

SONOMA COUNTY INTERGROUP FELLOWSHIP **NEWS** **AUGUST 2019**



GET THE LATEST MEETING LISTINGS, UPCOMING EVENTS AND MORE AT WWW.SONOMACOUNTYAA.ORG

For a monthly email with a link to the online version of this newsletter, send an email to: newsletter@sonomacountyaa.org with "Subscribe SCIF" in the subject line.

CALIFORNIA NORTHERN COASTAL AREA 06
OF ALCOHOLICS ANONYMOUS
PRESENTS:

2019

SUMMER ASSEMBLY

Saturday Sept 14, 2019

Petaluma Veteran's Memorial Building
1094 Petaluma Blvd S, Petaluma, CA 94952

SERVICE OPPORTUNITIES:

- **Bridging the Gap** - Are you available to help newcomers get set up in a home group? Volunteers are wanted. Meetings are held the 3rd Wednesday of the month, 6:30pm at the bookstore.
- **Teleservice** needs AA members to answer the phone. Calls are forwarded to your own cell phone. Be the first person to help a struggling alcoholic! Call (707) 544-1300 to sign up - about 5 openings available!
- **H&I** needs speakers to bring the message of hope to the still suffering alcoholic that cannot get out to meetings. See the bottom of Page 4 for more details!
- **PI/CPC** looking for young speakers to go into high schools. 1 year sobriety requirement for young speakers. Speaker training is the second Wednesday of the month at 7pm at the Santa Rosa City Underground. We also have immediate positions open on the committee.

See the contact information on the back page or attend any of these committee business meetings for more information!

MEETINGS NEEDING SUPPORT:

SANTA ROSA - 1:30pm Wednesday Matinee
at 1717 Yulupa

BODEGA BAY FELLOWSHIP - Wed. 7pm
1320 Bay View

COTATI - "Not Just Another Newcomer's Meeting,
Mondays 7PM-8PM @ Ladbybug Park.
Needs support from longer-term sobriety members to support the newcomers. Also needs treasurer.

To have your meeting listed here, please email newsletter@sonomacountyaa.org

NCCAA
72nd
Annual Fall Conference

**Northern California
Council of
Alcoholics Anonymous**

San Ramon, CA

San Ramon Marriott- 2600 Bishop Drive - San Ramon, CA 94583
October 11, 12, & 13, 2019

AI-Anon and Spanish Participation & Speakers
Fellowship - Panels-Speakers - Marathon Meetings
Hotel conference price cut off date is September 11, 2019

Pre-Registration Cut Off Date is September 28, 2019

PRE-REGISTRATION - \$20.00 (PER PERSON) - AT THE CONFERENCE - \$25



SAVE THE DATE FOR UNITY DAY 2019 COMING ON OCTOBER 19, 2019!

The SCIF Newsletter is made possible through the contributions of our members. Please read this newsletter and pass it on! This newsletter is also available online at www.sonomacountyaa.org

Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length and content that may violate A.A. Traditions.

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Glenn C.
Asst. Manager: Carolyn A.
Phone: (707) 546-2066
Fax: (707) 566-9677
Email: bookstore@sonomacountyaa.org

SUMMER HOURS

Mon-Fri: 10am - 6pm
Saturday: 11am - 3pm
Sunday: Closed

The Bookstore is Closed
on these Upcoming Holidays:

Labor Day Sept. 2
Thanksgiving Nov. 24
Christmas Dec. 25

AAWS GUIDELINES FOR NEWSLETTERS:

"Newsletters or bulletins published by central offices may include not only office news and events, but similar information about the groups and committees served by these offices (such as meeting times, openings of new groups, or changes of group meeting locations or officers). Frequently, material from A.A. literature is reprinted and discussed, and articles on subjects of interest to A.A.s are also published. Experience indicates that, as in most A.A. service activities, it is prudent to make a committee (rather than one or two individuals) responsible for the format, planning and content of the bulletin."

(From "A.A. Guidelines, Central or Intergroup Offices"
http://www.aa.org/en_pdfs/mg-02_centralorinter.pdf)



SOBRIETY UNDER THE SUN 2020

Puerto Vallarta, Mexico

JANUARY 17-19, 2020

REGISTER NOW AT AAPVCONVENTION.COM

MONTEREY BAY AREA ROUNDUP 2019

"Keep It Simple"

August 30th - September 1st
AA Conference with Al-Anon Participation

Monterey Conference Center
1 Portola Plaza, Monterey, CA 93940

Registration and more information at:
<https://montereybayarearoundup.org/>

Sonoma County Intergroup Fellowship Seminar

Alcoholics Anonymous and Multiple Addictions

WEDNESDAY 7/31/19 6:30 pm – 8:00 pm
750 Mendocino Ave #10 Santa Rosa (Book Store)
Questions? Call Jeff @ (707) 703-0494

