

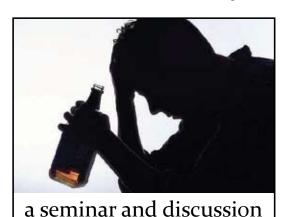
Get the latest meeting listings, upcoming events and more at www.sonomacountyaa.org



Sonoma County Intergroup Fellowship Presents

# STEP ONE - POWERLESS, BUT NOT HELPLESS

We realized that we were powerless over alcohol -that our lives had become unmanageable.



Wednesday, May 25, 2016 6:30 - 8:00pm

SCIF Central Office / Bookstore 750 Mendocino Ave, Santa Rosa

Info: Call/Text James 707-236-4540

"We need to constantly scrutinize ourselves carefully, in order to make everlastingly certain that we shall always be strong enough and single-purposed enough from within, to relate ourselves rightly to the world without."

AA Co-Founder, Bill W., August 1945 from The Language of the Heart

# **BOOKSTORE**

# SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10 Santa Rosa, CA 95401

Manager: Glenn C.

Phone: (707) 546-2066 Fax: (707) 566-9677

Email:

bookstore@sonomacountyaa.org

# SPRING/SUMMER Hours

Monday-Friday 10am - 6pm Saturday 11am - 3pm Sunday Closed

The bookstore is staffed by volunteers. Occasionally it is closed due to lack of staff - call first!

The Bookstore is Closed on these Holidays

Memorial Day May 30
Independence Day July 4
Labor Day Sept 5
Thanksgiving Nov 24
Christmas Dec 25
New Year's Day Jan 1

www.aa.org www.aagrapevine.org www.sonomacountyaa.org



# 44th Annual Hospital and Institution Conference

# "Service in Sobriety"

# April 29, 30 and May 1st, 2016

# Santa Rosa Veterans Memorial Hall 1351 Maple Avenue Santa Rosa, CA 95404

\*AA/Spanish \*Al-Apon\* Papels \* Speakers \* Dance \* Drawing

	1212, Sp.	singi in interest speni	ters sume	· Diaming		
<u>Friday</u>	5:00 PM	Registration Opens!				
	8:00 PM	Steve M. from Raleigh, North Carolin	na			
<u>Saturday</u>	9:00 AM	Panels Start				
	1:00 PM	"The Spiritual Principles of Service" Ronnie C. from Camas, Washington				
	7:30 PM	Wallace B. from Sanford, North Card	olina			
	10:00 PM	Dance				
<u>Sunday</u>	9:00 AM 10:30 AM	Panels Start  Marcella A. from San Francisco, Ca  ** See program for panel det				
		Registration Form			-	
Name				AA L Al-Anon L	_	
Address _		City	State	Zip		
Phone		Email				
Pre-Regis	tration \$15 pe	r person by April 24th . Number of	persons atten	ding		
Amount EnclosedMake out checks to Nor Cal H&I Conference Mail to: Nor Cal H&I Conference, PO Box 9116, Santa Rosa, CA 95405 Check out the website: www.handiconference.org						
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# 36th Annual Lake Pillsbury Meeting & Campout is May 20, 21, & 22, 2016!

at Sunset campground. Campsites are first come, first served at \$16 each – 8 people per site. Extra cars are \$3.00 each. We'll have an A.A. meeting and potluck under the stars on Saturday night. Friends and family welcome. Laurie E. 707-287-2481 edsonl@comcast.net, Preston 707-291-9118.



# **NEW MEETINGS**

Santa Rosa Chronic Pain in Sobriety, Monday 6:30pm (C)(W), 2701 Creek Park Lane.

**Transgender A.A.**, Thursday, 1pm (O)(W), 3400 Chanate Road.

The Talking Stick, Thursday, 7pm (O)(W), Senior Center, 704 Bennett Valley Road.

# **MEETING CHANGES**

Starting in May, the **SCIF General Meeting** on the fourth Monday of each month will begin at 7:30 p.m., with new rep orientation at 7 p.m.

Cloverdale Monday Night Serenity (O) (W), Monday 6:30pm, now 6pm. 208 N. Commercial.

Santa Rosa
TBDME For Young People (O)
(W), Thursday 6pm, now 7pm.
1551 Montgomery Drive.

