



SONOMA COUNTY INTERGROUP

FELLOWSHIP NEWS

April 2004

HAWAIIAN SPRING DANCE

MUSIC PERFORMED LIVE BY:



THE PULSATORS



Meeting 7:00-8:00PM

Dance 8:30-Midnight

Friday April 16, 2004

Sebastopol Community Center - 390 Morris Street

Suggested Donation: \$10.00

Come Wearing Aloha/Tropical Clothing: \$8.00

To Volunteer Call:

Craig G. (Batman) 206-0360



THANK YOU from Intergroup

Sonoma County Intergroup has recently sent thank you letters to meeting groups for their contributions in 2003. The letters have been sent to all groups that we have mailing addresses for. Your group contributions allow Intergroup to provide these valuable services:

- ▲ 24 Hour Teleservice
- ▲ Free literature to groups
- ▲ Free meeting schedules
- ▲ Free newsletter and web site
- ▲ Operate and maintain our bookstore
- ▲ Provide seminars, special events and activities for AA here in Sonoma County

If your group has not received a letter we would like to take this opportunity to express our sincere appreciation for your generous donations and your continuing support in the coming year.

John Severn
SCIF Treasurer



Is Teleservice for You?

Some questions are easier to answer than others. Of course you can ask your sponsor, or talk with your Higher Power. You can discuss it with members of your family. Or you can even talk to someone who does hotline service. You can do all of the footwork you feel necessary to make an informed decision.

Some will say, "I already have a ton of commitments; do I really need one more? I like running a meeting. I always chair one when I am asked. I have been sober for a while, so

what I am doing is working. So why change it? After all somebody else will probably do it."

Who is that someone else? Probably one of those fanatical people who actually believes that his hand is one of the hands of AA.. They actually want to be available whenever anyone reaches out. They actually might lose some sleep or skip a lunch to talk with a drunk.

"Yeah, that kind of stuff was fine for those early days when people drove hundreds of miles

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SCIF BUSINESS MEETING

INTERGROUP OFFICERS

- ◆ CHAIR: Kay S.
- ◆ VICE-CHAIR: Steve B.
- ◆ SECRETARY: Kim M.
- ◆ TREASURER: John S.
- ◆ REGISTRAR: Deborah

INTERGROUP COMMITTEES & CHAIRS

- ◆ SEMINARS: Sebrina
- ◆ ACTIVITIES: Craig
- ◆ OUTREACH: Linda C.
- ◆ COMMUNICATIONS:
Rory B.
- ◆ HOTLINE/TELESERVICE:
David L.
- ◆ ALKATHONS: Brian

AA HOTLINE TELESERVICE

- ◆ CHAIR: Kim C.
- ◆ SCHEDULER: Loretta D.
- ◆ 12 STEP COORDINATOR:
Andie P.
- ◆ SANTA ROSA HOTLINE
544-1300
- ◆ LONG DISTANCE ONLY
800-224-1300
- ◆ PETALUMA HOTLINE
762-5122
- ◆ SONOMA HOTLINE
938-2027
- ◆ SPANISH HOTLINE
545-7417

SCIF MINUTES

February 23, 2004

The **Serenity Prayer** was recited. Tradition 2 (long form) was read by Anton and Concept 2 was read by Richard. Kay read the preamble.

Intro of new reps: Jeff S. of Thursday, 8PM Hessell BB Study, Larry of Petaluma Fellowship, Maggie of Cloverdale Serenity, Susan of Sober Sisters, Dino of Hi Steppers, Jeffrey of Tues Nite Ask-It-Basket and Healdsburg 7AM meeting, Barbara of New Women of AA, Larry of KISS meeting, and John of Tuesday BB Study.

February Birthdays: Johnny, 3 years, Cindy, 5 years, Barbara, 3 years, Suzie, 3 years, Paul, 15 years and Joanne, 5 years

The **Seventh Tradition** was practiced

January 2004 minutes were approved.

Registrar: Deborah had 61 sign-ins and received 44 forms back, including 7 new reps.

Outreach: Mark F. explained purpose of Outreach and reported that current efforts resulted in 9 new reps.

General Service: Donna K. reported that PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) 2004 will be held in Irvine, CA on March 5, 6, & 7th. Sonoma County General Service will be hosting Post-Conference Assembly in May 2005, at the Citrus Fairgrounds in Cloverdale. Archives Chair, Gary S., is trying to find someone who might have a working reel-to-reel player for copying of some old speaker tapes. If you have one, please contact him at 887-1235.