NEXT SEMINAR WILL BE SEPTEMBER 25, 2019
"BEING OF SERVICE - The Many Benefits"

MEETING CHANGES

MEETING CHANGES

SANTA ROSA - Tuesday 3:30pm "Hope 4 Today"
Moved from A Street to church at Steele & Range

SANTA ROSA - M-F 9:30am "Mid-Morning Serenity"
Moved to church at Steele & Range until
August 12, then back to Doyle Park Clubhouse

SANTA ROSA - Monday 8pm
"Monday Night Speaker Meeting"
changed from closed to open meeting

MEETING CHANGES

SANTA ROSA - Thursday 6pm
"About Time Group"
moved to: 4275 Montgomery Dr. (cafe)

SEBASTOPOL - Wednesday 7pm
"Gravenstein Gay Group"
new name: "Gravenstein LGBTQ Group"

PETALUMA - Friday 10am Book Study
Now Friday 10Am Big Book and 12 and 12 Study

NEW MEETINGS

SONOMA
Friday 9:00pm Young People's Meeting
276 Napa St. (Behind Community Center)

NO LONGER MEETING

SANTA ROSA - Thursday 10:15am
"New Beginnings" @ Women's Recovery Center
Temporarily not meeting during Construction

To report meeting changes, please send an email to meetingchanges@sonomacountyaa.org
or contact the SCIF Office at 707-546-2066

A NOTE FROM YOUR ACTIVITIES CHAIR

Hello Sonoma County AA fellowship! I would like to introduce myself, Marji B., your newly elected activities chair.

I am honored to be of service and I would like to thank Intergroup for your vote. I have enjoyed participating in Activities put on by SCIF for many years and it has certainly enhanced my recovery. I am grateful and I hope to bring some fun sober activities to you. I am interested in knowing what type of activities you would like to see in Sonoma County. We hope to have a Survey for your opinions and ideas up on the AA website soon.

We are planning to have a BBQ picnic so stay tuned for upcoming details and volunteer opportunities. We will also be planning our annual Halloween dance and our 2nd Annual Black and White New Year's Ball! The first one was a great success and we hope it will become an Annual AA tradition here in Sonoma County.

As we are just getting our committee going we will be looking for volunteer helpers at our events and we would welcome your help. Also, I would like to thank Shelley, our former activities chair, for her service and assistance. Please email me at activities@sonomacountyaa.org with your ideas and suggestions. Thank you! - Marji B

HAS YOUR GROUP TAKEN INVENTORY LATELY?

Many groups periodically hold an AA group inventory meeting to evaluate how well they are fulfilling their primary purpose: to help alcoholics recover through A.A.'s suggested Twelve Steps of recovery.

Some groups take inventory by examining our Twelve Traditions, one at a time, to determine how well they are living up to these principles.

The following questions, compiled from A.A. shared experience, may be useful in arriving at an informed group conscience. Groups will probably wish to add questions of their own:

1. What is the basic purpose of our group?
2. What more can our group do to carry the message?
3. Is our group attracting alcoholics from different backgrounds? Are we seeing a good cross-section of our community, including those with special needs?
4. Do new members stick with us, or does the turnover seem excessive? If so, why? What can we as a group do to retain members?
5. Do we emphasize the importance of sponsorship? How effectively? How can we do it better?
6. Are we careful to preserve the anonymity of our group members and other A.A.s outside the meeting rooms? Do we also leave what they share at meetings behind?
7. Does our group emphasize to all members the value of keeping up with the kitchen, set-up, clean-up and other housekeeping chores that are essential for our Twelfth Step efforts?
8. Are all members given the opportunity to speak at meetings and to participate in other group activities?
9. Mindful that holding office is a great responsibility not to be viewed as the outcome of a popularity contest, are we choosing our officers with care?
10. Are we doing all we can to provide an attractive and accessible meeting place?
11. Does our group do its fair share toward participating in the purpose of A.A.—as it relates to our Three Legacies of Recovery, Unity, and Service?
12. What has our group done lately to bring the A.A. message to the attention of professionals in the community—the physicians, clergy, court officials, educators, and others who are often the first to see alcoholics in need of help?
13. How is our group fulfilling its responsibility to the Seventh Tradition?

