



sonoma county Intergroup Fellowship NEWS

August 2007

Get the latest meeting listings, upcoming events, and more, at www.sonomacountyaa.org

PIRATES – AHOY!



Ar-r-r matey!

the Return of the Pirates!

When: Saturday, 29 September

Where: Sebastopol Community Center
390 Morris St., Sebastopol

Meeting & Sobriety Countdown: 7:00 P.M.

Dance: 8:30 – 12:00

Suggested donation: \$10

To help out, call Laurie E.

Cache Creek Report

Wooooo Weeeeeee! (Or for those in the Southern fellowships it may be pronounced Hwooooo Hweeeee). Someone should call the cops because there is no way having as much fun as we did on the Cache Creek Rafting Trip can be legal. 200+ full grown humans (the term "adult" seems inappropriate), in 100+ inflated canoes armed with sun block, oars and water guns of various caliber.

Important note to future rafters: Be sure to test your squirt gun with water in it. Empty, at the store, they are easy to use. (I am checking with my insurance carrier to see if squirt gun repetitive stress injuries are covered.)

I would like to take this opportunity to do a little step work. My canoe mate and I tried to attack only people in white hats, but our addictive personalities took over and we blasted anyone regardless of hat color. You didn't even have to have on a hat.

I have not laughed so much in years. My throat was raw from all the yelling and laughing and the occasional gasping for air when the boat flipped due to our concentrating on water wars instead of approaching rapids. (Damage report: Two ball caps lost at sea. One super soaker damaged—temporarily. Three unlit cigars to a failure in a watertight door—aka, a plastic bag—five or more lit cigars lost to enemy fire.)

I should mention the meeting, the dance, the food, the bus rides and all the wonderful people I spent the weekend with, but who would believe that two days of solid, jam-packed fun could be had for so little? *You*

SEPTEMBER SEMINAR

"12th Stepping"

Sept. 15
3 – 5 PM

SCIF Bookstore
750 Mendocino Ave



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SOCYPAA Camp-out

Fri, Sat, Sun

August - 17, 18, 19th

Info: Harmony



\$20 suggested donation, includes:

Dinner Saturday night - everyone welcome

AA meeting 8pm Saturday night

Directions:

From Santa Rosa, drive approx. 100 mi. north on Hwy 101 to Laytonville

From the Chevron station in Laytonville, continue north on Hwy 101 for 10.2 mi.

The site is located on Hwy 101 on the right-hand side.

Turn in at the building with two large eyes painted on it.

The facility has showers, bathrooms, and electrical outlets.

SOCYPAA has the entire place reserved. There will be no other campers. The event may tend to get a little noisy at night.

June 2007 Sonoma County Intergroup Fellowship General Meeting

The meeting opened with the Serenity Prayer.

PREAMBLE: Barbara M.

TRADITION 6: Colin E.

CONCEPT VI: Matthew M.

Introduction of new representatives to Intergroup:

- Toby Z., Living Sober, Cloverdale
- Travis G., Harmony Group, Santa Rosa
- Dave T., Tuesday Big Book, Rohnert Park
- Nancy C., Up the Steps, Santa Rosa
- Noel G., Here and Now, Healdsburg
- Kris M., Grin and Win, Santa Rosa
- Beth A., Brodz Night Out, Santa Rosa
- Barbara M., Women's Perspectives, Santa Rosa
- Angel R., Schoolhouse Beach Meeting, Friday nights
- Seth S., Saturday Night, Rohnert Park

June Birthdays:

- Nick R., 8 years
- Ed W., 2 years
- Gloria P., 20 years
- Valentin 3 years
- Jeremy, 16 years

There were no corrections made to the May minutes.

OFFICER REPORTS:

CHAIR: Diane W. stated that there is no smoking on the church's campus. She also mentioned new business to be discussed.

VICE CHAIR: Tim P. reviewed what is discussed at the new rep meeting held at 7:30 before the monthly business meeting. He spoke about Teleservice, and that it used to be separate from Intergroup. It was headed by Mary W. who had her own group of 12 steppers. At that time, meetings would donate their first \$10 to Teleservice. When Mary could no longer continue her work a committee was formed, later becoming part of Intergroup. They now have an answering service, phone bills and a Press Democrat ad. Teleservice is always in need of support.