H&I: Mark V. reported that H&I meets 1st Wednesday of each month at Santa Rosa Senior Center, orientation occurs at 5:45PM for new reps, and business meeting starts at 6:15PM. Next H&I Conference occurs April 16, 17, 18th in Chico; see him for flyers.

PI/CPC: Dave R. reported they meet on the 2nd Wednesday of each month at 7PM and that they have just added Sutter Hospital, Palm Drive, & multiple offender program.

Bridging the Gap: Carolyn A. explained that BTG matches peopled exiting from treatment programs with AA volunteers to take them to their first meeting. To volunteer you need 6 months sober and working knowledge of steps. They did 5

presentations last month and had 16 local and 21 out-of-area requests for BTG services last month.

Intergroup Chair: Kay S. explained that the Third Legacy procedures would not be followed for elections per group conscience. She indicated she will be available before each SCIF Business meeting to listen to group concerns and/or be approached with items that may otherwise be difficult to bring up at group level. She would like to establish Liaisons to H&I and Alanon. (Teresa volunteered to be Alanon Liaison).

Vice Chair: Steve B. indicated he oriented 5 new reps, one of which was from a meeting new to SCIF.

Treasurer: John S. reported that thank-you letters were sent out last week to all contributing groups FYE 2003 and then reviewed financial report on page 5 of newsletter.

Bookstore: Gloria reported that she received info regarding Ontario 2005 World Convention. Passports are recommended, and folks with felonies should do proper research to ascertain whether they will be permitted to cross US/Canada border. 13,000 rooms in area of convention have been reserved for AA and will be allotted via lottery based on submitted registration forms. Convention-related Q&A sheets are available at bookstore. Bookstore inventory this Saturday 1:30PM; everyone invited to participate.

Seminars: Sabrina reported next seminar will occur on 3rd Saturday of March from 3 to 5PM - topic will be sponsorship.

Activities: Larry O. reported Valentine's Dance went well thanks to local AA DJ "Batman," aka Craig, who stepped in when contracted DJ failed to show up.

Teleservice: Dave L. circulated sign-up sheets for reps to take to their groups. Shifts open Fridays (1PM-5PM) and (5PM-10PM) and alternate Saturdays. We receive 1200 calls per month (20-50 per day).

Communications/Newsletter: Rory asked newly elected folks to forward phone numbers to him for printing in newsletter. New feature in newsletter will be a birthday section; email him or drop off at bookstore.

ICSC: Terry called for volunteers to fill ICSC vacancy. Johnny volunteered to make himself available at next business meeting.

Alcathons: Terry welcomed newly elected chair (Brian) and thanked everyone for

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HOSPITALS & INSTITUTIONS

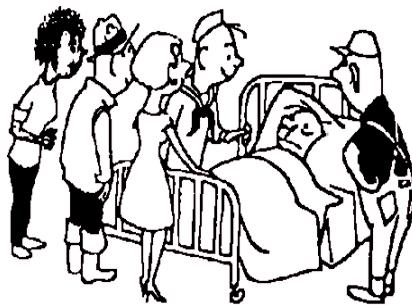
"The first 50 years of our Fellowship, I am convinced, have probably exceeded the expectations of our founders, even though we have not yet achieved their grand vision and hopes.

"Since I was assigned the title "Fifty Years of Caring and Sharing in Correctional Facilities," and since my loving invitation was not specific as to which 50 years, I want to address the next 50 years in addition to the first 50 years.

"This day is not only the first day of the rest of our lives; it is also the first day of our Fellowship's next 50 years. Today [1985] there are 450,000 adults in prison in the United States, plus 25,000 in Canadian prisons. There are at least that many people in our jails. Now, if we related these figures to five years ago when we had 300,000 adults locked up, what does it predict for the next five years? Fifty years?"

[Part 3 of 1985 address by W.J. Estelle, Jr., then Class A Trustee, Texas]

Almost overwhelming in their desire for service were the following new meeting reps: Lucy G., Ben M., Mike, Diana, Scott S., Chris, Catherine, Candace R., Steve C., Karen S., John Y., Sue B. and



Bob A. And a hearty welcome also to visitors Theo, Jeff, John, Sophia and Laura Lee.