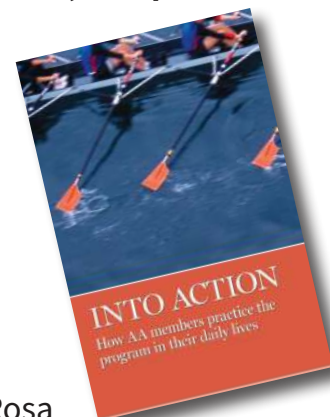
Source – A General Service Office Pamphlet: The A.A. Group – *Where It All Begins*

SONOMA COUNTY INTERGROUP FELLOWSHIP BOOKSTORE

We have a new sobriety chip for sale at the Bookstore! Called the "glitter chip" the price is \$19.99; comes in one color: purple.



Sale Book for August: Into Action
Regular price \$13.49, Sale price \$10.80 plus tax



750 Mendocino Avenue, Suite 10, Santa Rosa
707-546-2066; Monday - Friday 10AM - 6PM, Saturday 11AM-3PM

INVENTORY THE BIG BOOK WAY

Since I've walked in to the meeting rooms of AA, my sponsor insisted that I only share my experience with booze and God and to leave my opinions to myself. He also insists that all of my recovery be based on the Big Book. One of the things that I cannot say enough about is the inventory process. Inventory work has peeled back the layers of my persistent delusions and been the main spiritual tool to chisel away my self pity and the what if/if only stories that I've been telling myself since I was a child. I'm approaching 7 years of sobriety and have written 3 inventories in the 4th step format and am currently writing a 4th. I'm beginning to recognize when I ought to write an inventory: when I feel like what's going on inside is bigger than what's going on outside. Something (resentment and fear usually) is blocking me from a clear path to my God.

Page 64 of the Big Book states that resentments are the #1 offender. It destroys more alcoholics than anything else and from resentment stems all forms of spiritual disease. When I'm angry or resentful, my mind and spirit go to two places. One being a victim and self pity, the other being vengeance with no room for God in between. Without my God working in my life, I'm in danger of insanity returning, of taking a drink, living drunk and eventually dying drunk. In my first inventory, I was satisfied when writing it that I was finally going to list and explain to another, surely understanding, person how everyone in my life had done me wrong and I was a hapless victim of a cruel world. I wrote down every person that I had been angry at for decades.

In my 5th step, it was revealed to me that the majority of people I had been resentful at my entire life hadn't done me wrong at all, I had only thought they had. I had been a victim of very little of the items on my inventory and I was shown that these people simply weren't the people I thought they should be and didn't behave the way I thought they should have and everything between the "A,B,Cs" and the 3rd Step Prayer came to life for me. There are 3 prayers in the 4 step, the 1st being the resentment or "Sick Man's" prayer on page 67 of the Big Book. "We said to ourselves, 'This is a sick man. How can I be helpful to him? God save me from being angry. Thy will be done.'"

Fear. "This short word somehow touches about every aspect of our lives. It was an evil and corroding thread, the fabric of our existence was shot through with it," page 67 of the Big Book. The following page states fear ought to be classified

with stealing. After some consideration, I noticed that my fear - rational or otherwise - was robbing me of my participation in life. Everything I do and every decision I make is based on my level of comfortability.

My best friend is in the fellowship and she constantly reminds me that life begins at the end of my comfort zone. My sponsor tells me to say "yes" to my life. But it's my fear - fear of not getting what I want or fear of losing something I've got - that prevents me from experiencing a larger, fuller life. In my fear inventories, I have discovered how fear works in my life and that self reliance fails me every time. In aspects of my life that are uncomfortable, frustrating or occupying much space in my mind, I've been told to find the fear and I'll find the manifestation of self. On page 68 is the 2nd prayer, the fear prayer, "We ask him to remove our fear and direct our attention to what He would have us be. At once we commence to outgrow fear."

Next is a thorough sex inventory. If you didn't write a thorough sex inventory then you haven't finished your 4th Step. If you haven't finished your sex inventory, is it possible that it's an area of your life you are experiencing fear and frustration? In looking at my sex inventory I realized there isn't any area of my life where my character defects are more sharp and ready to use. I'm never more selfish, dishonest, resentful and afraid than in my romantic entanglements. It was also vital in this part of the 4th Step that I realized how sex had also been a source of ease and comfort much like booze and drugs. Left no stone unturned and what was unique in comparison to the resentment and fear portions of the 4th step, I found a lot of shame. I didn't understand that shame could exist in a straight guy's sex history and found that there were things that I didn't want to be doing with people I didn't want to be doing them with that were detrimental to myself. I had no problem being dishonest, manipulative, mean, and self pitying with women in order to get what I want and without offering anything in return. "In this way we tried to shape a sane and sound ideal for our future sex life. We subjected each relation to this test-was it selfish or not?"

