

THE 17TH ANNUAL

RETREAT TO SERENITY 2010

ON THE BEAUTIFUL MENDOCINO COAST

CELEBRATING OUR SPIRITUAL AWAKENING

WHERE: Mendocino Woodlands Campgrounds, Mendocino, California
WHEN: Friday, Saturday & Sunday.....September 10th, 11th and 12th 2010
WHAT: Events Include... AA AND ALANON Meetings, AA Speaker Meetings, Saturday Night AA Birthday Countdown at Speaker Meeting, followed by a DANCE .

WHAT TO BRING: Sleeping bags (bedding), flashlights, warm clothing, toiletries

WHAT NOT TO BRING: Candles, gas lights, gas stoves, grills, dogs, resentments

- WHAT TO EXPECT:**
- Expect cabin lodging with overflow tent space only: SORRY, NO RVs Permitted!
 - Enjoy down to earth "roughin' it" in RUSTIC Cabins with cots and fireplaces.
 - Saturday & Sunday Breakfast and Saturday Dinner are provided in price of cabin and tent camping registration. **Saturday Dance IS included in Registration Fee.**
 - Canteen will be available for other meals, snacks, T & Sweat shirts. Cash only, please!
 - Take advantage of nearby hiking and ocean beaches and plenty of fellowship!
 - This CAMPGROUND IS NOT HANDICAP ACCESSIBLE.
 - **SORRY NO PETS ALLOWED (Except Seeing-eye dogs)**

Contact: _____ NAME & EMAIL _____; www.MendocinoCoastAA.com

Mail registration form below with your check or money order to:

RETREAT TO SERENITY 2010

PO Box 1388, Fort Bragg CA 95437

----- Sorry - No Refunds after September 3, 2010; however, substitutions are okay ----

Registration IS Required for ALL participants

Registration early!!!! SPACE IS LIMITED!!!! Cabin assignments are on a first-requested basis.

NAME: _____ **Special Requests:** _____

(If registering for more than one person, please list names of other attendees and attach names to this form – **funds must accompany registration if a cabin or bunk reservation is being requested**).

MAILING ADDRESS: _____ **STATE:** _____ **ZIP:** _____

Provide email address for confirmation: _____

CABIN REGISTRATION – (4 cots per cabin)

Adults \$60 (\$70 after Sept.3) : #Men: _____ #Women: _____ #: _____ @\$ _____ Total\$: _____

Children – Same price as adult in cabin

TENTS REGISTRATION

Adult: \$40 ea. (\$50 after Sept. 3) #: _____ @\$ _____ Total\$: _____

Kids (6-15) \$30 ea. No charge for 5 and under #: _____ @\$ _____ Total\$: _____

SATURDAY DAY PASS (Meetings and Dinner ONLY) \$30 ea. #: _____ @\$ _____ Total\$: _____

Total Amount Enclosed: _____ Total\$: _____

Travel Directions:

South of Cloverdale: Take Hwy 101 North to Cloverdale, then Hwy 128 exit West to Hwy 1 to Mendocino/ Fort Bragg. Hwy 128 turns into Hwy 1 when you reach the Coast (about 55 miles) Continue North on Hwy 1 until you reach Mendocino (about 16 miles) Turn Right at the traffic light onto Little Lake Road. Then...

Eureka Area: Take Hwy 101 South to either Hwy 1 or Hwy 20. At Fort Bragg, follow Hwy 1 South to Mendocino. Turn Left at the traffic light onto Little Lake Road. Then...

East of Ukiah: Take I-5 to Williams, then Hwy 20 exit (West) to Ukiah where Hwy 20 turns into Hwy 101. Go North on 101 to Hwy 20 in Willits, then take Hwy 20 West to Fort Bragg. At Fort Bragg, take Hwy 1 South to Mendocino. Turn left at the traffic light onto Little Lake Road. Then...

All Directions: Then...At Little Lake Road, drive for 5 1/2 miles to end of the pavement. Bear right and follow gravel road another 3 miles to Camp #1.

Campground web site: www.MendocinoWoodlands.org

RETREAT 2010 AGENDA

Check in Begins Friday 3:00 PM (No Registrations after 11pm).

Friday Septemberr 10th

Canteen Available from 4 pm to 9 pm

TIME	MEETING	LOCATION
5:00 to 6:00	pmAA Welcome Meeting	Main Hall
8:00 to 9:00	pmAA Speaker Meeting – To Be Determined	Main Hall
10:30 to 11:30	pmAA Fireside Meeting	Fire Circle

Saturday, Septemberr 11th

Canteen Available from 10 am to 6 pm

7:00 to 8:00	amEye Opener Meeting	Dining Hall
8:00 to 9:30	amBreakfast	Dining Hall
10:30 to 11:30	amAA Speaker Meeting – Tp Be Determined	Main Hall
Noon to 1:00	pmAl-Anon Meeting - To Be Determined	Main Hall
1:15 to 2:45	pmWorkshop	Main Hall
3:00 to 4:00	pmAA Men’s Meeting	East Wing
3:00 to 4:00	pmAA Women’s Meeting	West Wing
4:15 to 5:15 pm	Al-Anon Meeting – To Be Determined	West Wing
5:30 to 7:00	pmDinner	Dining Hall
7:30 to 9:00	pmAA Speaker Meeting and AA Birthday Countdown Speakers – To Be Determined	Main Hall
9:30 to Midnight	Sobriety Dance with live music	Main Hall
Midnight to 1:00 am	AA Fireside Discussion Meeting	Fire Circle

Sunday, September 12th

No Canteen

7:00 to 8:00	amAA Eye Opener Meeting	Dining Hall
8:00 to 9:30	amContinental Breakfast	Dining Hall
9:30 to 10:15	amAA Speaker & Closing Meeting – To Be Determined	Main Hall

“The Secret Is Out – Be Of Service – It Feels Good”

The Retreat Steering Committee would like to invite you to participate in the Retreat by working on an Activity Committee: work a shift at the registration desk, hospitality table, set-up or clean-up crews, be a meal server, a cook, a coffee maker, wash dishes or clean-up after a meal. Perhaps your group would like to take responsibility for an entire meal. The service opportunities are endless. In past years several groups served a breakfast or lunch (Napa, Yuba City, Marysville, Ukiah). Your participation would certainly be appreciated.

YES! I would like to be of service as follows_____.