TREASURER: Larry O. stated May was the worst month this year for SCIF finances so far. Group contributions were \$1,999. The Bookstore made \$29. Expenses for activities (prepaid expenses) were up \$1,682 from last month due to prep money for the June 1st dance. Teleservice expenses were up because the PD ad bill was late last month result-

ing in a doubling of that bill this month. SCIF Bookstore Dutch door expense of \$450 was paid. Year to date our net is \$1974. We dipped into our prudent reserve by \$410. Larry asked for two more co-signers on the account to make a total of five co-signers since John S. is no longer doing that. Nan B. and Susy E. agreed to be new co-signers.

REGISTRAR: Susy E. reported that out of 359 meetings per week in Sonoma County, 160 were represented at the May business meeting making a total of 44% representation. This was a surprising total given that the meeting was held on Memorial Day.

BOOKSTORE: Gloria P. stated sales are up \$1700 this year compared to last year at this time. Bookstore inventory is June 30th. They need someone to make CD's from the tapes they have. They need a volunteer for every other Friday. Bill S. from Sonoma received his 59-year chip. The new book, In Our Own Words, stories by young people in recovery, has arrived and is on sale.

COMMITTEE REPORTS:

ACTIVITIES: Laurie E. discussed the June 1st dance, that it was a great success, they had a great crew and why it lost \$171 (unexpected security charge of \$200). We may have to charge more at future dances. The next dance is 09/29. It has a Pirate theme. She discussed the upcoming picnic of July 21, stating it needs our support to bring back popularity of the annual picnic.

ALKATHONS: Dale E. said that the Alano Club has the permits to allow a 30-hour event. The date for the 2007 Alkathon Steering Committee will be published in the next newsletter.

ICSC: Pat H. reported they are gathering information developed over the years documenting past decisions. They will be creating an ICSC orientation packet and proposing a set of policies and procedures. ICSC means Intergroup Central Service Committee. The committee is comprised of the SCIF Chair, the Treasurer of Intergroup, and three members at large. It was created as an oversight and management committee for the Bookstore. We will return to publishing the Intergroup financial summary each month with estimated Bookstore expense amounts in months when no

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INTERGROUP OFFICERS		AA TELESERVICE	
CHAIR	Diane W.	PHONE LINE COORDINATOR	Dave R.
VICE-CHAIR	Tim P.	12 STEP COORDINATOR	Rich S.
SECRETARY	Nan B.	<u>AA HOTLINES</u>	
REGISTRAR	Susy E.	SANTA ROSA	707-544-1300
TREASURER	Larry O.	LONG DISTANCE	800-224-1300
<u>COMMITTEE CHAIRS</u>		PETALUMA	707-762-5122
SEMINARS	Donna L.	SONOMA	707-938-2027
ACTIVITIES	Laurie E.	SPANISH	707-829-1272
OUTREACH	Barbara F-K.	<u>Open Shifts</u>	
COMMUNICATIONS	Dave H.	Thursday	8PM – 11PM
ALCATHONS	Dale E.	Saturday	10PM – 8AM
TELESERVICE	Dave R.	alternate Saturdays	
		Volunteer! You could save a life ** See page 4 for a list of the current volunteers **	



The Intergroup meeting on the fourth Monday of the month is when the groups of Sonoma County come together to express the will and the experience of the groups around here. We hear reports about activities, plans, and finances, and hear from our service committees and other service entities. We do "business." When Sonoma County AA needs to make a decision about something affecting all of us, we seek input from the groups – the ultimate authority for our Fellowship – on what we should do.

But one of the other important things we do is provide an opportunity just to share. In our home group meetings, we individually share experience, strength, and hope on our journey to recovery from the disease that unites us. The General Meeting provides a chance to share the experience of our groups in providing the structure for that Twelfth Step activity. Our Intergroup meeting agenda tries to have time for "Group Sharing," and we welcome group representatives to bring us news from their groups.

For example, some groups have recently made changes arising from Access Sonoma County's accessibility survey, and you can read about those decisions elsewhere in this

newsletter. My home group recently had a discussion about what is – and is not – an A.A. announcement, and it could be interesting to share that experience with other groups. If your group has been discussing a group problem, other groups in the Fellowship may have already found a solution, and the General Meeting could be a useful forum for airing alternatives.

Each group is autonomous, and your group's solution may not work for mine, but then again, it may. We invite your participation in the Group Sharing at our meeting.

Back in April, I wrote about a project to capture the history of SCIF decisions from meeting minutes in our newsletters. At that time, our archive of minutes in newsletters was incomplete – 51 of the 204 newsletters from 1990 to 2006 were missing – and I asked you to help. You have responded magnificently! To date, only six issues are missing, and we have located minutes for those meetings, although the newsletters are still missing.