Sebastopol
Tea & Recovery (O)(W), Friday
6:30pm, now 7pm. Church,
1000 Gravenstein Highway.

# NO LONGER MEETING

Cloverdale 11th Step Meditation, Saturday, 5:30pm. 208 N.Commercial.

Send meeting changes to:

meetingchanges@ sonomacountyaa.org

# **GENERAL SERVICE**

Now is the busy time for GSRs and their groups, between the receipt of Agenda Topics Summaries and the Pre-Conference Assembly, April 9th and 10th in San Rafael. It is a great opportunity to support your GSR, your group, and A.A. as a whole. Your GSR will be bringing selected Agenda Topics to group sharing sessions where you will have an opportunity to express your informed conscience on matters important to A.A. as a whole. In the sharing session you will attempt to gather an informed group conscience which your GSR will take to the Pre-Conference Assembly. At that event, GSRs in the Northern California Coastal Area (CNCA) will share their groups' consciences in order to inform the Area Delegate so, that he may take the area conscience to the General Service Assembly in New York. There the delegates will decide what is best for AA as a whole. And, all this is starts with your participation in your group sharing session.

Thank you, Bob S.



ASL Available - May 14, 2016 Post Conference Assembly Machinist Hall, Burlingame

Please help get the message out to all who may benefit!



ALL California Young Peoples of Alcoholics Anonymous Conference

When: April 21 - April 24 in 2016 Where: Hyatt Regency of Orange County Info: 2016.acypaa.org

# **BRIDGING THE GAP**

Bridging the Gap (BTG) is a wonderful sub-committee of Alcoholics Anonymous General Services. It is a group of volunteers that help people make the transition from hospitals, rehab/treatment centers and prisons to A.A. BtG volunteers contact people who are newly released from these facilities to help them get connected to A.A .in the outside world. As many of you probably know walking into your first A.A. meeting alone can be quite a challenge. We help make this more comfortable by calling them when they are first released. This is done usually within 48 hours or less. Then we arrange to take them to a meeting. We introduce them to other members so more connections can be made in A.A. We also, answer any questions they may have and act as temporary contact for support and guidance. Sometimes this may lead to permanent sponsorship.

Volunteers are paired with these newcomers by age and sex that live in the same area. This helps them to feel more comfortable when first meeting someone from A.A. This is working the Twelfth Step at its best. If this type of service calls to you please join us by attending our 6pm Bridging the Gap Committee Meeting held on the 3rd Tuesday of each month at the Central Office/Bookstore. There are many different positions available from being a presenter at a facility, to working on the committee, and volunteering to be part of the team of A.A. members who contact these newcomers when they leave their institutions.

It is the fellowship of A.A. that really keeps me sober, knowing I have a positive, caring, understanding support group available anytime I need them. I truly enjoy being a committee member, presenter and a volunteer for BTG. This service commitment is a most wonderful way to stay connected and be really involved in the program of A.A. For more information or if you have questions please email us at btg@sonomacountyaa.org or call our Chairman Tom F. at (707) 328-2533.



# SONOMA COUNTY INTERGROUP FELLOWSHIP GENERAL MEETING

FEBRUARY 22, 2016 Meeting opened with the Serenity Prayer at 8:00pm

**Readings**: Preamble: Thorn, Tradition Two: John, Concept ll: Manuel

New Representative: Donna (Alcoholics Only)

**Birthdays**: Erica (32 yrs.) Jeff (15 yrs.) Susan (3 yrs.) Steve (14 yrs.) Vanessa (2 yrs.) Cindy (4 yrs.) Trish (18 mo.)

#### **OFFICER REPORTS:**

Chair: (Barry D.)Held elections of committee chairs: Treasurer :(Jane S.), Activities: (Ellen K), Walkathons (vacant), Communication/Newsletter: (Donna L.), Outreach (vacant), Seminars (vacant), Teleservice (Gus C.), Liaisons: H&I (Allie) 2 year sobriety requirement; waived by majority vote. General Service:(Michelle O.), ICSC Nominating Committee (3 positions open)

**Vice Chair** (James C.)Welcomes new reps. Reminds new reps. of orientation held at 7:30pm before general meeting; what to take back to your meeting.