We asked God to mold our ideals and helps to live up to them. We remembered always that our sex powers were God-given and therefore good, neither to be used lightly or selfishly nor to be despised and loathed," page 69. - Dave C.

GENERAL SERVICE IN THE SUMMERTIME

Who say's General Service is all work and no fun... motions and business. Well we just had our Delegates BBQ that was chock full of fun and information about the goings on in New York at the General Service Conference at the end of May. Our BBQ was very well attended with approximately 135+ people and an amazing crew of volunteers that made sure NO ONE left hungry! Tons of food, fellowshiping with connections happening, new GSR's or just people checking us out! You can bet the people that attended were in service to Alcoholics Anonymous in one form or another and isn't that what this is all about... service.

We were entertained by our Delegate Teddy B.W. about his travels and what he saw, heard and felt at the conference where 93 Delegates and Trustees and staff from A.A.W.S & the Grapevine gather together to do the business of A.A. We were informed fully by our Delegate just as the General Service Representatives informed him from their groups how they felt on the agenda topics that were being brought to the conference. Tradition 2 states "For our group purpose there is one ultimate authority, a loving god as he may express himself in our groups conscience..." It is the heartbeat of Alcoholics Anonymous.

So what now? Now we are sending our general service representatives out to their groups to get their groups conscience on motions such as creating a standing committee on Technology at the area level, an Accessibilities Committee and literature for the Transgender Alcoholic. If these topics interest you please ask you group representative when you will be having a sharing session. Our Summer Assembly will be September 14th this year (and in Petaluma) and we will be discussing this business at this assembly so the groups will have plenty of time to talk about these motions. We cannot be an informed area without our groups participating! Last but not least we will be talking about a 5th Edition Big Book and if it passes, we will send another request for New York to consider a 5th Edition Big Book of Alcoholics Anonymous. If this sounds like déjà vu well it is. The Conference considered a 5th Edition and stated, "now is not the time". Our area had been discussing this and if you want to know what happens next... come on down to Petaluma for the Summer Assembly.

Our District meeting is the 1st Monday of the Month at Faith Lutheran Church at 4930 Newanga Avenue, Santa Rosa. Orientation is at 6:45, service manual/concept study at 6:45 and business meeting at 7:30. Come on over and check it out... we love visitors!

In Gratitude & Service, Claudia N., DCMC District 12

H&I REPORT

“If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy demand. Let us, with God’s help, continually surrender these hobbling liabilities. Then we can be set free to live and love; we may then be able to twelfth step ourselves, as well as others, into emotional sobriety.” [Bill W., Grapevine, January 1958]

On July 3, 2019, the Hospitals & Institutions Committee welcomed a whole bunch of new meeting reps: Eric H., representing By the Book; Ben D., Tea & Recovery (Sebastopol); Linda G., Meditation Meeting (Healdsburg); D.A. W., There is a Solution; Kelsey M., Step Sisters; Kimberly B., Tuesday Night Group (Petaluma); Nick M., Men’s Smokeless Group; Sean H., Windsor Group; Becky B., Breakfast Club (Petaluma); Susan P. Lunch Bunch(Petaluma); Brian R., Midweek Madness; Kim C., Women’s Step Study & Discussion; Patty H., Generations Group (Windsor); Ricardo S., New Sobriety; Bob R., Think About It (Sebastopol); and Manuel A., Came To Believe.

Thank you all for being of service to H&I!

Almost 85 years of sobriety was being celebrated by H&I members for the month of July!

Are you willing to share your gift of sobriety with an alcoholic who is confined? For suggestions on how to do just that, please come to the next meeting of the H&I Committee, Wednesday, August 7, 2019, at 6:15 pm. As always, everyone is welcome to attend the orientation that begins at 5:45. The location is the Community of Christ Church, 1495 W. Steele Lane, on the corner at Range Avenue (parking is on Range, behind the church, with additional parking at the ice arena).