Help complete our archive! The missing newsletters

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SCIF General Meeting *(Continued from page 2)*

inventory is taken. Inventories are now quarterly.

NEWSLETTER: Dave H. stated the deadline for articles for the Newsletter are due the second Monday at midnight. Articles are always welcome.

OUTREACH: Barbara F-K. stated she needs someone to go to the Petaluma Alano Club meetings and the Santa Rosa Alano Club meetings and request those entities send a rep to Intergroup since they contribute to Intergroup.

SEMINARS: Donna L. reported the next seminar is July 14 and the subject is Freedom through Acceptance.

TELESERVICE: Dave R. thanked Tim P. for the history of the Teleservice Hotline. He said that Teleservice is the frontline of AA in Sonoma County. He stated all shifts are covered currently.

LIAISON REPORTS:

BRIDGING THE GAP: John B. stated that BTG's purpose is to take newly released residents of treatment facilities to their first AA meetings. BTG can always use volunteer help. They had 50 contact requests in June, 16 local, 18 outside the district 6 and 16 outside the area from other states.

GENERAL SERVICE: Lauralyn C. reported they had their annual BBQ where delegate, Sharon, reported on the Conference. Next Monday they will hold their monthly meeting and will elect a new recording secretary. Summer Assembly is on August 11 in Petaluma. Lick and Stick is July 5 at 4930 Newanga, 6 pm and they need volunteers.

HOSPITALS AND INSTITUTIONS: Laurie E. reported for Mark Vicini stating the July 4 meeting is changed to July 11. They will be working on Unity Day 11/10.

PI/CPC: Nick Reid stated PI/CPC means Public Information and Cooperation with the Professional Community. PI/CPC carries information about AA into jails, police stations, libraries and hospitals. They also place meeting schedules in public places.

SOCYPAA: Sean M. stated Sonoma County Young People in

AA is in the process of completing a group inventory. It is going well. There are five SOCYPAA meetings currently in Sonoma County. There is a dance June 30 and a campout soon. Friday night Tea and Recovery meeting has changed locations to 1000 Gravenstein Hwy.

SPANISH INTERGROUP: Rebecca M. was absent.

ACCESS SONOMA COUNTY: Pat N. reviewed the blue sheet that meetings are asked to fill out to state how accessible their meetings are to handicapped people. They are looking for people fluent in other languages to be available for visitors from other countries. So far they have translators for Chinese and Hungarian. They have the Big Book on tape available for lending to the visually impaired or those with learning disabilities.

CACHE CREEK: Mark V. was absent.

OLD BUSINESS: Diane W. stated ICSC reviews the books, oversees inventory, reviews security and keeps records for the 501(c)(3) non-profit corporation which Intergroup is. She read the bylaws on election of ICSC committee members. One quarter of the bylaws is devoted to the ICSC committee. In May, the nominating committee nominated Gus C. for the open ICSC position and Frances B. volunteered to re-up his current position. Francis subsequently declined. Gus was absent tonight due to a death in his family. A new member, Christie S., volunteered to be nominated. By a large margin, it was voted to table the vote until next month when Gus will be present.

NEW BUSINESS: SOCYPAA found out this evening that they do not have insurance to cover the dance of 06/30. Intergroup just purchased this year's insurance and there was an error in which we overpaid by one event, therefore we have insurance for an extra event. After much discussion it was voted 49 to 5 to allow SOCYPAA to purchase that insurance from us and therefore still be able to hold the dance.

The meeting was closed with the Lord's Prayer

Gratefully in Service,

Nan B.

Your PI/CPC Committee continues its various activities while looking for new opportunities to carry the message to the still-suffering alcoholic. And the committee is always looking for new ideas and people to help.

The long-awaited Package for the Clergy will be available from your GSR after the August General Service meeting. This package was created to give information about AA to clergy who might come into contact with people who have a problem with alcohol. You can hand the package of information directly to your clergyperson and, perhaps, answer any questions he or she may have.

On-going is speaking at drinking driver classes, including young people's classes in which all of the participants were under 21 when they were arrested. Many of them seem able to relate to the young AA speakers.

Delivering meeting directories to over 35 locations in Sonoma County is another continuing task. Drivers are always welcome.