**Secretary**: (Cona E.) The meeting minutes were approved for January.

**Treasurer**: (David B.) Group contributions \$6,268.00 Net \$2,884.00; Bookstore \$8,211.00 Net;

\$782.00 Total; \$3,666.00

**Registrar**: (Linda W.) 243 groups in Sonoma Co. offering 337 meetings per week; there are 186

meeting representatives on record. 55% participation: 18 new reps in January's meeting. Please make sure to sign the sign-up sheet. If subbing, sign in using regular reps. name/name of group.

#### **COMMITTEE CHAIRS**;

**Bookstore** (Glen C.) Grapevine titles are still 20% until end of March; new spring/summer hrs. starting March 14. M-F 10:00am until 6pm Sat. 11-3pm

ICSC (Andy M.) no report

Activities: new chair Ellen K.

**Alkathon**: outgoing chair Steve V., encourages all to participate lots of fun and fellowship

**Communication:/Newsletter:** (New chair Donna L.)

**Seminars**: (outgoing chair - Lori S.) Next seminar March 23 6:30-8:00pm The Role of Intergroup in Sonoma County held at Bookstore.

**Teleservice** (Gus C.) open shifts Sun. 1-5pm; Mon. 5-10pm; Thurs 6-10pm; Sat. 1-5pm&5-10pm

## **LIAISON REPORTS:**

**SOCYPAA**: (Mario) Lets Taco-Bout Traditions workshop Saturday March 19th at the Phoenix Theater

Petaluma 3pm/midnight Business meeting 1st Sunday of the

month @ 7:15pm First Methodist Church Santa Rosa

Spanish Central Office (vacant)

**PI/CPC** (Michelle G.) Presenting at Santa Rosa High School for first time Wed. Feb. 24th; 4 classes juniors

seniors. First week in May will be coordinating with NA to present at Casa Grande High School. We are

distributing older copies of Grapevine and are in need of donations of used CC's, drop off at the

bookstore. In need of volunteers to distribute literature. Business Meeting held second Wed. of the month at Santa Rosa City Hall (underground) speaker training at 7:30pm mtg. at 8:00pm

**Hospitals and Institutions** (Lee J.) 44th Annual H&I Conference Service in Sobriety April 29, 30

and May 1 2016 SR Vets Bldg. H&I meeting first Wed. of the month at Community of Christ Church 5:45

New Rep orientation; 6:15 Business Meeting

General Service (Jennifer B) our agenda topics workshop had record attendance on Saturday (152 people from 10 different districts) and it was a lot of fun. The GSR's are now armed and ready with all the Agenda Topics and background information for their sharing sessions and I hope you can all participate in those in your home groups. Your voice matters. One item of local interest, at the General Service Conference in NY this year, the committee on treatment/Special Needs/ Accessibilities is going to discuss dropping the term "special needs." Those of you who knew Diane W., past Delegate and past intergroup chair, might remember that she was a big part of forming our Access committee and shaping that vision. Our next assembly is April 9-10 just down the road in San Rafael.

**Bridging the Gap:** (Bill D.) Committee meets 3rd Tuesday of the mo. at6:30 at the bookstore.

Access Sonoma County (Patty G.) no report

**ICSC Nominating Committee:** (Mike C.) Next election in April. Must have 5 years sobriety, management or business background. It is an 18 mo. commitment.

**Old Business**: Motion to change General meeting to 7:30pm passed by majority vote. Will be effective in May 2016

**Group Discussion**: None

**Adjournment**: Meeting adjourned at 9:00pm with the Responsibility Statement

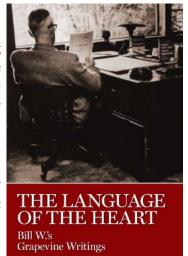
-In Service, Cona E.

# **BOOKSTORE / CENTRAL OFFICE**

The sale book for April is "The Language of the Heart" at 20% off. Bill W. was the Grapevine's most prolific contributor,

writing more than 150 articles, from his first in June 1944 to his last in December 1970. Here are all of Bill's Grapevine articles, including his first thoughts about the Traditions, his battles with chronic depression and spiritual pride, memories of an all-night drinking spree with Ebby, and a vivid description of how he came to organize the Steps (there were six in the first draft). The Bookstore and Central Office hours of operation have returned to the Spring/Summer schedule. We are now open from 10am to 6pm Monday through Friday and 11am to 3pm on Saturday.