Celebrating sobriety birthdays for the month of March were Preston, with 20 years; Tresa, 10; Dennis B., 7; Dave R., 2; Steve H., 2; Harmony, 2; and Theo, 21. Many happy returns to all of you!

Kenneth P. shared that the most important things in his life now were AA and H&I. His first exposure to both was in a hospital where he was working. He personally experienced them later while in rehab and "it saved my life." He began attending H&I meetings, was told to show up and he'd be put to work. He has since enjoyed "many transporting moments" while doing H&I work. He admits it is also humbling, knowing that he is but "seconds and inches away" from being one of those to whom he now carries the message of AA.

Want to be rocketed into a new dimension? Why not check out H&I at the next monthly meeting on April 7, at 6:15PM at the Santa Rosa Senior Center on Bennett Valley Road? For an in-depth look, you are also welcome to attend the orientation that begins at 5:45. Come on down and bring a sponsee, sponsor or other friend!

In service,
Mardi

SCIF Meeting

(Continued from page 1)

allowing him to be of service.

Old Business: Facility-sponsored meetings: Barbara provided her view on facility-sponsored meetings and discussion ensued. Larry indicated he would be bringing a motion to next SCIF business meeting.

Group Sharing/Concerns

Kay S. introduced District Rep/Alternate (Linda and Eric) from Alanon who expressed desire to create AA/Alanon group activities in Sonoma; a great facility with kitchen available for such events. Linda indicated Alanon District meeting occurs on 1st Tuesday of each month, 7PM, Bethlehem Church on St Francis Drive in Santa Rosa.

Elections: Chairpersons were elected in the following order:

- ▲ **Seminars:** Sabrina
- ▲ **Activities:** Craig
- ▲ **Outreach:** Linda
- ▲ **Communications:** Rory
- ▲ **Alcathons:** Brian

Dave L. was confirmed as Teleservice Chair

Submitted in service,
Kim M.

ACTIVITIES

FROM THE BAT CAVE

Hello Sonoma County Fellowship!

For my first activities column, I'd like to introduce myself and tell you about my ideas for the coming year. I'm very excited about being elected to this position, and I have some great plans in the works. I'd also like to thank Larry O. for doing a great job with this position last year. He pulled off some really great events!! I'm happy that he's still going to be there for advice and as my service sponsor.

First things first. Let's get one thing out the way, it's something that I am always asked. Perhaps you've asked some of these questions to yourself, or at least one of these thoughts has passed through your mind.... "Why the heck do you call yourself Batman?" "Are you some kind of nut that has delusions of being a superhero?" To answer your questions my real name is Craig G., and I have over 15 years of so-



briety. My sponsor gave me the name Batman years ago, back in Marin where I got sober. I've always loved comic books, and particularly Batman. The name carried over to my DJ business as a stage name. I used to DJ almost all of the AA dances in Marin before I moved away. And when I got sober at 18, one of the things that really helped me to stay sober was the fact there were dances almost every month, often every weekend, when you combined the other 12-step programs. There were a lot of things we did and

it kept me so busy, and I had so much fun, that I didn't even want to look back to my old ways of partying.

I have a lot of ideas but we will have to see how many of them I can bring into fruition keeping in line with the 12 traditions and within our budget.

What I'd like to see is a lot more events. I'd like to do more small events rather

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GENERAL SERVICE

Greetings Fellowship!

As you go about your daily AA living, while in your steering committees or sharing sessions, please keep in mind the theme for the 54th Annual General Service Conference: *Our Singleness of Purpose - The Cornerstone of A.A.* District 12 is preparing the groups for discussion about the agenda topics and background information is currently available. Please ask your GSR for information so that you can participate in the process. It is powerful to watch our loving Higher Power express itself through the group conscience! The AA groups continue to be the voice of our fellowship. Nothing happens without your s a y - s o , s o PARTICIPATE and be heard!

Your GSR will be taking your group conscience to the Pre-conference assembly in Antioch on April 3 & 4. Our Delegate Doug G. will hear group consciences and concerns and will then represent us ("us" being all of the AA Groups in CNCA, which is California Northern Coastal Area-and yes, you are part of it!) at the General Service Conference in New York on April 18-24. Please pay special attention to those items related to the literature, as Doug is on the Literature Committee and has asked us to devote discussion time to these topics.