New media Public Service Announcements should be here soon. If you have experience with the media community, come to the next

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August Sobriety Birthdays

Bonnie-Jean K.	8/29	40 Windsor	Peter V.	8/31	4 Santa Rosa
Barbara S.	8/22	38 Santa Rosa	Tim S.	8/15	4 Santa Rosa
Jon G.	8/27	34 Santa Rosa	Beth A.	8/11	3 Petaluma
Marilyn B.	8/7	34 Cloverdale	Dennis F.	8/18	3 Santa Rosa
Jim E.	8/29	30 Santa Rosa	Emily	8/9	3 Santa Rosa
Romy H.	8/30	26 Santa Rosa	Johnny N.	8/28	3 Santa Rosa
Mike R.	8/28	22 Healdsburg	Larry B.	8/22	3 Santa Rosa
Jason H.	8/31	21 Santa Rosa	Mark M.	8/8	3 Santa Rosa
Richard B.	8/13	17 Guerneville	Martha B.	8/3	3 Santa Rosa
Monika G.	8/31	15 Santa Rosa	Mary M.	8/27	3 Santa Rosa
Mike K.	8/4	13 Santa Rosa	Mary P.	8/20	3 Santa Rosa
Farrel B.	8/5	12 Santa Rosa	Paul M.	8/11	3 Cotati
Vicki S.	8/1	11 Santa Rosa	Teresa A.	8/9	3 Santa Rosa
Dillon	8/22	10 Santa Rosa	Aaron E.	8/20	2 Santa Rosa
Tina C.	8/22	9 Cloverdale	Andy B.	8/12	2 Santa Rosa
Kevin P.	8/1	8 Santa Rosa	Anthony H.	8/21	2 Rohnert Park
Steve C.	8/17	8 Santa Rosa	Cyrus	8/5	2 Santa Rosa
Christina	8/20	6 Sonoma	Damon S.	8/6	2 Santa Rosa
Debbie J.	8/1	6 Middletown	Danielle A.	8/1	2 Santa Rosa
Matthew H.	8/25	6 Santa Rosa	Dawn	8/10	2 Sebastopol
Michael S.	8/22	6 Santa Rosa	Domain O.	8/29	2 Petaluma
Michele C.	8/31	6 Santa Rosa	Heather W.	8/29	2 Santa Rosa
Phillip V.	8/29	6 Santa Rosa	Jill	8/13	2 San Francisco
Robert D.	8/23	6 Santa Rosa	John C.	8/30	2 Napa
Skip E.	8/20	6 Cloverdale	Larry B.	8/1	2 Santa Rosa
Vicki H.	8/24	6 Sebastopol	Lynda M.	8/30	2 Santa Rosa
Lynn I.	8/16	5 Santa Rosa	Pat C.	8/10	2 Sebastopol
Terry A.	8/20	5 Santa Rosa	Shannon S.	8/12	2 Santa Rosa
Cheyenne	8/26	4 Santa Rosa	Terra P.	8/27	2 Santa Rosa
Cindy J.	8/10	4 Santa Rosa	Trevor N.	8/13	2 Sonoma
Dan L.	8/17	4 Cloverdale	Valerie	8/29	2 Santa Rosa
Justin W.	8/5	4 Sebastopol			505

And don't forget Larry C., who was 21 on July 6, but didn't tell us in time!

Our home group's steering committee started looking at accessibility issues. The group meets at the Santa Rosa Senior Center. A large rectangle of tables surrounded by chairs created narrow aisles, congestion around the coffee area and the literature table. The aisles around the table were so narrow that two people in conversation could effectively block anyone's passage. So, what to do?

We changed the width of the rectangle by taking out a table at both short ends. This gave us a long skinny rectangle and wide aisles on both long sides. In fact, it gave us room for extra chairs along the walls on one long side. It took awhile for the staff at the Senior Center to remember the change, and there were nights when we set up our own chairs along the wall.

It doesn't seem like that big a deal, but let's look at this. We have members who use assistive devices such as canes or crutches or walkers. We hear from these folks that crowded places and narrow passageways make them nervous, because they don't wish to be bumped, jostled or otherwise knocked off balance. So wider aisles aren't just convenient, they're safer.

Once we did this, we found that Chuck C. was right: When we changed the way we looked at things, the things we looked at changed. Gradually, we became more sensitive to the needs of our members. Now it's part of our leader's format to ask people who share to speak up so that the whole meeting can hear. Now our greeters notice who might appreciate someone bringing them a cup of tea, or something from the literature table.