The Bookstore/Central Office recently received a shipment of Birthday Contribution Envelopes. Many A.A. members celebrate their sobriety birthday by making a contribution (\$1, \$2 or even \$5 for each year of sobriety) to the General Service Office in New York. Your contributions support G.S.O.'s services to members and groups throughout Canada and the U.S. and help ensure that the A.A. message is carried around the world. If interested, please come by the bookstore to pick up an envelope for yourself or a bunch for other members in your home group. Thanks for letting me be of service – Glenn C.



# **APRIL 2016**



# SERVICE MEETINGS IN SONOMA COUNTY

SUNDAY	MONDAY	TUESDAY	WEDNES	DAY	THURSDAY	FRIDAY	SATURDAY
						1	2
3 SOCYPAA First United Methodist 7:15pm Business Mtg.	4 General Service District 12 Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	5	6 Hospitals & Insti Community of Chris 5:45 New Rep Ori 6:15 Business Meet	itutions at Church entation	7	8	9
10	11 Steering Committee SCIF Bookstore 6:00pm Teleservice 6:30pm ICSC Meeting 8:00 Steering Meeting	12	13 PI/CPC Santa Rosa City F 7:00 Speaker Tra 7:30 Business Mo	Hall ining	14 Access Sonoma County SCIF Bookstore MEETING CANCELLED THIS MONTH	15 MAY 2016 Newsletter Deadline 5pm	16
17 SOCYPAA First United Methodist 7:15pm Business Mtg.	18	19 Bridging the Gap SCIF Bookstore 6:00 New Rep. Orientation 6:30 Business Meeting	20		21	22	23 General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
24 Happy Trails Meet at Coddingtown Post Office to carpool 10:00am	25 Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	26	27		28	29	30
Community of Chris	st Church: 1495 W. Ste	ele Lane, SR	Sa	nta Rosa	a City Hall Employee	Lounge: First & Sant	a Rosa Ave., SR

Faith Lutheran Church: 4930 Newanga Ave., SR

First United Methodist Church: 1551 Montgomery Dr. SR

SCIF Bookstore: 750 Mendocino Ave., Suite 10, SR St. Luke Lutheran Church: 905 Mendocino Ave., SR

# **HOSPITALS & INSTITUTIONS**

"After failure on my part to dry up any drunks, Dr. Silkworth reminded me of Professor William James' observation that truly transforming spiritual experiences are nearly always founded on calamity and collapse. 'Stop preaching at them,' Dr Silkworth said, 'and give them the hard medical facts first. This may soften them up at depth so that they will be willing to do anything to get well. Then they may accept those spiritual ideas of yours, and even a Higher Power.' "[Bill W., A.A. Comes of Age]

On March 2, 2016, the Hospitals & Institutions Committee welcomed new meeting reps Dino T., representing New Hope Book Study (Rohnert Park); Carol P., Wednesday Matinee; Jessica B., Signs of Sobriety; Trinette B, Redwood Winners (Windsor); Amber H., Eleventh Step (Petaluma); and Emelia A., South End Solutions. A big "thank you" to all of you for being of service!

Welcome also to visitors Lauren, Gary and Vince—keep coming back! Over 40 years of sobriety was being celebrated for the month of March!

Mark your calendars (and plan on attending): The 44th Annual H&I Conference ("Service in Sobriety") is coming up on April 29, 30 and May 1—right here in Santa Rosa!!! Check page 2 for details. Or go to http://www.handinorcal.org/Events/Events.php.

Would you like to share your gift with an alcoholic who is confined? For suggestions on how to do that, please come to the next meeting of the H&I Committee, Wednesday, April 6, 2016, at 6:15 pm. As always, everyone is welcome to attend the orientation that begins at 5:45. The location is the Community of Christ Church, 1495 W. Steele Lane, on the corner at Range Avenue (parking is off of Range, behind the church, with additional parking at the ice arena). We look forward to seeing you in the New Year!

In service, Mardi

# This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

# **ACCESS SONOMA COUNTY**

The Access Committee has presented our handout on Kid Friendly meetings to your General Service and Intergroup representatives. The handout includes suggestions for forming a group conscience, and the survey questionnaire.