In service, Mardi

SERVICE MEETINGS & EVENTS - AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			JULY 31st SEMINAR 6:30-8:30 pm CIF Bookstore 750 Mendocino Ave. Ste. 10, SR	1	2	3
4 SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	5 GENERAL SERVICE Faith Lutheran Church 4930 Newanga Ave., S.R. 6:45pm Service Manual Study 6:45pm New Rep Orientation 7:30pm Business Meeting	6	7 H & I Community of Christ Church 1495 W. Steel Lane, S.R. 5:45pm New Rep Orientation 6:15pm Business Meeting	8 ACCESS SONOMA COUNTY SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:30pm Business Meeting	9	10
11	12 SCIF SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:30pm ICSC Meeting 7:30pm Intergroup Steering Committee Meeting	13 TELESERVICE SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:00pm Orientation/Training	14 PI/CPC Santa Rosa City Hall Underground 7:00pm Speaker Training 7:30pm Business Meeting	15 UNITY DAY PLANNING COMMITTEE SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 7:00pm	16 SEPTEMBER NEWSLETTER DEADLINE - 5pm	17
18 SOCYPAA First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	19	20	21 BRIDGING THE GAP SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:00pm New Rep Orientation 6:30pm Business Meeting	22	23	24
25 HAPPY TRAILS HIKE Meet at Coddington Post Office to carpool 10:00 am	26 INTERGROUP St. Luke Lutheran Church 905 Mendocino Ave., S.R. 7:00pm New Rep Orientation 7:30pm Business Meeting	27	28	29	30	31 MONTEREY BAY ROUNDUP

****NEW! YOU CAN NOW ADD ALL THE SERVICE MEETINGS TO YOUR GOOGLE CALENDAR WITH ONE CLICK!! VISIT WWW.SONOMACOUNTYAA.ORG****

SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES

June 24, 2019

The meeting opened at 7:30pm with the Serenity Prayer and Preamble.

Tradition 6: Nick
Concept 6: Stephen

INTRODUCTION OF NEW REPRESENTATIVES: Eloise P. - Moment of Silence, Rodrigo C. – Not Just Another New Comer, Nick C. – How It Works, Mike L. – Third Step Meeting, Stephanie E. – New Women In AA, Mary O. – Sunday Smiles, Susan – Sunday Morning.

BIRTHDAYS: Michelle (32 yrs.), Jeff (6 yrs.), Mark (3 yrs.), Isabella (1 yr.), Kelly (1 yr.)

ELECTION OF REGISTRAR & ACTIVITIES

Peter made himself available and was elected as Registrar.
Marji made herself available and was elected as Activities Chair.

OFFICER REPORTS

Chair: (Justin C.) Thank You to everyone for being here tonight.

Vice Chair: (Amber H.) There were 6 new reps at orientation. Thank you to our setup folks asked for volunteers for next month.

Secretary: (Erin H.) Minutes were passed.

Treasurer: (Suzanne L.) The Central Office income for May 2019 includes \$4,343 from Group Contribution, \$350 from Group Insurance Collections, and \$14 from Bank Interest for a total of \$4,707. Total expenses for May were \$3,731. The Bookstore income for May 2019 includes \$7,651 in sales and \$350 from Group Insurance Collections for a total of \$8,001. The Bookstore expenses were \$7,396. We had a net gain of \$1,581 in May. Year-to-date, our income is \$70,374. Our expenses are \$56,300, leaving a net gain of \$14,074.

Registrar: (Peter R.)

COMMITTEES:

ICSC: (Amy B.) A motion was made regarding check signing. The next elections are in October.

Book Store: (Glenn C.) July sale book: Beginner's Book, regular price \$13.49; sale price \$10.80. The Bookstore has baseball caps on sale, and is now selling sparkly chips in purple among other goodies.

Activities: (Marji B.) Looking forward to this position.

Alkathons: (Kevin H.) Has come up with a budget for 2019 Alkathons.

Newsletter: (Ryan L.) Service opportunities and meetings needing support are located on the front page. Deadline for next newsletter is July 12, 2019.

Outreach: (Julian S.) Nothing new to report.

Seminars: (Jeff R.) Next seminar will be July 31st at the bookstore at 6:30pm. Topic is "Multiple Addictions"

Teleservice: (Mike H.) Shifts are currently open for Tue. and Wed. during the day 1-5pm shift & 8am-1 pm shift. There will be a teleservice training on July 9th and a volunteer appreciation bbq. If you are interested in signing up for 12-step calls, use the sign-up sheet or contact Mike.

IGSC Nominating Committee: (Monica. B) We are looking for candidates for our next election in October. If you know of someone interested, please have them contact the nominating committee – you do not need to be a member of Intergroup.

LIAISONS:

SOCYPAA: (Tatianna.) Not in attendance.

Spanish Central Office: (Chris) Meeting time is the third Wednesday of the month, 7-9pm.

H&I: (Lee J.) We continue to seek out people to carry the message into hospitals and institutions.

GENERAL SERVICE: (Claudia) July 1st is our Delegates BBQ up on the church on Newanga, 4930 Newanga Avenue. We will feed you hamburgers, hotdogs, veggie burgers and supply the drinks and entertain you with Teddy's experience in New York. Please bring a side dish or dessert to share if you plan on coming.