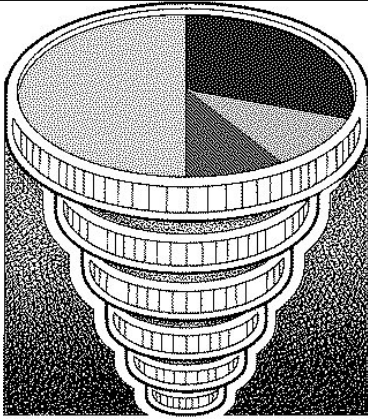
Another group faced similar problems with the furniture in the meeting place. This group opted to eliminate the square of tables altogether. Now they have an amphitheatre arrangement of chairs, with generous aisles around and between sections. The main entrance to the building has stairs; nobody knew where the ramp was to another door. Now our greeters guide members who need a ramp

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Teleservice Hotline Volunteers

Amy T.	Gus C.	Krissy S.
Berrine D.	Ira A.	Larry S.
Bob K.	Jack M.	Marie R.
Bob T.	Jeremy R.	Michael
Cathy A.	Jim C.	Peggy S.
Cindy S.	Jim L.	Rich S.
Clarence P.	John S.	Robert H.
Dave R.	Johnny N.	Ron P.
Dee Dee D.	Karen & Dave M,	Susan M.
Dorothy L.	Karen K	Victoria H.
Frank G.	Kirk G.	

SCIF FINANCIAL SUMMARY MAY 2006



Example of Suggested Group Contributions to AA Service Entities

- 50-70% to Intergroup
- 10% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

April, May & June = 2nd Quarter. 2007			Year to Date			
	Income	Expense	Net	Income	Expense	Net
Group Supported:						
Central Office						
Groups						
Individuals						
Teleservice						
Web Site						
Newsletter						
Interest						
<i>Subtotal</i>						
Self Supported:						
Bookstore						
Activities						
Alkathons						
Seminars						
<i>Subtotal</i>						
TOTAL						
Assets & Liabilities						
Cash in Bank & Petty Cash						
Prepaid Expenses						
Liabilities						
Subtotal						
Literature Inventories						
Property						
Total Assets & Liabilities						
				Memo: Cash in Bank & Petty Cash		
				Prudent Reserve		
				Liabilities		
				Operating Reserve		