At the monthly business meeting held on March 1, 2004 we celebrated the following sobriety birthdays: Annie, 24 years; Julie, 25 years; Kathy, 6 years; D.J., 9 years; and

Toby, 3 years. Happy birthday everyone and keep coming back! We also welcomed the following new GSRs: Kathleen, Gus, Martha, Annalise, Rick, Helen and Monique. Our visitors included Lynn, Jack, CNCA Chair Ross and past Trustee, Tom.

the Final Agenda items? Did you know that there is a draft manuscript for the new "It Happened to Alice!" comic book? And that there is discussion of developing new comic books for younger people in AA? For the young sober folks, did you know that the publications department at GSO would

like to update the pamphlet "Young People and A.A." and that they are hoping to elicit stories from the fellowship to reflect your current experiences? (So, your story could be in the new pamphlet!!) There is also a consideration to develop a booklet for teenagers similar to the booklets *Living Sober*, *Came to Believe*, and *A.A. in Prison: Inmate to Inmate*. So, there are many things happening in General Service, and if you want to know more about what's going on, then please talk to your GSR, attend the sharing sessions, come to the Pre-conference assembly or...

Join us for the next monthly business meeting on Monday, April 5th, 2004, at 7:30PM. I'm certain the room will be energized following attendance at

the assembly over the weekend. There will be reports from those who attended PRAASA in Irvine, and we will be discussing the two motions regarding a review of current financial guidelines and a PI/CPC motion regarding AA groups documenting unruly behavior incidents for PI/CPC follow up. The AA service manual study is at 6:45PM and new GSR orientation is at 7PM. See you then!

In love and service,
Mary W.

CALIFORNIA NORTHERN COASTAL AREA OF ALCOHOLICS ANONYMOUS GENERAL SERVICE

2004 PRE-CONFERENCE ASSEMBLY

"OUR SINGLENES OF PURPOSE - THE CORNERSTONE OF AA"

April 3-4, 2004

Hosted by District 08 - Contra Costa
In the Flower Hall
Contra Costa County Fairgrounds,
1201 West Tenth St.
Antioch, CA 94509

Saturday April 3, 2004

8:00 - 9:00 Registration
9:00 - 11:00 Business Meeting
11:15 - 1:00 Brief Orientation by the Delegate followed by Group Conscience on Conference Agenda Topics (starting with the Literature Committee)
1:00 - 2:15 Lunch
2:15 - 6:00 Group Conscience on Conference Agenda Topics

Sunday April 4, 2003

8:30 - 9:00 Registration
9:00 - 12:30 Group Conscience on Conference Agenda Topics
12:30 - 1:00 What's On Your Mind?

(English to Spanish and Spanish to English translation provided at all sessions, please bring FM headsets and batteries.)

Rem reported about the success of the Agenda Topics workshop, which was informative and well attended. Annie T. gave a wonderful presentation on service sponsorship and the benefits of receiving guidance at the service level. We were also fortunate to have Ross J., Area Chair for CNCA, as our guest speaker. Ross addressed questions from the new GSRs about the Conference process and what to expect at the Pre-Conference Assembly. Ross is the "moderator" at the assemblies who watches the time and helps us stay on track with the agenda schedule.

So, have you had a chance to look over

MAY SEMINAR

"Getting Our Young People Sober"

Can you be an alcoholic when you have never had a legal drink? Absolutely! It's more and more common to see young people joining our fellowship. Some old-timers will look at these "youngsters" and think, "How bad of a bottom could you have hit? What could you possibly have lost?"

Young members may look at old-timers and think, "You're square and have nothing I want... you couldn't possibly have anything in common with me."

How can we help bridge this generation gap and help young people to get sober? Our May Seminar will address this question on Saturday, May 15th, from 3:00-5:00PM at the Santa Rosa Senior Center. We hope to see you there!

Sebrina G.



Is Teleservice For You?

(Continued from page 1)

in the middle of the night just to sit with someone they don't even know. Nowadays isn't 12th step work meant to be done at convenient times? Like at meetings or the local coffee shop?"


Let's face it; hotline service isn't a glamour job. It's just one-on-one. Who's going to pat you on the back for that? Most of the calls are people who just want to get to a meeting. A few of the calls want to tell you what's wrong with AA and the 12 steps. Others have already hit the bottle and want to share their condition with every self-help organization in the book. But, every once in a while, some poor soul calls who is ready to go to the store or bar but stops and makes that call first. Too bad someone might not be there to answer that call.