Bridging the Gap: (Mary Ellen) Available to help newcomers get set up in a home group. Volunteers are wanted. Meetings are held the 3rd Wednesday of the month, 6:30pm at the bookstore.

PI/CPC: (Erin) We are looking for young speakers to go into high schools. 1 year sobriety requirement for young speakers. Speaker training is the second Wednesday of the month at 7pm at the Santa Rosa City Underground. We also have immediate positions open on the committee.

Access Sonoma County: Our next workshop will be July 20th 1-5pm on Mental Health in Sobriety. Sign up for rides or meetings on wheels.

OLD BUSINESS: None
NEW BUSINESS: None

Group Representative Sharing: (Linda) NCAA Conference in San Ramon on July 11th, 12th, and 13th.

Meeting adjourned at 8:20pm with the Responsibility Statement

-In Service, Erin H.

2nd QUARTER GROUP CONTRIBUTIONS

GROUP MEETING NAME	April	May	June	Second Quarter
12x12 @ 12 Cotati				-
AA of Sonoma (Friday Night)			83.25	83.25
Acres Fellowship			150.00	150.00
Anonymous	100.00		100.00	200.00
Be What You Want to See	143.91			143.91
Big Book Review				-
Big Book Steps Only				-
By The Book Group		23.00		23.00
BYOBB				-
Drop the Rock				-
Expect A Miracle	189.16			189.16
FAHA Home Group	30.68			30.68
Fresh Air Group	250.00			250.00
Friday Night Vets	333.00		193.50	526.50
Friday Nooners of AA				-
General Service				-
Generations Women's Group				-
Graton Fellowship	86.40			86.40
Gravenstein Bay Group	137.65			137.65
GRBBS (Great Reality Big Book Study)		100.00		100.00
Gualala Group	175.00			175.00
Guerneville Young @ Heart	241.00			241.00
Harmony Group				-
Healdsburg Anonymity		141.08		141.08
Higher Power Group			498.00	498.00
Just for Today	25.00			25.00
Keep It Simple, Petaluma	123.50		50.00	173.50
Kenwood Group	233.57			233.57
Knuckleheads	140.00		110.00	250.00
Language of the Heart Group				-
LGBT Newcomers Group				-
Lunch Bunch Group		79.80		79.80

GROUP MEETING NAME	April	May	June	Second Quarter
Mature and Sober	42.36			42.36
Mens Smokeless Group	232.37			232.37
Mens Stag				-
Midday at Midweek		50.00		50.00
Moment of Silence 11th Step			250.00	250.00
Monday Night Book & Discussion, Sonoma	228.60			228.60
Monday Night Alcoholics Only		221.52		221.52
Monday Night Mood Swing			50.00	50.00
Monday Night Speakers Meeting				-
New Comers Meeting Cloverdale	50.00			50.00
New Sobriety Group	258.65			258.65
Not a Glum Lot	77.25			77.25
On Fire, Cloverdale		99.60		99.60
Open Door		200.00	200.00	400.00
Petaluma Valley Group	138.00			138.00
Prayer & Meditation			60.00	60.00
Promise's Group				-
Quitting Time, Petaluma	154.83		110.00	264.83
River Discussion	204.00			204.00
River Grace				-
Santa Rosa Saturday Night				-
Saturday Morning Book Study				-
Saturday Night High Steppers			74.24	74.24
Saturday Night Living Right				-
Saturday Solution Group	224.00		180.00	404.00
Saturday Windsor 3rd Step Group			400.00	400.00
SCGMAA			150.00	150.00
Sebastopol Men's Stag			123.70	123.70
Serenity Fellowship		2,650.00		2,650.00
Serenity Rock				-
Single Purpose Group Sebastopol		195.00		195.00
Sober Sisters				-

GROUP MEETING NAME	April	May	June	Second Quarter
Sober Sunday Group, Santa Rosa	221.88			221.88
SOCYPAA				-
Sometimes Slowly		85.00		85.00
Sonoma Valley Fellowship				-
Spirit of Akron, Petaluma	101.00			101.00
Step Sisters - Santa Rosa	96.35			96.35
Step Sisters - Windsor				-
Steps in Windsor			100.00	100.00
Sunday Breakfast Club				-
Sunday Morning Villa A.A. Group				-
Sunday Niters		114.00		114.00
The Eldridge Group				-
There is a Solution	50.00		748.37	798.37
Think About It Group of AA	200.00			200.00
Thurs. Night 12 X 12 Discussion Group	108.11			108.11
Thurs. Night Real Life Mtgs of AA		240.00		240.00
Thursday Night Women's AA		103.63		103.63
Thursday Womens AA, Sebastopol				-
Tuesday Afternoon Delight			138.00	138.00
Tuesday Big Book - Sonoma		40.00		40.00
Up the Steps	260.00			260.00
Wednesday Westsiders	201.60			201.60
Wednesday Women's Lunch Bunch				-
We're In The Now				-
Women's Book Group, Sonoma	314.00			314.00
Women's Group in Guerneville	100.00			100.00
Womens Lunch Bunch	119.37			119.37
Women's Step Study and Discussion Group	83.13			83.13
Women's Tuesday at Noon in Windsor	143.56			143.56
Teleservice				-
Total	\$5,817.83	\$4,342.63	\$3,769.06	\$13,929.62