GROUP CONTRIBUTIONS

Meeting	June	YTD	Meeting	June	YTD	Meeting	June	YTD
11th Step Meeting		133.30	Kenwood Group		302.99	Spirit of Akron	12.00	40.00
12 X 12 @ 12 Group		260.00	Kenwood Step Study	80.00	222.00	Stepping Lively		90.00
12 X 12 Plus		293.00	Lunch Bunch Group		300.00	Stick Around, Santa Rosa		325.00
A Vision For You	175.00	175.00	Mature & Sober Group	91.00	417.00	Sunday Morning Smiles Group		164.00
AA Sonoma, Friday Night Fellowship		300.00	Moment of Silence	82.00	82.00	Sunday PM Closed Discussion		180.00
AA Sonoma, Thursday 11th Step	78.16	78.16	Monte Rio Book Study		75.00	Sunday Sanity	250.00	500.00
AA Sonoma, Tuesday Big Book		18.63	New Hope Book Study Group		60.00	T.G.I.F. Nooners		38.02
Access Sonoma County	5.00	25.00	New Sobriety Group		100.00	Thank God It's Monday	35.00	35.00
Acres Fellowship Group		872.15	Not Just Another Newcomer's Meeting		250.00	The Cross Roads Group		100.00
Alive & Well In Fulton	170.00	284.00	O God It's Monday		112.00	The Sunday Night Group		129.70
Any Lengths Group	111.00	361.00	Oaks Fellowship	87.24	557.00	There Is A Solution	250.00	250.00
Attitude Adjustment Group		700.00	Occidental Tonight Group		100.00	Think About It Group		567.30
B.Y.O.B.B.		113.50	Open Door		200.00	Third Step Group		397.14
Be What You Want To See		50.00	Out of the Ashes Group		17.87	Thurs. Big Book Step Study		75.00
Bodega Bay Fellowship		295.00	Petaluma Thursday Night Real Life		355.50	Thurs. Night 12 X 12 Discussion		560.91
Book & Discussion, Sonoma		269.51	Petaluma Valley Group		190.50	Thurs. Night Womens AA	116.14	266.14
Breakfast Club	228.84	362.19	Prayer & Meditation, Sebastopol	50.00	50.00	Thurs. Real Life, Petaluma	417.00	417.00
Came to Believe Group		75.00	Promises Group		142.92	Tuesday Afternoon Delight		342.00
Cloverdale Fellowship Hall		97.98	Quitting Time Group		450.00	Tues Night Big Book Study (Pet)		200.00
Cotati Men's Stag		100.00	Redwood Winners		180.00	Tuesday Nite Beginners AA		59.67
Defects & Shortcomings		69.55	River Discussion Group		90.00	Up Group		100.00
Early Bird Fellowship of Petaluma	157.60	726.94	River Grace	82.37	82.37	Up The Steps		103.38
Expect A Miracle		600.00	Round Barn Big Book Study		178.00	Warm Springs @ Mt. Vista Farm	300.00	700.30
FAHA Home Group	75.00	190.00	Rule 62 River Readers		100.00	Wednesday Night Men's Stag		296.00
Fourth Monday	88.85	489.71	Santa Rosa Fellowship		20.00	Wednesday Wonders		105.00
Fresh Air Group		207.14	Saturday Afternoon Winners	65.00	65.00	We're In The Now		186.73
Friday Nooners of AA		116.00	Saturday Morning Beginners	160.00	280.00	Windsor Group		180.00
Gay Newcomers Group	98.10	178.20	Saturday Night Living Right	67.00	136.00	Women's Book Group		68.00
Graton Fellowship		457.57	Saturday Serenity	152.00	454.80	Women's Perspective AA Group		346.82
Gravenstien Gay Group		25.02	Sebastopol Men's Stag		125.00	Women's Step Study & Discussion		114.03
Gualala Group		750.00	Serenity Fellowship Hall	171.77	516.41	Women's Tuesday At Noon	143.41	303.46
Healdsburg Anonymity		20.00	Sharing & Caring		443.63	Working Winners		125.00
Healdsburg Sunday Morning AA		30.00	Signs of Sobriety	25.00	75.00	Young & Sober		27.00
Hessel Big Book Study Group	50.00	50.00	Single Purpose Group		150.00	Young & Young At Heart	117.31	297.31
H & I	20.00	20.00	Sober Sisters		203.06	(group name not on check)		117.18
Highlander Group		350.00	Sober Sunday Group	250.00	250.00	(group name not on check)		48.00
Just For Today		174.35	Sonoma Valley Fellowship		291.70	(group name not on money order)	50.00	50.00
Keep It Simple	12.21	292.21	South Park Survivors		153.72	Total		4324.00 25,294.67

Cache Creek (Continued from page 1)
 should believe and make every attempt to be there next year! I guarantee that if you have even the slightest ability

to be happy, joyous and free this is the one event you do not want to miss next year. I sure won't. —Your friend and brother, John R.

HOSPITALS AND INSTITUTIONS



"So, on this late fall afternoon in 1937, Smithy and I were talking together in his living room, Anne sitting there, when we began to count noses. How many people had stayed dry; in Akron, in New York, maybe a few in Cleveland? How many had stayed dry and for how long? And when we added up the total, it sure was a handful of, I don't know, 35 to 40 maybe. But enough time had elapsed on enough really fatal cases of alcoholism, so that we grasped the importance of these small statistics.

"Bob and I saw for the first time that this thing was going to succeed. That God in his providence and mercy had thrown a new light into the dark caves where we and our kind had been and were still by the millions dwelling. I can never forget the elation and ecstasy that seized us both."

—Bill W., 1954

At the July 11 meeting of the Hospitals and Institutions Committee, a whole passel of new meeting reps introduced themselves. They included Jeff, representing the Spirit of Akron group; Diane, Oceanside Campfire; Matthew, Saturday Afternoon Winners; Steve, 12 x 12 Discussion; Walter M., New Life II; Dave, Monday Night Stag; Jeff, Harmony (RP); Roberta R., Up Group; Sheila, How it Works; Jessica, No Frills; Nancy S., Sober Sunday; and Will, New Vistas (Mount Vista Farm). Adam M., Eugene and Brian presented themselves as visitors willing and able to be of service. A sparkling July welcome to all!

One hundred thirty-three years and seven months—that's the total amount of sobriety that was being celebrated by H&I participants for the month of July. Sobriety birthdays were being celebrated by Brad, with 12 years; Karen

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HAPPY TRAILS



Hi Everyone!

Happy Trails is going to the Golden Gate in August.

We will meet in Rohnert Park @ Starbucks next to Safeway. 10am is good, in case there is any fog that needs to burn off. We'll get to the bridge around 11. Please try to carpool!

