
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Gloria P.

Phone: (707) 546-2066

Fax: (707) 566-9677

E-mail: scaaweb@earthlink.net

Hours: Mon-Fri 10-6
Sat 11-3

The Bookstore is closed on these Holidays:

Independence Day...July 4th

Labor Day.....September 2nd

Thanksgiving.....November 22nd

Christmas.....December 25th

New Year's Day.....January 1st

CONTACT INFORMATION

Sonoma County General Service

DCMC: Margrete V.
Alt. DCMC: Kenin H.
Registrar: Chris B.
Archives: Cory B.
Grapevine Rep: DJ S.
Literature: Michael Q.
Newsletter: Bill K.
Bridging the Gap: Bob F.
PI/CPC: Yannick W.
Recording Secretary: Donna K.
Treasurer: Vinny M.

Hospitals & Institutions

Chair: Kelly T.

By sending \$7 to SCIF you will cover the cost of printing & mailing a newsletter to your home or to a friend. Mail to:

Fellowship News Subscription

750 Mendocino Ave. Ste. 10, Santa Rosa, CA 95401

Name: _____

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City: _____

State: _____ Zip: _____ Phone _____

Old name/address _____

New Correction Renew Cancel