We have asked your reps to:

- Determine if your group has a policy on children attending your meeting, and if not;
- Help in the process of forming a group conscience on the topic.

We ask that you fill out the survey and return it so that we can better inform members with children which meetings they can attend with their kids—we want to give parents with children the best options for their recovery.

If your group did not receive the handout and form, please email us at kidfriendly15@gmail.com and we will email a copy to you. We ask that you return the forms to your GSR, Intergroup rep, the Access committee or to the box at the SCIF bookstore by June 1. Thank you for your participation and service. Linda S.

Access will not meet at its usual time in the month of April. Our next meeting is May 12 at 6:30 at the SCIF Bookstore.

Alan W.

# PI/CPC

Alcoholics Anonymous - something we hear of when our drinking affects our lifestyle. So many people believe that A.A. is the worst thing that could ever happen to a person. Public Information & Cooperation with the Professional Community (PI/CPC), a branch of General Service, informs the public of what A.A. is & is not. PI/CPC is invited to DUI classes, schools and professional fields to do just that.

We are looking for people with 2 years of sobriety who might be interested in sharing this information. If you think this sounds cool and interesting, our business meeting is on the 2nd Wednesday of every month. 7pm speaker training followed by the 7:30pm business meeting at City Hall underground.

Love and service, Mike D.

# SCIF FINANCIAL SUMMARY FEBRUARY 2016

Group Supported:	Income	<u>Feb-16</u> Expense	Net	<u>Feb-15</u> Net Comparison	Income	Year to Date Expense	<u>2016</u> Net	2015 Net Comparison
Central Office		(2,552)	(2,552)	(2,121)		(4,897)	(4,897)	(4,502)
Groups	3,462		3,462	3,370	9,846		9,846	9,278
Individuals								
Directories		(109)	(109)	(217)		(326)	(326)	(418)
Pamphlets & Cards		(316)	(316)	(142)		(316)	(316)	(349)
Newsletter		(479)	(479)	(479)	8	(1,077)	(1,069)	(975)
Teleservice		(340)	(340)	(340)		(689)	(689)	(774)
Interest/Bank Charges	1		1	1	1		2	2
Subtotal	3,463	(3,795)	(332)	73	9,856	(7,304)	2,552	2,262
Self Supported:								
Bookstore	7,074	(7,618)	(544)	(332)	15,285	(15,047)	238	62
Alkathons								
Unity Day								
Activities								
Seminars								
Unity Day								
Subtotal	7,074	(7,618)	(544)	(332)	15,285	(15,047)	238	62
TOTAL	10,538	(11,413)	(875)	(259)	25,141	(22,351)	2,790	2,324

#### **Assets & Liabilities**

Cash in Bank & Petty Cash	52,023
Prepaid Expenses	3,297
Bookstore Inventory	31,747
Property	<u>3,482</u>
Subtotal	90,549
Liabilities	(2,709)
Total Assets & Liabilities	87,840

Memo:	Cash in	Bank &	Petty	Cash
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Prudent Reserve Liabilities

52,023
(37,088)
(2,709)

Operating Reserve

GROUP CONTRIBUTIONS 2016						
Meeting	February	2016 YTD	Serenity Fellowship		800.00	
12x12 Plus Step	•	250.00	Sober Sisters		394.60	
Alcoholics Anonymous of Sonoma		348.02	Sober Sunday Group, Santa Rosa		640.81	
Anonymity Group, Healdsburg		50.00	Sonoma Valley Fellowship		195.00	
Be What You Want to See		120.00	South End Solution		180.00	
Bring Our AA Game	60.46	60.46	South Park Survivors	118.31	118.31	
Came to Believe	100.00	100.00	Step Sisters		132.50	
Expect A Miracle	100.00	71.52	Sunday Breakfast Club		95.96	
Gay Newcomers Meeting		66.00	Sunday Morning Villa A.A. Group		75.00	
General Service		205.00	Sunday PM Closed Discussion Group		197.74	
Good Neighbor, Geyserville	117.50	117.50	The Rooms There is a Solution	1,000.00	1,000.00	
GRBBS	117.50	86.00		300.00	300.00	
	120.00	120.00	Thurs 11th Step		44.00	
Just for Today			Thurs. Night Real Life Mtgs of AA Tuesday Night , Petaluma		100.00	
Lost and Found Group	500.00	500.00	Up the Steps		100.00 184.16	
Monday Morning, Glen Ellen		73.12	Wednesday Westsiders		340.00	
Monday Night Book & Discussion		84.00	Wednesday Women's Lunch Brunch		267.27	
Monday Noon, Monte Rio	265.00	265.00	Wednesday Wonder		30.00	
Not a Glum Lot		123.11	We're In The Now		128.29	
Occidental Tonight Group		75.00	Windsor Group	60.00	60.00	
Promises Group	112.85	112.85	Women's Book Group, Eldridge	00.00	22.70	
Quitting Time, Petaluma	125.00	200.00	Women's Step Study and Discussion		22.70	
River Women's Meeting		60.00	Group	195.15	195.15	
Rule 62 River Readers		300.00	Women's Tuesday at Noon in Windsor	155.15	100.00	
Santa Rosa Saturday Night	36.57	36.57	Working Winners	148.50	148.50	
Saturday Serenity		178.42	Young Peoples Group	80.00	80.00	
Saturday Solution Group	123.00	123.00	Individual	20.00	116.00	
SCGMAA		75.00	Total	3,462.34	9,846.56	