And, as always, bring a lunch! See you then.

Happy Trails!
Linda

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
SCIF Bookstore750 Mendocino Ave. Suite 10		Faith Lutheran Church.....4970 Newanga Ave.		St. Luke Lutheran Church.....905 Mendocino Ave .		S.R Senior Center704 Bennett Valley Rd.		S.R. City Hall Employee Lounge...First St. and Santa Rosa Ave.		1	2	3	4
5	SOCYPAA 1551 Montgomery 7:15 Business Mtg.	6	General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	7		8	PI/CPC S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting Newsletter 6:30 SCIF Bookstore	9	Access Sonoma County SCIF Bookstore 6:30 Meeting	10		11	
12		13	SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	14		15		16		17		18	
19	SOCYPAA 1551 Montgomery 7:15 Business Mtg.	20		21	Bridging The Gap SCIF Bookstore 6:30 New Rep Orientation 7:00 Business Meeting	22		23		24		25	General Service Committee Mtg 320 N. McDowell Bl Petaluma
26	Happy Trails 10:00 SCIF Bookstore	27	Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	28	General Service District 12 Officers Meeting 6:15 SCIF Bookstore	29		30		31			

Activities News

Greetings fellowship! Good news; after revising the insurance numbers for the June Dance, we only lost \$34 (almost self supporting)! I promised early on that we would be not only be self supporting but accountable to you, the fellowship.

I survived the Cache Creek rafting trip and only had four (yes, four) out of boat experiences. One would think I'd get better with experience. Sometimes, the more you think you know, the more you really don't...I can still find every rock in the river.

I just finished a seven hour wilderness kayak trip and did not see a soul other than our party all day. Lots of technical runs, waterfalls, abundant wild-life—very spiritual! Newcomers, this is the life I only dreamed of from the barstool!

As we put the final touches on our Family Picnic, I am thrilled with the great committee we have this year. Everyone has been so supportive of my goofy ideas, and it has been fun working with SOCPAA to plan the games. The picnic will have come and gone by the time you read this article, and I will be thanking all in my September news letter article, but I want to thank the committee in advance for all their hard work. Rich S. has been terrific. He planned all the concessions and has done all the shopping at Costco. Bravo, Rich!

We will not have an August event, but SOCPAA is taking up the slack with their campout. We will, however, have a September event—the return of the Pirate Dance on September 29, 2007, at the Sebastopol Community Center, 390 Morris St., Sebastopol. So dust off those eye patches and head scarves! A-r-r-r-r!

See flyers for details. The speaker meeting will start at 7:00, followed by sobriety countdown. The dance begins at 8:00. This is a first Saturday night dance in a very long while and the Community Center charges us \$200 more than Friday night. So this means you, the fellowship, need to support this dance. Come on you people with mid to long-term sobriety: let's show the newcomer we are not a glum lot! A-r-r-r-r!

In loving service,
Laurie E.

Collective Experience (From page 3)
are: March through June 1991;
February and July 1992.

As a result of your response, we now have a history of our decisions since 1990, which will be available next month in hard copy at the Bookstore and also available online.

—Diane W

PI/CPC (Continued from page 4)
PI/CPC meeting and see what you can do to help.

The PI/CPC business meeting is at 7:30 PM on the 2nd Wednesday of the month in the Employees' Lounge underneath Santa Rosa City Hall. Speaker training is at 7:00 PM.

—Margie A., Dean H.

ACS (Continued from page 4)
and show them the way from the ramp to the elevator to the meeting. Greeters also help serve refreshments to those who need that.

Do you have a story to share about your group's effort to improve accessibility? Access Sonoma County would love to hear about that. We meet on the second Thursday of each month, at the SCIF Bookstore, at 6:30 pm. Come tell us about it!

—Pat N.

ASL INTERPRETERS - QUARTERLY REPORT

Meeting	2nd Qtr	YTD
Sunday Niters		
Hessel Group		
Third Step Group		
Heart's Desire		
Young & Young At Heart		
Serenity Fellowship		
Wed Night Women's Step Study		
Stick Around		
Women's Perspective AA Group		
Harmony Group		
Moment of Silence		
Signs of Sobriety		
Thursday Big Book		
Cazadero Group		
Saturday Night Living Right		
Up The Steps		
Big Book Study		
Think About It		
Acceptance Is The Answer		
Moment of Silence		
Hessel Big Book Study		
Anonymous group contribution		
Total		

Paid to interpreters:

Prudent Reserve:

Together we can! Thank you for your support!