SCIF FINANCIAL SUMMARY - JUNE 2019

	Jun-19			Jun-18		Year to Date		2019	2018
	Income	Expense	Net	Net	Income	Expense	Net	Net	
Group Supported:				Comparison					Comparison
Central Office		(2,249)	(2,249)	(2,471)		(14,189)	(14,189)		(15,062)
Groups	3,769		3,769	3,168	33,112		33,112		23,858
Individuals	0		0	0	0		0		0
Group Ins Collection	25		25	0	1,450		1,450		0
Directories		(177)	(177)	(196)		(1,185)	(1,185)		(1,173)
Pamphlets & Cards		0	0	26		(1,185)	(1,185)		(807)
Newsletter		(477)	(477)	(489)		(2,895)	(2,895)		(2,888)
Teleservice		(473)	(473)	(352)		(3,015)	(3,015)		(2,079)
Interest/Bank Charges	17		17	5	76		76		22
<i>Subtotal</i>	<i>3,811</i>	<i>(3,376)</i>	<i>435</i>	<i>(309)</i>	<i>34,639</i>	<i>(22,469)</i>	<i>12,169</i>		<i>1,871</i>
Self Supported:									
Bookstore	6,318	(7,165)	(847)	(154)	44,440	(44,371)	68		(1,507)
Group Ins Collection	25		25	0	1,450		1,450		0
Alkathons			0	0			0		0
Activities			0	(79)			0		(79)
Seminars			0	0			0		0
Unity Day			0	0	0		0		0
<i>Subtotal</i>	<i>6,343</i>	<i>(7,165)</i>	<i>(822)</i>	<i>(233)</i>	<i>45,890</i>	<i>(44,371)</i>	<i>1,518</i>		<i>(1,586)</i>
TOTAL	10,154	(10,541)	(387)	(542)	80,528	(66,841)	13,688		285
Assets & Liabilities									
Cash in Bank & Petty Cash		62,092			Memo: Cash in Bank & Petty Cash				62,092
Prepaid Expenses		6,230			Prudent Reserve				(39,113)
Bookstore Inventory		17,261			Liabilities				(5,645)
Property		1,917							
Subtotal		87,499			Operating Reserve				17,334
Liabilities		(5,645)							
Total Assets & Liabilities		81,854							

INTERGROUP TREASURER'S REPORT - JUNE 2019

The Central Office income for June 2019 includes \$3,769 from Group Contributions, \$25 from Group Insurance Collections, and \$17 from Bank Interest for a total of \$3,811. Total expenses for June were \$3,376.

The Bookstore income for June 2019 includes \$6,318 in sales and \$25 from Group Insurance Collections for a total of \$6,343. The Bookstore expenses were \$7,165.

We had a net loss of \$387 in June 2019.

Year-to-date, our income is \$80,528. Our expenses are \$66,841, leaving a net gain of \$13,688.

In service, Susanne Lake
Treasurer

ASL INTERPRETERS - QUARTERLY REPORT

“Concerning any given service, we therefore pose but one question: Is this service really needed?” If it is, then maintain it we must, or fail in our mission to those who need and seek A.A.” - Bill W., “AA’s Legacy of Service.”
Together we can! Thank you for your support!