# A.A. HOTLINES

Santa Rosa (707) 544-1300 Sonoma (707) 938-8508 Spanish Speaking (707) 623-6702



# **WEB LINKS**

Sonoma County Intergroup www.sonomacountyaa.org

California Northern Coastal Area 06 www.cnca06.org

Alcoholics Anonymous www.aa.org

A.A. Grapevine www.aagrapevine.org

## **ADDRESSES**

# Sonoma County Intergroup Fellowship

750 Mendocino Avenue, Suite 10 Santa Rosa, CA 95401-4846

# Sonoma County General Service

P.O. Box 536

Santa Rosa, CA 95402

# H & I Area 22 - Treasurer

P.O. Box 192490

San Francisco, CA 94119-2490

#### General Service Office

P.O. Box 459, Grand Central Station New York, NY 10163

#### Calif. Northern Coastal Area - Treasurer

P.O. Box 884222

San Francisco, CA 94188

# Sonoma County PI/CPC\*

P.O. Box 11305

Santa Rosa, CA 95406

### **SOCYPAA**

P.O. Box 5784

Santa Rosa, CA 95402

\* funded solely through Sonoma County General Service

# CONTACT INFORMATION

# SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

(all emails @sonomacountyaa.org; area code 707 unless noted)

Chair	Barry D.	intergroup@
Vice Chair	James C.	vice-chair@
Secretary	Cona E.	secretary@
Treasurer	Jane S.	treasurer@
Registrar	Linda W.	registrar@

#### **COMMITTEE CHAIRS**

Activities	Ellen K.	activities	<i>(a)</i>
Alkathons	VACANT	alkathon	ıs@
Communications	Donna L.	newslette	er@

~ Newsletter/Website

ICSC Andy M. icsc@

ICSC Nominating Mike C.

Meeting Changes Russell meetingchanges@

Outreach VACANT outreach@
Seminars VACANT seminars@
Teleservice Gus C. teleservice@

#### **SONOMA COUNTY GENERAL SERVICE - DISTRICT 12**

DCMC	Jennifer B.	generalservice@
Treasurer	Diana D.	treasurer-gs@
Registrar	Darlene H.	registrar-gs@
Archivist	Denise G.	archivist-gs@
Grapevine	David K.	grapevine@
Access So.Co.	Alan W.	asc@
Bridging the Gap	Tom F.	btg@
PI/CPC	John B.	picpc@

# HOSPITAL AND INSTITUTION COMMITTEE

it@

SCIF Liaison Mary B. handi@

Larry O.

# SONOMA COUNTY YOUNG PEOPLE IN AA (SOCYPAA)

SCIF Liaison Mario M. socypaa@

## SPANISH CENTRAL OFFICE

SCIF Liaison VACANT

Interp/Transl.

# **TELESERVICE UPDATE**

Teleservice runs the A.A. hotline, providing the voice of hope to alcoholic and non-alcoholic callers. Three shifts are currently open:

# Sundays 1-5pm · Saturdays 1-5pm / 5-10pm

For information, or to sign up, contact Gus C.