H&I Report (Continued from page 6)

S., 9; Dave K., 32; Marie, 6; Steven H., 1; Bruce, 34; Gordon, 15; Ben C., 16 and Nick, 2. In addition, we recognized Jeffrey, with 18 months; Sheila, 6; Jessica, 10; Roberta R., 13; Sherry, 18; Mike, 7 and Adam, 7. Keeping coming back—something's working!!!

In his five-minute share, Albert A. related that he was one of those whose sponsor "encouraged" him to get into service, urging him to check out all possibilities. The last thing, literally, that he tried was H&I—and has been involved ever since. At his first meeting, he found people in recovery that respected each other and found joy in their lives. "They had what I wanted," he said. His experience has been that, wherever H&I shows up, someone gets the help they need. For someone who felt like he didn't fit in anywhere, he has been solidly a part of the Committee for a long time.

We're still looking for volunteers for Unity Day (November 10 will be here before you know it!). The next organizational meeting is on Saturday, August 18 at the Bookstore (750 Mendocino Avenue) at 3 p.m.

Volunteers for H&I service are always welcome, too. Find out how you can make a difference in someone's recovery by showing up at the next H&I meeting on Wednesday, August 1, at 6:00 p.m. The location is the Santa Rosa Senior Center on Bennett Valley Road at the corner of Rutledge Avenue, 1 block east of Santa Rosa Avenue. New meeting rep orientation, to which all are welcome, begins at 5:30. We hope to welcome you there!

In service,
Mardi

NEW MEETINGS

Cloverdale

Thu 7:30 PM (O)(W) Men's Step Study
206 N. Commercial St.

Gualala

Tue 7:30 PM Gualala Group
Thu 38559 Hwy 1 So.

MEETING CHANGES

Gualala

Mon 8:00 PM Gualala Group
New time: 5:30 PM

Rohnert Park

Fri 7:00 PM Let's Discuss It
Moved: 216 E. School St.

Santa Rosa

Fri 6:30 PM Gay Newcomers
Moved: Kaiser Medical Offices East,
3rd floor, Conference Rm. E4

Sebastopol

Fri 6:30 PM Tea & Recovery
Moved: Community Church
1000 Gravenstein Hwy No.

Sat 12:15 Sober Saturday
Renamed: Work It Cause You're Worth It

Sonoma

Sun 9:00 PM Meditation Meeting
New time: 8:30 PM

NO LONGER MEETING

Gualala

Sun 6:00 PM Gualala Group
Petaluma

Mon 8:30 PM Up The Steps

MEETING CODES

- (C) Closed meeting, alcoholics only.
- (O) Open meeting, anyone can attend.
- (W) Wheel chair access to meeting area.

To report meeting changes:
Contact Russell

Gloria's Corner

The new book, In Our Own Words, is selling well, as are Emotional Sobriety and Spiritual Awakening. We also have Thank You for Sharing – Sixty Years of Letters to the AA Grapevine.

We need a volunteer every other Friday, 2 – 6 PM. We also need someone make CD's.



See You Soon,
Gloria

ADDRESSES

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CA Northern Coastal Area Treasury

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San Francisco, CA 94188

Sonoma County PI/CPC*

PO Box 11350
Santa Rosa, CA 95406

SOCYPAA

P.O. Box 5784
Santa Rosa, CA 95402

*Funded solely through Sonoma County General Service

BOOKSTORE

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Gloria P.
Phone: (707) 546-2066
Fax: (707) 566-9677
E-mail: aa@ap.net
Hours: Mon-Fri 10-6
Sat 11-3

The bookstore is staffed by volunteers and is sometimes closed for lack of manpower.

Call first!

The Bookstore is closed on these Holidays:

Memorial Day	May 29th
Independence Day	July 4th
Labor Day	September 4th
Thanksgiving	November 23rd
Christmas	December 25th
New Year's Day	January 1st

CONTACT INFORMATION

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Meeting Changes: Russell

Sonoma County General Service

DCMC: Padee M.
Alt. DCMC: Lauralyn C.
Registrar: D.J. S.
Recording Secretary: Sarah S.
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Grapevine Rep: Doug F.
Literature: Randy S.
Newsletter: Dale E.
PI/CPC: Dave R.
Treasurer: Annie T.
Access Sonoma County: Susan C.

Hospitals and Institutions

Chair: Don S.

Sonoma County Young People In Alcoholics Anonymous

Liaison to SCIF: Jolie B.

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