GROUP CONTRIBUTIONS FOR SIGN LANGUAGE INTERPRETERS

Meeting	1st Qtr 2019	YTD	Meeting	1st Qtr 2019	YTD
A Vision For You	\$171.78	\$171.78	Simply AA		\$152.00
Came To Believe	\$16.34	\$30.39	Single Purpose Group	\$48.00	\$48.00
Expect A Miracle	\$109.00	\$184.75	Step Sisters	\$49.30	\$143.59
Harmony Group	\$67.00	\$130.00	Sunday PM Closed Discussion (RP)	\$25.40	\$84.30
Hessel Big Book Study		\$31.00	There Is A Solution	\$91.08	\$148.46
Higher Power Group		\$67.35	Third Step Group	\$226.02	\$226.02
Mature & Sober		\$89.88	Thursday Night 12x12 Discussion	\$15.00	\$30.00
Moment of Silence	\$82.00	\$136.00	Up The Steps	\$191.92	\$323.81
New Sobriety Group	\$73.75	\$116.75	We're In The Now		\$41.00
Not A Glum Lot	\$5.00	\$9.30	Women's Perspectives	\$98.00	\$98.00
Saturday Night Live		\$99.88	Women's Step Study (Seb)		\$111.61
Signs of Sobriety	\$50.00	\$100.00	Women's Step Study & Discussion	\$48.60	\$97.54
			Total	\$1,368.19	\$2,671.41
			Paid to interpreters:	\$975.00	\$1,875.00
			Prudent Reserve:		\$4,594.82

A.A. HOTLINES

Santa Rosa 707-544-1300
 Sonoma 707-938-8508
 Spanish Speaking 707-623-6702



INTERNET LINKS

Alcoholics Anonymous:
www.aa.org

Sonoma County Intergroup
 Fellowship:
www.sonomacountyaa.org

SOCYPAA (Sonoma County Young
 People in Alcoholics Anonymous):
www.socypaa.org

Northern California Coastal Area 06:
www.cnca06.org

AA Grapevine:
www.aagrapevine.org

MAILING ADDRESSES

Sonoma County Intergroup Fellowship
 750 Mendocino Avenue, Suite 10
 Santa Rosa, CA 95401-4846

Sonoma County General Service
 P.O. Box 536
 Santa Rosa, CA 95402

H & I Area 22 - Treasurer
 P.O. Box 192490
 San Francisco, CA 94119-2490

General Service Office
 P.O. Box 459, Grand Central Station
 New York, NY 10163

California Northern Coastal Area - Treasurer
 P.O. Box 884222
 San Francisco, CA 94188

Sonoma County PI/CPC*
 P.O. Box 11305
 Santa Rosa, CA 95406

SOCYPAA
 1275 4th St., #221
 Santa Rosa, CA 95404

*funded solely through Sonoma County General Service

BRIDGING THE GAP

I wanted to thank everyone who helped make the Mental Health in Sobriety Workshop such a success. Working with all of you has been such a gift these past several months, and absolutely none of it would have been possible without you. The biggest possible thank you to Kelli, Cindi, Mary, Gretchen, Robin, D'Ann, Sarah, Desiree, Heather, Larry, Barrie, and the volunteers from the Emotional Sobriety meeting in Cotati, Anita, Daemon and SJ.

If you have any questions or would like copies of any of the materials (including the workshop recording), you can contact me at 805-835-3027 or anemonenity@gmail.com.

The workshop was a presentation of Access Sonoma County, which will continue its work of breaking down barriers for people who need the recovery message of Alcoholics Anonymous. We meet at the bookstore on the second Thursday of the month, and we would love to have your support!

With gratitude, Alan W

CONTACT INFORMATION

(All emails @sonomacountyaa.org)

SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

Chair	Justin C.	intergroup@
Vice Chair	Amber H.	vice-chair@
Secretary	Erin H.	secretary@
Treasurer	Susanne L.	treasurer@
Registrar	Peter	registrar@

COMMITTEE CHAIRS

Activities	Marji	activities@
Alkathons	Kevin H.	alkathons@
ICSC	Amy B.	icsc@
Seminars	Jeff R.	seminars@
Outreach	Julian S.	outreach@
Teleservice	Mike H.	teleservice@
ICSC Nominations	Monica B.	icscnic@

COMMUNICATIONS

Newsletter	Ryan L.	newsletter@
Website	Kelly E.	webmaster@
Meeting Changes	Russell	meetingchanges@

SONOMA COUNTY GENERAL SERVICE

DCMC	Claudia N.	generalservice@
Treasurer	Denise G.	treasurer-gs@
Registrar	Bengamin G.	registrar-gs@
Archivist	Lora L.	archivist-gs@
Grapevine	**VACANT**	grapevine@
Access Sonoma County	Kelli E.	asc@
Bridging the Gap Chair	Jay B.	btg@
PI/CPC	Nick R.	picpc@
Interpret/Translation	Brian W.	it@

HOSPITALS AND INSTITUTIONS COMMITTEE

Chair	Steven H.	handi@
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SONOMA COUNTY YOUNG PEOPLE IN A.A. (SOCYPAA)

Intergroup Liason	Tatiana	socypaa@
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Suggestions for SCIF Newsletter Welcome!

Please send any corrections, suggestions, submissions or comments about the Sonoma County Intergroup Fellowship newsletter to: newsletter@sonomacountyaa.org