The rewards seem few and far between. Only you and God will know, and perhaps that one person who doesn't drink today because your hand was there, the responsible hand of AA.

In Service,
Dave L.

|  | | <h1>SCIF CALENDAR • APR 2004</h1> | | | | | |  | |
|---|---|--|--|------|--|-----|---|---|--|
| SUN | MON | TUE | WED | THUR | FRI | SAT | | | |
|  | | <h2>We Are Not A Glum Lot!</h2> | | | | | | | |
| 4 | General Service Faith Lutheran Church 6:45: Service Manual Study 7:00: New Rep Orientation 7:30: Business Meeting | 6 | Hospitals & Institutions S.R. Senior Center 5:45: New Rep Orientation 6:15: Business Meeting | 8 | 9 | 10 | | | |
| 11 | SCIF Bookstore 6:30: AA Teleservice Business Meeting 7:15: ICSC Meeting 8:00: Intergroup Steering Committee Meeting | 13 | PI/CPC S.R. City Hall 7:00: Speaker Training 7:30: Business Meeting | 15 | Hawaiian Spring Dance Meeting 7:00-8:00PM Dance 8:30-Midnight Sebastopol Community Center | 17 | District 18 (Spanish) 5519 Old Redwood Hwy. Windsor 4:30PM | | |
| 18 | 19 | Bridging the Gap SCIF Bookstore 6:30: New Rep Orientation 7:00: Business Meeting | 21 | 22 | 23 | 24 | | | |
| Happy Trails 10:00: SRJC Parking Lot at Bailey Field | Intergroup St. Luke Lutheran Church 7:30: Newsletter Collating 7:30: New Rep Orientation 8:00: Business Meeting | General Service District 12 Officers 6:15 Meeting SCIF Bookstore | 28 | 29 | 30 | | | | |

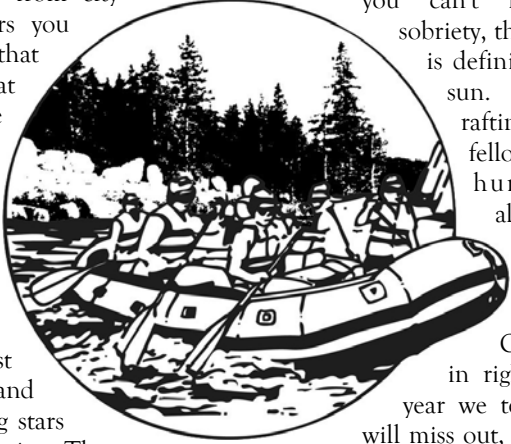
SOBRIETY BIRTHDAYS



| | |
|---------------------|-----------|
| CLOVERDALE | |
| Roger A. | 4/16/1997 |
| PETALUMA | |
| John S. | 4/06/1990 |
| Sue L. | 4/18/1999 |
| ROHNERT PARK | |
| Susan S. | 4/02/2001 |
| SANTA ROSA | |
| Joe M. | 4/04/1991 |
| Mary T. | 4/13/1992 |
| Tom R. | 4/21/1999 |
| John N. | 4/28/2003 |
| SONOMA | |
| Frank S. | 4/19/1989 |

Cache Creek 2004

It's strange how everyone who goes on the Cache Creek rafting trip comes away with different joys and memories of the trip. I always remember the stars. The farther you get away from city lights, the more stars you can see. In the place that we camp, you see what seems to be thousands of stars. On Saturday night, during the meeting, I really enjoy listening to different people share their feelings as I am stargazing. There is just something peaceful and serene about watching stars and listening to a meeting. The sky is so clear. You can even see the occasional satellite or shooting star. Others remember the golden color on the hills as the sun is setting. It's what movie production teams call the "magic time" for lighting. In the valley where we go rafting, the sun washes over the land



and the hills are a golden color. It is as if God was painting just for us. Also there are those who love the trip for the rafting. IT IS FUN!!! If you think you can't have fun in sobriety, think again. This is definitely fun in the sun. Two days of rafting, food and fellowship with two hundred plus alcoholics and some of their family members. Get your money in right away! Every year we tell people they will miss out, and every year people procrastinate and we fill up the trip. So the procrastinators don't get to go. Don' get caught in that trap. Sign up NOW!

Your servant,
Paul Salisbury
546-8612

Sobriety Is Not A Fairy Tale

Once upon a time a small girl lived, deep in the silent forest. She was cared for by a small and wrinkled goat, an eager mouse, and a black and hoarse crow. Her life was full of movement, carefully made so it didn't wake the giant that slept under the house. She learned to imitate the croaks of the crow, so the giant wouldn't know there was a child in the world. She learned to scurry like the eager mouse, so the giant wouldn't feel her footsteps. She hoped the texture of her long and golden hair wouldn't be noticed as different from the shaggy mane of the goat. All her life she never met another person, but she knew that she wasn't a goat, or a crow, or a hurrying mouse. She also was pretty sure she wasn't a giant. But what she was she



didn't know. Mostly it didn't cause her much thought, The other members of the house found her very helpful. Because she could carry things and cut them up. She had a lack of fear of fire, and found that making them helped the small band be happier on the cold winter days. But this is the AA newsletter, and so I will continue the story in the next issue. And by the way, what do you think are the issues for our small band of hearty souls? Is something bothering you about your group? Maybe your Intergroup Representative should talk about it at the next general meeting. Maybe it's not just your group, but a widely held issue. Let's hear it.

In Service,
Kay S.

Activities Report (Continued from page 3)

than just dances. Things like beach trips with big bonfires, BBQ's, outdoor parties, and perhaps some themed events. How about a sober Toga Party or a 70's Dance where you are strongly encouraged to break out your old leisure suit or platform shoes and boogie the night away to the old Disco hits? I'm just brainstorming here. My point is that if we can pull it off, use our resources wisely *and* with the help of the people in this wonderful fellowship, we can have a lot of events and lots of fun. Like it says in the Big Book, "We are not a glum lot," and I believe in taking that saying to the limit! I've set up an e-mail account where you can reach me with comments, and/or suggestions. You can e-mail me at: bat_activities@hotmail.com With your help, I'm sure that we can make this an event-filled fun year. After all, if sobriety wasn't fun, I really don't think I would have made it as long as I have. So, let's have some FUN!!!

- Batman (aka. Craig)

MEETING CHANGES

Windsor Women's Tuesday at Noon
(O) (W) Tuesday, 8:00PM

New Location:

The Church at 8400 Old Redwood Hwy.

Windsor Redwood Winners
(O) (W) Thursday, 7:30PM

New Location:

195 Windsor River Road

CORRECTIONS

Sonoma Grupo La Luz
(O) (W) Daily, 7:00PM

Grupo La Luz meets daily at 7:00PM, not 7:00AM as printed in the March Newsletter

Meeting Changes?
Contact Russell

WANTED:

**Sobriety Birthdays to be
Published in the Newsletter**

Send your first name & last initial, city and birth date (month/day/year) by e-mail to aa@ap.net, mail or drop off at the Bookstore or leave a message at (707) 318-5065.

Deadline:
Second Monday of the month

Gloria's Corner

We now have a full crew of great volunteers, but need back-up people to be on call when someone is ill or on vacation.

New meeting schedules for April 2004 are now available at the Bookstore.

New York notified us that the Big Book price will increase by \$1.00 on July 1st. Our price for Big Books will increase on August 1st.

We now have 4th Edition Big Book Index bookmarks—covering Acceptance to Willingness—available for \$2.00 each.

Many Blessings,

Gloria



ADDRESSES

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CA Northern Coastal Area Treasury
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San Francisco, CA 94118

Sonoma County PI/CPC*
PO Box 11350
Santa Rosa, CA 95406

*Funded solely through Sonoma County General Service

BOOKSTORE & TELESERVICE

SCIF CENTRAL OFFICE
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Gloria P.

Phone: (707) 546-2066

Fax: (707) 566-9677

E-mail: AA@ap.net

Hours: Mon-Fri 10-6
Sat 11-3

The Bookstore is closed on these holidays:

Independence Day...July 4th

Labor Day.....September 2nd

Thanksgiving.....November 22nd

Christmas.....December 25th

New Year's Day.....January 1st

CONTACT INFORMATION

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Archives: Gary S.

Hospitals & Institutions

Chair: Kelly

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New Correction Renew Cancel